

# Informal sports

The Physical Recreation and Intramural program is ready and waiting for you, the participant. This is your chance to engage in a variety of physical activities in your leisure time. The Program is designed to serve the needs and interest of ALL students at UNB and STU regardless of skill level and experience. You do not have to be an athlete to participate. In fact, varsity athletes may not compete at the intramural level in their particular sport(s).

The Program is divided into four units, each providing a

slightly different emphasis. **INFORMAL RECREATION** enables you to participate in your favourite activities at times that are convenient for you. **INTRAMURAL SPORTS** consists of leagues and tournaments for men's, women's, and co-ed teams in a large number of sports. If you have always wanted to learn to ski, swim, play squash, etc. or to improve your skills, the **NON-CREDIT INSTRUCTION PROGRAM** is for you. The twenty-two **SPORT CLUBS** on campus offer you a chance to learn new skills,

engage in a favourite sport, and socialize with fellow enthusiasts.

The Physical Recreation and Intramural Program staff is anxious to provide the best possible program for you. If you have any questions, comments, or suggestions, please contact the Program Director, Shirley Cleave. The Recreation Office is located in Room A121 L.B. Gym, 453-4579. The counter hours are from 10:00 a.m. to 2:00 p.m. Monday through Friday.

## INFORMAL RECREATION

A large variety of athletic facilities are available for your use on a casual or unstructured basis. Facilities include gymnasium, swimming pools, weight room, squash/racquetball courts, tennis courts, fields, ice arena, and locker rooms. Available times vary depending on the facility and the time of year. Check Recreation bulletin boards and *The Brunswickan* for current schedules. The West Gym is always available for recreational use from 4:30 to 5:30 p.m. on Wednesdays. Make good use of your leisure time - swim, skate, play basketball, jog, use the weight room, etc.!

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quires a special kind of person. One who will attempt to learn humility and respect. At the end of each class, following a short period of meditation, students repeat the "Dojo Kun" (rules of the dojo):

- 1) Seek perfection of character
- 2) Train hard.
- 3) Be faithful.
- 4) Respect others.
- 5) Refrain from violent behaviour.

Karate creates no heroes, there is no glory to be had. The battle is a personal one.

"The ultimate goal of Karate is not victory but to know oneself."

Gichen Funakoshi

## Kenko Karate Club

### REGISTRATION HOURS

Tuesday 8 - 10  
Thursday 8 - 10  
Sunday 2 - 5

### South Gym

There will be a public demonstration at the South Gym on Thursday, Sept. 17, at 8 p.m. Come and see what we're all about.

For more information call:  
Grant Ogilvie: 357-7335 or  
Dale Weldon: 450-3939.



### WE NEED YOU!

Trius Taxi Ltd. has several Full and Part-Time positions open for Taxi Drivers. For further details call 459-7300.



## Calendar of Events

### NFL Opening Week

Sunday, September 13

Atlanta at Tampa Bay  
Cincinnati at Indianapolis  
Cleveland at New Orleans  
Dallas at St. Louis  
Detroit at Minnesota  
Los Angeles Raiders at Green Bay  
Los Angeles Rams at Houston  
Miami at New England  
New York Jets at Buffalo  
Philadelphia at Washington  
San Diego at Kansas City  
San Francisco at Pittsburgh  
Seattle at Denver

Sunday, September 14

New York Giants at Chicago

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