

PLAINLY INDICATES THE CONDITION OF HER HEALTH.

1

WOMAN'S FACE

Had she been to Hammersmith or not? If she had been, why had she not told him? Why did she not speak about her visit? "Young Dorman"-who could he be? Not the secretary's son CHAPTER XLIV .- Continued. "Evidently a poor relation." thought for he had never been married. Why

She had decided that it would not the doctor. should his wife go to see "Young Dorthe Skin Sallow, and the Wrinkies Be-gained Health and Comelines. Brauty Disappears When the Dyes are Dull,

**Through Storm and Sunshine** 

Almost every woman at the head questions about the boy. Besides, man some day." having given his word to the doc-of a home meets daily with innumer-he was so fatally like herself she did "My dear doctor," returned Lord St. tor not to mention what he had said able little worries in her household affairs. They may be too small to taking the likeness; it could not be but I have not the faintest idea of wise nothing would have been notice an hour afterwrds but it is overlooked. It would never do for any what you mean." easier than to go to her and put : neverthele as these constant little one who knew her to see them to-worries that make so many women gether. "I am speaking of young Dorman," straightforward question to her. He would try her, and see if she exhibitworries that make so many women gether.

kook prematurely old. Their effect may be noticed it sick or nervous day. What of his future? Had any he is dead. I attended his funeral tioned the doctor's name. headaches, fickle appetite, a feeling of provision been made for it? Or, when some time ago." constant weariness, pains in the back the quarter was over, would Dr. Lester "Ah," said the doctor, "that would guests being present, Lord St. Just If any poison is swallowed, drink and lions, or in a sallow complexion, send him away? In all conscience and be the elder Dorman; this is the spoke of the meeting he had attended. instantly half a glass of cold water

and the coming of wrinkles, which in all honor she was bound to pro- younger." every woman who desires comeliness vide for him; she wished to do so. She "There is no younger. I have heard made by Dr. Lester, of Hammer- common salt and ground mustard dreads. To those thus afflicted Dr. would have shared her fortune with Lady St. Just say that there were two smith-one of the cleverest men we stirred into it; this vomits as soon Williams' Pink Pills offer a speedy him; she would have given him all she brothers. One is a solitary book- have." and certain cure; a restoration of had-all save Lancewood. worm who has an appointment as color to the checks, brightness to the She pondered over this long and librarian on the Continent somewhere beautiful face turned quite white. swallow the white of one or two raw swallow the white of one or two raw the contract of the checks of the pondered over this long and librarian on the Continent somewhere beautiful face turned quite white.

eye, a healthy appetite, and a sense anxiously. She had no wish or desire to -I quite forget where; the other died, She was looking at him with fear and eggs, or drink a cup of strong coffee; be imprudent; perhaps her seeming and I attended his funeral." of freedom from weariness. Among the thousands of Canadian immunity from all danger made her "There is certainly a young Dorman such an expression on her face be- er number of poisons than any doz

women who have found new health reckless. She resolved upon seeing at my school, my lord-a clever young fore. He saw that her lips were en other articles known, with the adand new strength through the use of Dr. Lester himself. Amongst the stripling-handsome too. Lady St. Just comes frequently to see him." cis Poirier, of Valleyfield, Que, Mrs. Poirier was a sufferer for upwards of seven years; she had taken treatment The the trainer of people whom the master of this lordship looked up quickly. "What," he cried—"my wife, Lady St. Just, calls at your school, you say?

from several doctors, and had used a to know who Henry Dorman's visitor You must be mistaken." number of advertised medicines, but was. In fact the pupil himself had with no good results. Mrs. Poirier been a puzzle to the learned doctor. Lady St. Just at the Royal Societysays :- "Only women who suffer as I He had been brought to him a year and hers is a face not easily forgotdid can understand the misery I en\_ before by a Mr. Dorman, who had just ten."

dured for years. As time went on arrived from America. Mr. Dorman and the doctors I consulted, and the had made all suitable inquiries about earnestly, "that you are quite mismedicines I used did not help me, I the school, and had told the doctor taken, doctor. Lady St. Just in Hamdespaired of ever regaining health. There were very few days that I did might in all probability go abroad about it."

