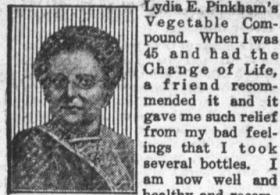


ELDERLY WOMEN SAFEGUARDED

Tell Others How They Were Carried Safely Through Change of Life.

Durand, Wis.—"I am the mother of fourteen children and I owe my life to Lydia E. Pinkham's Vegetable Compound. When I was 45 and had the Change of Life, a friend recommended it and it gave me such relief from my bad feelings that I took several bottles. I am now well and healthy and recommend your Compound to other ladies."



—Mrs. MARY RIDGWAY, Durand, Wis.

A Massachusetts Woman Writes: Blackstone, Mass.—"My troubles were from my age, and I felt awfully sick for three years. I had hot flashes often and frequently suffered from pains. I took Lydia E. Pinkham's Vegetable Compound and now am well."

—Mrs. PIERRE COURNOYER, Box 229, Blackstone, Mass.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and dizziness, should be heeded by middle-aged women. Lydia E. Pinkham's Vegetable Compound has carried many women safely through this crisis.

Guide-Advocate

Watford, Ont.
PUBLISHED EVERY FRIDAY
Subscription \$1.50 per annum in advance, \$2.00 in advance to the United States.

ADVERTISING RATES.
YEARLY CONTRACT
1500 inches 8 cents per inch.
1000 inches 9 cents per inch.
500 inches 10 cents per inch.
Short periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday noon.

Least Advantages:—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. A rate measure 14 lines to the inch.

Business Cards—One inch and under, per year \$5.00.
Auctioneer Cards—\$5.00 a year.
Locals—10c per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.
HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.
WATFORD, APRIL 6, 1917

NOTE AND COMMENT

Uncle Sam has ordered 60 submarine chasers. There'll be no submarines left by the time our American cousin gets into action if he continues to move as slowly as he has been moving in the past.

The middleman comes high. In England the food controller has ruled that farmers shall receive £8 a ton for potatoes and the retailers must not charge more than £14 per ton, or 3 cents a pound. Between the producer and the consumer, a critic says, the middleman thrives.

Red Cross collections for the whole Empire on October 19th, 1916, (Red Cross Day) totalled five and a half millions dollars. Of this amount the overseas dominions contributed three and a half million dollars, while the heavier contributors were the people of Ontario, who gave one million seven hundred thousand dollars, or practically one-third of the total subscribed by the whole Empire.

RUN-DOWN WOMAN

Made Strong By Our Vinol
Fort Edward, N. Y.—"I was in a run-down, nervous and weak condition, so I could not do the housework for my little family of three. I had taken cod liver oil emulsions and other remedies without benefit. A friend told me about Vinol. I tried it and it soon built up my strength and made me a well woman so I now do all of my housework."—Mrs. ELMER GILBERT.

We guarantee Vinol to restore strength and build up run-down, weak and debilitated conditions.
Taylor & Son, druggists, Watford, Ont., are the best druggists in all Ontario towns.

The Chicago Journal speaks out in this fashion: "By force and fraud, by arms and intrigue, with teachery that a Mohawk would repudiate, and by courage that a Spartan would admire, the Hohenzollerns have worked their way up from the fifth class principality to a position from which they grasped at and all but clutched the mastery of the earth. There can be no peace anywhere on the planet until this family of human panthers is put down."

Philadelphia Ledger: Here is a nut for every householder to crack: The price of commodities which are advertised for sale has risen much less than the price of things never advertised. If you haven't a hammer handy, I shall crack that nut for you. When any concern has spent thousands for advertising it cannot afford to throw away business in a species of piratical charges. Not so with the vendor of a head of cabbage or a bag of potatoes. He is restrained by nothing except the contents of your pocket.

Proposed amendments to the Workmen's Compensation Act are of interest to many. The most important provides first aid and all medical, nursing and surgical attendance within 30 days after an accident, without any limitation, to be paid out of the accident fund. Executive officers of a company are to be placed on the same basis as employees. In the case of both a workman and his widow dying, the allowance to the surviving children will be increased from \$5 to \$10 a month. Where the child is an invalid, the contribution will not be discontinued at 16 years of age.

