

The first pound you use will win your lasting favor

"More bread and better bread"



PURITY FLOUR

WEAR THE KING HAT!

It's Good Enough

WILCOX'S

Dock Street Market Square

The Evening Chit-Chat
By RUTH CAMERON

HAVE you—"you" this time means particularly the housewives of the middle class—read Will Carleton's "One Way Out"?

If you haven't, you should at once. No, I am not attempting to press agent the book. I am merely voicing a warm conviction.

"One Way Out," is the story of a man who is typically of the modest salaried middle class, with a standard of living not above the means.

The age of thirty-eight this man, with very little laid by and a wife and boy of eleven dependent upon him, loses his position. He has only a highly specialized knowledge, almost useless outside of the office where he has been employed for many years, and when he starts his hunt for employment he is unanimously turned down by employers, who all want younger men or men with some more specific training.

After some horrible weeks of this humiliating and hopeless hunting he happens to find out by accident that Murphy, the man who employs his sister, is building houses and putting his sons through college. He looks about him and realizes that not only Murphy but other immigrants are making good to an astonishing degree and he suddenly thinks he sees "one way out"—that is, to immigrate to America and start where the immigrant does and take what offers regardless of pride of class. His wife approves. They then furnish themselves with \$100 clear start life anew in one of Murphy's tenements—rent \$3.00 a week.

The next day he secures work as a laborer with a subway construction gang at \$1.50 a day. He has emigrated to America and they begin the new life by looking about them to find what opportunities and possibilities are open to them.

How, with this new point of view, he works back to prosperity again, how his wife helps him, and how they save on \$8.00 a week where they had been able to on \$30.00 is the rest of the tale.

It is a thoroughly original, thought provoking little story, but it is particularly because of the part that Ruth, his wife, takes, that I want you middle class women to read it.

Her studies in economy—the economy of thrifty buying, not merely of doing without, ought to be suggestive to every woman who is appalled by the high cost of living.

Here are one or two samples of this:

"Now for breakfast we must have oatmeal every morning. And we'll get it in bulk. I've tried it and it's only a little over three cents a pound at some of the stores."

"And the kind we've always had?"

"About twelve when it's done up in packages."

"They visited the wholesale meat shops and familiarized themselves with the possibilities there."

"Every stall in the market had its bargain of nice—wholesale bits unattractive to the careless customer. We bought there for 50 cents enough round steak for several good meals of hash."

"We couldn't have bought it for less than a dollar in the suburbs, and even at that we wouldn't have known anything about it, for the store was too far for Ruth to make a personal visit and the butcher himself would never have mentioned such an odd lot to a member of our neighborhood."

"These are one or two suggestions of the way in which Ruth made it possible to save on nine dollars a week. I wish there were room for more, but I hope I've given enough to impel you to go to your library for the book."

To the average housewife who gives her orders to a boy at the door or over the telephone, and who buys with no idea at all of nutriment values, it seems to me that Ruth's studies in true economy can't fail to be a thought provoking lesson.

TUESDAY SPECIALS

Men's English Worsted Suits, regular \$15.00 values, Tuesday **\$10.50**

Men's Scotch Tweed Pants, regular \$2.00 values, Tuesday **\$1.69**

CORBET'S
196 Union Street

Good Things In House Furnishings
CAN NOW BE SEEN AT THE SHOW ROOMS OF
S. L. MARCUS & CO., 166 UNION ST.

"Our easy payment plan" has proven an agreeable and pleasant surprise, while our prices challenge competition.

We are ready to furnish your whole house, or a single room at the shortest notice. A matchless range of Furnishings to select from.

Lace Curtains in profusion, also Ladies' and Gents' Clothing.

"A rare snap" A Five-Piece Parlor Suite, richly upholstered in silk, mahogany frame. Note the price **\$29.50**

Our one and only address

S. L. MARCUS & CO.
The Ideal Home Furnishers. 166 Union Street

SHIPPING

ALMANAC FOR ST. JOHN, JUNE 5.

Sun Rises..... 4.52 Sun Sets..... 8.02
High Tide..... 7.22 Low Tide..... 1.03
The time used is Atlantic standard.

PORT OF ST. JOHN.

Arrived Saturday.

Schr. T. W. Cooper, (Am), 180, Smith, from New Bedford, A. W. Adams, ballast.

Schr. Dora C. 402, Berry, from New York, hard coal, for E. P. & W. F. Starr.

Arrived Sunday.

