

SUFFERED DAY AND NIGHT

The Tortures of Dyspepsia Relieved By "Fruit-a-lives"

LEWIS BRAN D'OR, C. E.
"I was a terrible sufferer from Dyspepsia and Constipation for years. I had pain after eating, belching gas, constant headaches and did not sleep well at night. Finally, a friend told me to try 'Fruit-a-lives'. In a week, the Constipation was corrected and soon I was free of pain, headaches and that miserable feeling that accompanies Dyspepsia. I continued to take this splendid fruit medicine and now I am well, strong and vigorous". ROBERT NEWTON.
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

Two old Scotchmen sat by the roadside talking and puffing away merrily at their pipes. "There's no muckle pleasure smokin', Sandy," said Donald.

"Hoo dae ye mak' that oot?" questioned Sandy.

"Weel," said Donald, "ye see, f'ye're smokin' yer ain' bacca ye're thinkin' o' the awfu' expense, an' f'ye're smokin' some ither body's, yer pipe's rammt' sae tight it winna draw."

The feeling of superiority in the sterner sex is inborn.

"Mamma, do you think you'll go to heaven?" said Jack, looking thoughtfully into his mother's face.

"Yes, dear, if I'm good," said the mother cautiously, wondering what was coming next.

"Then please be good, for papa and I would be lonesome without you."

Children Cry FOR FLETCHER'S CASTORIA

An Irishman once boarded a train in which every seat except one was occupied. This seat had as occupants a young sport and a large shaggy dog. The Irishman stood at the seat expecting room would be made for him. The young man did not take the hint but regarded him with undisguised scorn. At last Mike remarked: "That is a foine dog you have. What breed is he?"

"It's a cross between a skunk and an Irishman," was the sneering answer.

"Shure, then it's a relative of both of us," came the instant retort.

AFTER 20 YEARS

Remarkable Experience of Mrs. Ripley

Mrs. William P. Ripley, of Williamsdale, Ont., has good news for all who suffer from aches and derangements caused by Kidney Trouble. Read her letter:—

"Before taking GIN PILLS I had suffered dreadfully with my back and headaches and had suffered for 20 years. I tried almost everything but got no relief until I got GIN PILLS. I have taken 6 boxes and now I have not a sign of a pain or an ache. I am now 48 and feel as well as ever I did in my life."

In GIN PILLS, all the valuable diuretic Juniper element in the GIN has been utilized, and the alcohol eliminated. Combined with other highly efficient diuretics and antiseptics, GIN PILLS present the most scientific and effective remedy for Kidney and Bladder trouble that can be secured. They give sure, quick and safe relief. If you have back-ache, headache, highly-colored urine, rheumatism, lumbago, sciatica, neuralgia, dizziness, lassitude, floating specks before the eyes, unaccountable uneasiness of mind and general debility, lose no time. Treat yourself with GIN PILLS before it is too late. At all druggists and dealers, 50c. Money refunded if not relieved. Free sample on request.

The National Drug & Chemical Co. of Canada, Limited, Toronto. United States Address, Na-Dru-Co., Inc., 202 Main St., Buffalo, N.Y.

Minard's Liniment Cures Distemper.

Every Athletic Organization in Canada

WILL BE INVITED, TO JOIN NOVA SCOTIA IN PROCURING OLYMPIC GAMES

Every Athletic organization in Canada will be invited to line up behind the efforts of the World's Fair Executive of Nova Scotia in order to form a national Committee to procure the Olympic games for Canada at Halifax in 1924. The Executive of the Fair have already placed formal request before the International Committee at Geneva to have the games as one of the features of the International Exposition now planned for Halifax for that year. It is expected that the national convention will be held at Halifax in the middle of February. The authorities abroad advise that if Canada is to obtain these games there must be no delay.

One distinguished American is "mentioned" as a possible candidate for the Presidency. But nobody knows whether he is a Democrat or a Republican. This suggests the precedent supplied by certain lovely princesses of the House of Denmark, who never had any religion until their mother, a great manager, had arranged all about their marriages.