Indre were very few days that I did not sufferer from violent headaches, and the least exertion would make my heart palpite violently. My stom-ach seemed disordered, and I almost hathed the food I forced more it between the money. He had ifficult to send the m loathed the food I forced myself to also left asmall sum of money with trayed her."

loathed the food I forced myself to eat, I was very pale, and frequently my-limbs would swell so much that L forced that all the evening his benefit. L forced that all the evening his bevenit the f eat, I was very pale, and frequently my-limbs would swell so much that I feared that my trouble was de-veloping into dropsy. I had almost I twas while I was in the back and loins. It was while I was in the action in the back and loins. It was while I was in the saked one or two dition that I read in La Presse of the cure of a woman whose symp-the doctor had asked one or two the cure of a woman whose symp-the source much like mine through like mine through

the use of Dr. Williams' Pink Pills. had evaded them, and so he knew "I may be mistaken," he replied; I told my hpsoand, and he urged me nothing either of his friends or of his "one ought never to be too positive as I told my hasband, and he urged me to try them, and at once got me three boxes. Before I had used them all Lielt better, and I got another friend of his mother's, often came to recognized her as Lady St. Just." supply of the pills. At the end of the month I was strong enough to do my household work, and before an-

other month had passed I had en-tirely recovered my health. I am sor-ry that I did not learn of Dr. Wil-liams' Pink Pills sconer, for I know that they would have saved me sev-eral years of sickness and misery,

eral years of sickness and misery, but was not able to do so.

this purpose Dr. Williams' Pink Pills are woman's best friend. They are ent, and then he said to a man-ser-and am not a good judge of resem-and am not a good judge of resem-after a short pause. particularly adapted to cure the ail-ments from which so many women "vant, who was by the door-"Which of the young gentlemen you ?"

suffer in silence. Through the use of does that lady come to see?"

was unbounded-yet he was puzzled. SOMETHING QUITE NEW-CEYLON GREEN TEA Sama flavor as Japan, only more deliciou

\*\*\*\*\*\*\*\* About the House. \*

YOU SHOULD If a man faints place him flat his back and let him alone.

During dinner that day, several "The best speech," he said, "was with a heaping teaspoonful each of

as it reaches the stomach; but fo wonder in her eyes; he had never seen these two being antidotes for a greatvantage of their being always at Slowly, as from a painful dream, hand: if not, a half pint of sweet oil

and he saw it. He saw, too, that she listened if he again mentioned the The best thing to stop the bleeding

doctor's name. He mentioned it of a moderate cut instantly is to covpurposely, and again he saw a spasm er it profusely with cobweb of pain pass across her face. and salt, half and half. "There is a mystery," he said to If the blood comes from a wound

himself-"a mystery that has some by jets or spurts, be spry, or the man pain in it-and my darling is keep- will be dead in a few minutes, because an artery is severed: tie He resolved to find it out and share handkerchief loosely around near canned raspberry or blackberry juice body was being viewed by the priests. you said the only thing that could

keep it there until the doctor comes

tend to be reading. Suddenly she the coagulation or hardening of the their lives, and many a girl has mar-amount of war material sent out. One began to talk to him. cooling blood.

matter she had most at heart. "Who the same time sinking to the floor if not able to do them for herself, she To clothe our troops we have sent out

tected the keen anxisty unde lying garment you can get hold of, always preferring woolen.

