

**BAKE YOUR OWN BREAD WITH**

**ROYAL YEAST CAKES**

*The standard of Quality for over 50 years*



**What the Provinces Owe**

The national debt of Canada is frequently referred to in parliament and in the press, but that of the several provinces is not often referred to except at election times. The funded debt of the respective provinces is a very heavy liability and is given as follows: British Columbia \$78,068,311; Alberta \$67,537,986; Saskatchewan \$52,772,777; Manitoba \$66,331,121; Ontario \$224,693,420; Quebec \$55,604,926; N.W. Brunswick \$26,651,432; Nova Scotia \$24,605,913; Prince Edward Island \$900,268.

**Plans To Stamp Out Tuberculosis**

Boston May 10—A pure health program by the state to take 10 years and involving the expenditure of \$500,000 for stamping out tuberculosis in Massachusetts was officially announced yesterday at the New England Institute. The plan is a result of work by Dr. Henry B. Chadwick superintendent of the Westfield State sanatorium for children.

It means the examination of 200,000 children. Fifty thousand have been appropriated by the Legislature for the project.

Its results are expected to be so far-reaching that eventually the plan will be adopted throughout the country. It may eventually be the basis of a worldwide program for blotting out of the white plague. It will be under the direction of the state health commission and was outlined by Dr. Sumner H. Remick director of the division of tuberculosis.

He said: "Our plan is to combat the disease by going back to the child and there eliminating its origin. The program provides for examination of all underweight children and the segregation of all children who need sanatorium care.

"The peak of the work will be reached in three years and ultimately it will develop on the local authorities to continue the examinations and carry them on with all new children. School physicians and nurses and the various local health organizations will co-operate."

**HYDRO COMMISSION AT GRAND FALLS**

**Will Inspect Properties and Then Go to Campbellton and Bathurst**

St. John May 10—Additional survey parties for work relating to the Grand Falls power development will be organized within the next fortnight, following an inspection of the Grand Falls and the northern transmission areas by Hon. Dr. E.A. Smith chairman of the N.B. Hydro Commission, Hon. J.E. Michaud, member of that body. H. G. Acres eminent hydraulic engineer, who is consulting engineer to the Provincial Government in reference to the development and S. R. Weston, acting chief engineer to the commission.

The party consulted with Premier Veniot who is enjoying, at his home in Bathurst, his first real rest since the 1921 session of the Provincial Legislature.

Hon. Dr. Smith; Hon. Mr. Michaud, Mr. Acres and Mr. Weston arrived at Grand Falls on Wednesday afternoon last and viewed the proposed site of the development.

Mr. Acres had an excellent opportunity to inspect the falls under high water conditions as the freshet is on a level above the average for freshets. It is not so high as last year's however.

On Thursday by International Railway the party traveled to Bathurst, where they met Premier Veniot and held a conference with him. Plans were made, with the approval of Mr. Acres; for organizing the summer work, and two or three survey parties will be lined up as result of the plans. Considerable snow in the woods and along the roadsides to a depth of upward of three feet in sections, together with some of the streams would hamper surveying just at present. Mr. Acres left for Toronto Friday night and the other members of the party left for their homes the same night.

During the trip, a general view of the section through which the northern section transmission lines will extend was obtained. A survey of a road from St. Quentin to the Campbellton road, has been completed by the Prov. Public Works Dept. and should the road be constructed it will greatly aid erection of the transmission line in that district.

Along the International Railway a large number of important settlements were noticed, with fine houses beautiful farms and evidence of prosperity. The settlements include St. Quentin; Kedgewick and Hazen. This development has taken place in a few years.

**CASTORIA**

For Infants and Children  
In Use For Over 30 Years  
Always bears the Signature of *Chas. H. Fitcher*

**FIRM BELIEVER IN THE FRUIT TREATMENT**



Thousands of people owe the splendid Fruit Medicine—"Fruit-a-lives"—a lasting debt of gratitude, which they gladly pay by testifying to its merits.

