

# The Weekly Monitor.

ESTABLISHED 1873

## WESTERN ANnapolis SENTINEL

SUCCESSOR TO THE BEAR RIVER TELEPHONE

Published Every Wednesday, BRIDGETOWN, ANnapolis CO., N. S.

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M. K. PIPER, PROPRIETOR AND PUBLISHER.

WEDNESDAY, MAY 6th, 1908.

At the beginning of the planting season it behooves our Valley farmers to consider well the possibilities of the agricultural situation, and lay their plans accordingly. The day is over when the farmer planted his orchard of apple trees and lay back to enjoy the benefits. The past season has conclusively proved that the farmer who follows this plan today is trusting largely to the elements of chance and not of business.

Another feature of the past season which is full of significance for the farmer is the fact that last year the people of the Maritime provinces imported six hundred thousand dollars worth of beef because our farmers could not supply the demand.

The cause of this inability to supply the demand was the scarcity and high prices of feed of all kinds. Our farmers can make no mistake in increasing their hay and grain output and root crops. The raising of live stock, too, may well occupy their attention, and in this connection also is the fact that here in the Valley we have been buying horses from other provinces by the car-load. Surely there is no need of this if our farmers were awake to their own capabilities and privileges.

EXTENDING THE LOBSTER SEASON. (Yarmouth Times.)

The lobster fishermen will be understood, not the authorities at Ottawa, to grant them an extension of one month in the present season. Their request will be based upon the fact that their operations have been greatly retarded by the tempestuous weather which has all along prevailed. Their loss has not been merely the negative one caused by their being prevented from fishing but has likewise been positive inasmuch as thousands of dollars worth of traps and other gear have been destroyed by the turbulence of the sea. Thus there appears to be nothing unreasonable in their request which we trust will be granted. Under ordinary circumstances the season would close on June 1st. The fishermen seek to have it end this year one month later. There is need for prompt decision in the matter, for if no extension is to be granted, the fishermen will soon commence taking up their traps and preparing for the spring codfishery.

In lobster fishing on this section of the coast April is ordinarily the best month, under the weather conditions which may reasonably be looked for at that season of the year. This season however has brought with it, a every body knows, great stress of weather and up to Saturday of last week practically no lobsters were taken during the month. The shipments have been very small and the factories have been doing little or nothing. Hence the fishermen and employees of the factories find their exchequers in an unenviable state. It is felt that as the month of April has been practically lost the extension asked for will not only have no tendency to permanently impair the lobster fishery but at the same time will save the people along the shore from embarrassment. As we have said before we can see nothing unreasonable or dangerous in their request.

The Newfoundland Trade Review says: The steamers of the sailing fleet are slowly finding their way into port, after one of the most trying voyages for many years. The crews have endured more hardships than usual, and all the ships have suffered more or less damage. Three of the fleet have gone to the bottom, but their crews got safely on board other vessels, and have been landed safely. At this writing nine ships of the fleet have arrived, with an aggregate of 125,000 and the balance of the fleet is reported for 50,000 more, making a total voyage of only 175,000 seals. This is a very small total, being about the same as that taken three years ago.

**Didn't Agree with Me**  
Mr. Arthur Tennison, 88, Leaden Street, Toronto, writes enthusiastically of the merits of Fry's for all stomach troubles.

"For seven years I have had indigestion and dyspepsia. I tried scores of remedies. My room resembled a drug store with nostrums which I had bought. Eventually I used Psychology, and every

Popular Opinion Should Be Educated to Be the Arbitrator as to Merit. Give me the approval of the masses, and I can survive without the aristocracy or the critics, but that the latter are to be despised or ignored, but their minority decision should not be final. What makes or breaks great works on their first performance in Europe? Not the verdict of the aristocracy nor of the critics, but the masses, the common people. It is in the galleries that the battle is waged, with hisses and applause, and it is upon the prevailing opinion of this portion of the audience that the fate of a work depends. But in America, alas, the masses do nothing. It is the critic who assumes to tell this nation what is good and what is bad, and I believe and am daring enough to say that there is no man or small coterie of men capable of teaching a nation art. It needs the battle of minds among the people, and again I say, alas, our people, our masses, have not yet had an opportunity to live in the proper musical atmosphere.