"Yes, every one in London knows and I feel that I cannot too strongly urge other sick women to use them." The condition indicated in Mrs. Poirier's case shows that the blood and nerves needed attention, and for this purpose Dr. Williams' Pink Pills "Do you often see him ?" she asked,

Willow furniture may also be cleaned in the same manner. Rub it with and brooks produce fruits unknown blances. May I ask a favor from "Not very often. We meet at lec- a nailbrush and dry thoroughly. tures and soirces. I do not remem- Salt dissolved in alcohol will remove the fruit of which is inclosed in a "Certainly," replied Lord St. Just, ber to have seen him elsewhere." grease spots from cloth.

with one teaspoonful of salt. It is THE DEMAND FOR easy to boil rice perfectly when a douole boiler is used. To save time boil the rice on the stove without the ter boiler until the water is nearabsorbed. Then use the double iler to finish. Heap the chicken and curry in the OEYLON TEL

niddle of a deep platter and put ounded spoonfuls of the snowy rice bout it. Or if preferred put spoonful of boiled rice in centre of platter nd pour curried chicken over it.

APPLE PUFFS.

level teaspoonful of salt, enough from time immemorial. Usually made His conduct, although almost unand chopped.

steam over rapidly boiling water for and once placed the amulet arm ring the fork do you refer to?" twenty minutes without removing is worn throughout life. At death, if steamer cover. If apples do not seem the bracelet has proved a lucky one. batter tough.

When done turn from glasses into Many are the marvelous tales told pudding saucers and serve at once by the Chinese of the wonderful qualmade as follows:

with a dessertspoonful of flour mix- to make known his desires and de-

with Dr. Price's fruit color and add more wonderful took place. Dead where we are now scare my wife al-

ONE ACCOMPLISHMENT FOR

Every girl, in whatever station of owner to the tomb. life she may be placed, should be

Queer people the Chinese. If prizes have been forwarded.



is Uric Acid in the blood. Unhealthy kidneys are the cause of the acid being there. If the kidneys acted as they should they would strain the Uric Acid out of the acter and the units case formed by its root, is one of of the system and rheuma-

It is the desire of every Chinaman's A young and newly-married couple heart to possess a pair of magic were entertaining their friends, and bracelets. Arm rings or bracelets are amongst the guests was one whose thought a great deat of in the Cel- continued rudeness made him extreme-For six persons: One pint flour, two estial Empire, the custom of wear- ly objectionable to the rest of the aspoonfuls of baking powder, one ing them having been handed down company.

MAGIC AMULETS.

sweet milk to make stiff batter, three of jade stone, the Chinese arm ring bearable, was put up with for some cupfuls of tart apples peeled, cored of to-day is of one invariable shape. time, until at supper he had up on his fork a piece of meat which had It looks like a large martingale. Have ready buttered six cups or The Chinese word for jade is ngook- been served to him, and in a vein of jelly glasses, fill these nearly full with seu, and for jade arm ring or bracelet, intended humour he looked round and the batter and apples in alternate ngook-ak. The custom in China is to remarked, "Is this pig?" which immelayers, putting the first layer of ap- place the bracelet on a young man's diately drew forth the remark from a ples and the last of batter. Place arm just before the hands stops grow- quiet-looking individual sitting at the worm who has an appointment as Then he was startled, for his wife's fear some of the poison still remains glasses in steamer, cover tightly and ing. A tight fit is usually secured, the table, "Which end of

WHAT THEY EAT.

in Lead Packets. 25, 30, 40, 50 and 600

WHICH!

quite done, steam a few minutes and if there is a son whom it will fit, A horse will eat in a year nine times longer, but too long steaming makes the bones in the old man's hand are his own weight, a cow nine tines, an

One Minute Cure for Toothache. with lemon cause or with a sauce ities these amulets possess. There Magical in potency and power, peneis a tradition that a certain Chinese trating at once to the dise Two cupfuls of apple juice strained as for jelly, one cupful of sugar, one-lysis, wore upon his forearm a magic blaf cupful of huttor, put is come

half cupful of butter; put in sauce- bracelet, which kept life in that mem- the most marvellous pain remedy known to science, may be used for al pan and lat come to a boil and thicken ber for many months, and allowed him nerve pains. Test at once its eff ed smoothly with a little cold water. If desired, color any preferred shade claimed the Emperor, something even house; we'll have to move. The roaches

any liked flavor, or color with home- three days, and lying in state, his most to death. Browne-I thought The advisability of removing the really frighten her was a mouse? bracelet was being considered, when Towne-That's just it. At a little the hand was lifted up and gave a distance these roaches look like signal which they interpreted to mice. mean the bracelet should go with its

