More than four hundred cases have been treated by this method without a single failure and I earnestly recommend all who have not tried this method to begin at once and you will be charmed with the result.

120 West 87th St., New York.

TOO MUCH DRUGGING,

By L. D. S.

During one of the winter carnivals in Montreal a number of independent young ladies from Chicago, none of them over twentythree, were visited by a young married Canadian woman at the Windsor Hotel. After they were pretty well acquainted and had several jolly days toboganning, skating and rollicking it generally in the snow, and felt all the better for it, the eldest of the girls asked Mrs. — in a confidential way, "Tell us, Mrs. —, what diseases have Canadian girls got?"

" I don't understand you," said Mrs. B. -----

"Well, you know, we've been wondering how the Canadian girls enjoy the winter so immensely. It has put new life into us, and do you know not one of us has taken any of our medicine since we've been here. What medicines do the Canadian girls take"?

"Why, my dear, they never take medicine unless they're ill."

"Well, we aren't ill enough to go to bed, but we've all got something the matter. Haven't Canadian girls got womb complaints too?"

"I never heard of such a thing, unless perhaps in very rare cases."

"Oh, my! rare cases! Why, we've every one of us got something to complain of there, and we've just concluded that we are swallowing a lot of medicines, using tight corsets and not getting exercise, and that's what's the matter."

I might use this as a long text for a short sermon on the use and abuse of the materia medica of dentistry. It is simply preposterous the empirical way in which many dentists use drugs; experimenting without knowledge of the specific action of many of the drugs; using incompatibles, and, in fact, drugging the teeth and gums, like the boy who gave his dog such a thorough washing that when he made up his mind he had given him enough he discovered that he had drowned the dog. I believe in a proper limitation of all the drugs for whatever purpose used in dentistry. If we have one thoroughly effective remedy, why experiment with any that are not known and that cannot possibly any better accomplish the object aimed at?