One great drawback for the masses here is that the opera season lasts but a few months and that the prices of the limited number of representations during that brief period are so very high that the people generally cannot afford to go. It is dreadful to me to realize that in the very people whose souls long for music and who sooner or later will, I believe, be the chief factors in building it up here as it has been in Europe and who are now denying themselves, but of lending their aid to the spread of art feeling and comprehension—Mary Garden in Everybody's.

**MOVING PICTURES.**  
Originated in the Spinning of a Coin by Sir John Herschel.

Sir John Herschel after dinner in 1820 asked his friend, Charles Babbage, how he would show both sides of a shilling at once. Babbage replied by taking a shilling from his pocket and holding it to a mirror. This did not satisfy Sir John, who set the shilling spinning upon the dinner table, at the same time pointing out that if the eye is placed on a level with the rotating coin both sides can be seen at once. Babbage was so struck by the experiment that the next day he described it to a friend, Dr. Wilson, who immediately made a working model. On one side of a disk was drawn a bird, on the other side an empty birdcage. When the card was revolved on a silk thread the bird appeared to be in the cage. This model showed the persistence of vision upon which all moving pictures have been constructed. This model was called the thaumatope. Next came the zoetrope, or wheel of life. A cylinder was perforated with slits, and within the cylinder was placed a band of drawings of dancing men. On the apparatus being slowly rotated the figures seem through the slits to appear to be in motion. The first systematic photographs taken at regular intervals of men and animals were made by Muybridge in 1877.

**Antiquity of Petroleum.**  
It is only within recent times that petroleum has become an article of commerce, there is abundant proof in the ruins, and the existence of petroleum springs at its source 125 miles from old Babylon, in the ancient history of several eastern countries allusion is made in unmistakable terms to the existence of petroleum springs.

**Strong Room Paria.**  
Before now people have been shut in strong rooms and had narrow escapes. On one occasion a locksmith was repairing an interior safe in the strong room of a New York bank when the cashier closed the vault door. As it was worked by a time lock it meant that the door would remain closed until the following morning. Fortunately the man knew the secret of the time lock and by opening a manhole was able to obtain a sufficient supply of air. He then made a pillow of a bag of dollar bills and composed himself to sleep until the door was opened next morning.—Strand Magazine.

**Easy Shopping.**  
There is little trouble attached to shopping in Buenos Aires. When a citizen with a plastic purse goes to market he buys his vegetables in piles without regard to quantity or quality. Nothing is bought by weight. If a man wants beef he simply tells the butcher he wants some meat, and he gets a chunk, pays the price and goes home satisfied.

**Know Where It Went.**  
"Are you one of those mean spirited men who ask their wives what they do with the money they receive?"  
"Certainly not," answered Mr. Meekton. "I don't have to ask my wife. She plays bridge whist."

**Satisfaction.**  
"Why do you set your alarm clock? You never get up when it rings!"  
"No, but I have the satisfaction of knowing I am sleeping late of my own free will and not by accident"—Exchange.

Print butter should always be wrapped in parchment paper of good quality, and it will add to the attractiveness of the package if the name of the firm or dealer, and the address of the proprietor are neatly printed on each wrapper. Many dairy butter makers seem to forget that the merchant who buys their butter must recall it, and that the appearance of the butter has much to do with a customer's decision. No one can afford to ignore

## MUSIC AND THE MASSES.

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**FOR OPEN SHOPS.**  
The Toronto Globe says: The act of the C. P. R. in cutting loose of May first from all contracts made with the mechanics is explained by the determination on the part of the company to have "open shops" over the length and breadth of its territory. An official remarked, the company is paying both competent and incompetent men the same wage. It declines to do this any longer, and would hereafter pay according to an employee's worth.