Schr. Herallia (Ger), 1355, Andersen, from Norfolk, Va., John E. Moore, ballast.

Schr. P. Bowers, (Am), 374, Kelson, from Winter Harbor, R. C. Elkin.

Schr. Yarmouth Packet, 76, Thurber, Yarmouth, N. S.

Schr. Jos. 320, from New York, hard coal.

Schr. Ida M. Barton, 102, Cole, from Boston, J. W. McAlary, scrap iron, for Portland Rolling Mills.

Sailed Saturday.

Schr. Adriatic, Wambach, for Barbados.

Schr. Yarmouth, 620, McKinnon, for Yarmouth.

CANADIAN PORTS.

Quebec, June 4—Arr, stmr Samland (Ger), Rotterdam; Turcoman (Br), Bristol; Montcalm (Br), London; Megantic (Br), Liverpool.

BRITISH PORTS.

Queenstown, June 3—Arr, stmr Cedric, New York.

Liverpool, June 3—Arr, stmr Teutonic, Montreal; Victorian, do.

London, June 3—Arr, stmr Pomeranian, Montreal.

FOREIGN PORTS.

New York, June 4—Arr, schr Harry, Walton (N. S.).

Sid—Schr. Siberia, Hantsport (N. S.).

IMPRESSIVE ADDRESS ON TEMPERANCE AT EVERY DAY CLUB

Charles C. Lester, L'Evang Harbor (N. Y.); Roger Drury, Oshes (Me).

Walter Brindle delivered an impressive temperance address at the Every Day Club last evening. Twenty-six years ago, he said, he set out as a young missionary in his native city in England, and what he saw in the slums there on his very first visit determined him to fight against the liquor traffic as long as he lived. His description of a lodging house where in the cellar one could sleep for two cents, on the first floor for four cents, on the second for six and the third for eight cents, and of the scenes he witnessed in that cellar, of drunkenness and poverty, was very impressive. He told also of a young man of fine physique and keen intellect who at the age of 28 went to the poor house, demented and broken down through drink.

Mr. Brindle dwelt upon the cost in loss of money, of physical strength, of intellect and of spiritual power represented in the case of this one man, and asked his hearers to multiply it by the loss in the cases of the thousands upon thousands who pay the same price with such an awful result. Then many of these men were married, and wives and children suffered. There were such cases in St. John, and he urged his hearers to do all in their power, and they had the power, to abolish the liquor traffic. He said he had never seen a chain gang till he came to St. John and he hoped that reproach would soon be wiped out. The Every Day Club had attracted his attention the first day he landed in St. John, and he felt that here was an institution with which he could ally himself. He urged the men present to do the same and do some aggressive temperance work. The speaker was several times heartily applauded.

SPRING HUMORS

Result From the Poisoned Condition of the Blood.

Discharge is Checked—Sores are Cleaned Out and Healed by Dr. Chase's Ointment

Aside from the suffering caused by pimples, sores and skin eruptions, there is the annoyance and embarrassment to which they give rise, particularly when on the hands or face.

It is quite proper to get the blood right by use of internal treatment, but this is a tedious method of overcoming the skin troubles, which can be readily gotten rid of by using Dr. Chase's Ointment. The three principal ingredients of this great, soothing, and healing ointment are the most potent known for the relief of sores as a means of cleansing the skin and destroying the germs which cause the discharge, preventing the poisoning and stimulating the healing process.

Dr. Chase's Ointment is itching almost as soon as applied, and often heals almost like magic.

The time required for cure depends on the nature of the ailment but, unlike internal treatment, the benefits are apparent to the eye, and you can see from day to day the improvement made.

The wonderful success of Dr. Chase's Ointment in the cure of eczema, salt rheum, psoriasis and all sores and wounds is sufficient proof that it is bound to be satisfactory in the treatment of the less severe diseases of the skin. 60 cents a box, at all dealers, or Edman, Bates & Co., Limited, Toronto. Sample box free if you mention this paper.

Many city farmers make a specialty of sowing wild oats.

SETTLEMENT OF STRIKE A HELP TO PARRSBORO

Springhill Duilness Had Been Reflected in Shipping Port

St. John Development of Much Interest There—A Town That Needs No Sewerage System—Train and Mail Service Handicap—Becoming Very Popular Summer Resort

The people of the town of Parrsboro are greatly pleased at the settlement of the strike at the Springhill mines. The shipments of coal through that port have been much reduced during the period of the strike, and the duilness at Springhill was to some extent reflected in Parrsboro. The citizens of the latter town hope that not only will there be in a short time as great activity as formerly, but that there will be a steady increase and a further development of the coal shipping facilities.

