DOCTOR ADVISED OPERATION

Cured by Lydia E. Pinkham's Vegetable Compound

Canifton, Ont.—"I had been a great sufferer for five years. One doctor told me it was ulcers of the uterus, and another told me it was a fibroid tumor. No one knows what I suffered. I would always be worse at certain periods, and never was regular, and the bearing-down pains were terrible. I was very ill in bed, and the doctor told me I would have to have an operation, and that I might die during the operation. I wrote to my sister about it and she advised me to take Lydia E. Pinkham's Vegetable Compound. Through personal experience I have found it the best medicine in the world for female troubles, for it has cured me, and I did not have to have the operation after all. The Compound also helped me while passing through Change of Life."—Mrs. LETITIA BLAIR, Canifton, Ontario.

Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has proved to be the most successful remedy for curing the worst forms of female ills, including displacements, inflammation, fibroid tumors, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion, and nervous prostration. It costs but a trifle to try it, and the result has been worth millions to suffering women.

Guide-Advocate

Watford, Ont.

PUBLISHED EVERY FRIDAY.

SUBSCRIPTION—$1.00 per annum in advance. $1.50 if not so paid.

ADVERTISING RATES.

Space	One Year	Half Year	3 Months
One column	$60	$35	$20
Half column	35	20	12
One fourth column	20	12	8
One-eighth "	12	8	5
One-twelfth "	8	5	3

Mercantile advertissrs will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Wednesday afternoon.

TRANSIENT—First insertion per line, 8 cents; subsequent insertions 4 cents each time per line. 12 lines makes one inch.

BUSINESS CARDS—Six lines and under, per year $5 00.

AUCTIONEER CARDS—$5 00 a year.

LOCALS—10c. per line each insertion. Miminum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETOR

WATFORD, FEBRUARY 9, 1912.

Will Teach Manners.

At the present time—at every time in the history of the civilized family—there is and has been great need for special attention to the inculcating of good manners in the rising generation.

A kindly heart is the basis of good manners, but proper formalities should also be present; these forms are the outward expression of the inward feeling.

Earl Grey, a few months ago, when addressing the Boy Scouts, remarked that the boys and girls of Canada did not have as good manners as he would like to see, and hoped that this condition would improve. Since then the principals of a good many of the public schools have formed a plan by which good manners would be taught in the school, says a writer in the Toronto Globe.

The training of the child should, of course, be the work of the home and the mother, but now-a-days it seems the mother has too much to do or does not know herself how to train the children or what good manners are, so this work falls upon the teachers if the children are to be taught at all.

In the past the schools have devoted themselves to mental training and have neglected the physical and spiritual, but now the authorities are making a strong effort to emphasize the physical and some are clamoring for the spiritual, so the question arises—what are the responsibilities of the teacher? The more the teachers are burdened the less the parent's duties become, till now mothers are leaving everything to the teachers—even to teaching the rudiments of good manners.

It is hoped that a plan may be adopted in all the schools in which the children are taught what good manners are and the importance of cultivating the same.

Each class is to have "a circle of good manners", and the respect that should be shown to womanhood, to age, and to God is to be impressed on the children; the little courtesies that one should show to one's equals, to one's superiors, to acquaintances, and to strangers will be explained.

In Brittany and Normandy and all through the country in England the children are most respectful, the boys never fail to touch their caps or the girls and the girls to curtsey when a stranger or acquaintance passes them or speaks to them. If the children of the French peasants and England's country folk have good manners, why not Canada's children?

Every Woman

is interested and should know about the wonderful **MARVEL Whirling Spray**

The new Vaginal Syringe. Best—Most convenient. It cleanses instantly. Ask your druggist for it.

If he cannot supply the MARVEL accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

Operation For Piles Failed.

Zam-Buk Was Then Tried and Worked a Cure.

Writing from Poplar, B.C., Mrs. C. Hanson, wife of the proprietor of the Commercial Hotel, says: "I suffered for years with bleeding piles. The pain was so bad at times that I could hardly walk, and ordinary remedies seemed utterly unable to give me any ease. Finally I decided to undergo an operation, and went to the Sacred Heart Hospital in Spokane. There they performed an operation and did all they could for me. For a time I was certainly better, but within twelve months the trouble started again and the piles became as painful as ever. I tried liniments, hot poultices, various 'pile cures,' and indeed everything I could think would be likely to do any good, but still I continued to suffer, and the shooting, burning, stinging pains, the dull, aching and wretched, 'worn-out' feeling that the disease causes continued as bad as ever.

"One day I read about Zam-Buk and thought I would try it. The first one or two boxes gave me more ease than anything else I had tried, so I went on with the treatment In a short time I began to feel altogether different and better, and I saw that Zam-Buk was going to cure me. Well, I went on using it, and by the time I had used six boxes I was delighted to find myself entirely cured. That was three years ago, and from then to the present time there has been no return of the trouble."

