

100 Per-Cent Pure

"DA"

bread

The Wall of China

In 214 B.C., the Chinese commenced building the Great Wall, which isolated their country from the rest of the world and helped retard their national progress.

The business man who maintains a wall of "dignified reserve" towards the buying public is just as surely retarding his own business growth.

People like to buy from the store that shows its appreciation of their business, gives good value, and courteous, kindly service, with a "come again" invitation.

Your advertisement in "The Guide-Advocate" would be a standing invitation to your store. When our readers open up their paper do they see your "bid"?

THE WISE SHOP WHERE THEY ARE INVITED

Issued by Canadian Weekly Newspapers Association
Head Office, Toronto, Canada.

Dread of Asthma makes countless thousands miserable. Night after night the attacks return and even when brief respite is given the mind is still in torment from continual anticipation. Dr. J. D. Kellogg's Asthma Remedy changes all this. Relief comes, and at once, while future attacks are warded off, leaving the afflicted one in a state of peace and happiness he once believed he could never enjoy. Inexpensive and sold almost everywhere.

WINTER TERM FROM JANUARY 3rd

Central Business College
STRATFORD, ONTARIO

Western Ontario's best commercial school with Commercial, Shorthand and Telegraph departments. We individual instruction, hence "Entrance" standing is not necessary. Graduates assisted to positions. Get our free catalogue for rates and other particulars.

D. A. McLACHLAN, Principal.

ELLIOTT Business College
Yonge and Charles sts., Toronto.
Is strictly first class in all Departments and unexcelled in the Dominion. Students assisted to obtain employment. Enter any time. Write for our illustrated catalogue.
W. J. ELLIOTT, Principal.

MEDICAL

JAMES NEWELL, Ph.B., M.C.
L.R.C.P.S., M.B.M.A., England
Coroner County of Lambton
Water rd., Ont.
Office—Corner Main and Front Sts.
Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D.
Phone 13, Watford, Ontario.
Office—Main st. Residence—Ontario street, east.
Office Hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D.
WATFORD ONTARIO
OFFICE—Next to Public Library.
Day and Night call phone 26.
Office Hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DENTAL

GEORGE HICKS,
D. D. S., TRINITY UNIVERSITY, I. D. S.,
Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Parodontia work. The best methods employed to preserve the natural teeth.
OFFICE—Opposite Taylor & Son's drug store
ALLEN ST., WATFORD.
At Queen's Hotel, Arkona, 1st and 3rd Thurs. of each month.

G. N. HOWDEN
D. D. S., I. D. S.

GRADUATE of the Royal College of Dental Surgeons, of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge Work.
Office—Over Dr. Sawers', Main st., Watford.

Veterinary Surgeon.

J. McILLICUDDY
Veterinary Surgeon,
HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Specialty. All diseases of domestic animals treated on scientific principles.
Office—Two doors south of the Guide-Advocate's office. Residence—Main Street, one door north of Dr. Siddall's office.

Auctioneer

J. F. ELLIOT.
Licensed Auctioneer
For the County of Lambton.

PROMPT attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

INSURANCE

THE LAMBTON Farmers' Mutual Fire Insurance Company.
(Established in 1875)

JOHN W. KINGSTON PRESIDENT
JAMES SMITH VICE-PRESIDENT
ALBERT G. MINIELLY DIRECTOR
THOMAS LITBOW DIRECTOR
GUILFORD BUTLER DIRECTOR
JOHN PETER McVICAR DIRECTOR
JOHN COWAN K. C. SOLICITOR
J. F. ELLIOT FIRE INSPECTORS
ROBERT J. WHITE FIRE INSPECTORS
ALEX. JAMIESON AUDITORS
P. J. McEWEN AUDITORS
W. G. WILLOUGHBY, MANAGER AND Sec. TRASURER
WATFORD, ONT.
PETER McBEDRAN, WAREHOUSE P.
Agent for Warwick and Plympton.

NERVOUS AND RUN DOWN

Relieved by Taking Lydia E. Pinkham's Vegetable Compound

Cobourg, Ontario.—"For many years I have had troubles with my nerves and have been in a general run-down condition for some time. I could not do my work half the time because of it every month. I was told of Lydia E. Pinkham's Vegetable Compound by friends and advised to try it. It has done me good and I strongly recommend it. Since I have taken it I have been able to do all my own work and I also know friends who have found it good. You can see these facts as a testimonial."

Any woman in this condition should take the Vegetable Compound, for it has helped other women and so it should help you.

For nearly fifty years this good, old-fashioned root and herb medicine, which contains no narcotics nor harmful drugs, has been the standard medicine for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, irregularities, etc.

Lydia E. Pinkham's Private Text-Book upon "Allments Peculiar to Women" will be sent you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Mass.

A. D. Hone

PAINTER AND DECORATOR
PAPER HANGING

WATFORD ONTARIO

GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
PSYCHIC GUARANTEED
SATISFACTION GUARANTEED

RESIDENCE, ST. CLAIR ST.

