# am Plates.

maker should kee Book of our Patwill be found very

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with Long or 34 Length

odel has many good e finished in low sleeves in full or e tucks over front equires 3¼ yards

erials for any of these procured from AYRE Samples on request. number. Mail orders

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orduroy, pique, gn will be equalaping of the re-most novel and too, has excellent jacket pattern is 38, 40 and 42 The skirt in 5 equires 71/2 yards for the medium hich will be mailed to receipt of 10c. for silver or stamps.

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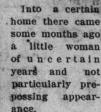
the above-mentioned r directions given below.

are to cut out the illussend with the coupor, d out. The pattern canin less than 15 days. ch, in cash, postal note, Address: Telegram Pat

E, anywhere, Be your own boss. Set t. Tells Icw. Heacost

#### A Modern Miracle.

BY RUTH CAMERON.



of uncertain particularly prepossing appear-

She was an elderly cousin of the father of the family. Her hushand and all her children had died

ree," and she was practically penniless, this man felt it his duty to offer

She had had a rather narrow life in small country town; she had never ravelled much; she had worked hard her days at that famliar woman's task of trying to make "two hundred cllars do the work of nine." Furmore, she was a plain little wohad quiet manners and wore the pliest of clothes. Naturally, the city family who received her, although they made up their minds to be kind and good to her, did not expect to find got the best they had to give.

That was five months ago. And this what has happened. She has beome the intellectual centre of that family. The father talks politics with er, while his wife listens, feeling alack to old campaigns with which she nan, actually is forced to admit that she has a better grasp than he. The on, who is a college senior, finds her only an interested but an intellihemistry in which he is "majoring." The daughter, who is reading Tenny-

Into a certain | son in high school, is surprised to find home there came that "auntie" can tell her more about some months ago the great poet than the teacher her-

> significant appearing little 'woman that he was soon addressing most of

It sounds like a fairy story, doesn't it? But it isn't at all. It's just a little account of what, a woman who would not be held down by the restriceaving her "the last leaf upon the spiring environment, was able to make out of herself by reading and study-

> As a girl, this woman had only high school education; but she had a keen mind and a desire to learn, and instead of giving up all reading after marriage, except the magazine storie and occasional popular novel, she simply kept on reading things worth while. She had one city newspaper every day: she had one first class re view, and two of the best magazines and she had the resources of the town library; and out of all these she

As a consequence, she is to-day thoroughly well informed woman; she is in touch with the topics of the day she is keenly interested in politics; she follows all the important scientific discoveries: she is ardently interest ed in the theories of the political economists: she reads biography; she astonishingly familiar; they weigh stead of being a nondescript addition likes the best in literature, and inthe issues of the day, of which he, a to this family of younger people, she has awakened and stimulated them.

on this little story. That would be



#### NO ONE STRONGER THAN HIS STOMACH.

The celebrated Dr. Abernethy of London was firmly of the opinion that disorders of the stomach were the most prolific source of human ailments in general. A recent medical writer says: "every feeling, emotion and affection reports at the stomach (through the system of nerves) and the stomach is affected accordingly. It is the vital center of the body \* \* \* \* ." He continues, "so we may be said to live (through) the stomach." He goes on to show that the stomach is the vital center of the body. For weak stomachs and the consequent indigestion or dyspepsia, and the multitude of various diseases which result therefrom, no medicine can be better suited as a curative agent than can be better suited as a curative agent than



Dr. Pierce's Golden Medical Discovery. "Several months ago I suffered from a severe pain right under the breast-bone," writes MRS. G. M. MURKEN, of Corona, Calif. "Had suffered from it, off and on, for several years. I also suffered from heart-burn, did not know what was the matter with me. I tried several medicines but they did me no good. Finally, I was told it was my liver. I did not dare to eat as it made me worse. Whenever I swallowed anything it seemed that I would faint—it hurt so. I grew very thin and weak from not eating. Was told to take Dr. Pierce's Golden Medical Discovery. I took five bottles of it, and could feel myself getting better from the first dose. I could eat a little without pain and grew strong fast. To-day I am strong and well and can do a big day's work with ease. Can eat everything and have put on fiesh wonderfully. I will say to all sufferers write to Dr. Pierce. He has my undying gratitude."