AN EXTENDED EXPERIENCE

Among other wonderful properties Writes a well-known chemist, permits Among other wonderful properties a good amulet is said to act as a fair-ly reliable barometer. Writes a weit-known chemist, pointers Corn Extractor never fails. It makes no sore spots in the flesh, and how the say that Putnam's Painless Corn Extractor never fails. It makes no sore spots in the flesh, and consequently is painless. Don't you forget to get Putnam's Corn Extrac-tor, now for sale by medicine dealers

FOR OVER FIFTY YEARS

He-Do you know what I would do if 280,000 khaki suits, over 370,000 pairs of boots, 200,000 jerseys, 1,020,000 pairs I were you ? She-No. What? He-I'd

> MONTREAL HOTEL DIRECTORY. The "Balmoral," Free Bus Am. Plan. AVENUE HOUSE Modill - College Avenue Family Hotel rates \$1.69

> > Strategy-That fellow Bumbleton is deep one. What has he been dong? Why, he got the new boarder into a brisk controversy with the landlady over the reasons for wo-man's mental inferiority, and under cover of it he sneaked a second piece of huckleberry pie.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For agreest many years doctors pro-noumcod it a local disease, and prescribed local remedies, and by constantly falling to cure while local treatment, pronounced it incurable. So ince has preven catarrh to be a constitutional disease, and therefore requires commutational disease, and therefore requires commutational disease, and therefore requires commutational prestmont. Hall Source of the last the only constitutional cure on the Datarket. It is taken or constitutional cure on the Datarket. It is taken

conseint ional cure on the market, his espoa-internally in doese from 10 drops to a tespoon-ful. It sets directly on the blood and mucous surfaces of the system. They offer one hund-red dollars for any case it fails to sure. Send

pr circulars and testimonials. Address, F.J. CHENEY & CO., Toledo, C Sold by Druggists, 75c. Hall's Family Pills are the best:

Barnes-Wonder what has hannen.

ed to the Sweetsers? They used to

be dead in love with each other. Why

votedness. Now they are as glum as

they can be. Farmer-I know. She

was silly enough to get him to go shopping with her the other day.

WPC 1039

everybody was laughing at their de-

Some idea of the cost of the South everywhere.

their rives, and many a gift has had, ried and gone out with good prospects to some country or colony where no one can be got to perform these little services for either love or money, and, services for either love or money, and, "What meeting was that," she ask- If your clothing takes fire, slide the to some country or colony where no of small-arms ammunition have been

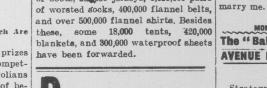
GARDENING IN CHINA.

Many Trees Are Cultivated Which Are Unknown in Other Lands.

for profitable gardening were competed for by nations, the Mongolians would have a very fair chance of being successful competitors. The Chinese do not confine themselves to cul-

cleansing properties of the brine tivation on dry land only; they also cultivate the bottom of the waters, and in the beds of shallow lakes, ponds

to other people. The water chestnut,



nerves made strong, and the rich glow of health prought back to pale "Master Dorman, sir," was the re-ply. "What a mistake some of you have "As I have most likely made an that she did not read-that she nev-hands." and sallow cheeks. There would be made!" he said. "I was told that it absurd mistake, may I request you or turned a leaf. He saw that she Salt sprinkled about the garden a delicate flavour, and is gathered by less suffering if women would give was a Mrs. Smith who came ( see not to mention what I have said to was so deeply, so completely enthese pills a fair trial. Sold by all young Dorman-that is Lady St. Just Lady St. Just?" dealers or sent post paid at 50 cents a box or six boxes for \$2.50 by ad-dressing the Dr. Williams' Medicine Co., Brockville, On ...

talked for a few minutes and then the

your sense of the word."

life," he said.

