HEW

COL

CADI

French

FINE

Lunch

220 C

BIRTHS,

OV

PINE

D)

I Eng Broc

ceauty of the human form is to-day exactly what it was in ancient Greece; it is the same through all the centuries, however blind we are to its characteristics through ignorance. The consensus of ages is a true verdict, and classic forms become safe models. Greek sculpture was wrought when the body received its highest cultivation, and was so beautiful as to be called divine.

This sculpture should be carefully and continuously studied, as well as pictures of good nude figures. They are to be made familiar that one may learn why they are good, why they deserve admiration. Most people fancy they admire these classic models, but it must be in imagination only, else why should they allow them selves to exemplify false standards of form, and positively distort their own God-given bodies?

Sassching for the highest standards of This sculpture should be carefully and

bodies?
Searching for the highest standards of human form, we discover that manly beauty and womanly beauty differ essentially. It and womanly beauty dilier essentially. Lis agreed that the type of manly proportion includes a comparatively large head, wide shoulders rather square, a torso tapering to a contracted pelvis; while the whole may be seven and a half heads in height, or an additional half head added to the length of the legs, giving a particularly elegant feature.

On the other hand, fine proportions for a woman are a small head, shoulders rather aloping and narrow, the torso full and widest at the hips; while the front line from the sternum over the abdomen should whow first a gentle, and then a full outward curve.

is so different from the beauty of a manly figure. The depression at the so-called waist line—only the meeting of two lased muscles which in a beautiful woman in the clothing, for the sake of the greater beauty of the whole sweep.

It is to be unserthood that the long curves are made up of greeces alone would be as which green and the proportions should be so undergroup and the proportions should be so undergroup and the proportions should be so and the second, and so thoroughly appreciated, as to be always in mind, else a beautiful unant form will not be recognized. Use physical exercises to attain the perfection of these curves. Hang pictures showing them where they may grow into your thoughts. [Harper's Bazar.]

Dressmakers of the Trutte.

Dressmakers of the first requires the asthetic insign on the in the Ladies is a type of the higher and more refined temperament. The most beautiful dress we have ever had has been the Greek where we have ever had has been the Greek dress, and, in some periods, the Romany that is, according to real art. But such dress is not available for our climate, with its abrupt transitions from heat to constitute the same time take in those days, and at the same time take in those always and at the same time take in the same time

same time take into consideration adaptations to climatic and social conditions.
Woman, particularly when she is beautiful, is the most attractive being in the
world, and more pains should be taken to
drape and dress her than with almost any
other branch of art. I do not think that
dress-making has ever revealed the esthetic
beauty that is possible. We have had style
and tashion, but we have never had what
I regard as the highest forms of art in
dress, and we never can have until such
alime as it is regarded as a fine art, instead
of now as a trade, and until the time shall
some when women or men, who are dressmakers, shall be treated with the same conideration, socially or otherwise, as we teisy treat a painter or a sculptor.

The Room of the Invalid.

The Room of the Invalia.

The invalia's world is bounded by the four walls of his room, and the veriest trifle occurring within its limits is of far more importance to him than the most stupendous events of the outside universe. A picture hanging awry makes him thoroughly miserable; a twisted rug or a misplaced chair causes discomfort. If his room is stiff and bare, badly arranged or dingy, creation to him is shrouded in gloom.

Anyone waiting on an invalid knows how the monotony of meals taken in bed destroys the appetite and induces disgust of the most delicate fare, and this in spite of all the care which can be taken to make the appointments of the table dainty, and the bed clothing pretty and bright as well as perfectly pure and sweet. In the same way the embellishments of an invalid's room will become hateful to him, and the daily sight of the same furniture and wall-paper a burden greater than he can bear. At this state of weakness and enforced idleness the strong man cries out more than against bearing the most acute pain. It might, then, be a good idea to introduce occasional changes, as far as possible, into the room of the sufferer. To bring in new articles of furniture, and remove those already there to other parts of the house. That the furniture is older or not so handsome is slight matter; it is new and interesting to the weary eyes watching from the bed. A fresh table will become quite an object of curiosity, and afford conversation for days; and a differently shaped bureau will be an exciting direumstance.

