

RUSSIA TOO HAS ITS HIGH COST OF LIVING PROBLEM

Big Majority Live on the Land, However, and Not Affected as in Other Countries.

England, Oct. 19.—In spite of its inability to export food stuffs, Russia also has its high cost of living problem, and the masses of the people upon whom the burden of taxation falls are not getting a vast deal of enjoyment out of existence. A memorandum presented to the Ministry of Interior by the Moscow city council shows great advances in prices since July, 1914. The price of bread has increased by from 43 to 48 per cent; millet 97 per cent; buckwheat 131 per cent. Dairy produce shows an average increase of 100 per cent. Cream butter has increased 123 per cent; cheese 180 per cent; Dutch cheese 150 per cent; rice has increased 150 per cent; coffee 150 per cent; macaroni 50 per cent; vegetables have increased in price anywhere from 40 to 150 per cent; and meat by from 200 to 300 per cent. Fish now costs twice as much as before the war, and with the introduction of meatless days shows a tendency to further increase. Vegetables are already five times the price they were before the war. Manufactured articles, such as shoes, hosiery, stationery, have increased four and five times, and in some cases eight to ten times. M. Muroff writing in the Russian Slovo calculates that the cost of living generally has increased 200 per cent.

It is reported that in Petrograd the cost of living is even higher than in Moscow. Wages have not increased proportionately. It is reported that the Germans, believing Russia is nearing an economic crisis, are making peace overtures. M. Protopopoff, vice president of the Russian Duma during a recent visit to Sweden was approached by the secretary of the German Embassy, on behalf of Baron Von Lucius de Stoodten, the German Ambassador. The German emissary said Germany would not relinquish the Baltic provinces unless compelled by force of arms, but was willing that Russia should have Constantinople. Germany would evacuate Serbia, Belgium and France, and pay an indemnity to Belgium. The future of Poland should be deferred to an International Peace Conference. No war indemnity would be asked or paid to the great powers.

It is reported M. Protopopoff said he did not consider the conversation as serious. Undoubtedly the raising of great armies, and the utilization of a limited railway system for the transport of troops and material must have had a serious effect upon conditions in Russian cities. But cities are not numerous there; the great bulk of the people are on the land, and high prices of food do not greatly worry people who are able to raise most of their food stuffs. In any case, conditions in Moscow do not appear to be as bad as in the cities of Austria.

In Germany the efforts to solve the food problem are at any rate remarkable for ingenuity. The government officially deprecates the waste of fat poured down drains by thoughtless housewives. But all is not lost. Dr. Max Rubner has hit upon a method of retrieving the fat so recklessly thrown away. Under the surface soil of fields which have been artificially irrigated with sewer water, he has found a kind of slime, composed of earth mixed with jelly substances that have not been disintegrated and absorbed. A

U. S. WOULD USE UP CANADIAN TIMBER

Prof. Fernow Says Wood Supply of Dominion in Danger if Republic Allowed to Take It.

Toronto, Oct. 19.—The Dominion Royal Commission concluded its sittings in Toronto today and will meet in Ottawa tomorrow. That Canada's timber supply would be practically inexhaustible for herself, but that in 12 or 15 years the United States would, if allowed, take all her timber, was the statement made by Dean B. E. Fernow, LL. D., faculty of forestry, University of Toronto, and member of the Canadian Conservation Commission. He estimated that the total "stand" of commercial timber for Canada, leaving out pulp wood supplies, was between 500 and 600 billion feet.

Prevention of fires, he said, was the first step needed. C. B. Watts, of the Dominion Millers' Association, told the commission that it would cost \$100,000,000 to deepen the St. Lawrence for 46 miles to enable it to carry ocean liners to the Great Lakes. He offered to take half a year's interest on that amount and put on a line of 18 steamers from Port Colborne to Montreal that would carry more than all the grain moved eastward in one year.