Great Blood and Nerve Builder.

A GREAT TRAVELER.

Dr. George E. Morrison, Pekin Corre-

Aside from the official dispatches fancied there was something noble a liberty with her name." from Minister Conger and Sir Claude Macdonald, the first authentic news had a great admiration for Adrian uneasy. When he reached home, the engrossing care and thought that now in a frying pan; put in a pound of are to be found in the orchards. In to come out of Pekin since the for-St. Just-he considered him one of first thing that the doctor did was to characterized her? If so, what could finely chopped beef, called in trade eigners were besieged, is the dispatch the wisest statesmen and cleverest summon young Dorman to his private they be for ? He was startled. Then "Hamburg Steak." Season to taste from Dr. George Ernest Morrison, the men of the day. He met him very room. He made all kinds of inquiries he reproached himself. What could with salt and pepper and brown correspondent of the London Times, often, and they had a mutual respect about the lady who had visited him. there be wrong in this proud, state- quickly, stirring most of the time to printed in Thursday's Free Press. Dr. for each other. On this day the The boy assured him that it was Mrs. It will be wrong Iy wife of his? Morrison has had the inside track of scientific meeting that he had to at- Smith. Chinese news for a number of years, and several times before has start-tend took place in one of the large west-end halls, and at its close Lord St. "Did you ever know a Lady St. Just?" Just complimented the doctor on the The boy laughed

knowledged the most reliable correspondent in Pekin. Dr. Morrison has led an adventur-

doctor saidous life as a traveler. He is an Aus-"I am happy to find that I have a trailian by birth, the son of a Scotch educator. While a school boy he traveled several hundred miles alone traveled several hundred miles alone proves rapidly." down an Australian river. Next he At first Lord St. Just thought Lady St. Just. walked from Melbourne to Adelaide. While staying at Melbourne univeror making some political reference. sity he went to the Beche des Mer fisheries and worked for several plied, politely. months as an ordinary seaman. While "I say, my lord, that I am pleased thus engaged he exposed the traffic to have your young protege in my in kidnaping Kanaka boys in the school." South Sea Islands and brought down South Sea islands and brought down a royal commission which put an end to the practice. This was his first

to the practice. This was his first do not believe I have a protege, in thing underhand, or of concealing pondent. His next adventure was a 1.900

mile walk across the Australian conmile walk across the Australian con-tinent, with the sun and stars as his only guides. The clothes and hots only guides. The clothes and boots he wore on this trip are now in the Melbourne Museum. He explored Dreadful Sufferings Among the Poor and the New Guinea for a Melbourne paper and was wounded in an ambush, ne cessitating a trip to England for surgical aid.

He took up medicine, in 1887, and re reived his M. D. in 1895. While a medical student Stanley asked him to accompany him to Africa, but he de The very old, the very young, and system against the debilitating effects After a tramp through varimany in middle life, whose health was at a low ebb, met an untimely death in the hot wave which recently swept over this continent. ous islands of the West Indies he went

to England and became a hospital surgeon. In 1893 he traveled through China Japan and the Philippine Islands,

and in 1894 made a wonderful journey on foot from Shanghai to Burmah, being dressed as a Chinaman and without an interpreter. He accomplished the 3.000 miles in 100 days and at a cost of less than \$100. His adventures on this trip are told in a book, "An Australian in China." He was appointed the correspondent of the Times at Pekin in 1895.

ALWAYC BELIEVED

People are growing more incredu lous each year, remarked the man who disbelieves in human nature.

I don't think so," answered the optimist. I have noticed that whenever the thermometer goes above 85, you can tell everybody it's the hottest day for a second. the won't doubt you for a second. the thermometer goes above 85, you akes life worth living even in the summer time. It so fills the body with the thermometer body of the pure, healthy blood and new nerve genuine. Fifty cents a box, at all dealers, or Edmanson, Bates & Co., To Be Continued. for a second.

with his usual frank courtesy. "You had forgotten all else. He believed tures.

the low tones.

