

make known the legal powers of public bodies, and to secure fresh legislation looking towards the healthful exercise of the people.

The League has already published a number of leaflets which have had a very wide circulation, and are doing much towards the public on several important subjects.

Many branches of the League have been formed in towns and cities. Of the subjects discussed by the leaflets we may mention "Health Visiting," "Infantile Mortality," "A plea for School Clinics," "How to bring up a baby," etc.

The League, for physical education, has already done much good, and much may be hoped from it in the future.

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### THE PURITY OF OUR RIVERS.

It is a sign of better days to note that the health committee of the Senate of Canada is moving in the direction of preserving the rivers and streams of the country from pollution. The following item of news comes from Ottawa by the press despatches.

"The Senate Committee on Health, which has had under consideration the question of the pollution of streams, recommended to the Senate that the only remedy for the prevailing dangerous practice of municipalities in disposing of sewage by draining it into the lakes, rivers and streams of the country, lies in the passing of prohibitory or controlling legislation. The committee finds that this only can be brought about by co-operation between the Provincial and Dominion Governments, and it therefore recommended that the Conservation Commission takes steps to call together the health authorities of each Province, to meet in conference at an early date, and endeavor to devise some uniform legislation to remedy the present evils."

The Provincial Governments should join hands with the Dominion Government in placing on the statute book such acts as will prevent the pouring of all sorts of filth into the streams of the country. It has cost the municipalities some outlay to properly treat their sewage, but then there would be the gain in health of the people, which would more than offset the cost.

We remember seeing a very pretty stream that was rendered filthy for miles because a cheese factory poured its refuse into it. A little care and outlay would have found a proper method of destroying this waste material. This is only an instance of many.

We know of an attractive town through which flows what would be a clean and attractive stream. A short distance above the town there is a dyeworks which empties an immense quantity of dirt into the stream.