Sample of sewer water out of an irrigation pump yielded 0.5 grams of fat and 0.2 grams of fatty acids per litre. Samples of slime from fields near Berlin yielded from 16 to 75 per cent of fat.

The professor reasons with the squeamish people, who may be averse to profiting by his discovery. "Do not eat the fat of pigs," he asks, "fat which often comes from some very unclean source, but which in the inner organism of the pig is beautifully refined."

According to some reports from Germany, the food control authorities have blundered. It is said that though the people are not starving, the land and cattle are, that the inflexible German authorities failed to take into consideration the necessity of providing food for the cattle, hogs and sheep, as well as for the land. Privy Councilor Murnat, of the Chemical Institute of Berlin University, goes so far as to assert that Germany's food shortage might be attributed almost exclusively to the cutting off of the fodder imports. These amounted to 50,000,000 lbs. a year before the war. In 1915 Germany had a bumper crop of 54,000,000 tons of potatoes; 25,000,000 went to feeding cattle; 11,000,000 to making alcohol and flour. The authorities let matters drift till there was a potato famine.

Scarcity of labor and impoverishment of the soil has reduced the sugar crop, while the consumption has increased, farmers in the absence of carbohydrate feed for cattle, feeding cattle with sugar mixed with hay and straw. Germany has plenty of potash, but is short of nitrogen and phosphorus acid, important ingredients of fertilizers. Starvation of the land has set in; the outlook for next year is black enough, however the war goes.

PERSONAL

J. F. Edgett of Moncton was at the Royal yesterday. Col. Richard O'Leary of Richibucto was a guest of the Royal yesterday. Mrs. A. C. Lyman and Miss Chapman, of Moncton, were at the Royal yesterday. J. H. McClure and A. D. Davidson, of Sussex, were at the Victoria yesterday.

LONDON MAN TO BE ON RAILWAY BOARD

Understood W. M. Acworth, English Expert, Will Aid in Investigation, Replacing Sir Geo. Paish.

Special to The Standard. Ottawa, Oct. 19.—It is understood that W. M. Acworth, of London, England, will shortly be appointed as a member of the railroad board of inquiry in consequence of the resignation through ill health of Sir George Paish.

Mr. Acworth has had great experience in railway matters, he having been a member of several royal commissions on railway questions in Great Britain, and he is the author of several works on the railways of the United Kingdom, and upon railway economies. In addition to this experience he has been engaged from time to time in investigation of affairs of railways on this continent, and thus he has acquired a considerable experience with regard to construction and operation of the railway systems of America. It is expected that as soon as the preparation of information now in progress under the direction of the railway board of inquiry shall approach completion within a few weeks, Mr. Acworth will come to Canada for the purpose of taking up the investigation with other members of the board.

SHIPPING NEWS

MINIATURE ALMANAC.
October—Phases of the Moon.
First quarter.....4th—7h. 00 a.m.
Full moon.....11th—3h. 1m. a.m.
Last quarter.....18th—9h. 9m. p.m.
New moon.....26th—4h. 37m. p.m.

Date	D. of W.	Sun. rise	Sun. set	H. water a.m.	H. water p.m.
20 Fri	5.50	5.26	6.21	18.41	0.05
21 Sat	6.52	6.24	7.17	19.38	1.04
22 Sun	6.55	6.23	8.10	20.30	2.04
23 Mn	6.56	6.22	8.58	21.16	2.56
24 Tu	6.57	6.21	9.40	21.58	3.38
25 W	6.58	6.20	10.20	22.29	4.17

BRITISH PORTS.
Cardiff, Oct. 16.—Ard strmr Emanuel (Dan), Sydney, C. B.
Gibraltar, Oct. 15.—Passed strmr Bay west, Montreal and Sydney, C. B., for Manchester, Oct. 14.—Sld strmr Manchester Inventor, Bound Montreal.
Liverpool, Oct. 16.—Ard strmr Halleybury, Evans, Newfoundland; 15th, strmr Kerry Range, Yeoman, Norfolk.
Sld Oct. 12, strmr Graciana, Griffiths, Halifax.
London, Oct. 16.—Ard strmr Rossano, Roches, Philadelphia; South Point, Saunders, Newport News.

