

## WOMAN'S BEST MEDICINE

### Mrs. Kelly Advises All Women to Take "Fruit-a-Lives"

HAGERSTOWN, ONT., Aug. 26th, 1913.  
"I can highly recommend 'Fruit-a-lives' because they did me an awful lot of good and I cannot speak too highly about them. About four years ago, I commenced taking 'Fruit-a-lives' for a general break-down and they did me a world of good. We bought a good many bottles worth, but it was money well spent because they did all that you claim for them. Their action is pleasant, compared with other laxatives, that I found only pleasure, as well as health, in taking them. They seemed to me to be particularly suited to women, on account of their mild and gentle action, and I trust that some other women may start taking 'Fruit-a-lives' after reading my letter, and if they do, I am satisfied the results will be the same as in my own case."

Mrs. W. N. KELLY  
"Fruit-a-lives" are sold by all dealers at 50c. a box, 6 for \$2.50, trial size, 25c, or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

### White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

Aim.—The protection of the home, the abolition of the liquor traffic, the triumph of Christ's Golden Rule in custom and in law.

Motto.—For God and Home and Native Land.

Emblem.—A knot of White Ribbon. Watchword.—Agiolate, educate, or organize.

Officers of Wolfville Union.

President—Mrs. L. W. Sleep.  
1st Vice President—Mrs. G. Bryant.  
2nd Vice President—Mrs. J. D. Chambers.  
3rd Vice President—Mrs. Geo. Fitch.  
Recording Secy.—Mrs. W. Mitchell.  
Cor. Secretary—Mrs. Geo. DeWitt.  
Treasurer—Mrs. H. Fines.

Supervisors.

Evangelistic—Mrs. Geo. Bishop.

Temperance in Sabbath-schools—Mrs. (Dr.) Brown.

Scientific Temperance in Schools—Mrs. G. Outten.

Luncheon—Mrs. J. Kempton.

Willard Home—Mrs. M. Freeman.

U. B. Bulletin—Mrs. Langille.

Tram Work—Miss Margaret Bass.

Parlor Meetings—Mrs. J. Kaye.

L. T. L.—Mrs. Howe.

### The Saloon Door Swings.

The saloon door swings on its hinges,  
Nigh to the doors of God,  
Inviting the feet who must walk the street

Inside, where the weak have trod—  
Inside, where the strong have fallen  
To depths of disgrace and woe—  
And with laugh and song do the weak and strong  
Within, to their ruin go.

The saloon door swings on its hinges,  
Hard by the House of Prayers,  
And many who meet at the Mercy Seat

Consent to its presence there,  
'Our Father who art in Heaven,'  
They pray as with Christian breath,  
They stand at the polls and vote that souls  
Go down to eternal death.

The saloon door swings on its hinges,  
Hing by the Law's commands,  
And the key of the law its bolts with draw

By help of some Christian hands,  
While motherhood weeps in sorrow,  
And childhood in hunger cries,  
And womanhood's crown in the slime goes down,  
And manhood in madness dies.

The saloon door swings on its hinges,  
Nigh to the gates of home,  
Inviting the feet of the boys we meet  
From purity's path to roam;  
And men who go past it, always,  
With Pharisee prayer and pride,  
Declare it shall swing for the votes they bring  
Who plunder the youth inside.

The saloon door swings on its hinges,  
Close by the Gates of God,  
Alluring the feet that must walk the street  
With pain or with passion ahd;  
And above them in mocking splendor  
Gleams yonder the Cross of Gold,  
While the Christ again, in the sons of men,  
For party and greed are sold.

The saloon door swings on its hinges,  
Close by the altar stairs,  
And mocks at the men who defend it,  
When  
They kneel for their Sunday prayers.

It mocks at the pious partners  
Who say it shall open there,  
For the silver and gold of the sham so bold,  
That city and state may share.

The saloon door swings on its hinges,  
Paying the price of sin—  
The share of the state in a gain too great  
For honor and law to win;  
And 'Woe unto him that buildeth  
A city with blood! God's blame  
On the many who sit, for the fruits of hell,  
Their brother to sin and shame!