A novel arrangement of chairs or pictures might have a good effect, and often an entire change of mantel ornaments would be a perfect godsend to the sensitive nerves on which the old ones have grated so long.—
[Harper's Bezar.

Young mothers often make the mistake in hurrying their babies to walk, and lasting injury is frequently wrought by not thing the child first creep and then walk, nature's own way and time. A child night to be allowed to take its own sime to sign to walk, and this will not often be store it is 12 or 14 months old. Even then

do not allow it to walk very much for two or three months. Frequently mothers do not like to have their babies creep, as they soil their clothes so badly, and will begin to stand them on their feet and try to have them walk long before their bones are hard enough to have any strain put upon them, and the result is bow legs or crooked ankles, which sometimes the utmost care afterwhich sometimes the utmo wards will fail to straighten.

which sometimes the utilion.

That Third Party.

The coustant presence of a third person at the fireside and table, says Mra. P. T. Barnum in the Ladies' Home Journal, is especially disastrous in the earlier years of wedlock. The presence of one who is "of ourselves" may often restrain what is worst in us; but alas! it always restrains what is best. There must always be in the most perfect unions and the best fordered lives some little friction which will once in a while find expression. The gentle protest with which, if alone with your husband, you would disarm his fractiousness, dies in your throat because of the third person. The loving caress with which you would close his lips and make him ashamed of himself, is as impossible to you as if you were paralyzed. If misunderstood, pride will not let you explain, and you retort indignantly; or, at best, keep silent with an aching heart, and in time you grow to hate that third person who may be an angel of light, but who is none the less eating holes in your marriage garment. It may not be possible, without neglecting a sacred duty, to have your house entirely to yourself, but I charge you, as you value your mutual love and happiness, be inflexible in your resolution to keep some waking hours out of every 24 when the fireside shall be sacred to you and your husband; when you can tell each other your thoughts, your hopes and fears, with no stranger intermedding with your joy.

Tid-Bits of Fashion. Bill Nye expects to make a great deal out of his last book, because it is "larger and thicker" than any he ever published before. "What the public wants," he adds, "is a big book—one that can be used to prop up the lounge with when its leg is broken." Pater (severely)—My son, this is a disgraceful state of affairs. This report says you are the last boy in a class of 22.

Henry—It might have been worse, father.
Pater—I can't see how.
Henry—There might have been more boys in the class.

Tid-Bits of Fashion.

on the other hand, shoulders rather aloping and narrow, the torso full and widest at the hips; while the front line from the sternum over the abdomen should from the sternum over the abdomen should how first a gentle, and then a full outward curve.

The conventional figure of the day is at variance with this type. Every effort is made to imitate masculine characteristics. The shoulders are thrust up high and square, or made to appear so; the torso is made to taper in, and everything underheaven is done to make the waist small. The front ise is forced to take an inward outwo below the bust, and the side lines to form an awkward angle, in the hollow of which voluminous skirts are hung.

One should study soulpture with the new knowledge of these proportions most thoughtfully, till the rythm of the lines has fastened itself upon the memory. Studying the pictures of the best artists of every age, we shall find these principles everywhere demonstrated.

The charm of womanly proportion is in the long curve from armpit to ankle, which is so different from the beauty of a manly figure. The depression at the so-called waist line—only the meeting of two large muscles which in a beautiful woman should be slight—would better be ignored in the clothing, for the sake of the greater beauty of the whole sweep.

It is to be understood that the long leves are mostly worn with more or less low, pointed or square cut bodices. Visitor—"Are you going to be a great man when you grow up, Willie?" Willie—"You bet! I'm going to be an Arctic explorer."
"An Arctic explorer's life is full of hard-"An Arche exploses ships, Willie."

"Yes'm. But I can stand 'em, I reckon."

"I like you spirit, my boy. There is a great deal of glory to be gained in a career of that kind."

"(Yes'm. And you don't never have to wash your face.'

