

Progress of Medical Science.

MEDICINE AND NEUROLOGY.

IN CHARGE OF

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TREATMENT OF VERTIGO.

Philip Zenner sums up the differential treatment much as follows (*Cincinnati Lancet-Clinic*, June 10): Remove external causes, tobacco or other toxic agents. Remedy bodily conditions acting as exciting causes, such as ocular defects and stomach disorders. Attend to constitutional derangements, for instance anemia and neurasthenia. Lessen the irritability of nerve centers with bromides, aided by belladonna, aconite or phenacetin, and make the improvement permanent by means of a general tonic treatment. Labyrinthine disease, due to gout, rheumatism or syphilis requires the usual appropriate remedies. Counter-irritation over the mastoid, with blisters or cautery, may afford some relief. Small doses of the iodides, nitroglycerin and stimulants are useful in the vertigo of arterio sclerosis.

TO ABORT A COLD.

Max Nassauer asserts that an incipient cold in the head can be checked if the nose is thoroughly rinsed out with a weak (pale pink) solution of potassium permanganate, which seems to have a specific action upon the germs of coryza. It checks colds in the first hour or so. After blowing the nose vigorously, both nostrils are well rinsed out with the solution, the fluid being allowed to run out through the other nostril and through the mouth. Each nostril is wiped out with cotton on the finger. A small dry plug of cotton is then pushed well up into each nostril, and the nostrils are filled with the weak solution, with the head held back, the cotton being allowed to soak it up. The plug is left undisturbed for about an hour, when it can be expelled by blowing the nose. Even an established cold is favorably influenced by this treatment, but it is most effective when the sneezing, tickling and increased secretion announce the onset of the attack.—*Practitioner; Lancet-Clinic*.