FOREIGN PORTS.
Port Limon, Oct. 15.—Sld strmr Limon, Terry, Boston.
New York, Oct. 17.—Cld sch Jost, Pettis, St. John, N. B.
Perth Amboy, N. J., Oct. 17.—Sld sch Percy B. Moncton, N. B.
Rockland, Me., Oct. 17.—Ard sch E. Marie Brown, New York for St. John, N. B.
City Island, Oct. 17.—Ard schs John Beckerman, Perth Amboy for Halifax, N. S. (anchored); Hillcrest, Elizabethport for Halifax, N. S.; Charles L. Jeffrey, South Amboy for Calais, Me.
Boston, Oct. 17.—Ard str Etonian, Liverpool; schs Edward Trevor, Plum Island; E. McNeil, Rockport; Norford; do; George H. Bradford, do.
Sld Oct. 17, schs Mabel F. Goss, Franklin; Eliza Levensaler, Thomasport; Emma F. Chase, Machiasport; strmr Novian, Manchester.
Bangor, Oct. 17.—Sld sch Odell, Bridgeport.
Boothbay Harbor—Ard Oct. 17, sch Arthur J. Parker, Shelburne for Boston.
Norfolk, Oct. 17.—Ard strmr Mateo, Portland (and sailed on return).
New York, Oct. 17.—Ard sch John B. Biemiller, Grand Bassam.
Sld Oct. 17, schs Marion N. Cobb, Norfolk; Charles L. Jeffrey, South Amboy for Calais.
Rockland, Oct. 17.—Ard schs E. Marie Brown, New York for St. John; James Rothwell, do for do; Lavolta, Bangor for New Haven; Lawrence Murdock, Calais.
Sld Oct. 17, sch George E. Klink, (from Long Cove), New York.
Vineyard Haven, Oct. 17.—Ard schs Mount Hope, Norfolk for Boston; Asquith, Turks Island for Bangor.

SCHOONERS CHARTERED.
Schooner, 400 tons, New York to Eastport, coal, \$3, and free discharge.

SCHOONER NOTES.
Tern schooner Jennie A. Stubbs, from this port with lumber, arrived at New York on Wednesday.

Tern schooner Elma is reported chartered to bring coal from New York to St. John.

STMR. FRIEDA SPOKEN.
Stmr. Frieda, St. John, N. B., for Sabine, 73 miles east of Cape Cod at noon 17th.

That there may be strength in the seemingly weak is proven by emboldened waists of Georgette crepe which bear up bravely under their load of colored beads.

P.E.I. PEOPLE HAVE VISIONS OF GERMANS

Explosions Along Coast Startle Some Folks, Including the Editor of Charlottetown Newspaper.

Several amusing stories are related by passengers from Prince Edward Island, where the marine authorities have been blowing up derelicts along the coast. At several points terrific explosions occurred, inducing the residents of a number of localities with the idea that a German submarine was getting busy along the "Garden of the Gulf." In Charlottetown harbor an explosion sent a large spike spinning through space and through a window of the editorial sanctum of a newspaper. The spike brought up on the desk of the editor who, as he was astoundedly engaged in writing a war editorial, was more or less startled for a few moments.

On that day Charlottetown received a severe shaking from explosions. For a moment visions of a German warship in the harbor loomed before the startled imagination. Assurance came to the alarmed ones, however, when upon inquiry they learned that the detonations were due to the fact that the hull of the old schooner Stanley Mac, lying at a wharf, was being demolished by the spike. The work was being done under the superintendence of John Poland who is demolishing all the old derelicts that are piled up around the Island shores. Owing to fear of damaging buildings nearby it was not considered advisable to put very heavy charges into the hull, most of them being 40 p. c. strength. For this reason the explosions continued all day, the old hull being broken up gradually. The loud reports attracted quite a gathering of boys and men and prior to each explosion there would be a wild scamper for places of safety.

