

At the skating rink, on the slide, or during the drive you will thoroughly enjoy

## Fry's Milk Chocolate

one of the most delicious dainties with which you could treat yourself or your friends. In 5c. and 10c. cakes. Some folks think Fry's Nut Milk Chocolate is even nicer. It is a delightful combination of the milk chocolate with carefully selected nuts. Try it once and you'll want it often Most good stores sell Fry's dainties. See that the name "Fry" is on the wrapper.

Motoring these brisk wintry days no longer "gives the shivers" to those who have learned the splendid warming-up effect of a piping-hot drink of Fry's Cocoa. A spin through the sharp, chilling wintry air is enjoyed only by warm-blooded

folks those who drink lots of Fry's Cocoa. Drink more Fry's and chills, draughts and "Jack Frost" will lose their terrors for you, Fry's Cocoa creates warmth by enriching the blood and nourishing the body. It is the one wholly beneficial drink which everybody likes. You cannot drink it too often.

Sliding, gliding, skating, driving—whizzing through the crisp, fresh air, warmed "all through" with steaming-hot Fry's Cocoa and the vigorous exercise—what more wonderful combination for making warm, healthy blood, supple muscles and an altogether strong, vigorous, storm-proof body? There's no need to feel timid about attempting outdoor sport on the coldest days if you warm-up before and after with a delicious, nourishing, warmth-giving drink of



Remember! Nothing Will Do **But FRY'S** 



Any pleasure - event, outdoors or in, is made more thoroughly en. joyable by the introduction of

## Fry's Chocolate Assortment

Fry's are the first choice of folks who are particular to have the best. They are so much nicer than the finest chocolates you ever tasted. Get a box or two at the first opportunity. At least one of the good stores you deal with has a supply, fresh-made in the most delectable forms and flavors, in attractive packages of refined elegance. All your favorite kinds, only more delicious than any you have yet had. Remember to ask for Fry's. Twenty-five cents buys a liberal boxful. When you get acquainted you'll want them often.

Of itself, Fry's Cocoa is the most strength-giving, warmthcreating, flesh-building of all beverages. Those who are for any reason kept indoors, young

or old, sick or well, find Fry's of especial benefit during cold weather. It supplies a positive need. So highly concentrated that a little Fry's makes far more and richer cocoa than a great deal of ordinary kinds. That's why it is so economical. Get a tin from your grocer to-day.

Trade Supplied by J. S. FRY & SONS, Ltd. 32 Colborne St., Toronto