

## AFTER SIX YEARS OF SUFFERING

Woman Made Well by Lydia E. Pinkham's Vegetable Compound.

Columbus, Ohio.—"I had almost given up. I had been sick for six years with female troubles and nervousness. I had a pain in my right side and could not eat anything without hurting my stomach. I could not drink cold water at all nor eat any kind of raw fruit, nor fresh meat nor chicken. From 178 pounds I went to 118 and would get so weak at times that I fell over. I began to take Lydia E. Pinkham's Vegetable Compound, and ten days later I could eat and it did not hurt my stomach. I have taken the medicine ever since and I feel like a new woman. I now weigh 127 pounds so you can see what it has done for me already. My husband says he knows your medicine has saved my life."—Mrs. J. S. BARLOW, 1624 South 4th St., Columbus, Ohio.

Lydia E. Pinkham's Vegetable Compound contains just the virtues of roots and herbs needed to restore health and strength to the weakened organs of the body. That is why Mrs. Barlow, a chronic invalid, recovered so completely. It pays for women suffering from any female ailments to insist upon having Lydia E. Pinkham's Vegetable Compound.

### Guide-Advocate

Watford, Ont.  
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HARRIS & CO.  
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HARRIS & CO. PROPRIETORS  
WATFORD, SEPTEMBER 14, 1917

#### NOTE AND COMMENT

H. C. L. stands for High Cost of Living, also for How Combines Luxuriate.

Canada is a land of strange tongues. Last year bibles printed in 110 languages were distributed in the Dominion.

Germany is to issue her seventh war loan this month. The widows and orphans will have to dig down once more.

In quoting the crimes which returned men have committed against society, do not fail to speak of the things they have done for society.

What elimination of waste means; feeding of the British population; saving money to each Canadian household; filling our British brothers dinner pails, and finally winning the war.

St. Louis Globe Democrat: This is the first time in history that thousands of American young men without the income from a fortune have been able to go to Paris, the goal of American fashionables for 100 years.

Lambton county is undoubtedly one of the best in the Province and is still one of the three which have not adopted a County Road System, obtaining Government assistance in building of highways. Thirty-four out of thirty-seven counties have adopted

## CASTORIA

For Infants and Children  
In Use For Over 30 Years  
Always bears the signature of *Chas. H. Fletcher*

the System and have received \$2,500,000 from the Province. Lambton, wake up!—Theford Tribune.

The attempt to stir up a rebellion in the south of China against the new government has turned out a fiasco, and three more provinces have offered an aggregate of 50,000 trained troops for war against Germany. If the situation gets much worse, the very Russian politicians who wrecked the Russian army may be eager to have the Chinese come and save the liberty of their country for them.

The mystery of 50-cent eggs in summer and butter selling in the most productive season at winter prices, have been solved. Commissioner O'Connor reports that these products have been withdrawn from the market and placed in cold storage to such an extent that there are now over 13,000,000 dozen eggs waiting for the boost of winter prices and close upon 13,000,000 pounds of butter.—Montreal Herald.

Militarists have always smiled at the dreamer's vision of a warless world. David Lloyd George may be a dreamer. He is also a statesman and a man of affairs. Recently he said: "Today we are waging the most devastating war the world has ever seen. Tomorrow, tomorrow, perhaps not distant tomorrow, war may be abolished forever from the category of human crimes."

Plans are being discussed—in American newspapers at least—for the storing of a million bushels of potatoes in Chicago. These potatoes will be bought up by the National Food Administration and doled out at the lowest possible price. There should be no difficulty in getting the million this year—and it will not cost such a tremendous amount to buy them, by the looks of things to-day.

In the midst of the war we are apt to forget the other enemy of mankind—famine. It is as a precaution against famine that all these measures are being adopted. It would be an excellent exercise for some of our housekeepers to read "Robinson Crusoe." There are no more fascinating passages in Defoe's classic narratives than those describing his harvesting and preserving a storing of food. Whatever the details may convey, the spirit of the story is that with which the whole country should be imbued.

Canada is advancing, as a set-off against Imperial payments for her overseas troops in Britain and France, millions every month to the British Government for the purchase of munitions and supplies in the Dominion, according to the statement made by Finance Minister White in the House Monday. In July she advanced \$35,000,000. In August she advanced a similar amount. For the remainder of the year she will advance \$25,000,000 monthly. In addition she is advancing \$40,000,000 for the purchase of cheese in Canada, and \$10,000,000 for further purchase of hay, oats and flour. To date the Dominion has advanced to the Imperial Munitions Board the sum of \$285,000,000, and the chartered banks of Canada have also advanced the sum of \$100,000,000.

#### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of catarrh. Send for testimonials, free. F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 70c.

There is a movement on foot in Russia to raise an enormous army composed entirely of women.

Five Russian women of the regiment Legion of Death lost their lives in a fight with the German troops.

Women are employed as road builders at Mahanoy City, Pa., where they receive the same pay as the men laborers.

Hundreds of Russian women have offered to train themselves as crews for battleships and it is said that their services have been accepted.

By a vote of two to one the Chippewa Indians at their council held recently in Bemidji, Minn., extended the privilege of voting to their squaws.

In summer it is best to clean and dry the bread box every morning. This prevents the bread from moulding.

If you get ink on a white silk blouse dip the spot at once into boiling hot starch and the spot will disappear.

To keep pies and pastry flaky do not put them away until they are entirely cold, and never put them in the refrigerator.

A spoonful of flour added to the grease in which eggs are fried will prevent them from breaking or sticking to the pan.

Women are the rulers of the Island of Tibourou in the Gulf of California and the men are made to do all the work and act as servants to their wives.

Wyoming has a roll of honor made up of the women volunteers who have enrolled for service in the war. It is to be kept in the vault in the office of the Governor.

Women who applied for positions as life guards in Atlantic City have been rejected by the beach surgeons, who claim that they are not strong enough to man the surf boats.

Eight women have thus far taken jobs as gate tenders at crossings on the Lehigh Valley Railroad company. The company also has one woman ticketwalker and also a woman bolt tightener.

There is nothing repulsive in Miller's Worm Powders, and they are as pleasant to take as sugar, so that few children will refuse them. In some cases they cause vomiting through their action in an unsoiled stomach, but this is only a manifestation in their cleaning power no indication that they are hurtful. They can be thoroughly depended upon to clear all worms from the system.

Women are replacing men laborers on the New York Central railroad.

Salt put on a cloth saturated with kerosene will clean the enamelled bathtub. Afterward rinse the tub with warm, soapy water.

All stale bread can be put in the warming oven until dry. It is then dry enough to roll with crumbs or to use as twice-baked bread.

Count carefully the cost of buying fruit to can. Sometimes when labor, sugar, fuel and cost of the fruit are considered, it does not really pay.

If you want more cream than usual from milk, heat the milk until it is lukewarm, and then suddenly chill it. More cream rises to the surface this way.

TO ASTHMA SUFFERERS. Dr. J. D. Kellogg's Asthma Remedy comes like a helping hand to a sinking swimmer. It gives new life and hope by curing his trouble—something he has come to believe impossible. Its benefit is too evident to be questioned—it is its own best argument—it is its own best advertisement. If you suffer from asthma get this time-tried remedy and find help like thousands of others.

## Pandora Conveniences

The "Pandora" Range has triple grate bars that turn easily because each bar is shaken separately. The firebox is made smooth to prevent clogging of ashes and the ash-pan is large enough to hold more than one day's ashes. Write for booklet.

**McClary's**  
**PANDORA RANGE**

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ST. JOHN, N.B. HAMILTON CALGARY  
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For Sale By **T. DODDS & SON.**

## NOTHING BUT THE BEST

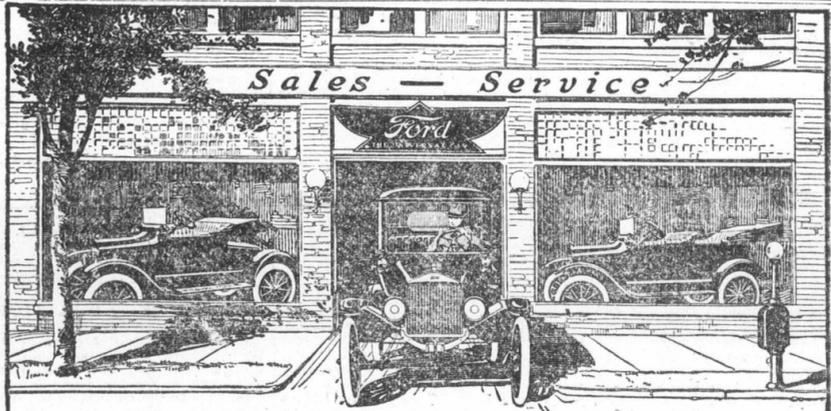
IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

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