Mr. Poland has blown up the hull of the schooner Theresa at Crapaud, using the 75 p. c. charge which proved very effective. From Charlottetown he goes to Cardigan to demolish the hull of the wrecked schooner Baltic.

BANK CLEARINGS

St. John.
Bank clearings for week ending yesterday: \$2,383,313; corresponding week last year: \$1,631,343.

Montreal, Oct. 19.—Montreal bank clearings for the week ending today amounted to \$90,433,807, which is an increase of \$27,214,599 or 43.04 per cent. over the same week last year. A substantial increase is also shown over last week, when the total was only \$70,159,431. For the corresponding week in 1914 the total was \$56,989,180.

Toronto.
Toronto, Oct. 19.—Bank clearings for the week ending today were \$66,301,876; last week, \$43,634,612; a year ago, \$46,973,768; two years ago, \$37,616,576.

Winnipeg.
Winnipeg, Oct. 19.—Bank clearings for the week ending today were \$48,428,755 compared with \$52,343,344 for the corresponding week last year.

Halifax.
Halifax, Oct. 19.—Halifax bank clearings for the week ending today were \$3,161,000, and for the corresponding week last year \$2,213,106.

Mme. Petrova is the author of two of the Metro plays in which she has appeared, one "The Weaker Sex," recently finished, the other, "The Orchid Lady," now being produced.

To Put On Flesh And Increase Weight

Most people eat from four to six pounds of good solid fat-making food every day and still do not increase in weight one ounce, while on the other hand many of the plump chunky folks eat very lightly and keep gaining all the time. It isn't Nature's way at all. Most thin people are thin because their powers of assimilation are defective. They absorb just enough of the food they eat to maintain life and a semblance of health and strength. Stuffing won't help them. A dozen meals a day won't make them gain a single "stay there" pound. All the fat-producing elements of their food just pass through in the intestines until they pass from the body as waste. What such people need is something that will prepare these fatty food elements so that their blood can absorb them and deposit them all about the body. Sargol does this. It instantly their red blood corpuscles and increase their blood's carrying power.

For such a condition it is well to recommend eating a Sargol tablet with every meal. Sargol is not, as some believe a patented drug, but is simply a careful combination of six of the most effective and powerful assimilative and flesh building elements known to chemistry. It is absolutely harmless, yet has been wonderfully effective and a single tablet eaten with each meal of a thin man or woman from three to five pounds a week. Sargol is sold by good druggists everywhere on a positive guarantee of weight increase or money back.

If you find a druggist who is unable to supply you send \$1.00 money order or registered letter to the National Laboratories, 74 St. Antoine St., Montreal, and a complete ten days treatment will be sent you postpaid, in plain wrapper.

BULGARS RUSH TO MACEDONIA

Serbian Striking Hard Capture Several of the Enemy's Strongholds on Sokol Mountain.

Saloniki, Oct. 19, via London.—Large Bulgarian reinforcements are being sent to the Macedonian front, the Serbian army headquarters announce today. Further gains for the Serbians are reported. The statement follows:

"On October 17 the Serbian troops entrusted with the attack on Sokol succeeded in occupying several positions on this mountain and in advancing appreciably toward the highest peak. They continued the advance on Oct. 18.

"In the direction of Monastir there is no change. "On the remainder of the front nothing of importance has taken place. It was reported that the Bulgarians are bringing up reinforcements and especially a large number of trench mortars."

CUT THIS OUT

OLD ENGLISH RECIPE FOR CATARRHAL DEAFNESS AND HEAD NOISES.