Buttering bread or cracker on which cheese is to be toasted improves the flavor. Mixing paprika with the butter is also good.

When serving any of the rich cheeses like Brie, Gorgonzola or Roquefort many hostesses now pass cream cheese or some milder cheese

Have you tried cheese balls rolled in egg and bread crumbs and fried in boiling fat? They are delicious when served with lettuce hearts and Virginia ham.

A length of strong wire fastened by two nails driven in the wall above the shelf of pots and pans makes a very neat and convenient support for tin

Did you ever fill celery stalks with

ply delicious. When bedguilts or blankets are too short, sew a stout piece of cloth to one end. This can be tucked under the mattress, and the bed clothing is held firmly in place.

Make cheese balls some time with cream cheese, mixed with grated green sapsago cheese, and see what an appetizing addition to your salad

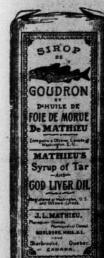
ccurse you will have. When using melted cheese on sandwishes or rounds of croutons remember to melt it in a hot oven; take off before it is cooked to harden in point and serve immediately.

Nothing is more objectionable than a sponge that has become slimy. To

### CHRONIC BRONCHITIS

Cannot be cured with ordinary soothing syrups. The disease must be attacked at the root to eradicate the irritation of the lungs, heal the wounds and strengthen the respiratory organs. The composition of

MATHIEU'S SYRUP of Tar and Cod Liver Oil and other Medicinal Extracts marks it amongst all other remedies as the true specific for the diseases of the throat, the bronchial tubes and the lungs. Here are a few conclusive proofs:



PORT GREVILLE, C.B., Dec. 27, '09.

Blacking & Mercantile Co'y, Ltd. Dear Sirs,—Please ship by next express, if possible, 3 doz. Matnieu's Syrup. It is tee best Cough Mixture on the market. Yours truly, W. STERLING.

CHURCH POINT, July 31, '08.

Blacking & Mercanttle Co.'y, Ltd., Amherst, N.S.

Dear Sirs, —Nearly one year ago I had my first order of 'Mathieu's Syrup'' from you. It was not known in this country, and I gave samples to several families whom I knew would use it. After a few weeks I began to have a call for it, and trade has increased wonderfully since. I have not the least doubt but that it will soon be the best selling remedy for coughs, colds etc., on the market. In my store here sales are good and our people ask for it. Several stores in this country now keep it in stock and report sales increasing. I have bought from you since August 16th, 1907, 4 Gross and have only three dozen on hand at this date, and which I am holding for retail trade in my store.

LOUIS A. McLANSON.

AGAINST HEADACHE there is no remedy so active as Mathieu's the tall poplars wonder why no one Nervine Powders which contain no opium, morphine or choral. 25 cents per box of 18 powders.

THOS. McMURDO & Co., Wholesale Chemists and Druggists, St. John's, Nild.



Choice Dry

### **Blue Potatoes** 12c. gal.

Silver peel Onions 10 lb for 28c.

50 crates Bananas, Large Bunches.

emedy this, soak it in strong borax water, wringing it out and renewing

put two or three pieces of macaron in the center of the crust, so as to juice running over the top.

for cleaning purposes says she adds a few drops of oil of cedar to the last rinsing of gasoline. It helps to remove the odor of the cleansing fluid.

It is always better to have an upright piano placed against an inside of any house are apt to gather moisture, and this will, in time, affect the

had a rocking chair in the kitchen, a not require standing on the feet, could be done.

