Tense Bears blow one to Saskatchewan's finest

Saskatchewan 3 Bears 2 Bears 3 NWT 0 Bears 3 Regina 0 **Bears 3 Red Deer 1** Saskatchewan 3 Bears 1

by Alan Small

What started out as a tough weekend for the Bears ended the same way as they only received the silver medal in the Golden Bears/Pandas

The Bears struggled early in the gold medal match against the Saskatchewan Canada Games squad and never really came out of it as they lost in four games, 8-15, 12-15,

It appeared that they might pull it out of the fire after their come from behind third game victory, but the flatlanders' tenacious defence trustrated them time after time. The Bears didn't help their cause as their service reception was inconsistent, which has been the case throughout the year.

"We weren't executing well," said head coach Pierre Baudin after the match. "I could feel the tension in the timeouts."

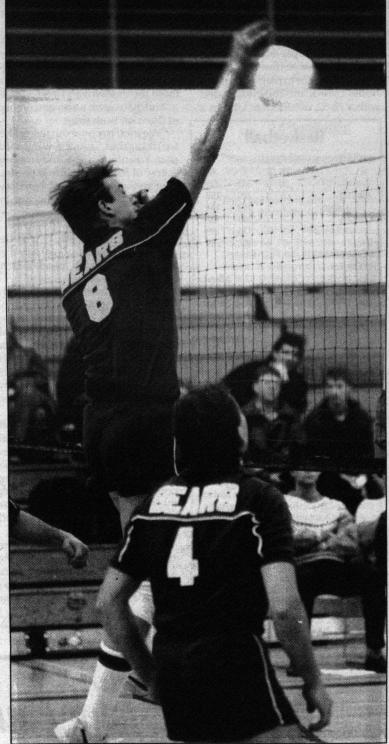
This same tension contributed to losses against Calgary at home and their second game against the University of Saskatchewan just before

Team Saskatchewan coach Tom Graham was pleased to say the least about the tourney, especially with the amount of tough games his charges had to deal with. They had two 2-hour plus matches with the U of A, and also had a three hour marathon with the Alberta Canada

Their inexperience with highpower volleyball was more than offset by their youthful exuberance and their team play. The nucleus of the squad has been playing together since juvenile ball in Yorkton, Saskatchewan.

Like their final game, the U of A had their troubles with the same Saskatchewan club in the first game of the tournament which they lost 15-7, 14-16, 15-12. 11-15, 12-15, in a two hour and forty minute thriller. Tournament All-Star Sieve Kentel and hitter Doug Anton led the Bears with 22 kills apiece while assistant coach Dave Jones chipped in 17 filling in for the injured Dean

After two lopsided victories over the Northwest Territories, and the University of Regina Cougars, the Golden Bears faced the Red Deer College Kings in the semis. All-stars Ben Spiller and Steve Kentel were outstanding in the 15-10, 9-15, 15-7, 15-13 victory over the somewhat surprising Kings.



All-Star Ben Spiller slams one against Saskatchewan, as Jim Schubert (4)

Gymnastics is for adults too

by Mark Spector

For most people gymnastics is a sport in which 14 year old girls seemingly spring up out of nowhere to steal the hearts of the world every Olympics.

Here in North America it is a sport that few of us have ever really tried - except for about two weeks in Phys Ed. 10. And even if you do enjoy it, there's nowhere for adults to participate anyway, right?

Wrong. Francis Tally, coach of the Golden Bear gymnastics team, and Barb Bull, a former Panda, realized the need for such a program and have done something

"We ran a similar program two years ago but last year no one could be found to coach it," says Bull, who competed for two years with the Pandas before suffering a career ending wrist injury. "I decided to help out this year because personally, I think that gymnastics is one of the best sports going.

"Really, anyone can do it. It's fantastic for keeping in shape, for your endurance, and for just overall fitness.

he says that the gymnastics that you see on T.V. is not really what the group is intended for, but rather just for fun, enjoyment, and ex-

"There's really nothing in the city for anyone over the age of 18, states Bull, who herself has been coaching for eight years. "We'll provide a place for people to work out. It will probably be pretty open; you can do whatever you want."

The gym time is open for all levels of gynmasts — from beginners right up to someone who has competed before. "I reached a pretty high level of competition for instance, but I can learn the mens events that I never had a chance to when I was training," she says.

"We have a guy with the U of Agers who didn't even start until he was 60. This guy's doing giants on the high bar now. He's 65!"

So it's never too late to learn something new. The group will meet this Thursday at 7:30 in the gymnastics room in the Phys. Ed. building. Workout times will be worked out then.

Hitter Larry Olson led Red Deer with 17 kills in the match.

Last Spikes: Team Alberta, augmented by Bear eserve players Brad Evans and Darcy Dueck, copped the bronze medal over Red Deer College . . . the other two all-star awards were won by Brad Surjik and Mark Stebner, both of Saskatchewan . . . Dean Weller had recovered from his ankle injury to play in the semi-final and the final and slammed 18 to the floor in a losing cause for the U of A.

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Students' Orientation Services (SORSE) operates with a large base of student volunteers who lead orientation seminars during the summer for new students. Due to the nature of the program, applicants must be prepared to devote enthusiasm and time according to changing needs; this requires flexible schedules and the ability to deal with volunteers in both an effective and para-professional manner.

Further information may be obtained from the SORSE office. A letter of application and resume should be submitted to:

Mr. Richard Toogood Chairperson, SORSE Selection Committee 238-B Students' Union Bldg. (Phone: 432-5319)

DEADLINE FOR APPLICATION: 4:00 PM FRIDAY, JANUARY 23, 1987

photo by Paul M