If you know someone who is troubled with head noises or Catarrhal Deafness, cut out this formula and hand it to them, and you will have been the means of saving some poor sufferer perhaps from total deafness. Recent experiments have proved conclusively that Catarrhal Deafness, head noises, etc., were the direct cause of constitutional diseases, and that sprays, inhalers, etc., merely tampered with the complaint and seldom, if ever, effect a permanent cure. This being so, much time and money has been spent of late by a noted specialist in perfecting a pure, gentle, yet effective tonic that would quickly dispel all traces of the catarrhal poison from the system. The effective prescription which was eventually formulated, and which has aroused the belief that deafness will soon be extinct, is given below in understandable form, so that any one can treat themselves in their own home at little expense.

Secure from your druggist 1 oz. Parment (Double Strength), about 75c. worth. Take this home and add to it 34 pint of hot water and 4 oz. of granulated sugar; stir until dissolved. Take one tablespoonful four times a day. The first dose should begin to relieve the distressing head noises, headache, dizziness, cloudy thinking, etc., while the hearing rapidly returns as the system is irrigated by the tonic action of the treatment. Loss of smell and mucus dropping in the back of the throat, are other symptoms that show the presence of catarrhal poison, and which are often entirely overcome by this efficacious treatment. Nearly ninety per cent of all ear troubles are directly caused by catarrh; therefore, there must be many people whose hearing can be restored by this simple home treatment.

Every person who is troubled with head noises, catarrhal deafness, or catarrh in any form, should give this prescription a trial. Important Note: In ordering Parment always specify that you want double strength. Your druggist has it or he can easily get it for you. If not send 75c. postal note or money order to the International Laboratories, 74 St. Antoine St., Montreal, Que., Can., and they will supply you. Postal note or money order.

60 Years Old Today
Feels as young as ever

PEOPLE who are able to talk like this cannot possibly have impure blood—they just feel fit—no headaches, dyspepsia or bilious disorders.

These diseases can be cured by

Dr. Wilson's Herbine Bitters

A true blood purifier containing the active principles of Dandelion, Mandarin, Burdock and other medicinal herbs. Sold at your store, a bottle, family size, five times as large for 75c.

THE FRATLEY DRUG CO., Limited, ST. JOHN, N. B.

Dr. Wilson's Herbine Bitters, in candy form, cure women. Babbie, Montreal.

NOTICE TO MARINERS.

Notice is hereby given that Brazil Rock Automatic Buoy is reported out of position. Will be replaced as soon as possible.

C. H. HARVEY.
Agent Marine and Fisheries Dept. Dartmouth, N. S.
St. John, N. B., Oct. 19, 1916.

TRANSPORTATION ADVERTISING

DONALDSON LINE

Glasgow Passenger-Freight Service.
From Glasgow. Montreal.
Oct. 7 SATURDAY Oct. 28
Nov. 4 Athens Nov. 20
For information apply local agents or The Robert Reford Co., Limited, General Agents, 162 Prince William Street, St. John.

Fortnightly Sailings

Twin-Screw Mail Steamers
ST. JOHN (N.B.) & HALIFAX (N.S.)
WEST INDIES
Excellent Accommodation for 1st, 2nd and 3rd Class Passengers.
Special Facilities for Tourists.
Sailings from:
Halifax direct—
RMSF Chaudiere, Nov. 3, '16
St. John via Halifax—
RMSF Chaudiere, Oct. 22, '16
Apply to:
The Royal Mail Steam Packet Co.,
87-88, Granville St., HALIFAX (N.S.)
St. John (N.B.) to Wm. Thomson & Co., Agents.

MAJESTIC STEAMSHIP COMPANY.

Steamer Champlain will leave public wharf, North End, on and after Tuesday, Oct. 17th, on Tuesdays, Thursdays and Saturdays, at 10 o'clock for Hatfield's Point and intermediate landings. Return on alternate days, due in St. John at 1 o'clock.
R. S. ORCHARD, Manager.

ST. JOHN - FREDERICTON

STEAMER HAMPSHIRE
Will leave old May Queen wharf at 8.30 a.m. (St. John time) on Tuesday, Thursday and Saturday for Fredericton and intermediate ports.
JOSEPH WILLIAMS,
Managing Owner. Phone M 2701

FURNESS LINE.

