

After All

It's value in the make and material which gives satisfaction to the customer. Our Progress Brand is made with this end in view and our prices are lower than you can get elsewhere.

UNION CLOTHING CO.

26 and 28 Charlotte Street
ALEX. CORBETT, Manager

"AS A MAN SOWS."

BY HELEN WALLACE

Author of "THE GREATEST OF THESE," "THEIR HEARTS' DESIRE, ETC."

(Continued)
"I do I ever do anything just now, but try to take it all in," laughed the girl with a little swing of her hand round. But the laugh was nervous, the gesture lacked spontaneity, and perhaps it was the touch of constraint, but now Conyers noted the little change of her voice. Till now he had been too absorbed in herself, in what she said, to heed very much how she said it. The old distinction of voice and tone were still there, but they seemed slightly overlaid by a certain stirring commensurate of accent. After all, it was only a trifle, and was accentuated, no doubt, by her lack of ease with Sir David, for father and daughter had evidently not yet drawn together as the mother and daughter had done.

"I think I heard your mother asking for you," said Sir David, and Isabel turned and with a shy smile to the two men, went away down the terrace.
Both involuntarily watched the white figure till it disappeared, and the angle of the house. Her slight, fluid movements had always been looked on as graceful, and now there was a hesitancy in the poise and carriage which to Basil's eyes seemed to suggest a story of some kind—somebody must have set store by it once upon a day.

Sir David's eyes had shifted from the James lazily looking round the fresh wood to the Stormont coat-of-arms, carved in the centre of the chimneypiece.

"No," he said, while his finger slowly traced the outline of the branching oak. "It has led to nothing—yet. I have been making inquiries, of course, but quietly. In fact, my wife is not very anxious."

"Quite right," said Conyers, heartily. "I think the whole thing should be dropped now, and we should try to forget it, as Isabel has done. We've got her back again, her own sweet self, and more—"

"No, there are some things we can't forget—there are honor and duty! Your father was at school with me, Basil. Sir David stood for a moment leaning against the carved chimneypiece and absently pushing the billets of wood further into the blaze, while Conyers's eyes, wandering idly round, rested on the paper-covered writing table. Surely it was in some other existence he had sat there with Sir David, hopelessly turning over these futile letters. A whole lifetime of new experience, of throbbing passion, of eager hope seemed already to separate him from these dark days, but a chill fell on his mood as he glanced at his old friend's drooping attitude and clouded face.

"What a change since last time we were in this room together!" he said aloud, giving vent to his feelings as far as respect permitted. "Only to know that my cousin was alive would have seemed everything then, but now not only to see her safe and well, but so—so changed—oh, I haven't any words for it—but you know what I mean—it's like a sort of new heaven and a new earth all at once," he wound up in shame-faced fashion, becoming, like his close and kind, particulate when he tried to put any strong feelings into words.

JACK SPRATT.



Jack Spratt could eat no fat;
His wife liked fat and cakes.
Said Jack: "On this issue,
Let's eat to make tissue—
We'll build up on

Toasted Corn Flakes

"The Flavor That Grows in Favor."
Sanitas Toasted Corn Flakes agree perfectly with the most delicate stomach. Try it with milk, cream or fruit juices to-morrow morning. It will always taste good to you, no matter how much you eat. Order it today.

Yours Greater Seller Is.
Battle Creek Toasted Corn Flake Co., Limited
LONDON

Daily Fashion Hint for Times Readers.



A MAGPIE CREATION OF TAFFETAS AND LACE.

Numbers of well-dressed women are wearing costumes this season in the ever fashionable magpie combination. Plain black unrelieved by white or some light color is very trying to the majority of women, but set it off with delicate white lace, net or chiffon and it is rarely unbecoming to any woman. Especially is this true if the costume be one of the fashionable jumper models wherein the white is confined to the bodice and worn next to the skin. The picture is a striking model of black taffetas, handsome black lace appliques and fine white lace. The design is really very simple, but the materials are such that the finished effect is one of

abandon and elegance. The skirt, slightly gathered into the crushed pleat which joins it to the jumper waist, is inset with the black lace in deep Vandyke points to the knees, these points coming on the sides, the space between being banded with stitched folds of the taffetas. The simple jumper is made of the taffetas and lace with a guimpé of white reppose lace over white chiffon and trimmed with tiny buttons of silver soutache braid. The Japanese or sling sleeve of the taffetas is edged with lace and lined with white chiffon on which are mounted numerous little white lace ruffles. The waistline is lifted several inches in the back, to give the fashionable empire effect and the skirt is quite long all around.

mind—not that I believe it could have harmed her any more than the mud at the bottom of Loch Van can stain the whiteness of the lilies floating above. God knows, I'd put her peace and happiness before all else, and if it were to harm Sir David, I would not speak; but don't put further hindrance between us, don't urge indefinite delay. I couldn't bear it—now—for since I looked in her face today I can't explain it, but the world is changed for me."