London Daily Chronicle: Who was the first Food Controller? No, it wasn't Lord Devenport. Economists have never quite settled the point. Some declare that the honor falls to Joseph, when he filled the granaries of Egypt against the seven years' famine. Others are inclined to favor Caius Gracchus, who distributed corn to Roman citizens at the time of the civil strife in 130 B. C., while others, again, give first place to Louis XIII., when, in his famous Code Michaud he fixed the number of dishes to be served at table.

A regular aeroplane service between New York and Chicago is proposed. It is estimated that the flight of 720 miles could be made in from six to 10 hours with a load of from 500 to 1,000 pounds of mail. Flying will be at night, an airplane leaving each city at 6 p. m., and alighting at three regular stations, where extra machines, fuel and equipment parts would be maintained. Eventually an emergency alighting station would be established every twenty-two miles, each equipped with powerful guiding lights. At present the fastest railway trip between New York and Chicago takes more than twenty hours.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of catarrh. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, Ohio.
Sold by all Druggists, 75c.

Do Not Despise Our Native Woods

Too many Canadians in the past have been prone to think that what comes from abroad is better than what is produced at home. Largely because of this idea imported timber has been used in buildings on the edge of our timberlands. The Forest products laboratories of Canada under the Forestry Branch of the Department of the Interior, have been investigating this question and have found that some of our Canadian timbers are superior to those imported and just as cheap or cheaper. This means much to us in war time when every dollar produced or saved makes it by so much the easier to win the war. The results of this investigation have been published in Forestry Branch Bulletin No. 59, entitled "Canadian Woods for Struc-

tural Timbers." Lumbermen, builders, manufacturers, or others interested who have not yet received a copy may obtain one free on application to the Director of Forestry, Ottawa.

The High Cost of Living

Appropos of the high cost of living a Nevada paper, with which we don't venture to disagree, says:
"We throw away ashes and buy soap. We raise dogs and buy hogs. We grow weeds and buy vegetables. We catch fish with a \$4 rod. We build school houses and send our children away from home to be educated. And we send our boys out with a \$40 gun and a \$19 dog to hunt 10c game."

CHOP STUFF

Rev. I. M. Macgillivray has resigned from the pastorate of the Petrolia Presbyterian church.

Mrs. Harrison, an 86-year-old lady of Thamesville, has received a bronze medal from the Government for knitting 1111 pairs of socks for the soldiers.

If one be troubled with corns and warts, he will find in Holloway's Corn cure an application that will entirely relieve suffering.

Death claimed a highly respected citizen of Uttoxeter in the person of Ben Hoskins in his 63rd year. Mr. Hoskins was unmarried and made his home with his brother John. He was in the best of health until a few days ago when he developed erysipelas.

A. J. Lunn receives \$600 in settlement of his claim against Dunwich and the Dutton Telephone Association for injuries received after dark by running against a brace supporting a telephone pole on the side of the highway. Mr. Lunn is to receive \$400 from the Telephone Association and \$200 from the township. Each party pays his own costs.

To avoid delays in the payment of insurance policies on Canadian soldiers, an order in council has been passed at Ottawa, providing that all life insurance companies, transacting business in Canada, shall accept as satisfactory proof of death, the official certificates of death issued by the department of militia and defence. After official pronouncement of death, if the soldier turns out alive, the company, failing to recover the money from the beneficiary, will be reimbursed under the war appropriations act.

A story is told of a certain lumberman's wife in this town, who, upon looking through her husband's correspondence, found in the waste paperbasket a fragment of a letter from a party whose daughter writes his correspondence, and who wanted some shingles. Noticing the lady's handwriting of course curiosity was aroused at once, when—Horror! the letter read: "Dear Mr.—: Next time you come this way be sure and call and see me. I want about 25,000 XXX." The innocent husband, upon returning home that evening, was met at the door by a frowning wife, who loudly demanded an explanation of his conduct and the name of this woman who wanted so many kisses.—Wartorn Canadian-Echo.

The New Age.

The London Office Girl—Could I have next Monday, sir, for my sister's wedding? Her Employer—Why, you had a couple of days off for a sister's wedding last month. The Office Girl—Yes, sir; we do get off quickly in our family.—London Sketch.

The Universal Gratitude.

"How thankful I am that I have a home."
"Ah, yes, to shelter your dear ones."
"No; to mortgage for an automobile."
—Baltimore American.

