soldier on duty. "Yes, sir, I like ball first-rate; but when I am here, I'll be all here, and when I'm through here. I'll be all there. I'll play for all I'm worth both places, but I ain't big enough to divide."

He gained his place, and he is true to his word, but his opinion of himself is one that might well be widely adopted. Few of us are "big enough to divide" in the sense of giving only half our mind to the duty in hand.

"STRAIGHT TONGUE."

Most of us are opposed to nicknames, because such names too often show a spirit of unkindness. It is fairly sickening to hear some poor little hunch-backed girl spoken of as "Humpty Dumpty," or a boy whose legs are not so straight as they might be, dubbed "Billy Bowlegs."

wits,

e a host

of your

al more

e. You

and"—

compre-

p like a

ing per-

eczema/

of skin

lest suf-

as anx-

iccessful

and as

become

prompt

oyed as

vis Mill-

states:

ent for

me few

about a

e. She

e time,

t many

ent was

e effec-

ghly of

ertainly

ent cure

mes ac-

óf Dr.

hink of

Where

ldren it

f curing

chafing

cents a

nanson,

To pro-

he por-

A. W.

ook au-

ores.

nce.

But once in a long while one hears a nickname that honors the person to whom it is applied, quite as much as those epithets do which are known as titles of nobility. For instance, when the Indians spoke of a good Bishop who had spent much of his life among them, as "Straight Tongue," the nickname was about as high a compliment as they could pay him, and no doubt he preferred to be called that to hearing himself addressed as "My Lord," when he visited England.

A straight tongue is a tongue that may always be believed, and the Indians who were accustomed to re-Ceive visits from this friendly "Pale Face," learned in time that he never told them anything but the truth, no matter what he might be talking about; and because they could believe what he said in regard to the things of this world, they were willing ing to listen when he spoke of the country known to them as the Happy Hunting Grounds. His tongue was just the opposite to that which some poet has described as being "turned inside out with lying," and we may be sure that when he was a little fellow in frocks, his nurse never had to threaten to scrub off his little tongue with soap and water, because it had been soiled by telling an untruth.

To have a straight tongue one need not have a sharp tongue. While there is never any excuse for telling falsehoods, one should be very careful not to tell disagreeable truths unless it is very necessary to do so. The little boy who was scolded for telling his sister that her hair was as red as the comb of a turkey cock, was not scolded for telling a falsehood, for what he said was perfectly true, but for making a rude speech.

Boys, and girls, too, are often reproved for using bad grammar, but it is better to have a straight tongue, even if it sometimes doubles its negatives, or says them when those would be more proper, than a tongue that the Indians would call crooked because of its falsehoods, even if

WINDSOR SALT is the best Salt for Table and Dairy-No adults eration — Never cakes.

Issues Best Investment Insurance Policies.

Strong and Reliable Canadian Company.

HEAD OFFICE:

HAMILTON, - - CANADA. DAVID DEXTER.

President and Managing Director.

The Dominion Life Assurance Co. Head Office, Waterloo, Ont.

> Full Depos at Ottawa. Paid-up Capital, \$100,000.

This Company offers insurance in a separate class to total abstainers—thus giving them all the advantage their superior longerite and the advantage their superior longe-vity entitles them to. Its security is un-questionable, its ratio of assets to liabilities is unsurpassed in Canada, save by one Com-pany (much older.) — It added a greater proportion to its surplus last year than any other. AGENTS WANTED.

THOS. HILLIARD, Managing Director.

THE NATIONAL LIFE Assurance Co. of Canada.

Incorporated by Special Act of the Dominion Parliament. AUTHORIZED CAPITAL, \$1,000,000

Head Office, Temple Building, Toronto.

ELIAS ROGERS, President.

R. H. MATSON, Man. Dir.

F. Sparling, Secretary.

ACT Active and reliable agents wanted in every city and county in the Dominion of Canada. Apply to Head Office, Toronto.

those falsehoods were spoken in the best of grammar.

Those who tell lies sometimes get into trouble through not being believed when they tell the truth. Most of us have read the story of the little girl who caused so many false alarms about what was happening to her, that at last no one would go to her assistance when her bed-clothes caught fire, and she was badly

It is well to have a tongue that speaks distinctly, but if that tongue dosen't always speak distinct truths it is better to have one that stutters and stammers, if the latter is what Indians would call a straight tongue. —Clara Marshall.

MAKE EVERY DAY COUNT.

The man who starts out in the orning with a determination to do something during the day that will amount to something, that will be distinctive, that will have individuality, that will give him satisfaction at night, is a great deal more likely not to waste his day in frivolous unproductive work than the man who starts out with no plan.

Begin every day, therefore, with a programme and determine that, let what will come, you will carry it out as closely as possible. Follow it up persistently, day after day, and you will be surprised at the result.

Make up your mind, at the very outset of the day, that you will accomplish something that will amount to something; that you will not allow callers to fritter away your time, and that you will not permit the little annoyances of your business to spoil your day's work. Make up your mind that you will be larger than the

trifles which cripple and cramp mediocre lives, and that you will rise above petty annoyances and interruptions and carry out your plans in a large and commanding way.