**HEALTH AND CONSTITUTION.**  
For years I was troubled with biliousness and constipation, which made me feel miserable. I tried many remedies, but my usual food and vitality. Peppin's preparation, and cathartics, did me no good. I do not know where I should have been today had I not tried Chamberlain's Colic, Cholera and Diarrhoea Remedy. It gave me the digestive function back, the stomach, liver and blood, and the system to do its work naturally.—Mrs. J. M. Jones, N. S.

W. W. WARREN, BRIDGETOWN, N. S. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

**POI IN HAWAII.**  
The Favorite Food of the Natives and How It is Made.

In years gone by the native Hawaiian took a particular pride in producing his own poi (a food made from taro plants), but nowadays it is made in factories, the apparatus being almost wholly by the native born Chinese, who receive \$1 per day for their labor.

It was fortunate enough at Lahaina, however, to see this start of life made in the old fashioned way. The taro plant seems to be a native of the island, and is a very hardy and long-lived plant. It is long and fleshy. After steaming, it must be pounded in a mortar before mixing. A stone pestle is used, and often it requires hours to beat the root to the proper consistency. When a certain stage is reached water is added, and it is worked into a thin paste, put into a barrel and allowed to ferment. The taste for poi has to be acquired, and few if any foreigners ever care for it as food. To me it suggested sour starch. It is served on the native table in a huge wooden bowl known as a calabash, and is eaten with fish and fat. Poi is the principal food of the laua (native feasts). Roast pig is usually the meat on these festive occasions.

**THE COMIC SPIRIT.**  
Thoughtful Laughter Is the Test of True Comedy.

One excellent test of the civilization of a country I take to be the flourishing of the comic idea and comedy, and the test of true comedy is that it shall awaken thoughtful laughter.

If you believe that our civilization is founded on common sense—and it is the first condition of sanity to believe it—you will when contemplating men discern a spirit overhead, luminous and watchful, never shooting beyond them or lagging in the rear, so closely attached to them that it may be taken for a slavish reflex until its features are studied.

Its common aspect is one of unobtrusive observation. Men's future upon earth does not attract it. Their honesty and shapeliness in the present do. And whenever they are out of proportion, overblown, affected, pretentious, bombastical, hypocritical, pedantic, fantastically delicate; whenever it sees them self deceived or hoodwinked, given to run riot in idiosyncrasies, drifting into vanities, congregating in absurdities, planning shortsightedly and plotting demeritally; whenever they are at variance with their professions and violate the unwritten but perceptible laws binding them in consideration one to another; whenever they offend sound reason, fair justice, are false in humility or mixed with conceit, individuality or in the spirit of ostentation, will look hungrily malign

## EAT ORANGES

IF YOU WANT TO KEEP WELL

Careful tests have proved beyond question that orange juice has clearly defined medicinal virtues. Those who suffer with Indigestion—constipated "acid" diet—and that after eating oranges regularly for breakfast there is no distress, no pain, no indigestion, no constipation, the eating of oranges regulated the bowels.

In skin troubles, where both of the morning meal with an orange were noticeably improved.

There is, however, a quicker way to get better results. This is to take one or two "Fruit-a-tives" tablets at bedtime in addition to the juice of an orange before breakfast the next morning. "Fruit-a-tives" are the juices of oranges, apples, figs and prunes, in which the medicinal action is many times intensified by the special way combined in these valuable tablets are then added.

Take the juice of an orange before breakfast—like "Fruit-a-tives" are sold by all dealers at 50c. per box for \$2.50. Sent on receipt of price by "Fruit-a-tives" Limited, Ottawa.

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## GAS FROM WASTE PRODUCTS.

A HINT FOR FARMERS.