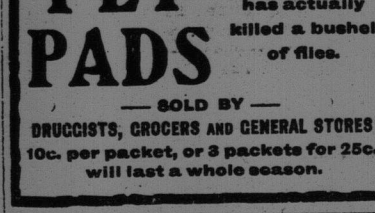
"Wait a while at least," he said, in a changed voice, "till Christmas; that is not much to ask. Promise me."
"Till Christmas!" echoed Conyers. "Oh, impossible! This is only September. Why we should have been married before Christmas, and now you ask me to wait till then even to speak to her. It is too much. I can't! Bluntly."

"But you must—with the sudden violence of an immediate nature pushed to extremes. You don't know—you don't understand; it's for your own sake. You may thank me yet though God forbid. I certainly don't understand," broke in Conyers, "above all, why it should be for my sake. Have I not said already—then something in the old man's face made him pause—something in the eyes, wild and yet shy. 'Well, be it so,' drawing a long breath—'till Christmas; but you are setting me a hard task—a task that may be too hard for me yet!'"

"At least I have done what seems to me the right thing," said Sir David, as if he had not heard the last words, and, sitting down in his writing chair with a heavy sigh, whether of relief or regret it would have been hard to say. He seemed to speak to himself rather than to Basil, and after lingering a moment the young man left the room, feeling perplexed and doubtful. What was wrong? Was his old friend's mind in some way affected by the terrible strain? Why should he be the only face at Stormont without a smile?

Left alone, Sir David sat staring before him for a while, his tall figure slumped together, his head bowed. Then he raised a flap in the table before him, revealing a nest of tiny drawers. His restless fingers worked busily for a moment, then opening the lowest drawer, he slipped his hand to the back and apparently touched a spring, for another drawer, cunningly contrived, slid out from beneath. He averted his eyes for a moment and then looked, as if against his will, into the little box. There were merely some letters and the little Testament.

(To be continued.)



WILSON'S FLY PADS
One packet has actually killed a bushel of flies.

SOLD BY DRUGGISTS, GROCERS AND GENERAL STORES
10c. per packet, or 5 packets for 25c. will last a whole season.

Sickly and Nervous Women are greatly benefited by three wine glasses daily of



WILSON'S INVALIDS PORT
SOLD BY ALL DRUGGISTS.

Safest Medicine for Women's Complaints

Women certainly do neglect themselves. They work too hard—over-tax their strength—and then wonder why they suffer with diseases peculiar to their sex.
Most cases of female trouble start when the bowels become inactive—the kidneys strained—and the skin not cared for. Poisons, which should leave the system by these organs, are taken up by the blood and inflame the delicate female organs.

Fruit-a-lives

on (FRUIT LIVER TABLETS.)
remove the CAUSE of these diseases. "Fruit-a-lives" sweeten the stomach—make the bowels move regularly every day—strengthen the kidneys—improve the action of the skin—and thus purify the blood.
"Fruit-a-lives" take away those distressing headaches, backaches and bearing-down pains, and make women well and strong. "Fruit-a-lives" are fruit juices, intensified, with tonic and antiseptic added, etc. A box for \$2.50. At all druggists—or from Fruit-a-lives Limited, Ottawa.

ROPE BROKEN, WHITE RAT SPRINGS PULLEY OF FLAG POLE AT BOY'S COMMAND

NEW YORK, Aug. 9.—The hazardous but lucrative trade of "steeples Jack" has been usurped in Jersey by a small white rat.

Edmund P. Condit, a wealthy resident of Verona, gave a birthday party to a dozen young friends of his nine-year-old son, yesterday. When he attempted to celebrate the occasion by raising an American flag to the top of the thirty-foot staff that has stood by the lawn for years, the pulley rope broke. The pole was too frail to permit of even the slightest climbing up to pass another halyard through the pulley at the top.

"Me and Jimmy'll fix it for you, Mr. Condit," piped up Abie Wolff, a neighbor's son, and he scooted off to his father's barn, returning with a little white rat clinging to his shoulder.

Abie uncoiled a ball of twine, put the loose end in "Jimmy's" mouth and sent the little animal climbing up the pole; but when he reached the pulley he didn't know what to do next.

Abie found another pulley, called the white rat down and spent ten minutes teaching him to run back and forth through the contrivance with the twine between his teeth.

Then he sent "Jimmy" up the pole again, and this time the rat, without a moment's hesitation, tried to get through the pulley. The hole was too small, but "Jimmy" deliberately took the string in his mouth, passed it through the small opening, caught it with the other paw and scrambled to the ground with it.