Zam-Buk is a sure cure for piles, eczema, ulcers, abcesses, cold sores, chapped hands, varicose sores, burns, scalds, bruises, inflamed patches, and all skin injuries and diseases. Druggists and stores everywhere, 50c. box, or Zam-Buk Co., Toronto, for price. Refuse harmful substitutes.

A Bountiful Harvest.

"As a man soweth, so shall he reap;" and youth is the time in which he must do his sowing if the granary is not to be empty when old age overtakes him, as it surely will if he lives long enough. The making of money and the saving of money, as distinguished from the miserly love of money, should be the ambition of everyone, but it does not necessarily follow that if you make money you will have it in your old age, as many a one-time millionaire has died in the poor-house. But if you take advantage of the Canadian Government Annuities system, and out of your wages, salary or income pay the amount fixed to be paid each week, month or year, or as otherwise arranged, provision for old age may be made with absolute certainty and at much less cost than on any other safe plan. You may lose everything else you own but the Annuity cannot be lost or taken from you by any process of law, no matter how long you live. Ask your Postmaster for literature on the subject, or write for the same to the Superintendent of Annuities, Ottawa, to whom all letters may be addressed free of postage.

Forestry in Europe.

The productive forest area in 1908 on the Grand Duchy of Hesse in Europe amounted to 182,263 acres. In general the standing timber is composed of sixty-nine per cent hardwood and thirty-one per cent. coniferous forest. The fir ranks first among the coniferous species. The total yield of lumber in 1908 was 4,575,000 cubic feet. Refuse in so far as it is not suitable for lighter lumber, such as lath or for pulp, is used for firewood. The expenditures for salaries, forest cultivation and road building amounted to approximately $754,000, and the total gross income (from lumber and firewood) was $1,161,931. The capital represented by the forests ($52,665,354) brought interest accordingly at 2.21 per cent. Where intensive forestry of this kind is practised, forest fires are unknown. Sufficient money spent on Canadian Forest Reserves would greatly reduce the fire danger, maintain an adequate lumber supply for the country and in time become a source of revenue to the Government.

WATFORD PUBLIC SCHOOL.

HONOR ROLL FOR JANUARY.

Fourth Class.—Sr.—Ross Luckham, Stella Williamson, George Mead, Franklin Smith, Allie Harper, Burton Cook, Rheta Thompson, Katie Aitken, Michael O'Meara, Chester Cook. Jr.—Winnifred Swift, Jean Fitzgerald, Mary Currie, Jean Cameron, Celestine McManus, Alma Barnes, Nelvin McCormick, Verne Johnston, Eston Fowler, Eva Thorner, Henry Rivers.—W. H. SHRAPNELL, Principal.

Class III,—Sr.—Mildred Fortune, John Bruce, Geraldine Elliot, Teresa Logan, Jean McManus, Stella McMacken, Bruce Trenouth, Kathleen Elliot, (Ross Restorick, Cecil Atchison, Charlie Stumph), equal, Charlie Fitzgerald, Ada Spackman, Carleton Harrower. Jr. — Sara Howden, Roger Thorner, Florence Cook, Carmen McCormick, Marjorie Swift, Florence Roberts, Esther Weight, Hazel Thorner, Earl Logan, Jack Irwin, Ila Cook.—M. REID, Teacher.

Class II.—Sr.—Wilfred Jamieson, Lillian McKercher, Dorothy Seager, Leo McManus, Mary Fowler, Mamie Moire, Evelyn Dodds, Claire Lambert, Alvin Styles, Helen Hamilton, Norman Trenouth, Clifford Abbott, Spence Bruce, Deloise Dodds. Jr.—Orville Fuller, Gertrude Parker, Orville McGillicuddy, Elsie Weight, Lloyd Harper, May Higgins, Vernon White, Earl Dobbin, Harold Roche, Eulalie Logan, Geraldine Jamieson, Gordon Trenouth. — M. WAUGH, Teacher.

Part II.—Sr.—Florence Lambert, Louise Dodds, Ernest McKercher, Frank Roberts, Harry Cook, Blanche Stapleford, Robert McLeay. Jr.—Edythe McDowell, Beatrice Cooke, Elgin Kersey, Rebe Bruce, Stanley Mitchell, Ula Higgins, Earl Roberts. —L. M. CAMERON, Teacher.

PRIMARY ROOM.