From London. Steamer. St. John.
.....Sachem.....Sept. 26
Sept. 16.....Rappahannock.....Oct. 4
Oct. 2.....Kanawha.....Oct. 18
WILLIAM THOMSON & CO.
Agents, St. John, N. B.

MANCHESTER LINE.

From Manchester. From St. John.
Oct. 14 Manchester Merchant* Oct. 28
Stamers marked * take cargo for Philadelphia.
WM. THOMSON & CO., LTD.
Agents, St. John, N. B.

Crystal Stream Steamship Co.

St. John-Fredericton Route.
The Stmr. D. J. PURDY will sail from North End for Fredericton and intermediate points every Monday, Wednesday and Friday at 8 a.m., returning alternate days, leaving Fredericton 7 a.m.
The "D. J. Purdy" and "Majestic" can be chartered at any time for excursions and picnics.
By special arrangement with the C. P. R., passengers may go to Fredericton on the Stmr. D. J. Purdy and return by train same or following day, rate \$2.50, stopover rate \$3.00, also effective good for return until Oct. 31st. This arrangement also applies in reverse direction.

St. John-Washademoak Route.
The Steamer "MAJESTIC" will sail from North End for Cole's Island and intermediate points every Tuesday, Thursday, and Saturday at 10 a.m.; returning alternate days, leaving Cole's Island at 8 a.m.

D. J. PURDY, Manager.
Warehouse No. 204.

The Maritime Steamship Co., Limited.

On March 3, 1916, and until further notice the S.S. Connors Bros. will run as follows: Leave St. John, N. B., for Thorne, Wharf and Warehousing Company, Ltd., on Saturday, 7.30 a.m., daylight time, for St. Andrews, N. B., calling at Dipper Harbor, Beaver Harbor, Black's Harbor, Back Bay or L'Etete, Deer Island, Red Store or St. George. Returning leave St. Andrews, N. B., Tuesday for St. John, N. B., calling at L'Etete or Back Bay, Black's Harbor, Beaver Harbor and Dipper Harbor. Weather and tide permitting.

Agent—Thorne Wharf and Warehousing Co., Ltd., Phone, 2851. Mr. Lewis Connors.
This company will not be responsible for any debts contracted after this date without a written order from the company or captain of the steamer.

GRAND MANAN S. S. CO.

After Oct. 1st and until further notice S. S. Grand Manan leaves Grand Manan, Mondays 7.30 a.m., for St. John, returning leaves St. John Wednesdays 7.30 a.m. both ways via Campbell, Eastport and Wilson's Beach.
Leave Grand Manan Thursdays 7.30 a.m., for St. Stephen, returning Friday 7 a.m., via Campbell, Eastport and St. Andrews, both ways.
Leave Grand Manan Saturdays 7.30 a.m., round trip St. Andrews, returning 1 p.m., both ways via Campbell and Eastport.
Atlantic Standard Time.
SCOTT D. GUPTILL, Mgr.

MANILLA CORDAGE

Galvanized and Black Steel Wire Rope, Oakum, Pitch, Tar, Oils, Paints, Flags, Tackle Blocks, and Motor Boat Supplies.
Gurney Ranges and Stoves and Tinware.

J. S. SPLANE & CO.

19 Water St.

TRAVELLING?

Passage Tickets By All Ocean Steamship Lines.

WM. THOMSON & CO. Limited.

Bank Bldg., St. John, N. B.



YOUR boy who "plays the game," your active outdoor chap, needs something besides the regular three-square. He finds in Kellogg's Toasted Corn Flakes an ever-ready and tasty food to repair the waste of the energy which his healthy nature demands.

10c. a package.
The only product made in Canada by THE BATTLE CREEK TOASTED CORN FLAKE CO., Limited, London, Ont.

Kellogg's TOASTED CORN FLAKES