—Prof. A. A. Hopkins

### The Bible.

When the Bible goes down the red flag goes up. Without the ten commandments and the precepts of the Sermon on the Mount, you leave no city, the mercy of a sea full of moral preachers. Statesmanship is never so short-sighted as when it hedge against the Bible, one of whose constant returned duties is respect for magistracies and the administrative authority. And later, and industry, as nothing else than put mind, when they tolerate indifference against the volume whose chief theme and inspiration are the life, the words and the deeds of Jesus the Carpenter.

## College Athletes.

The 'Popular Science Monthly' for October contains an exceedingly interesting article, 'Smoking and Football Men,' by Dr. Frederick J. Pack, of the University of Utah. Dr. Pack summarized in this article the results obtained from an investigation of fourteen American colleges and universities, the reports covering several hundred men. It was learned that in these institutions that the non smokers furnished more than their proportion of the athletes who obtained positions on the college teams, the non smokers being twice as numerous as the smokers among the athletes.

As to average lung-capacity, it was found that the smokers in comparison with the non smokers lost an average of 29.6 cubic inches, or 9.4 per cent in scholastic standing the average mark of the non smoker was 79.4 as against 74.5 for the smokers. The smokers furnished twice as many conditions and failures as the non-smokers. The smokers furnished 71 per cent of the lowest marks and the non smokers only 29 per cent. The non-smokers furnished 69 per cent. of the highest marks, and the smokers only 31 per cent.

These facts, moreover, obtain not only when the averages are taken, but are also true of each of the colleges and universities investigated, a proof of their accuracy that cannot be controverted.

MINARD'S LINIMENT CO. LIMITED  
GENTLEMEN.—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of sciatica, and I have frequently proved it to be very effective in cases of inflammation.

Yours,  
W. A. HUTCHINSON.

'Naturally,' said Sirus B. er, 'I want my daughter to have some sort of an artistic education. I think I'll have her study singing.'

'Why not art or literature?'

'Art spoils canvas and paint, and literature wastes reams of paper. Singing merely produces a temporary disturbance of the atmosphere.'

## CASTORIA

For Infants and Children.  
The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Watson*

'I made a lucky discovery today, said the physician.

'That so.'

'Yes, I discovered a patient who has never been operated upon for any thing.'

## Children Cry FOR FLETCHER'S CASTORIA

'Really,' began Mrs. Nagg, 'the inquisitiveness of those people next door has driven me crazy!'

'Oh,' replied her husband, 'is that what did it?'

## Children Cry FOR FLETCHER'S CASTORIA

'Help! Help! Save me!' cried the excited passenger, as the steamer crashed full speed into the pier and the splinters flew in all directions.

'What has happened?' And as she asked the question she seized one of the crew frantically by the arm.

The latter, a tall, burly Irishman, for a moment stroked his matted hair reflectively. Then he replied:

'Happened, m'ama? Happened? Why, nothin'! Ut it merely looks to me as if the cap'n forgot we shtop here!'

## WOMAN SUFFERED TEN YEARS

From Female Ills—Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Belleville, N. B., Canada.—'I doctored for ten years for female troubles and did not get well. I read in the paper about Lydia E. Pinkham's Vegetable Compound and decided to try it. I write now to tell you that I am cured. You can publish my letter as a testimonial.'

—Mrs. SUZANNE BARNES, Belleville, Nova Scotia, Canada.

Another Woman Recovers.

Auburn, N. Y.—'I suffered from nervousness for ten years, and had such organic pain that sometimes I would lie in bed four days at a time, could not eat or sleep and did not want anyone to talk to me or bother me at all. Sometimes I would suffer for seven hours at a time. Different doctors did the best they could for me until four months ago I began giving Lydia E. Pinkham's Vegetable Compound a trial and now I am in good health.'—Mrs. WILLIAM H. GILL, No. 15 Pleasant Street, Auburn, New York.

The above are only two of the thousands of grateful letters which are constantly being received by the Triphospha Medicines Company of Lynn, Mass., which show clearly what great good Lydia E. Pinkham's Vegetable Compound does for those who suffer from woman's ills.

If you want special advice write to Lydia E. Pinkham, Triphospha Medicines Co., (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Minard's Liniment for sale every where.

