African countries, to continue it, not only for the benefit of the receiving countries but also to reaffirm Canada's bicultural character.

My tour of Africa, while all too brief, left me with a number of warm and deep impressions.

First, Canada is highly regarded and its name stands very high in Africa. Africans have given us their confidence, and it is this trust which creates an obligation on our part to share with them some of our resources by participating as partners in their programs for economic and social development. This can be achieved by offering to Africa the best in Canada from those fields where Canadians have achieved excellence and special expertise.

Such a joint venture will benefit not only Africans but Canadians. The Canadians serving in various capacities over the continent, old or young, missionaries or volunteers, CIDA personnel or businessmen, are engaged in useful, constructive and essential projects. On their return to Canada, what they have learned about the common human condition will stand them in good stead and will help us all to a better understanding of the world we live in. If one is seeking economic justification for external aid, as development proceeds, African countries will become markets for Canadian products, particularly capital goods, and mutually beneficial trade should increase. Already, in some of the larger countries like Nigeria and the Congo (Kinshasa), interesting commercial prospects are arising.

Our co-operation with and assistance to Africa can become among the best and most realistic expressions of our national character. Canada and Africa have been enriched by two great European cultures and languages. Both Canada and the African countries I visited are engaged in the strengthening of their national unity and sovereignty. Like the countries of Africa, Canada is still in the course of development, and, along with our African friends, Canadians abhor the immoral and inhuman policies implemented by the white minority regimes of Southern Africa.

I return from my tour with the conviction that we must continue and increase over time our contribution to the economic development programs of our African friends. Our co-operation with *anglophone* and *francophone* countries of Africa reflects our own national personality. Our participation in the harmonious economic development of African countries constitutes, I believe, the best way of promoting peace through social justice and the most effective response to the challenge of racial inequality in Southern Africa.

On my way through London to Africa, I met with the Secretary-General of the Commonwealth, Mr. Arnold Smith, and on my return journey I gave him some of my impressions that I thought might interest him in his official capacity.