

is finally boiled for serving.

Benger's Food can therefore be enjoyed and assimilated when other foods disagree. It forms a delicate and highly nutritious cream, rich in the elements necessary to maintain vigorous health, but entirely free from rough and indigestible particles.

All agef persons of weakly digestion would learn much that is valuable to know in the new Booklet just published by the Proprietors of Benger's Food. A copy will be sent Post Free on application to

BENGER'S FOOD, Ltd., Otter Works, Manchester, Eng. Benger's Food is sold in tins by Chemists, &c., everywhere.



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