

CONTENTS.

Meditation for the Eve of the first Friday of the Month of the Sacred Heart	9
Meditation for the first Friday of the Month	17
An Oblation	27
Prayers to be said in time of Trouble	28
Morning Prayer	31
Act of Adoration	31
Act of Petition	32
Offering	33
Thanksgiving	34
The Lord's Prayer	34
The Angelical salutation	34
The Apostles' Creed	35
The Confiteor	35
Litany of the Holy Name of Jesus	36
Prayer to the Blessed Virgin.	39
Act of Consecration to the Blessed Virgin.	41
Memorare to S. Joseph	41
Consecration to the Sacred Heart	42
Night Prayers	44
Act of Adoration	44
Examen of conscience	46
Act of Contrition	46
Act of Charity	47
Litany of the Blessed Virgin	47
Act of Reparation to the Sacred Heart of Jesus.	51
Prayer to the Agonizing Heart of Jesus	53
Act of Consecration to the Sacred Heart	