At the last meeting of the Sackville Board of Trade Dr. Andrews declared that six hundred thousand dollars worth of beef is brought into the lower provinces every year because the farmers of these provinces are unable to supply the demand. The speaker thought that this was a very serious reflection upon the farmers of the lower provinces. Such a condition of things should be remedied as speedily as possible.

One reason for the large importation of beef from abroad, no doubt is that many of our farmers do not take enough care to fatten the animals they slaughter and have the beef in a marketable state. It is poor policy to kill feed too animals and get no more from the sale than would be realized by one carcass of well fat beef. The "lip-shoot" never pays.

Street sweepings, carbage, road-sawdust or other waste products are good upon shallow metal troughs and sprinkled with a chemical solution composed mainly of alkalis. The receptacle is placed in the ordinary fishpond rotot and brought to a boil. The gas evolved by the decomposition of the waste material are passed through washers which form a part of the lamp, and then through cones of coarse mesh and purifiers into a chamber of large proportions. The gas evolved in this purified state has apparently a high illuminating power, and is found to be about double the candle-power of ordinary coal or water gas.

**Sturgeon's Backbone.**  
From the medicinal properties of sturgeon, which has the appearance of macaroni, an excellent Russian soup, called "sturgeon," or "sturgeon's backbone," is made. It is excessively nutritive and invigorating, almost as much so, indeed, as the famous beefsteak. It is collected in large quantities throughout the Russian archipelago, especially to the eastward of the Caspian Sea. There are many varieties, such as the large-scale trappan from Maassier, the Kuriole trappan from Buzov, the zowol black trappan from Lencora and many more. Though prepared, this is about the most insipid of soups, but it is in its raw state that it is most valuable. It costs about 25.00 per pound.

**Heart Strength.**  
Heart Strength or Heart Nerve Tonic—This is a powerful tonic for the heart, and is especially valuable in cases of heart weakness, palpitation, and other ailments of the heart. It is made from the most valuable ingredients, and is guaranteed to give strength to the heart, and to restore the system to its normal condition. It is sold by all dealers at 50c. per bottle. Sent on receipt of price by "Heart-a-tives" Limited, Ottawa.

**Dr. Shoop's Restorative.**  
BEAR RIVER PHARMACY.  
ROYAL PHARMACY.

**Why?**  
Is one always chilled to the marrow?  
Is an explorer always interlop?  
Is a screw always a fell swoop?  
Is a statesman always enigm?  
Is a newspaper man always a well known newspaper man?  
Is a bargain always extra special?  
Is imperty always clinging?  
Is sweetest always closting?  
Is a ruffian always barb?  
Is one always within an inch of death?  
Why not two inches?  
And why, why, why, is a conclusion always foregone?

**Mutually Helpful.**  
Husband—Suikess's wife is away, and I'm going over there this evening to cheer him up. Wife—Why don't you bring him here? Husband—Well, I'm not feeling very well and need a little cheering up myself.

**Might and Main.**  
Tom Flood, the punster, once described the meeting of a man and a lion, and in doing so he said, "The man ran off with all his might and the lion with all his main."

**Manner is much.**  
A man always looks better when he carries himself well than when he carries himself ill. It is a matter of a couple of friends are trying to carry him.

**It does what paint can't do.**  
Paint soaks into wood floors—and leaves a porous film a top. But Floor-glaze soaks in and leaves a glass-like, dust-proof, germ-proof, can't-wear-off surface. Just as good outdoors as indoors. Ask at the store—or ask us.

You would like our Free Book interesting reading. May we send you a copy? Imperial Varnish & Color Co., Limited, Toronto, Ont.

## Better Cooking.

Every man appreciates good cooking and every woman takes a pride in doing it. "BOVRIL" can be used to advantage with all hot dishes. It greatly improves the flavor of stews, soups, roasts, fish, etc., and also increases their nourishing value. An economical way to get it in the 1 lb. bottles.