The power of concentration is one of the most valuable of intellectual attainments.

Niagara by Electric Light.

Generally speaking, it is hard to improve on nature, but those who have seen Niagara falls lighted at night by electricity are agreed that the effect is far more impressive and beautiful than anything that daylight affords. The lights are of more than a hundred million candle power.—Youth's Companion.

The P. P.

"I put my faith in the wisdom of the plain people," said the statesman.
"Yes," replied Senator Sorghum.
"The wisdom of the plain people is all right. The only thing I fear is that some of them are getting so that they know too much."

Small Comfort.

"Never despair. Somewhere beyond the clouds the sun is shining."
"Yes, and somewhere below the sea there's a solid bottom. But that doesn't help a man when he falls overboard."
—Baltimore American.

Smart Girl.

Teacher—Now, Nellie, would it be proper to say, "I can't learn you nothing?" Nellie—Yes, mum. Teacher—Why? Nellie—Cause you can't.—London Telegraph.

His Job.

"It takes two to make a bargain."
"Yep; my wife and the storekeeper. But I'm paying the bills single handed."
—Detroit Free Press.

THRUST THE LAW ASIDE.

Cromwell Had His Own Views on the Rights of an Embassy.

Nowadays the invasion of a foreign embassy would be a serious matter, but in the days when Oliver Cromwell was lord protector of England there was no fine discrimination to favor members of an embassy. When such members committed crimes against the law of the land they were held to the same accountability as though they had been natives.

So it was that on July 10, 1653, Don Pantaleon Sa, a Portuguese nobleman, brother of the ambassador from that country to England and a knight of Malta, was beheaded on Tower hill. He had killed an Englishman, mistaking him for another. The Portuguese took refuge with his brother, the ambassador, who claimed that by the law of nations his house was an inviolable sanctuary for all his countrymen.

Cromwell sent a messenger to state that if the criminal was not given up to the civil authorities the soldiers would be withdrawn from guarding the embassy and the mob left to do as it pleased. Every effort was made by the Portuguese and other ambassadors to save Don Pantaleon's life, but without avail. Cromwell made no other reply than, "Blood has been shed, and justice must be satisfied."—Indianapolis News.

MAXIMS OF MATRIMONY.

Suggestions That May Help Certain Husbands and Wives.

I hold fast to the private maxim that hardly anything is unendurable if one sets up that all mankind could not give one a quite worthy mate. But there is another alleviation; understanding not only that one is married to somebody else, but also that somebody else is married to oneself and that it is quite as hard for the other party. There are many excellent things to be done. Here are a few:
Do not open each other's letters. (For one reason, you might not like the contents.) And try not to look liberal if you don't even glance at the address or the postmark.

Vary your pursuits, your conversation and your clothes. If required vary your hair.

If you absolutely must be sincere let it be in private.

(Especially for wives.) Find out on the honeymoon whether crying or swearing is the more effective.

Once a day say to a wife, "I love you." To a husband, "How strong you are!" If the latter remark is ridiculous say, "How clever you are!" for everybody believes that.

Forgive your partner seventy times seven. Then burn the ledger.—W. L. George in Atlantic Monthly.

Swatted His Egotism.

An English lady was taken in to supper at a private party by a young Scotchman who had a high estimate of his own mental capacity. The talk drifted to the subject of the Scot abroad.

"I've often heard," said the lady, "that Scotsmen who leave their country are, generally speaking, much cleverer than those who stay at home."

"Oh, yes," replied the Scot, with an attempt at wit. "You see, the reason is that at every outlet there are persons stationed who examine all who pass, so that for the honor of the country no one is allowed to leave who is not able to uphold his own and his country's dignity."

"Oh, then," she said, with a bright smile, "you were smuggled, were you?" —Exchange.

Nature's Great Hoodoo Temple.

In the Hoodoo basin of western Wyoming are curious formations which resemble Punch and Judy heads, grim savages, sniggering old maids, monkeys, rabbits, birds and animals in every grotesque and exaggerated shape imaginable and in every possible position. There are fifty different shapes of heads; over forty different animal and human faces have been counted. The rock out of which the hoodoos have been carved by Dame Nature is what is known as volcanic breccia.—Popular Science Monthly.

Roorback.