HOW IT ALL HAPPENED.

Tommy had a cold. It was just a wee bit of a cold, not enough to count, brother Fred said; but then Fred didn't know anything about it, of course.

"An' I can't bring in the kindlingwood or feed the chickens or go to school!" announced Tommy, jubilantly, and then he coughed, such a funny, made-up cough that Brother Fred laughed "Ho! ho!" and Sister Kate laughed "He! he!" and Mamma Stone said, "Dear me! You're not a bit like George Washington, are you?"

Tommy didn't know what it was all about, and he said so, and then mamma laughed, a bright, cheery laugh. "Do you know who George Washington was?" she said.

Tommy stood very straight and tall. He put back his shoulders and let his arms hang cown by his sides. He looked just exactly as he did when he stood at the head of his class at school. "George Washington was a great general," he said, quickly, 'an' he was a soldier, an' a President of the United States, an' he was the 'Father of his country,' 'sides lots of other things!"

"Good!" said mamma. "And George Washington was never too sick to do his duty, and that is one reason why



PROGRESS from infancy to sturdy, healthful youth is safeguarded and made secure by the use of Nestlé's Food. Sold all over the world for the past thirty years. Now being used by the third generation of mothers.

If you have a baby, send us your name and address, and we will for-ward you, prepaid, a large package of Nestle's Food, sufficient for eight full meals. Address

LEEMING, MILES & CO. Sole Agents, . . MONTREAL.



THE CANADIAN NORTH-WEST

HOMESTEAD

REGULATIONS.

Any even numbered section of Dominion Lands in Manitoba or the North-West Territories, excepting 8 and 26, which has not been homesteaded, or reserved to provide wood lots for settlers, or for other purposes, may be homesteaded upon by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one quarter section, of 160 acres, more or less.

Entry may be made personally at the local land office for the district in which the land to be taken is situate, or if the homesteader desires, he may, on application to the Minister of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, or the local agent for the district in which the land is situate, receive authority for some one to make entry for him. A fee of \$10.00 is charged for a homestead entry.

HOMESTEAD DUTIES.

A settler who has been granted an entry for a homestead is required by the provisions of the Dominion Lands Act and the amendments thereto to perform the conditions connected therewith, under one of the following plans :—

(1) At least six months' residence upon and cultivation of the land in each year during the term of

(2) If the father (or mother, if the father is deceased) of any person who is eligible to make a homestead entry under the provisions of this Act, resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by such person residing with the father or mother.

(3) If a settler has obtained a patent for his home-(3) It a settler has obtained a patent for his nome-stead, or a certificate for the issue of such patent, countersigned in the manner prescribed by this Act and has obtained entry for a second homestead, the requirements of this Act as to residence prior to ob-taining patent may be satisfied by residence upon the first homestead, if the second homestead is in the vicinity of the first homestead.

(4) If the settler has his permanent residence upon farming land owned by him in the vicinity of his homestead, the requirements of this Act as to residence may be satisfied by residence upon the said

The term "vicinity" used above is meant to indi-cate the same township or an adjoining or cornering township.

A settler who avails himself of the provisions of Clauses (2), (3) or (4) must cultivate 30 acres of his homestead, or substitute 20 head of stock, with buildings for their accommodation, and have besides 80 acres substantially fenced.

Every homesteader who fails to comply with the requirements of the homestead law is liable to have his entry cancelled, and the land may be again thrown open for entry.

APPLICATION FOR PATENT.

Should be made at the end of the three years, before the Local Agent, Sub-Agent, or the Homestead Inspector. Before making application for patent. the settler must give six months' notice in writing to the Commissioner of Dominion Lands, at Ottawa, of his intention to do so. INFORMATION.

Newly arrived immigrants will receive at the Immigration Office in Winnipeg or at any Dominion Lands Office in Manitoba or the North-West Territories, information as to the lands that are open for entry, and from the officers in charge, free of expense, advice and assistance in securing land to suit them. Full information respecting the land, timber, coal and mineral laws, as well as respecting Dominion Lands in the Railway Zelt in British Columbia, may be obtained upon application to the Secretary of the Department of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, Manitoba, or to any of the Dominion Land Agents in Manitoba or the North-West Territories.

JAMES A. SMART, Deputy Minister of the Interior.

N.B.—In addition to Free Grant Lands to which the regulations above stated refer, thousands of acres of most desirable lands are available for lease or purchase from railroad and other corporations and private firms in Western Canada.

he was a great general and a good soldier."

Tommy sniffed. "I guess George Washington never had a cold like mine!" he exclaimed.

"Ho! ho!" laughed Brother Fred. "He! he!" laughed Sister Kate again.

"Never had a cold?" said mamma. 'Once upon a time he had a fever, and he had to stay in his bed for days and days, but the minute he was able to get up and go out again, back to the soldiers he went! Are you able to go out, Tommy, or must I put you to bed?'

Tommy looked solemn. "I don't want to go to bed!" he said, decidedly. "I feel a little better."