Class I. — Romaine Thorner, Blanche Burton, Wesley Shepherd, (Willie Thorner and Frank McGillicuddy) equal, Opal Restorick, Franklin Potter, Harry Croucher, Gwendolyn Cook, Irene Graham, Pamily Graham, Stanley Bennett, Nettie Spalding. Class II.—Morna McWaters, Alfie Drury, Dorothy Fowler, Esther McKercher, Frank McCormick, Margaret Irwin, Burton White, Keith Spackman, Jack McGillicuddy, William Fitzgerald, Rushton Seager. Class III.—Gladys Kersey, Everyl Cooke, Verna Caughlin, Winnie Croucher, Burton Roberts.—MARGARET WYNNE, Teacher

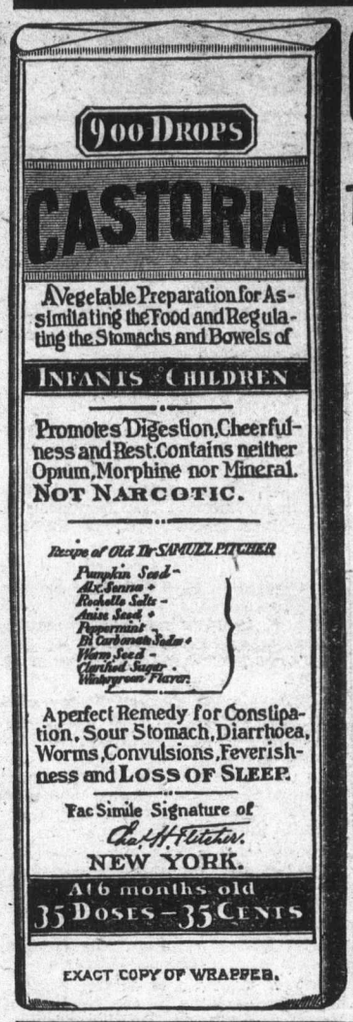
The Jewish population of New York city was 906,400 on January 1st, according to figures published in the American Hebrew. The same journal in 1902 computed the number as 600,000.

Used in Canada for over half a century—used in every corner of the world where people suffer from Constipation and its resulting troubles—

Dr. Morse's Indian Root Pills,

stand higher in public estimation than any others, and their ever-increasing sales prove their merit. Physicians prescribe them.

25c. a box.



EXACT COPY OF WRAPPER.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

CHOPPING

5 CENTS.

Here you get Perfect Satisfaction.

LUMBER YARDS

We have moved our Yards to Ontario street, around the Postoffice Corner.

Will open up in the Spring with a Brand New Stock of Lumber.

Estimates Furnished on all Classes of Buildings.

COAL: We Sell the Genuine Scranton Coal

GEO. CHAMBERS,

Successor to the Lawrence Firm, Established 1870.

Germany's Ten Commandments.

A table of ten commandments is very widely circulated in Germany at the present time, and reads as follows:—

"1. Never lose sight of the interests of your compatriots or of the fatherland.

"2. Do not forget that when you buy a foreign product, no matter if it is only a cent's worth, you diminish the fatherland's wealth by just so much.

"3 Your money should profit only German merchants and workmen.

"4. Do not profane German soil, a German house or a German workshop by using foreign machines and tools.

"5. Never allow to be served at your table foreign fruits and meat, thus wronging German growers, and, moreover, compromising your health, because foreign meats are not inspected by German sanitary police.

"6. Write on German paper with a German pen and dry the ink with German blotters.

"7. You should be clothed only with German goods and should wear only German hats.

"8. German flour, German fruits and German beer alone make German strength.

"9. If you do not like the German malted coffee, drink coffee from the German colonies. If you chocolate coffee or cocoa for the children, have a care that the chocolate and cocoa are of exclusively German production.

"10. Do not let foreign boasters divert you from these sage precepts. Be convinced, whatever you may hear, that the best products, which are alone worthy of a German citizen, are German products."

STATE OF OHIO, CITY OF TOLEDO, LUCAS COUNTY. } ss

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of Hall's Catarrh Cure.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A.D. 1886.

(SEAL.) A. W. GLEASON, NOTARY PUBLIC.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.

F. J. CHENEY & CO., Toledo, O.

Sold by all Druggists, 75c.

Take Hall's Family Pills for constipation.

SCHOOL REPORTS.

Report of S.S. N. 11, Brooke, for the month of January. Those pupils whose names appear without marks were absent from all examinations. Class IV., Sr.—Alex. Fisher 80, Willie Lett 74. Jr.—Alex. McGregor 58, Eddie Brown 52. Class III.—Pearl McGregor 66, Gus Denning, Arthur Lee, Lizzie Doan. Class II.—Freada Smith 55, Gladys Clothier, Kenneth Clothier. Pt. II, Sr.—Georgie Brown 63, Mercie Doan. Jr.—Bert McGregor 68, Gladys Duffy 37. Class I.—Cecil Duffy 43. Average attendance 10.—SADIE M. LOGAN, Teacher.

Report for January of Matlock school, S.S. No. 10, Plympton.—Class IV.—Wesley Wright 77, Gladys Marriott 74. Class II., Sr.—Stella Marriott 64. Jr.—Lesley Marriott 51. Part II.—Andrew Gillatly 60. Primer class.—Georgena Gillatly 76. Absent—Ada Gillatly.—L. S. BRYCE, Teacher.