A rope was swung through the pulley with the aid of the twine halyard and "Jimmy" munched happily of the biggest piece of cheese he had ever seen at once.

"The demand for candy is increasing, and this is a hopeful sign. Statistics show it has increased more than 500 per cent in the last three years. This demand for candy on the part of such a restless, nervous people as Americans is to my mind easily explainable. A person of nervous temperament necessarily expends a great amount of animal force, which is more

CANDY CURE FOR LIQUOR HABIT

Health Chief Feeds Children Sweets to Avoid Future Whiskey Drinking.

PHILADELPHIA, Aug. 8.—According to Dr. A. C. Abbott, chief of the bureau of health, appetite for candy and for alcohol are kindred, and the taste for sweets precludes a craving for liquor. In pursuit of his theory he makes a daily regular allowance of candies to his children to fortify them against the dangers of the other craving later on.

In a dissertation upon Dr. Abbott's belief Dr. J. Shalmers De Costa, the surgeon, advances the theory that twin appetites are a matter of temperament. The blonde will hanker for candy and the brunette for alcohol. This, he says, is because the brunette is more vital.

It is also asserted that with increasing freedom women are buying less candy and more liquor, and that men are using more candy.

"It is only my personal theory," said Dr. Abbott, "not indorsed by any medical authority, that the appetite for candy and the appetite for alcohol are fundamentally the same, the choice of one or the other being determined by the temperamental qualities of the individual. Both sugar and alcohol are carbohydrates, with the same organic molecules, differing only in arrangement, and it is in my mind probable that they both administer to the same organic craving."

"The appetite for sweets, developed, therefore, will take the place of the appetite for rum."

"The demand for candy is increasing, and this is a hopeful sign. Statistics show it has increased more than 500 per cent in the last three years. This demand for candy on the part of such a restless, nervous people as Americans is to my mind easily explainable. A person of nervous temperament necessarily expends a great amount of animal force, which is more

A Boon to the Bilious

Are you compelled to deny yourself many wholesome foods because you think they make you bilious? Do you know that your condition is more to blame than the foods? Your liver and stomach need attention more than the diet. When you find yourself suffering with a bilious attack, take

BEECHAM'S PILLS

and all annoying symptoms will soon disappear. They settle the stomach, regulate the liver and exercise the bowels. Their good effects are felt immediately.

Beecham's Pills mingle with the contents of the stomach and make easy work of digestion. The nourishing properties of the food are then readily assimilated and the residue carried off without irritating the intestines or clogging the bowels.

Beecham's Pills should be taken whenever there is sick headache, furred tongue, constipation, allow skin or any symptoms that indicate an inactive liver.

Sold Everywhere. In boxes 25 cents.

readily supplied by such a readily oxidized carbohydrate as sugar or alcohol. For that reason I consider the child's appetite for sweets thoroughly normal. All young animals like sweet things."

O'Leary showed a piece of real game wren in the ninth. A hard liner he nearly hit him hard, but he regained the ball quickly enough to throw out the runner. Then he fell to the ground in a faint.

Shine the leather, not the polish.

Old style paste polishes, fill up the pores of the leather of your shoes and form a false surface. It is this caked-on blacking that you shine, not the leather, so it stands to reason that the shine won't last long.

In the meantime the leather underneath this false surface is rotting and cracking—the blacking is ruining your shoes before you get their legitimate wear out of them.

Packard's Special Combination Shoe Dressing is a leather food—it feeds the pores of the leather with the oil that keeps it soft and pliable, and prevents it from cracking. Packard's Combination is a liquid and paste—the liquid dyes your shoes a dead black, the paste gives the leather a brilliant shine.

Rubbing the dressing off your shoe gives the leather a lasting polish, and leaves the pores open so your foot can breathe.

Packard's Special Combination Shoe Dressing doubles the wear of a pair of shoes. We've proved this by actual test. Why don't you prove it for yourself. For black and tan shoes.

Price 25 cents for liquid and paste.

Packard's Special Combination Shoe Dressing

Poor Blood

is the cause of nearly all sickness.

COUNT ST. MICHEL TONIC WINE

contains all the elements required to enrich and purify the Blood.

Wholesale by McIntyre & Co., Ltd., Comau & Sheehan, Richard Sullivan & Co., J. O'Regan and all Wholesale Druggists.

SUITS FOR FALL WEAR

We would like to show you the NEW FALL CLOTHS just in. This is the most extensive array of correct Fall fabrics we have ever offered.

You would be hard to please indeed if you could not make a quick selection of an exclusive pattern from this unusually attractive showing.

Our suits are famous for perfect fit and fashionable appearance. While our suits are built to retain shape and render long service, we make no extra charge for pleasing you.

Call in when you're passing by

A. R. CAMPBELL & SON,

Up-to-date Tailoring. 26 Germain Street.