Carbolic acid may get into the eye y mistake. Alcohol in some form is the thing to use, either pure or in the form of whisky or brandy. One part of this to three parts of water is the strength required. When, in the process of launder-

ng, you come across spots or stains of whose nature you are uncertain, as first remedial hesort, try pure kerosene, using a small brush dipped in the oil to scrub the spot with.

som curtains in summer cottages in a new idea. It is tacked in plaits along the top and can match the color scheme in any room. It looks fresh and dainty, and can be replaced at

Place the right side of the article to be ironed upon a heavy Turkish a mixture of Roquefort cheese and towel, which has been folded in sevsherry or brandy? You must beat it eral thicknesses. Then iron on the until it is soft and smooth. It is sim- wrong side. The embroidery will stand out remarkably well if treated ALL KIDNEY PILLS to remove that in this way.

water. Boil them thus thirty minutes and proceed to finish washing them as

### Chiggers.



Because of the chiggers, those blamed little diggers, no more dare I bask in the green woodland nook, no more draw a measure of sweet wholes o m e pleasure from seeking the groves with a loaf and a book! A

man can give battle to serpents that rattle, to all the wild creatures infesting the woods; but chiggers defy him; as soon as they spy him they camp on his frame and deliver the goods. With swatters and beaters he fights off the skeeters, with smudge fires he baffles their cousins and aunts; the chigger

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### The Optimist.



shine, contagious good humor and the helpful boost. of Everyone-He is distinguished by many amiable characteris-No Sediment. inability to contract a grouch The optimist aris-

a retail dealer in

spontaneous sun-

smiles. He goes down to work with Surveyors to a blithe step and sunbeams radiating from his person, and when he con fronts a hard knock he tells it a good tory he has just heard and keeps or smiling. There are several kinds of optimists. The baseball optimist is one who sticks for the home team whence all but him have fled. In the darkest hour of defeat, when every body else has gone out on a raft, he rises up in the bleachers with a megaphone and a perennial spring of with an undaunted front, and a halfpage advertisement. The musical optimist is the kind which can see unlimited possibilities in a voice which n o b o d y else can hear twice in succession without danger of rigor mortis. The political optimist is a variety which wades knee deep in gore through a primary elec wall, if possible, as the outside walls tion without losing his faith in human nature or bolting the ticket. The so-Many housewives tire themselves the grand jury has reported, and then almost to exhaustion when, if they backs up on the mitigating circumstances. The optimist always lives to multitude of small matters, which do a ripe old age. The good may die young, but the optimist swings into

three score years and ten with the heart of childhood and the sweet and

sturdy confidence of youth. If it were not for the optimist, this old world would be about as susceptible to a play of emotions as an October gourd. The optimist ought to be encouraged

## by law and pensioned by a grateful re-YELLOW SKIN, SWOLLEN ANKLES

McMurdo & Co., your druggist, recommends and guarantees NOXfeeling of Despondency, Cramps in the Yellow, dingy lace curtains are Legs. NOXALL KIDNEY PILLS go most speedily restored to their former at once to the diseased or weakened purity of color if boiled in a strong spot and builds up, by first of all actsoapsuds which is half milk and half ing as an antiseptic, cleansing the

whole urinary tract. If you want a quick recovery get box of NOXALL KIDNEY PILLS. Price 50c. a box, or three for \$1.25 Manufactured by The Scobell Drug Co., St. Catherines, Ont.

#### When Ma Gets on the 'Phone.

The whole world stands still, Old Father Time stops in his flight And doesn't start until She's through, and sometimes that's

an hour. And sometimes three or four. The meat boy and collectors all Pound vainly on the door; And e'en an earthquake could occur The world could rock and groan, But that would never interfere When Ma gets on the phone.

Pa says it ain't no use to take The paper every night So far as mother is concerned. And he is surely right, For ma gets all the news by wire: They've got a scheme I guess That's patterned on the plan Of the Associated Press. The city is gone over well, Upturned they leave no stone,

When Ma gets on the phone. Fishery North.

'Il bet there are some ears that burn

The Prospero reports that there i pretty good fishery north, confirming the news that recently appeared in the Telegram with reference thereto Trapping is good, from Harbor Deep to St. Anthony and craft from Twillingate fishing on that stretch of coast eport from 200 to 600 qtls for traps hook and liners are a blank to date.

### THERE IS NO WINE SO GOOD AS

CONVIDO Port

This is the Verdict Everywhere Every Time.