Sensible.—Tom—What color of hair do you like best, Jack? Jack—It depends upon the gtrl.—[Epoch. ####

"Abe, here's the \$5 I borrowed from you."
"Good. I'd forgotten all about it."
"You did? Then why didn't you tell :::

Miss Smatterer—He didn't understand me when I addressed him in French. Miss Caustique—No wonder, he's a

"Now, Johnny," said papa, "who was Adam?" "He was the man who discovered the "He was the world," said Johnny.

The Boston Transcript tells of a news paper man who confessed that there are only two tunes that he really knows well It is hard to be wakened suddenly from a dream of bliss. The Chicago Tribune relates a sad experience of this sort by a young gentleman of that city in connection with his first baby. He was very proud and happy, as he had a right to be, of course. Old Hundred and the long-meter Doxology :::

Wool-How do you go to work to tell the age of a hen?

Van Pelt—By the teeth.

Wool—A hen hasn't any teeth, you idiot!

Van Pelt—No, but I have.

The following notice appears in a shop window in Paris: "If you will pictures have after photographs, you can yourself for five francs taken have, and your wife for three francs painted have with oils all over."

"I see by the papers dat a lot of dese yer doctors is goin' to Germany every week to try to cure Dr. Koch's limp," said Unele Joe, discontentedly. "I might be lame in both legs and nobody would try to cure me."—[Newark Call.

* :::

Always Ready.—"Did the plumber come down to inspect the pipes this morning?"
"Yes."
"What did he say?"
"He said there was nothing the matter, but he could very soon remedy that."

###

Mistress—Show him up to the parlor.
Servant—But he has come to clean the chimbly.
Mistress—Then show him up to the chim-

A man who was eating a large, raw carrot stopped a woman on Duffield street the day after New Year's and said: "Madam, could you give me 10 cents to buy food with?" "Why, you seem to have plenty," she answered. "Raw carrot—see?" he said, as he extended it. "Yes; but don't you know that raw carrot contains 93 per cent. of clear nutriment, against only 33 in mince pie or plum pudding? You ought to be thankful, sir, very thankful."—[Detroit Free Press.

'Kitten.''

'K.double i-t-e-n," said Mabel.

'K.double i-t-e-n," said Mabel.

'Kitten has two i's, then, has it?"

'Yes, ma'am, our kitten has."

++1

:::

"Yes'm, And you don't never have to

ttt

98 Dundas Dealer—I see.

Dealer—And when the door closer Customer—And when the door closes I don't want it to ram shut like a catapult, with a crash that shakes the house from its

foundations.

Dealer—Yes, you want one that will bring the door all the way to, and yet do it gently.

Customer—That's the idea. But I don't gently.

Customer—That's the idea. But I don't want any complicated arrangement that requires a skilled mechanic to attend to it.

Dealer—No, of course not; you want something simple, yet strong and effective.

Customer—That's the thing; something that can be put on or taken off easily; something that will do its work quietly yet thoroughly, and won't be eternally getting out of order.

Dealer—I see. I know exactly what you want, sir, just exactly.

Customer—Well, show me one.

Dealer—We don't keep door springs—[Tit-bits.

JAS. PERKIN BUTCHER, REMOVED TO

FINSON CORSET CO.

"Biggest baby I ever saw, ne presuming the weighing process. "Fi and a half—sixteen! This thing weigh her. See! Sixteen is the last; and she jerks it up like a feather."

"Go and get a big pair of scales at neighbor's. I'll bet \$100 she weightwenty pounds. Millie!" he shouteding into the next room, "she's the baby in the country. Weighs over pounds." TO WEAK MEN "What did you weigh her on?" i the young mother.
"On the old steelyard in the kite "The figures on that are only she replied quietly. "Bring me t John."

THOUGHTS THAT BREATHE.

Take time to deliberate; but when the ime for action arrives, stop thinking and time for action arrives, stop go in.—[Andrew Jackson. Physician (with ear to patient's chest)—
There is a swelling over the region of the heart which must be reduced at once.
Patient (anxiously)—That swelling is my pocket-book, doctor. Please don't reduce it too much.