**SMART BOY, BRUSH, and CAN of**

**THE SHERWIN-WILLIAMS WAGON AND IMPLEMENT PAINT**

will make the old farm wagon look new. There are six strong colors, Red, Green, Blue, Yellow, Wine, and Black, ready to apply. A green body with red gear looks well. You forgot the paint the last time you were in town; remember it this time.

**SOLD BY KARL FREEMAN**

**SPRAYING**

is an absolute necessity if you want to grow good clean fruit and the best insecticide on the market. The one to use if you want the best results—The Best Insecticide yet introduced.

**FOR** spraying is Campbell's "Nico Soap" which won its reputation last year in the famed Annapolis Valley and of Cad Moh, Codlin Moth, Brown Tail Moth all Caterpillars, Cankerworms, Bark Lice, Scale, Fire Worm or Cranberries and Cherry Slug, killing by contact and also if the leaves are eaten—"Nico Soap" guarantees good Clean Fruit and better Profits.

ENQUIRE OF YOUR LOCAL DEALERS

**BLACKIE BROS., Agents, HALIFAX, N.S.**

MINARD'S LINIMENT CURES DANDRUFF.

**WALL PAPER 1908 WALL PAPER**

**The Celebrated Menzie Line.**

We have as usual a very large range of this select make of wall-paper for this season. Remember the stock is all on hand. No waiting if you should fall short for a roll of paper or a yard of border. We stock all we show in our samples. Prices 20 p. c. to 30 p. c. below other lines sold by agents.

See Our Range of Samples, 3c per roll up.

**LACE CURTAINS! LACE CURTAINS!**

**Curtain Muslins etc.**

We have a very large assortment of these goods and we defy competition. All we ask is a thorough look through these lines and you will be convinced as to what we say.

**STRONG & WHITMAN** Ruggles Block,

**Good Teachers, Modern Equipment, Handsome Class Rooms, Practical Courses of Study**

ensure to graduate Bookkeepers and Stenographers who are competent to hold WELL PAID SITUATIONS. You may enroll at any time for a FREE TRIAL MONTH at MONROE, AMHERST, TROY or SYDNEY. Apply at the Empire Business College in any of these places for full information, or write

**O. L. Horne, Proprietor, EMPIRE BUSINESS COLLEGE, TROY, N. S.**

**DOMINION ATLANTIC RAILWAY**

**Steamship Lines**

St. John via Digby

Boston via Yarmouth

"Land of Evangeline" Route.

On and after May 1st, 1908, the Steamship and Train Service on the Railway will be as follows (Sunday excepted):

**FOR BRIDGETOWN.**  
Express from Halifax... 12:11 p. m.  
Express from Yarmouth... 1:54 p. m.  
Accom. from Richmond... 5:20 p. m.  
Accom. from Annapolis... 7:20 a. m.

**Midland Division**  
Trains of the Midland Division leave Windsor daily, (except Sunday) for Truro at 7:40 a. m. and 5:35 p. m., 6:40 a. m. and 3:15 p. m., connecting at Truro with trains of the Inter-colonial Railway, and at Windsor with express trains, to and from Halifax and Yarmouth.

**Boston Service**  
ROYAL MAIL S. S. BOSTON, by far the finest and fastest steamer plying out of Boston, leave Yarmouth, N. S., Wednesday and Saturday, immediately on arrival of express trains from Halifax, arriving in Boston next morning. Returning, leaves Long Wharf, Boston, Tuesday and Friday at 1:00 p. m.

**St. JOHN and DIGBY**  
ROYAL MAIL S. S. YARMOUTH Daily Service (Sunday excepted.)  
Leaves St. John... 7:45 a. m.  
Arrives in Digby... 10:45 a. m.  
Leaves Digby same day after arrival of express train from Halifax.  
S. S. Prince Albert makes daily trips (Sunday excepted) between Pictou and Wolfville, calling at Kingsport in both directions.  
P. GIFFRIN, Kentville, General Manager.