## Houses for Sale By J. CRADOCK SIMPSON & CO.

- GREY NUN STREET—A large substantial stone property occupied as warehouse and factory, with boiler and engine complete. Would be sold at less than corporation valuation, to close an estate. Particulars at office. (765-3).
- GUY STREET—Five choice lots, vetween Dorchester and St. Catherine streets, size ranging from 23 feet 3 inches to 24 feet 9 inches front and 145 feet to 161 feet deep; very few lots left in this locality. (345-a).
- GUY STREET—Three good building lots, above Dorchester street, each 25 feet 3 inches front; very few vacant lots left in this section. (297-a).
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- KNOX STREET—A good building lot 46 feet by 90 feet, near Charlevoix street. Price 25 cents per foot. (35-B).
- LE ROYER STREET—A very desirable building lot for warehouse, etc.. 34 feet by 60 feet. No waste ground. (79-3).
- McGILL STREET—That fine block of land having four frontages, McGill, Grey Nun, Common and Youville streets, and containing an area of over 46,000 feet. Suitable for warehouses, cold storage, or public buildings. Reasonable offers solicited. (125-B).
- GUY STREET—Several fine lots just above St. Catherine street. Frontages of various sizes and depth from 100 feet to 172 feet.
- MILTON STREET—A choice piece of land near University street having a frontage of 110 feet by a depth of 124 feet. Will be sold free of special tax at a reasonable price. 32-B).
- MONTREAL JUNCTION—18 choice lots situated near the station, would be sold en bloc or separately. (183-a).
- NOTTRE DAME STREET—A lot of land near Mountain Street, 47½ feet front by 85 feet 8 inches deep, with the wooden buildings thereon occupied as shops. Price \$7000. (98-8).
- NOTRE DAME STREET—A block of land with a frontage of 102 feet by a depth of about 458 feet, with solid cut stone house 40 feet square, and a two-story frame building 40 feet by 100 feet formerly used as workshop. Excellent situation for contractor; house is in good order;

fith, of Brooklyn, has in his possession a written direction for diet and general physical treatment, written by Sir Andrew Clarke in 1876. It is minute in its particularity, and, altogether, unlike the usual prescriptions that was then recognized by the profession as the proper way to cure a man or kill him.

Dr. Clarke's directions were written for the benefit of a patient of an excitable temperament, suffering from nervous prostration brought on by overwork. Instead of prescribing potash and other sedatives, he earned his 50 guineas by writing out a few simple rules, which were followed with great benefit to the patient. They are plain enough for a child to follow and hold as good now as when they were written, and are reproduced verbatim for the benefit of all those who may feel the need of them, and with the conviction that they are sensible and wise. This is Dr. Clarke's instruction for a man aged 29, nervous temperament, fairly well nourished, great waster of nervons energy in business transactions, and given occasionally to over-indulgence in alcoholic stimulant:

Tepid sponge with vigorous friction on rising. Breakfast—Bread and butter, with two eggs or fresh fish, or co'd chicken or game, and at close of meal one cup of tea not infused longer than three minutes, or one cup of cocoatina.

Lunch—The lean of a chop with bread and a glass of water.

Dinner—Fish, with chicken or game or meat, mashed potato, fresh green vegetables, and if desired a little milk pudding. Drink one or two glasses of claret or still Moselle, in water.

No tea or coffee after dinner.

On awakening in the morning and on going to bed, sip a little fresh cold water.

Walk half an hour twice daily, retire to bed at 10 and take nothing but what is here set down.

Now, if you do not feel like the smart Yankee hired man who gets up whistling every morning; if you are irritable, and feel annoyed when people brush against you on Broadway; when you are easily awakened out of your sleep, and your appetite is as whimsical as your temper, try Sir Andrew Clarke's advice. It can do you no harm and the chances are that it will do a great deal of good.—Mail and Express.

## THE CARE OF LAMPS.

In a certain household that I know, says a writer in the Boston Journal of Commerce, the lamps are a source of the greatest delight and comfort, for they are always spotlessly clean and they give a light that could not possibly be

- heated by hot water furnace. (60-B).
- FOTRE DAME STREET—Two stone front shops, with dwellings above; heated by hot water furnaces, dwellings have nine rooms each; newly built. City valuation \$12,000, will sell for \$10,500. (755-3).
- NOTRE DAME STREET—A fine corner business property in the best section west of Chaboillez Square comprising three stores and dwellings always rented. Rental aggregate nearly \$2200. (735-8).
- NOTRE DAME STREET—Two very desirable lots in the best part of St. Henry, each 30 feet by 94 feet. Low price to a prompt buyer. (9-B)
- NOTRE DAME STREET—A good stone front warehouse, near McGill street, 30 feet front, splendid situation for any kind of wholesale business. (688-3).
- NOTRE DAME STREET WEST—A block of land with a frontage of about 400 feet on Notre Dame street to a street in rear, and 175 feet on Cote St. Paul Road. Suitable for sub-division. (221-a).
- NOTRE DAME STREET—Twelve building lots each 30 feet front in the best part of St. Henry. (611-8).
- NOTRE DAME STREET—Two of the best stone stores on the street; central locality; the lot is 52 feet by 120 feet, and the buildings are 52 feet by 100 feet, in A1 order. Particulars at the office. (105-B).
- PAPINEAU AVENUE—A block of land with a frontage of about 200 feet by a depth of 155 feet on Lafontaine street. Splendid manufacturing site. (441-a).
- PARTHENAIS STREET—Nine good building lots, near Ontario, each 38 feet front, 15 cents per foot. (112-B).
- ROBERVAL STREET, HOCHELAGA—A number of fine lots immediately adjoining the bridge works and the Canadian Pacific Railway. Suitable for workmen's dwellings or a factory site. A low price will be taken. (99-3).
- RICHELIEU STREET—Thirty good building lots ranging from 20 feet to 30 feet front. Price 50 cents per foot. (611-3).
- RICHMOND STREET, corner of Basin street—A large property with two street frontages and lanes on the