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COCOA

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The Faultfinders.

Three men took joy in finding fault,
And thus it came to pass
The gods upon each one of them
Bestowed a piece of glass.

The fool contrived of his a lens
Wherein to gloating eyes
The smallest blot that could be found
Was magnified in size.

The just man made of his a pane
All clear without a flaw;
Nor summer sun nor winter rain
Affected what he saw.

The wise man pondered long and well
How best the search to aid;
Then taking up the crystal gift,
Of his a mirror made.

—New York 'Sun.'

Health and Happiness.

Don't anticipate trouble.

Don't gossip; have faith in God, in humanity and in yourself.

Don't imagine every cloud you see is going to bring up a cyclone.

Fill every day brimful of sunshine for some one else, and much of it will be reflected on you.

Make the best of what you possess; enjoy it; be happy to-day; don't put it off until next year.

Take a little rest now and then; enjoy your friends; don't scold; keep your thoughts pure.

Take a sponge bath every morning in cold water, and rub briskly with a crash towel for ten minutes; take moderate exercise and plenty of fresh air.

Cleanliness, purity, fresh air, faith and calm consideration are the best of life-preservers.—Selected.

Selected Recipes.

TOWN PUDDING.—Chop six ounces of suet finely. Mix in half a pound of fine bread crumbs, half a pound of chopped apples, weighed after being peeled and cored, six ounces of

moist sugar and a little grated lemon rind. Press the mixture tightly into a buttered mould, tie a floured cloth over the top and boil for four hours. No moisture will be needed. When done, let the pudding stand a minute or two, turn out carefully and serve with sauce.—Exchange.

BAKED SWEETBREADS.—Parboil the sweetbreads, split and season. Strain the broth in which they are cooked into a baking-pan, lay in the sweetbreads, dredge with flour, and dot with bits of butter. Bake in a hot oven twenty minutes, or until a delicate brown. Baste frequently with butter. If preferred, they may be larded as follows: Draw thin slices of salt pork about the size of a wooden toothpick through the sweetbreads after cleaning, before they are parboiled. Take deep, long stitches, or they will break out. Have ready some peas nicely cooked and seasoned, place the sweetbreads in the centre of the dish, pour over them a gravy made of the drippings in the pan, put the peas around, and serve; or heap the peas in the centre of the dish, and lay the sweetbreads around.—Selected.

Religious Notes.

The fourteenth annual meeting of the conference of the Foreign Mission Boards of the United States and Canada was held in Philadelphia, January 9 and 10.

The first session began, after devotional exercises, with a paper upon the Laymen's Missionary Movement by President Capen, of the American Board. In outlining the new movement Doctor Capen said:

This is not a new missionary board to collect or administer funds; it is not a movement to raise up and send out missionaries; not to seek to use its influence among young business men, students or women; not an interdenominational movement to make a new missionary brotherhood. It is:

1. A promoting agency to facilitate work already under way.
2. A missionary movement to reach the whole world in this generation.
3. It is a laymen's missionary movement. It is for the mature business men of to-day who now have in hand the money which they can give if they will.
4. It is an effort to get all denominations to work more closely together than ever before.

How can this be done?

First, by having a large central committee. Secondly, it is the purpose to work through existing organizations wherever possible.

Thirdly, we recommend to foreign mission boards the organizing of campaigns to arouse interest.

Fourth, by devising some plan to get men to pledge themselves to positive obligations toward mission work.

Fifth, by reaching mature business men through parlor conferences and dining-room caucuses.

Sixth, possibly by dividing missionary work among the local churches the laymen may underwrite the budget.

Seventh, by having an agreement among laymen to devote a few moments at a certain hour of the day to silent prayer for missionary work.

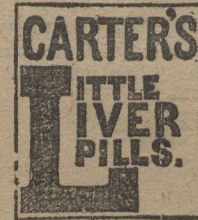
Eighth, by publishing and distributing leaflets containing short, pithy facts about the movement.

Ninth, by sending a commission of laymen abroad at an early date to inspect our missions.

Tenth, by the gradual union of men of all denominations into a great missionary party.

An important work of the Conference was the appointment of the new Committee on 'Reference and Counsel' (to take the place of the former committee on 'Reference and Arbitration'), with the Rev. Dr. Arthur J. Brown of New York as chairman. Its chief work will be the prevention of the overlapping of enterprise; the division and allotment of new fields; united effort in common cause against the sale of opium in China, the treatment of the Koreans by the Japanese; the atrocities in the Congo; and the creation of public sentiment in favor of foreign missionary endeavor throughout the English speaking countries.

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REFUSE SUBSTITUTES.

At this conference among the main topics discussed were: The Force Needed for the World's Evangelization, The Independence of the Native Church, The Press and Missionary Intelligence, and The Next Ecumenical Conference. Secretary Barbour, of the Missionary Union, presented the report of the Committee on Russia. The conference agreed unanimously to forward to President Roosevelt, the United States Senate, and King Edward, an appeal on behalf of the stricken people of the Congo State. The appeal is made in the name of forty missionary organizations, whose work is carried on in all sections of the world, and the petition interprets the sentiment of their constituency of upward of 20,000,000 of Christian men and women.



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