

There is however, another view of this subject; this is not a prison, but an hospital specially designed for the cure of the mind disabled, and every hygienic means receives the first attention, so that the escape of a convalescent patient is nothing compared to the general benefit conferred by fresh air, exercise, and freedom from restraint and prison discipline. Excited patients are taken out singly, and it is only the convalescent or harmless that have the opportunity, and when these get off, they have no desire to linger in the neighborhood. Only one case escaped our search, and he had done the same two years ago. This man was well able to look out for himself, and never had any delusion that could be found out, unless that "he did not believe in working," and in his history there was no case of insanity, unless that he was a nuisance to his friends, and at times cross and "peevisish."

Amusements. The "office" has been removed to the library room, and the three apartments on the ground floor in the rear of the centre building, can be readily thrown into one, so as to furnish an amusement room large enough to accomodate 150.

A regular evening is set apart for dancing, as this appears to have the greatest charms for the greatest number. Although only a small percentage indulge in "Quadrilles," "Lancers," &c; all enjoy the hilarity, music, and the refreshment table,—a cup of tea or coffee, biscuit and cheese, or apples being what is preferred.

When the "party" as they term it has been unavoidably postponed, it is a subject of earnest enquiry. It is confined to the inmates, and there is no appearance of restraint, and no attempt at behavior which the most fastidious would desire to exclude. The Superintendent, or Assistant and Supervisors are always present, and the attendants have always made their pleasure subservient to that of the patients.

The music is furnished by the inmates, but we are very much in need of a piano to make this department successful.

Through the kindness of friends we have been favored with several other varieties of amusement, detailed under the head of "Acknowledgments."

The "diet list" has been improved and varied. Milk has been freely used, and the fresh meat, and every article of diet has been of the best quality, and always abundant.

Each ward has been visited daily by each physician and some of them two or three times a day. The sick have been visited, prescribed for and cared for in the best manner at night as well as day, and in no case has any attendant failed in carrying out all instructions.

"Seclusion" is not resorted to as a means of controlling violent patients, and every patient sick or violent confined to the room for treatment, has been visited by the physicians and carefully fed, cleaned and nursed by the attendants, as in ordinary hospital practice.

Patients who destroy their clothing and would be more or less naked, of which class there are many of both sexes, are in accordance with the best Canadian and American practice, comfortably and properly clad, and have the liberty of the halls and out of door exercises as much as any other patient. Those who would injure themselves or others have similar privileges by the American system which does away with the straight waistcoat, camisole and seclusion.