Faith at most but makes a hero, but love makes a saint; faith can but put us above the world, but love brings us under God's throne; faith can but make us sober, but love makes us happy.—[Cardinal Newman. In the soul which dares believe the vast

In the soul which dares believe the vast and precious truth of God's personal love, all life becomes significant and no part is so dreary that out of it there will not come up some ark of God to lead us to the richer the seal you know it has affixed deliber

and with full that the c which it pro will delight y

in the class.

"It I marry Miss Bond," observed Lummix, "people will say I am after her money.
You see I am literally handicapped by her "If you can get the girl, you ought not to mind the handicap," replied Skimgullet. "You'll find her fortune handy for bonnets, too."

A little innocent misunderstanding is sometimes very useful in helping one over a hard place.

"Mabel," said the teacher, "you may spell kitten."

"K. Jordal of the said of t



EVERY Housewife
EVERY Counting F1
EVERY Carriage Oar
EVERY Thrifty Menic
EVERY Body able hold a brush
BEO USB CASANSE THAT REVIT APAINT THAT

CO., general agents W.. Toronto, Ont.

ONT Agents for

acrobe **Radam's**

WILAM ELLIS et. Agent for Western Ontario. ywt SA

DESTROYER OF HAIR—
ir from the face, neck, and
the gr, Price 3s. 6d.; sent-section
to graph to graph to graph
to graph to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to graph
to g

BO

5 Clarence Street,

and happy, as he had a right to be, or course.

"It's a bouncer!" he exclaimed. "Where are the scales?"

The domestic hunted up an old-fashioned steel-yard that had come down from a former generation. It was the only weighing machine in the house. The baby, wrapped in fleecy folds of some light fabric, was suspended from the proper hook, and the proud young father assumed charge of and newspaper publishers. "I'll try it at eight pounds," he said we opened up a News Agency sliding the weight along the beam to the Chatham, and would like to figure. figure.

"It won't do. She weighs ever so much handle with my business.

more than that!"

He slid the weight along several noted of references given.

"It won't do. She weighs ever so much handle with my business.

"It was a few agencies that I is more than that!"

He slid the weight along several noted of references given.

"It was a few agencies that I is more than that!"

JACQUES,

In ancient he who lied und

Tell your

containing col When you

big book—one what when its leg is broken."

the lounge with when its leg is broken."

Cumso — It seems queer to advertise methods of suicide.

Mrs. Camso—What in the world do you mean?

Cumso—Here is an advertisement which cumso—Here is an advertisement which says: "Try a pair of our shoes, and you will never wear another shoe."

Pater (severely)—My son, this is a discomplish.

It is no use saying that we live our fellow-men, unless we try to held them; and it is no use pretending to sympathize with the heavy burdens which dar in their lives, unless we try to ease the and to lighten their existence. Insomuh as we have more practical experience of life than other men, by so much are webound to help their inexperience, and hare our talents with them.

* Ge of the secrets of the success of the Salvation Army is, that the friendless of the world find friends in it.—[General Boch. CHASE & SA

To work or to pray.

And to be what the Father to be,

If we had but a day.

—[Mary Lee Dickinson.



& CO R. F. I

LONDO

ICHMOND STREET e), a few doors south of King.

times he who bore false witness lost his right hand, but der seal in a sealed document or deed, was put to death, realizes its responsibility when it affixes its seal to cans Our house We have never yet disappointed our patrons.



As we send it to

you, so you can receive it in confidence that it guarantees the PURITY and EXCELLENCE of the article advertised by it.

rocer you want no coffee that is not stamped with

McL AN'S HARDWARE 151 DUNDAS STREET, CITY,

Headqua for Builders' and Painters' Supplies Contra the very be crs, by giving us a call you will find what you want a

Paralysis & Kidney Complaint IVES UGHTER CORSETS! NO SID STEELS TO BREAK "STEELS TO RUST The St. ring Dry Goods House FEATHERBONE (C

and Savings

company.