Mrs. Laura Alford of 28 Florence St., Ottawa, says: For years, I was a martyr to Constipation and Dyspepsia. I have tried cathartics, salts and so-called vegetable laxatives but all were unpleasant and gave no permanent relief. Finally I decided to try "Fruit-a-lives". I have been using "Fruit-a-lives" now for seven years; never have Constipation or Stomach Trouble; and have been in the best of health ever since. My husband and children use "Fruit-a-lives" regularly.

"Fruit-a-lives" contain intensified fruit juices combined with tonics. 25c. and 50c. a box—at dealers or Fruit-a-lives Limited, Ottawa.

**SILVER CUP WON IN COMPETITION**

**By Sergeant Byron Fleiger, of Chatham**

Fredericton May 15—The silver cup offered in competition annually for shooting amongst the members of the University of New Brunswick C.O.T.C. had been won by Sgt. Byron Fleiger of Chatham whose score of 81 was made at the Devon range yesterday during the annual shoot. The conditions were not good and the highest possible score was 95. When the delayed competition took place a fish tail wind was blowing, interfering considerably with the marksmen.

**HORSE CIRCUIT FOR NORTH SHORE**

Arrangements are being made for the formation of a horse circuit on the North Shore. It is expected Causapscal, Campbellton; Bathurst and Chatham will enter the circuit.

**RED ROSE TEA** "is good tea"

The **ORANGE PEKOE QUALITY** makes finer tea and more of it

**UNLOADING**

Douglas Fir Sheathing and Flooring,  
Douglas Fir Moulding,  
Hardwood Flooring,  
British Columbia Cedar Clapboards  
(6 to 18 feet long)

Douglas Fir and Pine DOORS in all sizes

WINDOW FRAMES and SASHES  
made up at shortest notice

**W. S. ANDERSON & CO.**  
Old Gear Works Stand Phone 130 Newcastle, N.B.

**It Pays to Advertise**

Recently a man in Newcastle wanted a housekeeper and he ordered an ad to be inserted for a period of three weeks in the Advocate. After the first week he wrote as follows: "Please stop that advertisement at once, as I have more women on my hands than I know what to do with."

Another man wanted to buy a team of horses and ordered an ad to run three weeks. At eleven o'clock on the night after the paper was issued The Advocate manager was called on the telephone and the advertiser stated: "Don't run that ad again on your life. This is the third time I have been called out of bed to tell people that I do not want to buy any more horses as I bought what I wanted this afternoon."

"A man had a second-hand wagon to sell. He tried to get rid of it through The Advocate route. He succeeded finely and came to the office to say that he only regretted that he didn't have thirty such wagons as he could have sold fully that number."

If you want to buy or sell, rent or hire; if you want to enter into any kind of business dicker with anybody the quickest and cheapest way to get results is by advertising in The Advocate.



**Borden's ST. CHARLES**

It's the real cooking milk

With the cream left in!

Free Recipe Book—Write the Borden Co. Limited, Montreal.

**MILLS STARTED**

A number of the saw-mills on the Miramichi River started on the season's operations last week.

**ALL FULL**

It is told of Charles Lamb that one afternoon after he had taken his seat in a crowded omnibus a stout gentleman looked in and politely asked: "All full inside?"

"I don't know how it may be with the other passengers," answered Lamb "but that last piece of oyster pie did the business for me!"

**It always Bakes the Same**



Sometimes your home-baking does not turn out quite so well as usual. A variation in the quality of the flour will cause trouble. Home bakers who use Quaker Flour always get the same good results. Quaker Flour does not vary. It is tested every hour during the milling process. It is always the same—it always bakes the same. Home-made bread is easy if made the Quaker way. Write for our tested recipes. They are free.

**Quaker Flour**  
Always the Same—Always the Best

Every sack of Quaker Flour is guaranteed to give absolute satisfaction.