"It is as well to be careful," he said,

Had Lady St. Just left the school "Still it would oblige me, my lord," What could it all mean? He had three minutes later or earlier, she persisted the doctor. noticed the great change in his wife, sponged with lemon juice. would have avoided this meeting, and "Then I will promise-I will not her fits of absence of mind, her perhaps its consequences. As it was, say a word to Lady St. Just. Are gloomy abstraction, the brooding will destroy weeds. the doctor thought there was nothing you satisfied, now, doctor?"

thought that seemed to lie like a odd ia what was going on. He had "Yes," he replied. "Her ladyship dark shadow over her. Could it be always admired young Dorman - he would perhaps think that I was taking possible that the mysterious visits to Hammersmith had anything to do Plain Hamburg Stew.-Heat a table-

and refined about him. Dr. Lester They parted soon afterward, both with the change in her manner, the spoonful of butter or nice drippings

book from her hands. "I do not think I have ever seen a

'lady'-that is, a lord's wife-in all my "I-I had forgotten you were here." minutes. "That is a poor compliment, Vivien. cornered pieces of buttered toast. And the doctor was more puzzled You had forgotten that I was here- Sprigs of parsley make a tasty garnmay I ask of whom you were thinking ish.

-or of what-that you could forget me ?" Her face flushed crimson under the earching gaze of his eyes. "I do not quite understand," he re-polied politely. "You spend a great deal of time in

thinking now," he said. "Pray tell me what it is all about." CHAPTER XLV. "Who can describe an unknown

Lord St. Just was equally puzzled world ?" she asked. "And thought is not at all bitter cut in dice and a litan unknown world."

anything from him-his faith in her his hands. "Let me look into your eyes, darlng, and see if I can tell what you

are thinking about." But her eyes fell before his, the hite lids closed over them, the long dark lashes lay on her cheeks.

"Why, Vivien, you will not let me Weak-Low Vitality Unable to Hold Out ee!" Then he changed his tone to

Against High Temperature-Safety in the one of grave, tender earnestness. "My darling wife," he said, gently, Use of Dr. Chase's Nerve Food (Pills), the "is there any secret that you are keeping from me ?" He could tell how the words pierced

her by the shudder that passed over

"A secret !" she cried, wildly. "Why ng to size of dumplings.

the hot wave which recently swept over this continent.
Is this not an emphatic warning against allowing the system to become bargeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, her appetite was poor and changeable, she could scarcely drag hervous, she could not sleep for more than half and reve seered to recover herself aby due will not share with me ?"
"A secret !" she cried, wildly. "Why should you say that? A secret, Ad- i in !" A secret have I?"
"It appendic to solve a marked is the secret have I?"
"It appendic to solve a marked is the secret have I?"
"A secret !" she rise of ?"
"It appendic to solve a marked is the secret have I?"
"It appendic to solve a marked is the secret have I?"
"A secret !" she cried, "I?"
"It appendic to solve a marked is the secret have I?"
"A secret !" she cried, "I?"
"It appendic to solve a marked is the secret have I?"
"A secre thoroughly restore you. By its wonderfully invigorating, strengthening and life-sustaining ef-fects, Dr. Chase's Nerve Food (pills) attests its popular-ity. People everywhere are loud in praise of this great restorative. Imita-tors do not dare to reproduce the porinsist upon your going to rest." Lord St. Just felt his heart sink within him. There was a mystery. a secret, and his wife was keeping it

To Be Continued.

Salt dissolved in lemon juice is inmore. But he, watching her, saw valuable for removing stains from the walks and places frequented by snails women, who tuck up their wide trousgrossed in her own thoughts that she will effectually remove those creaters, and wade above their knees into

STEWS.

