

jo quæquæq psum egi jo auo su æææd arts. The day is fast passing when young women will give more concern to the coats on their backs than to the coats of their stomachs.

The servant problem will be solved when young women will have dignified housekeeping. Young women are beginning to realize that domestic work is attractive when performed in a scientific way.

A caller in a wealthy home now is likely to have a book handed her while the hostess laughingly goes into the kitchen to prepare the meal, and she does it with genuine pride. Good cooking is a road of prosperity, any girl may follow if she will only study her work. Prof. Alfred Jachne of the German Criminology Society says: "We no longer combat external causes of wrong as we did. We seek internal, domestic wrongs. There in that seeking we are finding the true answer as to why children depart from the pathways of right. The human soul in all its nakedness, sin-stained, worn out, hopeless, is laid before us, and we must know what brought it to that condition, as well as strive to restore hope, manhood and womanhood to it. We have turned away from the saloon and the brothel for the real sources of the great amount of crime in existence in the world today. Something back of them, something deeper-rooted than they ever can be, sends the boy to the thief's cell, the girl to everlasting shame. That something is improper food in childhood, improper labor, and the neglect and ignorance and brutality of parents."

Thus to the wives of the future do the needy call for help. The cure-all is in their hands. If the beginning of the end of crime be within the home, within the environment in which a child works, in the kitchen where its food is prepared, and in the influence of motherly patience, knowledge and love, young women need to be trained in the school of practical affairs. How gratifying it is to learn of the practical work that is being done by queens and other women in high positions! The new Queen of Belgium is an M. D. of Leipsig University. She has exercised many times her medical knowledge for the benefit of the poor and afflicted. Her experience is likely to cause many improvements among the needy. Queen Victoria said before she was a mother: "If ever I am blessed with children they shall not be useless ones. They must know how to be busy and to be of good to the world about them." There are eight kingdoms of Europe ruled by descendants of Queen Victoria—England, Germany, Russia, Spain, Norway, Sweden, Greece and Bulgaria. In the female descendants every woman is practical. They are competent to rule their kitchen themselves, to plan their household affairs and are independent in all kitchen duties.

English girls are taught from babyhood that every girl should be queen from kitchen to drawingroom.

Misunderstandings.

A young woman writes me thus: "I often think it is too bad that misunderstandings creep into our lives and when we least expect it, someone takes offence. There is a sad chapter, all through my life in not being rightly understood, and I do try to do what is right."

We are all more or less misunderstood. Pure motives inspire us to perform acts of charity and in return we are accused of courting notoriety. Yet our efforts are not wasted, even though they may be misunderstood.

Green, the historian, tells us that the world is moving along, not only by the mighty shoves of its heroes, but also by the aggregate of the tiny pushes of each honest worker. Though we may think our efforts are wasted, beauty unseen is not wasted.

There are scenes in the tropics on which the eye of man has never lit, there are glories unnumbered of the setting sun that never fall within the knowledge of man; Arctic explorers tell us that in the distant North there is an unsurpassable glory in the sunset—

yet few have known it. In a brief season in declining day the levels of the snow are touched with gold, and every minaret of ice is radiant. This may all seem a waste of beauty but it is the Creator's work, so the earth must need it. But there are other gifts of the Creator that are wasted and it is because of their waste that people are misunderstood. There is sight that might see so much, but sees so little, and that little—vile, there is little speech that might do such noble things, and does so little, and that little means hearing and memory. Thought and imagination which are lavished so royally on us, we waste. The more we waste these gifts the more are we in debt to Him who gave them to us for useful development. To be misunderstood even by those one loves is the cross and bitterness of life. It is the secret of that sad and melancholy smile on the lips of many of our acquaintances. To be misunderstood is a cruel trial.

There is a world of meaning in James Whitcomb Riley's verse—

"Afterwhile—and one intends
To be gentler to his friends."

We need appreciation. Our success is often dependent upon the faith of others in us.

The most courageous have the deepest craving for appreciation. Mrs. Browning once asked Charles Kingsley your life? Tell me" she said, "that I may make mine beautiful too." The answer was: "I had a friend. Be merciful, O our God! Forgive the meanness of our human hearts, That never till the noble soul departs, See half the worth, or hear the angels' wings Till they go rustling heavenward as he springs Upward from the mourned sod."

The Country Girl's Opportunities.

I have been thinking of the rare opportunities open to the country girls of Western Canada. I think I see them, perhaps scanning newspaper advertisements for positions in the city. If they are doing this they are making a great mistake. The city is crowded with girls from the country—poor, suffering, and heart-hungry—who long to be back in the country where sunshine and fresh air, at least, are free.

On the other hand, some of our best business women in the city, were born and brought up in the country; but country girls need to be careful about the first step into the city.

But, to return to the opportunities in the country for young women. Western Canada is a pioneer country—it is largely agricultural. It is busy laying out farms and building homes; there are more men than women here and the country needs her girls because it needs more than anything else, home builders and splendid teachers and good nurses and strong women in other womanly professions. The future of this new country is largely dependent on our country women. Our great new land which at present is commanding world-wide attention, must bring forth the world's best race.

Statistics prove that immigration to our land is enormous and brings to us representatives from every nation, and inasmuch as the country is new, it is our duty as women to build character in our boys and girls such that will bring Western Canada into world-wide recognition as a country peopled by splendid, clever, useful, strong-minded men and women.

It is a privilege to live in a land so rich in natural beauty and abundance; our environment is big and full of opportunity and we owe a great debt to the pioneer men and women who have laid the foundations that mean so much to us; therefore, since the country is in its early childhood, young women in the country have rare opportunities.