CHANTRY FARM

Shorthorn Cattle, Lincoln Sheep
Silver Grey Dorkings
Black Leghorns

An extra good "Roan Lady" bull calf, good enough for any pure bred herd and priced right, also 1 ram 3 years old, 4 shearings, and a number of lambs, both sexes. Now is the time to invest in a few sheep. Can spare a few nice cockerels.

ED. DE GEX
KERWOOD ONTARIO

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE

Trains leave Watford station as follows:

GOING WEST
Accommodation, 11. . . . 8.42 a.m.
Chicago Express, 17. . . . 12.47 p.m.
Detroit Express, 83. . . . 6.54 p.m.
(c) Express, 15. . . . 10.10 p.m.

GOING EAST
Ontario Limited, 80. . . . 7.48 a.m.
Chicago Express, 6. . . . 11.22 a.m.
Accommodation, 112. . . . 5.26 p.m.
(c)—Stops, to let off passengers from Kingston and east.
C. W. VAIL, Agent, Watford.

DO YOU KNOW OF

any good reason you should not patronize your own home goods? Remember you are part of the business of this town, when you help develop this business you help the town. Our bread is always good and full weight.

8c PER LOAF AT

Lovell's
Bakery and Confectionery

If one be troubled with corns, he will find in Holloway's Corn Remover an application that will entirely relieve suffering.

Is your subscription paid in advance?

CHEMISTRY AND AGRICULTURE

The Reading Habit

The hope of the future of Canada depends in a very large measure, in the fact that our farmers as a class are readers of articles, bulletins and reports dealing with matters pertaining to the science and practice of agriculture. Furthermore, we venture to say they are for the most part readers with open minds, anxious to learn and, as far as circumstances permit, to put into practice that which appeals to them as sound teaching. These statements may appear to some as decidedly optimistic but they are not extravagant nor wide of the mark in the opinion of one who for more than thirty years has had an excellent opportunity of learning at first hand the thought and aspirations of the Canadian farmer.

If statistics could be obtained, it would most probably be found that the volume of his agricultural literature in active circulation, Canada, considering her farming population, stands ahead of all countries. And there would not be this large output if there were not a demand for it. It is such as the case we may conclude that apart from economic considerations, our prospects for progress, for more efficient and more profitable farming are good.

The purpose of these few paragraphs is to stimulate and encourage the reading habit and particularly the reading by the young men and young women on the farm of matters pertaining to the chemistry of agriculture. The facts that chemistry reveal bear directly on foundation problems, such as the maintenance and increase of soil fertility, the economic production of larger yields of farm crops, the nutritive value of forage plants and feeding stuffs, the nature and use of manures and fertilizers etc., etc. There is scarcely a question in connection with soils, crops and stocks that chemistry does not throw some light upon. The more one reads the more one is impressed with the fact that chemistry offers most valuable information on practically every phase of farming and that Mrs. Intoxication may be made use of in a very direct way by the man on the land to his profit and advantage.

Our plan therefore, is for more reading, careful, thoughtful reading. Acquire the habit of devoting fifteen minutes a day to the bulletins and reports of our agricultural institutions and the more educational articles and papers in the agricultural press. This material, in which this Dominion abounds, can be readily understood by any intelligent person it does not call for a scientific education to unravel its meaning. Much of it can be obtained for the asking. Its perusal will make farm work more interesting and, if put into practice, more lucrative. Acquire the habit and you will never regret it.—Dr. Frank T. Shutt, Dominion Chemist.

Word has been received of the death of John Stirrett, which took place in Grand Rapids, Mich., Sunday morning, where he had been visiting at the home of his daughter, Mrs. E. Hall. Death followed a paralytic stroke. For the past few years he has been a resident of Corunna but previously had lived many years in Sarnia. He was well known throughout the county of Lambton, having been engaged for many years in the sale of fruit trees. He was an uncle of Geo. Stirrett of Petrolia. The funeral service and interment took place at Forest on Tuesday.

ZAM-BUK

Nothing else known to science performs the same marvellous healing and dispels disease from the tissues as Zam-Buk does. This pure herbal balm takes the fire out of a wound or sore, kills and repels germs and grows fine new skin. Zam-Buk is acknowledged

THE WORLD'S GREATEST HEALER

THE ORIGIN OF JAZZ MUSIC

An explanation of the origin of jazz comes from John Philip Sousa, who says that when the efforts of the performers of the travelling minstrel show failed to convince the audience, they resorted to a kind of musical bamboree, or the extravagant taking of the instruments known as jazz, in the slang of the hunt cork. Thus the word originated. The jazz orchestra now consists of traps (the main solo performer), trombones, saxophone, trumpet, clarinets, violin, piano, banjo, mandolin, all-instruments, one observer says, upon a musical joy ride. Jazz is a kind of ragtime with its interminable syncopations plus all manner of peculiar sounds, some of which can only be described as noises since they have no regular vibrations. James Francis Cooke, editor of Etude, a musical authority who is widely recognized, says that the monotonous frequency of the syncopation robs jazz of any claim for recognition as a basic element for real artistic musical work.