Ink stains in linen can be re if they are first washed in a strong as her basket is full, the gatherer solution of salt and water, and the repairs to the nearest town or vi lage, which she perambulates, crying A brine of coarse salt her water chestnuts. These esculents are much appreciated, and meet a ready sale. They are prepared for

food by removing the rind and boiling the bulb. A great wariety of trees, some of which are little known out of China.

addition to the peach, apricot, cus tard-apple, rose-apple, pineapple, pear plum, date, cocoa, plantain, banana, persimmon, citron, orange, lemon,

keep the crumbs of beef separated. He watched her for quite half an and that the browning may be evenly hour-she never moved nor spoke. done. Turn in a coffee cupful of Then he went to her and took the boiling water. Thicken with a Serve on squares or three-

> For breakfast or lunch this quantity is sufficient for four persons. Hamburg Vegetable Stew.-Brown and season one pound of Hamburg steak as in preceding recipe. Have

ready stewed in a stew pan one medium sized onion, minced or sliced, on large potato and one small carrot cut in dice, a tender turnip if sweet and tle shaved cabbage may be added in It was an evasive answer, and he liked. When vegetables are cooked felt it. He raised her face between a large cupful of liquor should remain in stewpan. Into this stir one teaspoonful of good beef extract. Mix

> beef. Thicken slightly and boil three minutes, being careful not to burn. Serve on buttered toast or with egg dumplings. Egg Dumplings .- One cup of flour, one egg, pinch of salt, dash of pepper,

one teaspoonful baking powder. enough rich milk to make as stiff a batter as can be nicely handled with a spoon. With a teaspoon drop a spoonful of this batter first in one side of the

"A secret!" she cried, wildly. "Why and boil gently but constantly for should you say that? A secret, Ad-from seven to ten minutes, accord-

An asbestos mat placed under stewpan will usually prevent scorching.

Cut up a chicken, an old swyl is lice cooked in this way or romants meat. Salt to taste and add a good

from him. She had tried her best. hree minutes. Have ready one cupful of rice boil-

tism wouldn't occur. Rheumatism is a Kidney Dis-ease. Dodd's Kidney Pills have made a great part of their security of ducts and is grown up in large quantities. It is very wholesome and of their reputation curing Rheumatism. So get at the cause of those fearful shooting pains and stiff, aching joints. There is but one sure way the ponds, where they grope for the chestnuts with their hands. As soon

> Dodd's Kidney

Pills

FOOD TREATMENT FOR CONSUMP. TIVES.

"An elderly woman threatened with quince, guava, olive, pomegranate, and vine-the last mentioned being grown consumption was restored to strength in many varieties—there are the li-chi, the fruit of which is of the size rigdrous course of food treatment, hour-she never moved nor spoke. Then he went to her and took the book from her hands. "Adrian," she cried, with a start, "I-I had forgotten you were here." done. Turn in a coffee cupful of boiling water. Thicken with a swoothly with cold water. Boil three minutes. Serve on squares or threemuch esteemed, and the carambolo. Of these fruits the carambo is, per-haps, gathered in greatest alcundance. In the antumn when the fruit ripens, Siven to her, after which she ate

the orchards are in a state of per- whatever she wanted for breakfast. petual clangor, from the beating of gongs by boys hired for the purpose, and without whom the birds would consume more than half the fruit. of hot milk, at 11 o'clock a cup of

hot water, as before; at 12 o'clock CHINA'S FLOATING HOUSES. more of the home prepared beef juice, There are to be found in China at all an egg, and anything she wanted

cities and towns on the banks of rivers besides for luncheon. The course and creeks, what may be called float- pursued in the afternoon was the same ing hotels. They are large boats of as that of the morning, the hot water special construction, and are called coming at five o'clock and hot milk at Chee-Tung Teng. As the rivers and nine o'clock. The patient objected to a creeks may be said to be the highways night menu, and unless she was rest. of the country, these boats are of great less she was not disturbed until morn-