The teacher in Western Canada has a large field for work. There is no end to her chance for development. Madame Lagerof, of Sweden, who has just won the Nobel prize in recognition

of her valuable services in writing text books for the young, has accomplished a wonderful work for her country. She was at first a poor teacher.

The real solution of any social or political problem lies in education. Our natural scenery and soil productions should furnish abundant material in the world of art, literature and science. The country needs women in science, art, medicine, literature, the professions and business. The boys and girls in the country demand the devotion and service of women in educational work and society as well as in the homes.

With this demand no country girl need be in want of an opportunity. In the country about her she may find enough to afford scope for the exercise of her moral and mental capacity. The tendency of to-day is a movement from the city to the country. Western Canada needs in the country all of her country girls besides gifted young women from the city. Remain on the farm, young girl, the country needs you more than you need the city life.

Intelligence Creates Youthful Women.

The difference between youth and old age is this: Youth looks forward—old age looks backward. Some women are old at twenty while other women are young at sixty. Every young woman is anxious to know how to keep young and she considers carefully every "beauty" page she finds. Many think that outward applications constitute the entire process necessary to keep the face young and they spend fortunes on cosmetics and other lotions. Beauty and youth treatments should begin at the life within. If the heart of a fruit tree be decayed, the fruit it bears is wrinkled and bitter. The same is true of women.

In order to remain young, take an active interest in affairs of the day and entertain hope for the future.

A wrinkled countenance, a stooping back, a lame walk will not prove age if the life within be young with interest in the future; nor will dates and figures settle the question.

More than once I have heard this remark: "I do not understand why that splendid appearing man should marry such a plain looking woman and the strange part of it is—they seem perfectly happy." It was a perfect mental union. Marriages would be happier if mental qualities were the attraction instead of physical qualities. What can be more miserable than when a man of any measure of intelligence finds himself bound to a pretty piece of insipidity, or a lump of clay, not a companion but an expensive toy?

Likewise when a woman of taste and culture finds herself mated for life to a man of handsome figure who has no brains or heart, her misery is equally profound. The union of intelligence based on the mutual recognition of those qualities which fit man and woman for each other, will, as they become more acquainted, grow into a more deep and reverential and deathless love. We are none of us older than our minds. There is nothing that keeps the life in a woman so fresh as intelligent hopefulness. When hope vanishes out of a life the spring of energy disappears and it droops and fades.

One sees many girls whose faces are wrinkled and old because they brood over past troubles or sorrows. Some one has said that "he who has never made a mistake has never made anything." Let every girl drown her sorrow in a grand hope. If a girl improves her mind she is prepared to overcome obstacles; every girl has this opportunity—she may have a chance of a college education but self-educated girls are strong and many times have better trained minds than the better favored college girls.

It is pathetic to see a young woman chained down by a sorrow. "The tests of life are to make us not to break us." "Not failure but low aim is crime." At times it may seem that a sorrow will kill one, but there is more capacity for enduring pain in human

nature than one can believe until she has stood the test. Our strongest women have risen to greatness from deepest depths of grief. When trouble claimed them they did not shrink into despair. Dawn and twilight have a beauty all their own. It takes the darkness of the night to show us the beauty of the stars.

Just now woman's work in state affairs is creating world wide interest. One can hardly pick up a paper without finding in it something about the achievements of young women in the field of usefulness. Since this is true, there is greater demand for young women of intelligence to-day than in the past. Let us then keep alive to our opportunities and possibilities and at the same time we shall enjoy the kind of youth that is most attractive. A young woman owes herself health, leisure, diversion, development and absorbing interests.

METALLIC CEILINGS

are everything that plaster, wood and wall paper are not.

Metallic Ceilings are fire-proof, absolutely.

Metallic Ceilings don't crack or crumble—don't get damp or mouldy—don't need repairs.

Metallic Ceilings are far-and-away the most economical building material you can put in a house.

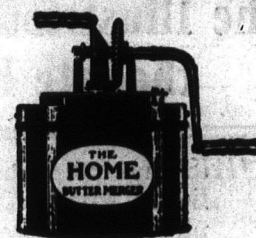
You don't believe it? We can prove it. Write us for the facts.

The Metallic Roofing Co.

Limited
Manufacturers
Toronto & Winnipeg

Western Canada Factory:
797 Notre Dame Ave., - Winnipeg
(50)

One Pint of Milk Merged into One Pound of BUTTER 5c. PER LB.



Family size machine merges one pint of milk into one pound of butter in two minutes.

No chemicals used. Pure food product. Gets just as hard—looks the same—but is sweeter and healthier than Creamery Butter and is used for the same purposes.

\$1000 If the machine fails to do what we claim.

If you want the greatest money and health saving invention in the world, buy one of these for your home.

Write now for sworn testimonials and illustrated circulars regarding this wonderful invention.

AGENTS WANTED. ANYONE CAN SELL THIS MACHINE. Every family will buy one. Price \$6.50; sent to any address express prepaid.

FAMILY BUTTER MERGER
H. MARCHAND CO., Suite 25
College Bldg., St. Boniface, Man.

Send 10c receive 25 silk pieces different colors suitable for fancy work. Send 10c receive one black girdle. Send 20c receive one pair pillow shams. Send 10c receive one fountain pen. Send 15c receive one dream book. Standard Co., Box 308, London, Ont.

When Purchasing from Western Home Monthly Advertisers, be sure and mention the paper.