"Jazz and the dances of to-day are Siamese twins," he says. "Kill one and you cripple the other." The probability that this is true is indicated by the fact that it is impossible to imagine an audience sitting placidly through a whole concert of jazz. The impulse is to get up and shimmy. All its origins come from the various dances, says Mr. Cooke. It is an attempt to combine in one piece the tom-tom incantations of the Congo, the whine of the Orient, the squeak of the Chinese pipes, the sensuous purr of Iberia, the intoxicating syncopations of the gypsy, the plectral pep of the negro's banjo, the skirl of the Highlander's pipes, the Irish breakdown and the hilarious dances of the American western frontiers or the Canadian logging camps. This mongrel origin of jazz would seem to decide finally against its ever being developed into national and distinctive music like the music of Germany, of Italy, or of Scotland. On the other hand the general testimony is that the public cannot get enough of it, which suggests to some critics the certainty that it possesses human elements which master-composers may employ in their works in the future.

Muscular Rheumatism Subdued

When one is a sufferer from muscular rheumatism he cannot do better than to have the region rubbed with Dr. Thomas' Electric Oil. Let the rubbing be brisk and continue until ease is secured. There is more virtue in a bottle of it than can be fully estimated.

HELD THE WHIP HAND

A salesman sold a bill of goods to a merchant in a small town. They were returned as not satisfactory. The wholesale house undertook to collect anyway, and drew a sight draft on the bank at the customer's town. The bank returned the draft unpaid. Then the house wrote to the village postmaster and asked if the merchant was good for the amount of the bill. The letter was returned O. K'd at the bottom. Next the postmaster was asked to put the bill in the hands of a local lawyer for collection. The answer received by the wholesalers ran as follows: "The undersigned is the merchant on whom you tried to palm off your worthless junk. The undersigned is also president of the bank that returned your draft. The undersigned is the postmaster to whom you wrote, and also the lawyer whom you tried to get to collect your bill. And if the undersigned were not also the pastor of the local church, the undersigned would tell you to go straight to the devil."

WHICH ARE YOU?

The trouble with so many people is that they have no vital interest in the church till they are dying, when they send an urgent message to the preacher to visit them, and they expect him to pray them into Heaven. What position, please, do you occupy in the church? Are you:
An attender, or an absentee?
A pillar, or a sleeper?
A wing, or a weight?
A power, or a problem?
A promoter, or a provoker?
A giver, or a getter?
A goer, or a gadder?
A doer, or a deadhead?
A booster, or a knocker?
A supporter, or a sponger?
A soldier, or a slacker?
There with the goods, or off with an excuse? Ask yourself the question Which am I?

SO EASY TO BE WELL AND STRONG

Take "Fruit-a-Dives" The Wonderful Fruit Medicine

I suffered terribly from Constipation and Dyspepsia for many years. I had pains after eating and my head ached all the time. I was unable to sleep at night. I was getting so thin that I was frightened. At last, a friend advised me to take "Fruit-a-Dives," and in a short time the constipation was banished. I had no more pain, headaches or dyspepsia, and now I am vigorous, strong and well.

Take a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-Dives Limited, Ottawa.

ABOUT THE TELEPHONE

I am a telephone. While I am not broke I am in the hands of a receiver. I have a mouthpiece but unlike woman I never use it. "Follows" usually to make dates with his and with us to me to break his date. Husband call up wives over me and wives call their husbands down over me. I never get to go anywhere, but sometimes the company takes me out; if all depends on whether you pay your bill or not. I am not a bee, but often buzz in your ear. I am the bell of the town, and while I don't get jewelry, I often get rings. Whether I do anything or not, a lot of people often nail me to the wall. I like music, but the music I hear is chin music. I get all the popular airs, and the most popular one is box air.

ASTHMA USE

RAZ-MAH
NO Smoking—No Spraying—No Snuff
Just Swallow a Capsule
RAZ-MAH Is Guaranteed
to restore normal breathing, stop mucus gatherings in the bronchial tubes, give long nights of quiet sleep, contains no habit-forming drug. \$1.00 at your druggist's. Trial free at our agencies or write Templetons, 142 King W., Toronto.
Local Agent—J. W. McLaren

A Prime Dressing for Wounds

In some factories and workshops carbolic acid is kept for use in cauterizing wounds and cuts sustained by the workmen. Far better to keep on hand a bottle of Dr. Thomas' Electric Oil. It is just as quick in action and does not sear the skin or burn the flesh.

M. CUNNINGHAM

PAINTER AND PAPERHANGER
Estimates given
Prices Reasonable
WATFORD, ONT.

HAVE YOUR PIANO TUNED NOW

Pianos Tuned properly by one on your own town. All work guaranteed. Graduate of Brantford Institute. Terms reasonable.

GLEN GRAHAM

Watford General REPAIR SHOP

PLUMBING AND REPAIRING

CUTTING BOX KNIVES, AXES, BUTCHER AND BREAD KNIVES
SCISSORS Ground and Sharpened
DOOR AND OTHER LOCKS Repaired
KEYS FITTED
STOVE REPAIRS

For Repairs of any kind—ask us—we can make, or get them for you.

PRICES RIGHT
WORK GUARANTEED

BUTLER'S OLD STAND, MAIN ST.

RAE & CO.

Brothers' Varnishes