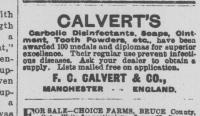
service to travellers. The gates of ing. this compound with the browned cities and towns are invariably c'osed "The juice squeezed from between at an early hour of the evening, and two and three pounds of raw round of should a passenger boat arrive at a steak was taken by the invalid daily. city by night, the passengers would be This was cut into pieces about an inch unable to disembark until the next square and warmed slightly in the

morning were it not for the conveni- oven, after which the juice was exence of these floating hotels. tracted by a hand press. The hot There are also large boats on the water was given by the physician, t Canton river called by the Chinese Water was given by the physician, to Water was given by the physician, to give tone to the stomach. With this flower boats. These boats are neither treatment cod liver oil and cream were more nor less than floating houses, given daily, when the patient could

and they are often richly carved and take them without disturbance to the gilded. At night, when illuminated, this batter first in one side of the gilded. At hight, when illuminated, stew pan and then in the other until they present a gay and animated ap-all is used. Cover stewpan tightly and boil gently but constantly for in the evening of citizens who are dis-"Notwithstanding pathetic com-

posed to make merry. It is not con-sidered decorous for a Chinese gentle-man to invite friends to dinner at his without seeing the nurse coming with

family residence, excepting on the something to eat, and various remon marriage of a son or daughter, or strances because she could never be al pan will usually prevent scorching. Chicken Stew with Rice and Curry. -To many farmers' tables the use of curry. powder is unknown. If the following recipe is tried I believe it will be found so relishable as to be oft repeated. marriage of a son or daughter, or strances because she could never be al-lowed to get hungry and enjoy a meal, she thrived apace; and when the fore issues cards of invitation to his a certain flower boat. The dinner is cooked in a large floating kitchen anchored near. At such banquets there are invariably a number of the issues cards of a son or daughter, or strances because she could never be al-lowed to get hungry and enjoy a meal, she thrived apace; and when the dreaded month of March came she was about the house, and at the beginning of May she begon to eat like other fore issues cards of a son percenter had been started on December 1."



FOR SALE-CHOICE FARMS, BRUCE Count, Ont. Write for particulars, James K. Stewar

LAW MILLS, MILLS & HALES, Barristerr, etc. Removed to Wesley Ruildings, Richmond St. W., Toronto. **Brass Band** 

Every Town can have a Band Lowest prices ever quoted. Fine catalogue 500 illus trations mailed free. Write us for anything in Music or Musical Inc Whaley Royce & Co., Toronto, Ont., and

Catholic Prayer Books, Rosaries, Gru Religious Pictures, Statuary, and Church Ornamen Educational Works. Mail orders receive prompt atte tion. D. & J. SADLIEE & CO., Montreal,

POULTRY, BUTTER, EGGS, APPLES, and other PRODUCE, to ensure best results consign w The Dawson Commission Co., Limited Cor. West-Market & Colborne St., Teronto,

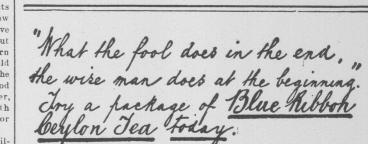


Dyeing! Cleaning For the very bestsend your work to the \*\* BRITISH AMERICAN DYEING CO."

Look for agent in your town, or send direct. Montreal, Toronto, Ottawa, Quebe

ENGLISH TEETHING SYRUP Largest Sale IN THE WORLD.

DO YOU USE SHOE DRESSINGT IF YOU WANTA DRESSING THAT WILL KEEP THE LEATHER SOFT AND PLIABLE PACKARDS ONE TRIAL WILL CONVINCE YOU OF ITS SUPERIOR MERITS



of cold chicken may be used. Stev until sufficiently tender to remove bones. After bones are removed cu up meat rather coarsely and return to liquor in stewpan. There should be just enough liquor to cover the

teaspoonful of India curry powder, to a quart of stew. Thicken with lour thickening and let boil two o

ed in three cupfuls of water seasoned