A product of The Quaker Mills, Peterborough and Saskatoon

DISTRIBUTORS  
NEWCASTLE—H. S. Miller    NEWCASTLE—Isaac Mitchell    NEWCASTLE—Baird & Peters  
LUDLOW—D.C. Hovey

**In Unhurried Quebec**



"These 'chiens' of Quebec have no Jackie Coogan to do them justice."

Old fashioned Quebec tugs at the heartstrings of the summer visitor, because her appeal is personal. Without intention, so to do, she has struck what the advertising men work so hard to acquire...the human interest angle.

Quebec is natural, simple, lovable. In our race for a living we of the cities have reduced life to a system with every action in subordination to hours and minutes. But in Quebec the habitant rises above the leash. He has something in himself which holds him to old ways. To family life, to the farm, to the horse and hand-plough; to the scythe, to the cow. Wives and daughters and boys of all ages lend a hand at everything. All the changes of the seasons fit in to the scheme of life. And yet there seems to be no particular scheme, no hurry, none of that driven feeling. No friction.

And so when we get into Quebec we are sensible of a freedom of spirit. The shackles of "the drive" fall away as we come once more under the benison of the simple and the fundamental.

Here by the road are the wayside Crosses common in Old France and once in Old England. The Mower is abroad in the fields. The dogs drawing their little carts still hold the road.

And nothing is more humanly appealing than these dog carts of the Quebec highway. The "Dog of Flanders" has won his way to publicity on the screen, but these "chiens" of Quebec have had no Jackie Coogan to do them justice.

And yet what a part they play in the life of this great Province, far larger in extent than Flanders. How the dogs fill niches in the households, jobs long ago eliminated from our scheme of life, are performed by the dog carts as a matter of course, in Quebec. Boys of the family break their hand in from babyhood, harnessing, unharassing, driving "le chien." The boy that as soon as he is big enough will have the horses in hand. "Deep meaning oft lies hid in childish play" down in Quebec.

And yet the dog cart is not merely a means toward an end. As farm life is arranged in Quebec, the dog cart is no mere child's toy, but part and parcel of French thrift.

Boys sent an errand cover the miles in the dog cart. Wood to be brought from the distant woodlot on the mountainside is loaded into the little cart. With the aid of these "tiny horses and carts" small boys do this work quite easily, releasing their fathers and big brothers to men's jobs at the plough or with the heavy scythe.

Textile workers in the big mill below Montmorency Falls, living in Saint Gregoire and other villages nearby have their dinner-pails brought to them by their small boys in dog carts, and if you happen along this road at dinner-time it is to see perhaps as many as thirty or forty of these little chariots.

The speed attained of the dog is surprising, especially when homeward bound. Then, little Miesou can hardly hold him in.

But you must not think 'tis only youth that these gay dogs of Quebec serve, their tails wagging, flying along with the baby in the cart and the family brood of boys and girls running better skitter gathering; framboise in their pails. What would the old... the old couples, the old women, do without their old dog and his little cart!

But, I think perhaps one never realizes more, how much a part of every day life the dog cart is, until you happen along by some wayside smithy and see the smith hard at work turning, twisting, heating, hammering miniature axles and tires in the most hatter of a manner, part of the day's work, as much as shoeing a horse.—Victoria Hayward.

**"Best Thing in the World For Delicate Girls"**

Mrs. John Bennett, Boggy Creek, Man., writes: "My little girl had organic nervous trouble, could not sleep, had severe headaches and fainting spells. This went on for three years, and three doctors helped her very little. After reading of what Dr. Chase's Nerve Food had done for others, I got some for her. She is now so well that she is like a different child. She is fourteen years old and looks the picture of health."



"We have used Dr. Chase's Nerve Food for different members of the family, when recovering from "flu" and scarlet fever, and it has always helped them."

**Dr. Chase's Nerve Food**  
60c. a box of 60 pills, Edmondson, Bates & Co., Ltd., Toronto