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Gouraud's Oriental Cream

renders to the skin a clear, refined, pearly-white appearance - the perfect beauty. Healing and refreshing - Non-greasy.

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The good the Summer outing does the children is often more than undone by the bad water and impure milk. Boil the water, unless you are sure, and take "Canada First" Evaporated (unsweetened) or Condensed (sweetened) with you.

Most cases of typhoid come from the country. Water and Milk are responsible.

"Canada First" is produced from healthy cattle on clean farms. The premises are inspected regularly. The milk is sterilized to insure absolute safety.

"Canada First" makes coffee and cocoa more delicious. For cooking it is convenient and always available. Good with cereals. The Evaporated (unsweetened) whips like cream.

See Inland Rev. Bulletin No. 305, Page 5, table II. for comparisons.

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garvan had begun to earn money most of it had been at his mother's disposal, and she had used it, without Hilda's knowledge, in "keeping the flag flying on the mainmast of the Tower," as Lance put it.

"It's only fair, Mother," the sailor had said, five years before, when he had only been a second mate in one of the Polgleaze sailing ships. "You will have to collar my pay, and welcome, for the benefit of the show. They took us in when you were nearly penniless with a kiddy of your own to bring up, as well as the one you were paid to look after. Now I'm going to take a hand. What's the use of a sailor if he can't help to pump out a sinking ship?"

In their different ways both mother and son worshipped the proud young mistress of the Tower, and many were the innocent subterfuges they practised in making both ends meet at the impoverished mansion, while keeping Hilda ignorant of their secret subsidies. The latter were rendered possible by Mrs. Pengarvan's insistence on acting as housekeeper, and by Lance Pengarvan making the Tower his home while he was on shore. He would only do that as a "paying guest," and the two conspirators were alone aware of the amount of his contributions.

THE hours dragged slowly after the passing of 'The Lodestar.' It was far from certain that the vessel would be berthed in time to enable her captain to get to St. Runan's before next day. The ladies knew that he would make the attempt if it was possible, but he would have much to do on reaching port, and there was a ten mile drive from Falmouth to be negotiated. Lance was not the man to start if he thought that he would have to knock up the household after they had gone to their rest.

So that they might be ready with their welcome the two women spent the evening in the entrance-hall, and just after the old "grandfather" had struck eleven, wheels were heard in the drive. Before the carriage stopped they had the front door open.

"Ahoy, there, Mother! Hullo, Cousin Hilda!" came a cheery hail from the vehicle, and the next moment the captain of 'The Lodestar' was in Mrs. Pengarvan's arms. Then he shook hands with the fair young chatelaine, their eyes meeting and holding each other in a glance that was almost a caress. Then Lance turned to the dark interior of the fly, where someone was collecting light luggage from the front seat.

"Look slippy, there," he said, in a sharp tone of command. "I want to get myself under hatches."

A man in the garb of a common sailor, heavily laden with packages, came stumbling out of the vehicle, and at the same time the driver hoisted down a couple of trunks from the front seat.

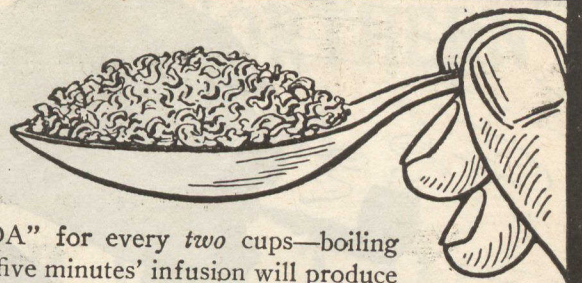
"All right, Dennis; this sailor-man will carry in the things," said Captain Pengarvan to the driver. "Good-night, and a pleasant journey back. Now, then, you lubber! Don't stand there gaping. Haul the luggage into the house. I'll show you where to stow it presently."

The fly drove off and the sailor crossed the threshold with the light packages, coming back instantly for the trunks. Lance let him carry in one single-handed, but when he came out for the next he took hold of one end and helped to deposit it in the hall. The two women watched in silence. It wasn't like Lance to speak roughly, as he had to this man, though it was true he had tardily atoned for it by rendering assistance with the second trunk.

But the explanation was quickly forthcoming. As soon as they were all in the hall and the great oaken door had been barred and bolted Lance broke into a hearty laugh.

"Don't look so solemn, Mother," he cried. "That abuse was only for the benefit of the flyman. Let me present to you my good friend the Senor Antonio Diaz, who has excellent reasons for preserving an incognito."

One Teaspoonful



of "SALADA" for every two cups—boiling water—and five minutes' infusion will produce a most delicious and invigorating beverage.

B191



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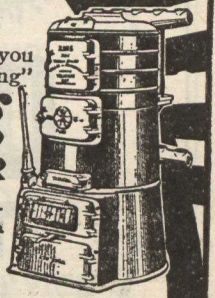
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