RECTORS

TS RECEIVED IN THE

NEY LOANED ON

NGS BANK

at highest current rates of

TGAGES

on favorable terms. No de-penses moderate and fixed by tariff.

MANAGER.

SOMERVILLE,

KBINDER

MOFFAT

Dundas Street. ywt

V. BAKER & Co.'s

MEDAL, PARIS, 1878.

Breakfast

Chemicals preparation. It has

d & Grocers everywhere

BAKE & CO., Dorchester, Mass.

ERBROOK'S

048, 128, 130, 135, 388, 161

times the strength of ith Starch, Arrowroot is therefore far more

ting less than one cent elicious, nourishing,

Loa

MIC

are u

Lion Mieral Water Co. LIMITED, 1013 KING STET WEST. Branch officest Tidy's lour Depot, 164 Yonge treet, Toronto

Sold by Alex Pytler, gover, 334 Richmond Street; W. T. Srong, 184 Jundas street; W. S. Barkwell, 263 Jundas sreet; C. McCallum drugs, London, and in althe first-class hotels xt

T. C. MoMANUS, Eq.:

lerchant, Aultsville,

LEAR SIR. — As you kow, I was sorely troubid with paralysis for yars. Of the many readles I have tried the mineral water got.

ABOUT HAIR

Capital, \$4,719,500

ruff, falling out of the hair, gray or faded hair and finally baldness. Of course there are other causes as diseass, hereditary tendencies, etc., but the first merioned are the main and most common. common. Dr. Dorenwen, an eminent German physician, has give to the world after years of steinan, has give to the world after years of steinan, has give to the world after years of the stein physician and separate the stein season of the stein sea



To build up a nation, support its

Cocoa from which the excess of oil has been removed, is Institutions Absolutely Pure Huron and Middlesex Mutual Fire INSURANCE COMPANY.
Office: 101 Dundas street, London, Ont and it is Soluble.

Head office: 101 Jundas street, London, One Board of Directors:

President, R. S. Jurray, London; Vice-President, D. M. Cameron, Strathroy; Geo. Samwell Excete; G. I. Walker, Aylmer; Henry Johnson, London; Richard Shoults, Parkill; James McKenzie, Union; Richard Southam, London. JOHN STEPHENSON, Manager. BOOTS AND SHOES

ing, EASILY DIGESTED, ably adapted for invalids for persons in health. Ordered work attended to promptly A perfect fit and perfect satisfaction Prices moderate. Call and examine my work.

GEO. WYATT No. 2 Market Square. MONEY LOANED On real estate and notes; also on house furniture, planos, horses and all kinds of chattels. by J. & J. R. MILNE DUNDAS STREET, LONDON, land, house and

The"

Beh

When Mr

morning to 'in her little startled by arbor whield several of the looking mer self observer in the said, wing the lad, "Detective Yard," "The have been in here for the character the character the character than broken beat, and if "And a sergeant, was foeman we pears twice "Goodne come here, identify his me ker, "has quire for twiously as He then rules in the said with the said gets a afterward." while the "Well,

> pected pe him till o Mrs. Be her eyes social not would re the captu thief.
>
> "You a me?" she his gameso, should since you chair at burglar. day and door-bell

The serve might be vive, and inmate of a call from clusion.

Four descriptions of the control of the morn Saturday knock at housemai being the of taking Mrs.
excitementherself.
"Is Barwalk yet?
"Mr. B

minute, n you 'olds tion."

'No, n have the did you le "In th about. S Mr. Barn "Certai had now "Barnes v utes, and gallop off and bring time show room, but time."
Maria : downstair hands and within rea ing interv In due c in a blushi announced "Mr. Turr ment of ep it appeare flioted will He advanct ributing I shrinking with a diff It seen blue-eyed glar who h the astute But Mrs.

with the au deceived b "I am set turned," is a chair. "on Saturda sary to men gone out of "I must ca—ca—cald—d—d—d—dies my a biue eyes of "Very po ner better tal commen "Have Behring-Bla convey to h "No bizturning his "Oh, inde "Ye—yetion; s—s—longitude imply, this; semily expect imply, this; considered i proved, and