## SICKNESS AT SEA

Many Reasons For the Trouble and How to Deal With It

Two problems with regard to sea sickness have never been solved what causes it and what cures it. The ship's surgeon of a great liner says:—

'Its peculiarity is that it is not amenable to any one line of treatment or to any one drug. What help one may be of no use whatever to another. Any of the so-called remedies are worse than the original complaint. Why, not be stoned about it? The fact remains that, after a spell of seasickness, unless too severe, one feels much the better for it.'

Bismuth and soda, tincture of iodine, chloral, veronal, stay in bed, don't stay in bed, fannel bandages, chewing cloves to keep the stomach warm, whisky and soda, blue glasses—the list of alleged remedies has no ending. Alas! they are for the most part but means and delusions. But some measures may be taken that will make your misery short lived. Keep quiet the night before you sail. Pick the largest boat possible, but one that has little vibration. Get your cabin fairly well airships. Apply for a deck chair early, and have it put amidships.

Avoid the habit of lying in your chair and watching to see how far forward the horizon line is going to run along the rail of the next pitch. Keep out on deck as much as possible if you get to feel poignantly miserable, and conclude that you would feel better if you could only have it over with—usually a wise conclusion—get up suddenly and poke your head into the smoking room, or take a look over the rail, or walk away out on the stern. Any one of these is an excellent precipitant. Take some regular exercise every day. So long as you are well, be careful of your food. But the moment you become sick, eat anything you want. Heaven knows you won't want enough to hurt you!

## COMPENSATION FOR FAT

Lords Decide Against Scottish Miner's Incapacity Claim

A Scottish collier's highly original claim for compensation was considered so good a test of the Workmen's Act that it reached the House of Lords, and was solemnly adjudicated upon.

The miner met with an accident in the course of his work, and duly recovered, his employers paying him compensation up to the day he returned to work. But on trying his hand at the miner's pick again he discovered that he had grown too fat for the colliery.

Reasoning that his fat had come during convalescence he claimed that his disability was part of the accident, and that compensation should be paid him till he was thinned sufficient to make work in the mine acceptable again.

First the question went to arbitration. The arbitrator found that the incapacity for work had ceased immediately on his recovery, fat or no fat. The Court of Session in Scotland, however, upheld the miner.

Their lordships decided that the arbitrator's award ought to be restored, thereby deciding against the man's contention.

## AUSTRALIA'S PROGRESS

Western Australia's total population is less than 250,000, but there are over 100,000 accounts open in the savings bank of that State, and a total of \$22,500,000 to the credit of the depositors.

Australia's factories increased in one year by over 400, the number of hands employed 15,000, the value of plant and machinery by \$25,000,000, material used by \$40,000,000, value added by manufacture \$35,000,000, and the total output by \$75,000,000.

The annual mineral production of the Commonwealth of Australia is worth over \$115,000,000, or several millions sterling more than the gross revenue of all the Australian railways. Close on 100,000 persons are engaged in mining in the Commonwealth, and probably quite half a million are directly dependent on it.

The average nominal rate of wages paid to males employed in the Australian factories, according to the Commonwealth Statistician, is \$9.95 per week and \$4.75 for females.

Bather Breaks His Back  
It was stated at a Margate inquest that Mr. Albert Smith, of Harrow, who was an expert swimmer, dived from a bathing machine into two feet of water, and, striking the sand, fractured his spine.

An enclosed cabin to protect its passengers from flying spray features one of the latest hydro-aeroplanes.

## German Scientists in Australia.

A number of distinguished German scientific men who went to Australia to attend the meeting of the British Association for the Advancement of Science have been honored in that country by the Commonwealth government as a result of the war.

They will, of course, receive the best of treatment during their nominal imprisonment. They have been very kind with amusements by the treasurer of the British Association.

Lodge's Subscriber—'I say, look here, you know what do you mean by announcing the birth of my twin child under the heading of "Distressful Occurrence"?'  
Country Editor—'Dear, dear! I had n't noticed it; that must be the foreman's dog's; he's a married man himself.'

Minard's Liniment Cures Garget in Cows.

## INFANTRY WEAPONS

Infantry arms consist of the rifle, bayonet and machine gun. The "pompom," which figured so much in South Africa, has been withdrawn.