Children Cry FOR FLETCHER'S CASTORIA

Fur Trade Conference

TO BE HELD AT MONTREAL, FEB. 19-20, 1920

The investigations of the Commission of Conservation have demonstrated the importance of Canada's fur trade and that the advancement of fur farming calls for a better understanding and regulation of this industry. For this purpose, a conference of fur farmers, trappers and fur dealers will be held at Montreal on Thursday and Friday, February 19 and 20, under the auspices of the Commission.

The meetings will be attended by the leading authorities on the fur trade and the most prominent fur farmers. Among the subjects to be discussed will be the regulation of the fur trade, protection of wild life, diseases of and feeding of fur-bearing animals in captivity, establishment of a herd-book for registration of foxes, and the best fur-farming practice.

Fur farming has passed the experimental stage and is now on a solid commercial basis. Prices of furs are advancing, some of them having made phenomenal gains. This will no doubt tend to increase the number of those engaged in the raising of animals for their skins, as well as to include in the industry many species not now reared in captivity. The Commission of Conservation extends an invitation to all interested to attend the conference.

Build Up Your Bodily Resistance

1. Sleep with at least one window open in your bedroom all the year round.
2. Eat plenty of good, wholesome food.
3. Never allow yourself to become more tired by staying up late after a hard day; make up for it by going to bed early.

If you are in good health, if your resisting power is good, the germs of disease are less likely to harm you.

Nothing helps to build up the resisting power so much as proper food, plenty of sleep, and pure, fresh air.

The Supreme Council has drafted a note to the Dutch Government, asking for the extradition of the former German Emperor.



"My Back Is So Bad"

PAINS in the small of the back, lumbago, rheumatism, pains in the limbs all tell of defective kidneys.

Poisons are being left in the blood which cause pains and aches.

The kidneys, liver and bowels must be aroused to action by such treatment as Dr. Chase's Kidney-Liver Pills.

There is no time for delay when the kidneys go wrong, for such developments as hardening of the arteries and Bright's disease are the natural result.

One pill a dose, 25 cents a box, all dealers, or Edmanston, Bates & Co., Ltd., Toronto.

Dr. Chase's Kidney-Liver Pills

When a French General hauled his cook over the coals he was called down by the woman veteran from the kitchen, who happened to have the Legion of Honor. This is paralleled by the case of the English earl who conducted his wife into a shoe store in London and snapped to "attention" when he found that the deferential person who advanced to attend her was his old colonel.

COUNTER CHECK BOOKS....

When in need of a further supply leave your order with us. We have the agency for the two BEST MANUFACTURERS, and can furnish any style you may require.

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HIGHEST PRICES

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In Use For Over 30 Years
Always bears the signature of *Dr. J. C. Williams*

BABY SLEIGHS!

Big Roomy Sleighs, handsomely finished in White Enamel, or in other colors. Some with hoods, some without

Prices \$4.50 to \$17.00

RAIL SLEIGHS \$2.00, \$2.25
BOYS' SLEDS, with round runners, 50c., 68c., 90c., \$1.15
STEERING SLEIGHS, with flexible runners, \$2.00, \$2.25, \$2.75.

Write for our Big Catalogue.
WE PAY FREIGHT on orders amounting to \$10.

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Willow Bank Cemetery

The annual meeting of the Willow Bank Cemetery Corporation will be held in the Town Hall, Monday evening, January 26th, at 7:30 o'clock. All lot holders are urgently requested to be present as the business of the past year will be gone over, and also the appointments and other matters for the coming year will be taken up.

R. E. HARRIS, Sec'y.
Wolfville, Jan. 10 1920.



TONIGHT
Tomorrow Alright

NR Tablets stop sick headaches, relieve bilious attacks, tone and regulate the eliminative organs, make you feel fine.

"Better Than Pills For Liver Ills"



Get a 25c. Box.

Sold by A. V. Rand.