D. O. ROBLIN,

J. JACKSON,

### Start for Site of New Outlet.

John's Shortly and Will Have Number of Engineers on Board to In-

spect New Site. A party of engineers, numbering twenty-five, will leave shortly for the Hudson Bay for the purpose of looking over the proposed terminals at Nelson for the railway that is being construct ed either to that port or Fort Church ill, as the official decision has not ye been given out by the department a Ottawa. The party will sail from Montreal on July 2nd on board the S.S Beothic, which is to make the initia trip to the bay, of the Hudson Bay Steamship Company, which is under stood to be a part of the syndicate or company organized to building rail way from Montreal to Nottawa, on the James Bay. The ship is 1,400 tons. sails fourteen knots an hour, and is expected to make Churchill the tenth day out from Montreal, Nelson, the welfth and will most likely arrive a the mouth of the Nottawa in fourteer sending by the same steamers, which ports around the Nottawa region, with a view to ascertain the best site for James Bay system, which is announce d to be started at both ends, viz it the Transcontinental crossing and it the northern terminus, early nex pring. It is expected that sufficien vork will have been accomplished by he end of the present season to en work to go ahead rapidly next eason especially north of the Grand 'runk Pacific, and it is contended that

### he section by the G. T. P. can be SHORT BREATH

### **Abolition of Pain**

New York, June 15 .- A London cale says: The abolition of pain resulting from injury or operation is promsed if the new anaesthetic proess described in the London Lance ulfills its discoverer's claims.

Dr. F. W. Forbes Ross makes the announcement in the Lancet, and from the fact that it receives publicity in hat conservative publication, the laim of Dr. Ross may be considered to have received orthodox approval. Mcreover, Dr. Forbes has met the official requirements by giving his dis-

covery to the public. At the operation the patient is pu ander a general anaesthetic in the ordinary way, and the five to ten cubic centimetres of A 1 per cent solution of quinine and urea-hydrocholoride are distributed over the nerve supply of the part concerned. The effect of such injection is to produce a total loss of the sensation of pain. Popu larly speaking the affected part is put

### When You **Feel Cross**

And are worried and irritated you can get the liver right by using Dr. Chase's Kidney-Liver Pills.

Chase's Kidney-Liver Pills.

Life is too short to be cross and grouchy. You not only make yourself miserable, but also those about you. Don't blame others. Blame yourself for not keeping the liver right.

There is nothing in the world which will more promptly afford you relief than Dr. Chase's Kidney and Liver Pills. This statement is true. A trial will convince you.

Mr. Theo. Bedard, Lac aux Sables. Portneuf County, Que., writes,—"I have found Dr. Chase's Kidney-Liver Pills the best treatment obtainable for indigestion and impure blood. They cured me of indigestion, from which I suffered for four years.

"This certificate is given without solicitation, so that others may not waste their money buying medicines of no value when they can get Dr. Chase's Kidney-Liver Pills, which I am convinced are the best."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents, at all dealers, or Edmanson, Baies & Co., Toronto.



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176 Water Street, 176. Teeth extracted without pain, 25 cents.

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Miss M. R. Andrews, Upper Gullies, Conception Bay, Newfoundland; Mr M. O'Brien, 22 Bloncloddy St., St John's, Newfoundland.—june15,13i

### The Torpedo Stylo Pen.

The Torpedo is the very latest production in Fountain stylographi Pens, being fitted with Silver Wire needle point: will not corrode and F P. ink may be used. Selected Red will make, if possible, monthly trips Rubber Stout barrel, only 31/2 inches to the Bay from the St. Lawrence, a long, closed fits safely in pocket. W a permanent survey to the several purchase and will sell them this month only at 25 p.c. under the usual price \$1.00, our price, 75c, or with New Nickel Safety Clip, 90c. postpaid. Remittance with order.

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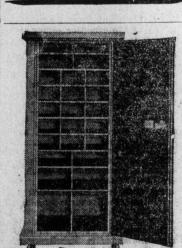
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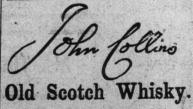
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