The service machine gun is the .303 maxim, which will fire a continuous leaden stream of bullets at the rate of 600 a minute, or 10 bullets every second, at ranges of from 800 to 1,200 yards.

The maxim weighs 60 pounds, and its lightness enables it to be carried anywhere the troops can go. It can be taken along roads on wheels, across country on pack animals, or, if needs be, shouldered by a single soldier right up into the firing line.

The weak point of the maxim is that its mechanism is liable to jam and render it useless. In the hands of trained gunners, its destructive power is greater than land mines, bursting shrapnel, cavalry charges, bayonet charges, or any variety of rifle fire.

Late Pope's Physician Honored



DR. MARCHIAFAVA  
who was consulting physician to the late Pope Pius X. He has been created a Senator for life by the King of Italy.

## FORCIBLE FEEDING

'Not Used as a Deterrent, But It Does Deter,' Says Premier

The Rev. R. J. Campbell, Dr. R. F. Horton, and other ministers addressed a letter to Mr. Asquith protesting against forcible feeding of suffragist prisoners.

Replying through his private secretary, the Prime Minister stated that Mr. McKenna repudiated the statement which had appeared in the memorial that he had defended forcible feeding in the House, not only as a means of detaining people in prison but also as a deterrent.

'It is true,' the Premier's letter ran, 'that forcible feeding in some cases actually deters prisoners from adopting the hunger strike, as they realize that the strike will not secure their release, but it has never been used as a deterrent or for any purpose except to preserve the life and health of a prisoner, and it has never been defended on any but this ground.'

Amazing Story of a 'Cure.'  
Kitty O'Brien, a pretty Irish girl of seventeen, hailing from Gumbraun, Monmouthshire, is alleged to have been cured at St. Winifred's Well in an amazing manner. The girl states that for the past five years she had suffered from tuberculosis in the knee, and for about two years had had her left knee in plaster of paris and walked with crutches. She was recommended by Father Quigley to visit Holywell. The effect was remarkable, she said. A spasm of pain shot up her leg and side. The next instant the spasm returned and darted downwards to the foot and passed. She knew then that a cure had been effected. The plaster of paris bandage and the crutches were discarded and left in the crypt, and, it is said, Miss O'Brien walked out of the well free from pain and lameness.

## Hermit and His Cat

Though he is fifty-three years of age, David Thomas, a Piquetier hermit, has never been inside a train, and beyond a short ride on a wagon, has never been further than his native town. He has lived the whole of his lifetime in a little cottage at Lower Piquetier, and his only companion is a fine tabby cat, of which he is passionately fond. He has been unable to follow ordinary occupations owing to bad eyesight, and for some years he has been almost blind. He was recently given a hand organ, and he now goes down to the beach daily to fish for prawns. 'I cannot see who I have caught anything,' said Davy, 'but I am full of feeling in the net, though I am sometimes bitten by crabs.'

## When a Lady Buys Perfume

—She chooses it with as much discrimination as she does her gowns and hats. It must be distinctive in character—it must breathe refinement—and it must be of strictly high quality. Corson's Toilet Requisites fill all these requirements, whether in Perfumes, Toilet Waters, Face Creams, or Talcs.

They are composed of the most expensive materials, carefully compounded by skilled chemists.

## Corson's Perfumes & Toilet Requisites

Corson's "IDEAL ORCHID" and Corson's "POMANDER" are of Perfumes, Toilet Water, Talcs, Face Creams, etc., are particular favorites.

Ask your druggist for 10c sample of the Orchid skin.

SOLE AGENTS: PERFORMS LIMITED, TORONTO, ONT. (Exclusively engaged in the manufacture of Perfumes and Toilet Requisites)

Spain exported 4,000,000 pounds of sugar for cigarettes last year.

An astronomer was trying to explain to an Irishman that the earth is round but Pat would not believe him. After some discussion the astronomer said, 'Now where does the sun rise?'

'In the east,' said Pat.

'And where does it set?'

'Sure, in the west.'

'Then how does the sun manage to go back to the east?'

The astronomer said, 'The sun rises in the east and sets in the west.'