Parrsboro is also interested in the developments which are taking place in St. John. Because of its location, the Nova Scotia town has more in common with Halifax than with Parrsboro. Its people, therefore, read with great interest the accounts of the forward movement in this city.

The duilness in shipping is felt in Parrsboro because that port has seen the building of many vessels. It is stated that this year, for the first time in thirty years, no vessel is on the stocks to be registered in Parrsboro. There are many well-to-do citizens in the town who made money in lumber and shipping. The lumber trade is still very extensive, and large quantities of deals are being brought to the wharves daily to be carried by vessel to West Bay and there loaded on large steamers. A number of the lumber firms having offices in Parrsboro suffered some loss in the recent brush fire.

Parrsboro is the home of quite a number of retired sea captains, who have sailed the seven seas in their time, and have brought to the home town souvenirs from many lands. One meets them about the streets, and they are able to spin many an interesting yarn of experience in various parts of the world.

Town Needs No Sewerage System

An interesting fact about Parrsboro is that it does not require a sewerage system. The town is built on what was once a sea beach, and it is only necessary to dig down a few feet to strike that porous beach, which absorbs sewage and makes it unnecessary to do more than dig cess-pools instead of laying sewer pipes. The town has an excellent water supply, and also a good electric lighting system. One advantage resulting from the porous nature of the soil is that the streets of Parrsboro are dry almost immediately after a rain storm.

The town is somewhat at a disadvantage with regard to mail service. There is but one passenger and mail train in and out of the city each week. This train leaves Parrsboro at 9:30 in the morning and returns about 4:15 p. m. The St. John and Halifax evening papers of one day reach Parrsboro along with the morning papers of the next day. The citizens therefore must wait until nearly 6 o'clock in the afternoon to get the news of the day.

The visitor to Parrsboro at this season is surprised that there is not a large summer hotel at The Beach, which is about a mile from the centre of the town, faces the bay, and is a beautiful spot. The hotel on the broad waters of Minas Basin. There was a summer hotel of small dimensions on this beach, but it was destroyed by fire and not rebuilt. Some day a great hotel will rise there, and Parrsboro will be a very popular summer resort. The Prince Albert, a very comfortable little steamer, makes a round trip daily between Parrsboro, Kingsport and Wolfville, and on a fine summer day no more delightful trip can be imagined.

A largish factory was established in Parrsboro a few years ago, but it was not immediately successful, and those who had invested their money decided to pocket their loss rather than continue the plant in operation in the hope that success might eventually be achieved. A few small factories in the town would be of great benefit. There are some excellent stores and good local hotels. While there is not an automobile association in the town, the owners of the ten or more cars to be seen on the streets, are paying considerable attention to road improvement, and last week devised a novel plan to make the roads better. Three of them took on board their cars a small army of boys armed with rakes, and went out over the roads within a few miles of the town. The boys raked off all the loose stones, and greatly enjoyed the picnic; while the owners of the cars felt that they would encounter much less difficulty in future trips whether for business or pleasure.

IS THINNESS EMBARRASSING?

Undoubtedly It is to Many a Maiden and Youth—While Even These Well Along in Years Prefer Well Rounded Figures

Prescription Increases Weight

A scrawny, gangling youth or maiden is almost invariably slighted, overlooked or ridiculed in any social gathering. There is something about a plump or well proportioned figure which attracts not only friendship, but love and adulation as well. People with a proper amount of flesh are favored in all walks of life, while the thin are unloved, unwept and frequently miserable for life. The difference lies in the power of the digestive functions and the ability of the blood and nerves to absorb and assimilate from the food eaten.

The thin person is deficient and lacks the power to absorb and retain the flesh and fat elements which are gastric juices in the stomach and intestines should extract or separate from all kinds of food and drink.

A recent accident discovery has proven that lactine codliver oil blended with certain other drugs, will add from one to three pounds of flesh per week during treatment, while the general health and strength also improves wonderfully.

