

2. The issuance of a carefully arranged series of letters or circulars on health topics to policyholders.
 3. The establishment of a health magazine or bulletin.
 4. The arranging for a series of public health lectures in various cities and towns with or without the co-operation of State or local health authorities. Some of these lectures to be published.
 5. To use all the time, systematically, the tremendous educational power of the press.
 6. Conjoint work with State and City Health Departments.
 7. Conjoint work with all organizations interested in public health work.
 8. The securing of more uniform and better health laws.
 9. The establishment of a National Department of Health.
 10. To aid in securing adequate appropriations for health work.
 11. The free re-examination of all policyholders. This opens a tremendous field of work.
 12. A special investigation of the causes of pneumonia, Bright's disease, diabetes, apoplexy and cancer.
 13. Making available that great storehouse of experiences now in possession of Life Insurance Companies—a gigantic collection of facts of incalculable value.
 14. Educate—Educate—and again Educate.
- Fraternal organizations could also well join in this grand army of health.

Dr. Chas. J. Hastings, Medical Health Officer for Toronto, plans to make the Health Department of this city one of the best arranged and best administered on this continent. Dr. Hastings' first step was to secure a competent head for the laboratories, and reforms were immediately put in force, notably in connection with diphtheria swabs, which have commended themselves to the profession and citizens generally.

Having secured an appropriation of \$159,000, which is \$67,000 more than spent in the previous year, Dr. Hastings now proposes to organize bureaus in the department. There is to be a secretary of health, who will look after all correspondence, publicity and public health legislation; a bureau of vital statistics; a bureau of contagious diseases; a bureau of food inspection; a bureau of sanitation; a bureau of hospital and ambulance service, and a school for sanitary instruction.

This comprehensive reorganization will make Dr. Hastings' Department one of the most important at the City Hall, and its organization gives strong evidence that Dr. Hastings does not mean to rest content with being just Medical Health Officer. It evinces a progressive spirit, which will mark his administration as capable to the very best degree.