

influence in the little Tabernacle is as great as the love of His own great Heart.

He makes us long to be better, and to do better things. He helps us to realize that the good and the great draw others after them and that they lighten and uplift all who come within reach of their influence. We know that they are so many living centres of beneficent activity.

We, all of us, fathers, mothers, husbands, wives, we all pray that we may become a source of strength to those around us. We make, at times, whole souled efforts to cultivate gentleness, trust, generosity, truth, justice, loyalty and nobility of heart. We want all this to be vitally active in our character, so that by these qualities we way constantly affect the world and help to raise it and ourselves to Jesus' standard.

The theory is beautiful, but those of us who try to hold our nature down to the daily practice of it know how hard it is. Whence only can we get strength to keep up the effort? Our own experience tells us that the morning's Communion, the Holy Sacrifice, the afternoon visit, the glance towards the Tabernacle and the thought of our Blessed Lord's patient, loving help has alone done the work in the soul. All He longs for as He lies there in our churches is to procure the glory of His heavenly Father. Whence does He expect this glory if not from the lives of the rational creatures He has fashioned for that purpose? Surely, we are an ungrateful race if our eyelids do not droop in shame at the feeble efforts we make to allow our souls to be influenced by the Divine Magnet within the Tabernacle. To follow Christ is the supreme law of Christians, and His life is so simple. His conduct so plain, His teaching so reasonable that the most ignorant amongst us need find little difficulty in understanding what following Him means. The one thing the Saviour asks us to learn of Him — to be meek and humble of heart — is the one thing we are most unwilling to learn.

If we believe in Christ we should cherish Him in our hearts and minister to him with our hearts and gentle service. If the temple of our soul is filled with light