"Roorback" is a word that was adopted into the political vocabulary of the United States in the last decade of the first half of the nineteenth century. With "gerry-mander," which came into use earlier, and "boom," which was invented later, it has long held a secure place in the dictionary. "Roorback" is defined as a fictitious report intended to influence an election and which hurts its author.—Christian Science Monitor.

Somewhat Different.

Sapleugh—That—aw—pretty little sculptress I—aw—met at yonah weception lawst evening completely turned me head, doncher know. Mrs. Knox—Indeed! I knew she had quite a reputation as a modeler in clay, but I wasn't aware that she worked in wood.—Exchange.



MAGIC BAKING POWDER
MADE IN CANADA
CONTAINS NO ALUM
CHANNERY FARM
KERWOOD
SPECIAL OFFERING
Can spare a few good Short-horn females.
All correspondence promptly answered
ED. DeGEX, Proprietor
Kerwood, Ontario

EXECUTOR'S SALE

VALUABLE FARM PROPERTY
The executrix of the estate of the late John Keycraft will offer for sale by public auction at the

ROCHE HOUSE
IN THE VILLAGE OF WATFORD

Saturday, April 7th, 1917

At the hour of three in the afternoon, the following lands, namely:—
The east half of the east half of lot thirty, in the second concession south of the Egremont Road in the Township of Warwick, in the County of Lambton, fifty acres more or less.

This is choice land and is all in pasture. There is about eight acres of fair bush on the land.
The property will be offered for sale subject to a reserve bid.
TERMS OF SALE.—\$500.00 down on day of sale, and the balance to be paid within fifteen days thereafter without interest.
For further particulars apply to
COWAN, FOWERS & COWAN,
Vendor's Solicitors,
J. F. Elliot, Auctioneer.

Oh! You Cabbage Head

The people of this city have become shock proof in regard to high food prices. However, a few Sarnia women in a local store on Saturday last felt as if the newest and biggest bomb yet had exploded. And it was only a perfectly quiet and harmless-looking cabbage. "What is the price?" asked one of the women, indicating the vegetable. "Ten cents a pound," answered the dealer, without a quiver. Then he placed the cabbage on the scales. "Seven pounds—just 70 cents," he said. A chorus of dismayed "Ohs" smote the air. "I'll take a can of corn home," said the woman who had asked, when she recovered. "And I—well it will be a few days longer before I pay nearly a dollar for a cabbage," said another as she marched out.—Sarnia Canadian.

Lambton's Record in the War

Lambton county sent 264 men with the 1st contingent.
Has sent to date 1996 men.
Number killed in action, died of wounds and disease, 79.
Number invalided home, 141.

In October, 1914, the county council granted \$10,000 for patriotic purposes; in 1915, \$39,000; in 1916, \$98,000 inclusive of \$4000 a month granted by the county council; in 1917, grant of \$4500 a month made by the county council.

MARKED INCREASE

A. H. McDONALD, Ethel, Ontario, says:
"Last Spring I purchased a quantity of Homestead Bone Black Fertilizer from J. K. Baker and from the results shown by its use on plots of corn and potatoes, I can confidently recommend its use on a much larger scale. This shows the value of extensive farming. If every acre available on an average farm were properly cultivated and Homestead fertilizer used judiciously I am sure the financial returns would show a marked increase."

BELONGS TO GOOD FARMING

GEO. SCHROEDER, Dashwood, Ontario, says:
"I used Homestead Bone Black Fertilizer on oats last spring, leaving one drill width without, where you could see the difference of about one foot. I recommend it to any farmer who wishes to do good farming, as I think there is no better."

GROWTH SIMPLY WONDERFUL

WILLIAM EVLAND, Sarnia, Ontario, says:
"I have used Homestead Bone Black Fertilizer and am so greatly pleased I want to tell you of it. I had a piece of ground where nothing would grow, not even weeds, and I planted strawberries and put some fertilizer on them and the growth is simply wonderful. In fact, it beats anything around the neighborhood."

Write Michigan Carbon Works, Detroit, for free book and particulars about their Homestead Bone Black Fertilizer.

The hardware stocks of W. H. Cuddy and Bogue & Mihell, Strathroy, have been amalgamated. The business will be carried on in the firm name of The W. H. Cuddy Hardware Co.

ALL Crapp