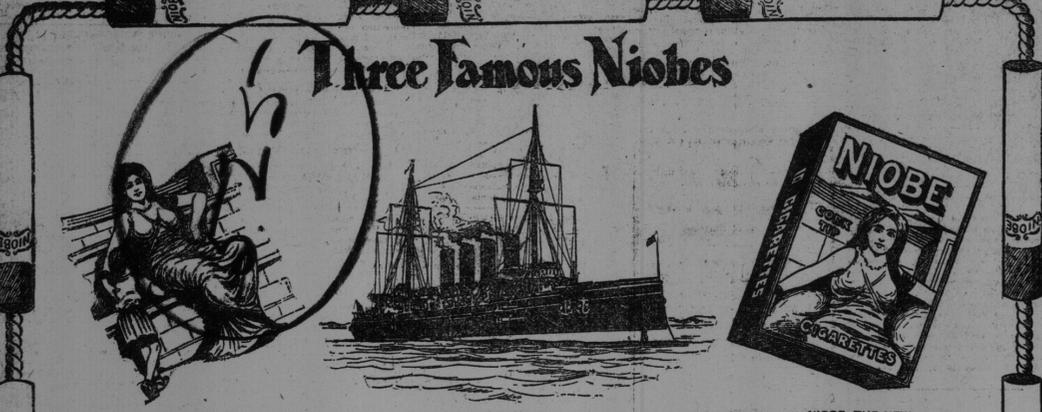
Get in a half pint bottle three ounces of essence of pepsin and three ounces of syrup of rhubarb; then add one ounce compound essence codliver oil; shake and stand two hours; then add one ounce tincture cadomene compound (not cardamon). Shake well and take a teaspoonful before and after meals, drinking plenty of water between meals and when retiring.

A HOLIDAY OUTING.

A few members of the Blue Ribbon Club spent a very pleasant time on the king's birthday at Mrs. McKinnon's Beach Village road. They brought home with them a few dozen trout. The house was neatly decorated with flags. The Blue Ribbon Club members spent a very pleasant day and returned to the city early next evening.

About fifty boats of the St. John Power Boat Club took part in the cruise to Bedford on Saturday, returning last night. They left at 9 a. m. Saturday, when the Lt. Commodore George's boat, piloted out with them going to Fredericton. The R. K. Y. C. fleet in fairly large number cruised about the Beach, the most of the owners of the yachts spending two days with them on the river.

Three Famous Niobes



NIobe, THE GREEK GODDESS

NIobe, THE FIRST OF THE CANADIAN WARSHIPS

NIobe, THE NEW TURKISH CIGARETTE

WHEN the Canadian Government cruiser "Niobe" first arrived at Halifax, it marked an event in the history of the Dominion, for she is the first warship of the Canadian navy and was purchased from Great Britain at a cost of over \$1,000,000. The launching on the Canadian market of a cigarette of the same name, is of interest to smokers. The Niobe is a new Turkish cigarette sure to become popular, because it is a perfect blend of unsurpassed excellence of flavor—delightfully mild.

DR. A. W. GINS'S CATARRH POWDER

Improved Balm for the relief of Catarrh of the Bladder, Uterus, and Vagina. It is a powerful antiseptic, and its use produces a relief of the most rapid and permanent character. It is sold at all drug stores, or by mail from Dr. A. W. Gins, 100 King Street, St. John, N. B.

CHILDREN'S SHOES

ECZEMA IS CURABLE

In Every Case Where My Remedy Fails it is Supplied Free of All Cost

In making this statement I back it up with my promise that if my remedy does not substantiate my claim in every particular, I will without question or quibble, return every cent on paid for it. I take all the responsibility upon me.

I strongly recommend Reall's Eczema Ointment, which is a most remarkable cleansing, antiseptic, and soothing and healing quality. It is grayish-white emollient with a pleasant odor, and very cleanly to use. The first application produces a relief of the most rapid and permanent character. It is sold at all drug stores, or by mail from Reall's Eczema Ointment, 100 King Street, St. John, N. B.

It is intended to be applied with a piece of muslin or linen or it may be applied and allowed to dry in. It affords very prompt relief for pimples, blotches, discolorations, ringworm, acne, tetter, barbers' itch, ulcers, insect bites, nettle rash, hives, sores and wounds.

Reall's Eczema Ointment relieves itching and irritation of the feet. It is ideal for the treatment of children who are tormented with itching, burning and disfiguring skin diseases. Try a box at my risk. Two sizes, 50c. and \$1.00. Remember, it is only sold at my store—The Reall Store, Chas. E. Wasson, 100 King Street.

Robert S. Gourlay, president of the Toronto board of trade, accompanied by Mrs. Gourlay, came to the Royal on Saturday. His visit is in connection with business.

N. J. LAHOOD
282 Brussel Street
Corner Hanover