'Pat scratched his head for a few seconds and looked perplexed. At last his face lightened up and he shouted triumphantly, 'Sure, sir, it slips back in the east!'

'The word "twain" spells the name backward or forward.' It was the woman who spoke. 'Can you think of another?'

The woman boy snatched up from his pocket.

'Trot!' he cried contemptuously. And the dog worked on in silence.

Caney (at the aviation field)—'Sure, he only fell fifty feet! O'm golly, home!'

Kaffery—'Wait for th' main test, Pat. Maybe that was only a preliminary fall.'

May be the dough had forgotten to rise. Or had risen quickly overnight and fallen again—To rise nevermore. Twice weak flour, of course. Meaning weak in gluten. But FIVE ROSES is strong, unusually strong. With that glutinous strength which compels it to rise to your surprised delight. Stays risen too. Being coherent, elastic. And the dough feels springy under your hand. Remains soft and pliable as you work it. Feel the feel of a FIVE ROSES dough. Note the wonderful smooth texture—soft—velvety. Omit the bread horn of such dough—Your dough! Try this good flour.

# Five Roses Flour

Not Bleached Not Blended

FOR SALE BY WM. C. BLEAKNEY

## Feed Molasses

ALL CATTLE LOVE IT

Reduce your feed bill this winter by one-fourth per head. At the same time improve your stock. Feed Molasses is recognized as the cheapest and best feed for all live stock.

Punches, about 88 gallons - \$15.00  
Barrels, " 42 " - 7.50  
Half-Barrels " 25 " - 4.75  
All F. O. B. Halifax.  
Write for suggestions how to feed. Send for a Trial Lot and try it out.  
THE DOMINION MOLASSES CO. Limited  
HALIFAX, N. S.

## Corson's Perfumes & Toilet Requisites

—When a Lady Buys Perfume—  
—She chooses it with as much discrimination as she does her gowns and hats. It must be distinctive in character—it must breathe refinement—and it must be of strictly high quality. Corson's Toilet Requisites fill all these requirements, whether in Perfumes, Toilet Waters, Face Creams, or Talcs. They are composed of the most expensive materials, carefully compounded by skilled chemists.

Corson's "IDEAL ORCHID" and Corson's "POMANDER" are of Perfumes, Toilet Water, Talcs, Face Creams, etc., are particular favorites.  
Ask your druggist for 10c sample of the Orchid skin.  
SOLE AGENTS: PERFORMS LIMITED, TORONTO, ONT. (Exclusively engaged in the manufacture of Perfumes and Toilet Requisites)

## WENTZELL'S Christmas Order

Give a copy of our catalogue and ask for our prices on lines that are not listed therein. Cut out, fill in and send coupon below.

Wentzells Limited, The "Big Store," Halifax, N. S.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_

## QUALITY. SERVICE. PRICE.

These are three important factors in every purchase. To sacrifice any one of them means dissatisfaction. If you order your Fall Suit at Overcoat here you will be satisfied because you get what you want (QUALITY) when you want it (SERVICE) and you are always getting full value (PRICE).

New Goods Arriving Every Day.

### Ladies' Coats.

Don't worry about having to go to the city or sending away for your fall and winter coat. Wait and see my line. Very latest style, best that can be got. \$18 to \$38 and no two alike.

## J. G. VANBUSKIRK "THE CLOTHIER"

### PREPARE FOR WINTER

Ordering your Storm Sashes and Doors from us

FLOORING SHEATHING INSIDE FINISH ALWAYS IN STOCK

## J. H. HICKS & SONS

BRIDGETOWN, N. S.

## R. J. Whitten & Co. HALIFAX

Receivers and Sellers of all kinds of Farm Produce.

Consignments Solicited.

Prompt Returns.

## Wm. Regan HARNESS MAKER

Expert Piano Tuning Guaranteed. Voicing, Regulating, Repairing Organs Tuned and Repaired.

M. C. Collins, N. S. P. O. Box 321, Wolfville, N. S.

## WENTZELL'S Christmas Order

Give a copy of our catalogue and ask for our prices on lines that are not listed therein. Cut out, fill in and send coupon below.

Wentzells Limited, The "Big Store," Halifax, N. S.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_