Can Eat Anything Now.

How many Dyspeptics can say that? or perhaps you are dyspeptic and don't know it.

Have you any of these symptoms?

Variable appetite, a faint gnawing feelsing at the pit of the stomach, unsatisfied Edunger, a loathing of food, rising and souring of food, a painful load at the pit of the stomach, constipation, or are you gloomy and miserable? Then you are a dyspeptic. The cure is careful diet; savoid stimulants and narcotics, do not drink at meals, keep regular habits, and regulate the stomach and bowels with BURDOCK BLOOD BITTERS,

Nature's specific for Dyspepsia.

Miss Laura Chicoine, Belle Anse, Que. says of its wonderful curative powers :-"'Last winter I was very thin, and was Mast losing flesh owing to the run-down state of my system. I suffered from Dyspepsia, loss of appetite and bad blood. I tried everything I could get, but to no purpose; then finally started to use Burdock Blood Bitters. From the first day I felt the good effect of the medicine and am now feeling strong and well again. I can eat anything now without any ill after-effects. It gives me great pleasure to recommend Burdock Blood Bitters, for I feel it saved my life."

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&c. All of the best quality and a the LOWEST POSSIBLE PRICES

J. & J. OLDERSHAW A Few Doors West of Post Office.

****** Minard's Liniment Cures Distemper.

Woman's Way of Finding out. "Women's ways are inscrutable, and they do a great many things that seem to be utterly without point to men, but it has been my experience that time shows they had a pretty good reason for the queer tricks they played

us," said a citizen of Montreal.
"For instance," he continued, "my wife has an angelic disposition. She has always had that disposition, and it was one of the many things that attracted me to her. After we became engaged, however, on several occasions she did things which seemed to me to be utterly inexcusable. I've got something of a temper, and I would get pretty hot, but every time the little trouble passed off, she having gained her point, however. This sort of thing happened several times, but we were

finally married.

"After the ceremony she never gave any symptoms of inconsistency, but was always as sweet and amiable as she could be. One day at asked her why she had done these things dur-ing our engagement and if she had done them merely to make me angry. "'Certainly I did, my dear,' was her

surprising reply. 'I am a prudent wo-man and merely wanted to make sure I could manage you when you were

Tennyson and Spiritualism. The world might have lost some of its choicest poetry had a certain spiritualist had his way. It was Frederick Tennyson, who was so impressed by spirit rapping that his head had be-come as much turned as the table whose waltzings used so to delight him. He desired his brother, the poet laurente, to give up everything to propagate spiritualism. Frederick told the old story of an unmusical girl made to play music by invisible influence and of a stout old gentleman who was suddenly picked up and whizzed through the thickness of solid walls all in a moment to be found in a courtyard of a house a mile and a half distant whose gates were closed and locked. The poet did believe there was some thing in spiritualism—there is a re-narkable letter of his to Queen Victoria on the subject—but he could not swallow the story of the fat old gentleman's travels. So he contented himself

Importance of Chewing. You must improve your mastication. Quite spontaneously Miss K, remarked how very rapidly you ate, more rapidly, the said, than Miss S. And as I know Miss S. eats in a helter skelter manner i can understand that your mastication must be extremely inefficient. If I had to teach children, I should give them, among other things, a lesson on the importance of mastication and should il-lustrate it by taking a small iron nail and weighing against it some pinches of iron filings thi the two balanced, then putting them into two glasses pouring into each a quantity of diluted sulphuric acid, leaving them to stir the two from time to time and showing them that, whereas the iron filings quickly dissolve, the dissolving of the vail would be a business of something tike a week.-Herbert Spencer's Auto-

The Maddening Cow Itch. "There is no vicious growth in Africa or the world," writes a traveler,

"to compare with the detestable thing popularly called 'cow itch' and known to botanists as the mucuna bean. This is a plant having small seed pods covered with a close array of fine, silky hairs, which, when shaken loose, fasten in myriads upon the unconscious wayfarer and, reaching all parts of the skin, set up an irritation which words are literally powerless to describe. A man attacked by this abominable pest gives way for the time to absolute frenzy. * * * If a precipice were at hand he might almost be forgiven for jumping over it, so wholly unendurable is that burning, pricking, clinging

Are Popular in the Home Because They Are Safe

largely due to the fact that they are absolutely safe; they are handy and can be epended upon in emergencies.

Chronic sciatica or muscular rheuma-tism can be avoided and driven out if at the first twinge of pain Munyon's Rheumatism Cure is promptly and per-

istently taken. Diseases of the kidneys, including Bright's Disease, may be avoided if Munyon's Kidney Cure is resorted to at the first appearance of soreness in the small of the back, or other well-known

symptoms.

Dyspepsia, Indigestion, Nervousness and Sleeplessness are surely cured by the use of Munyon's Dyspepsia Cure—a discove y which ranks in importance with the telephone, the phonograph, the wireless telegraph

telegraph.

Constipation, Jaundice, Biliousness and other troubles arising from a torpid liver can speedily be cured with a few doses of Munyon's Paw-Paw Laxative Liver Pills.

Munyon's Cold Cure, Cough Cure and Croup Cure should be in every home where there are children. Many a dear little life has been saved by the prompt use of these remedies.

toilet preparations for sale everywhere. 34 Minard's Limment Cures Distemper

ART OF RAISING CHILDREN. Duty of Parents If They Would Have Their Virtuous.

To sum up within a nutshell the art of raising a child, I should say to parents, "Set the child a good ex-

Children are naturally imitative, and if they have before them patterns of honesty, of truthfulness and of virtue generally they, too, will strive to be honest, truthful and virtuous. And still more readily will they emulate vicious examples set before them.

fore them.

The fault with most parents is that they are too lazy to be firm in dealing with their children. Rather than exercise a little patience in explaining to their child the reason why it should act thus and not otherwise, nost parents will surrender to its whims and caprices and by constant indulgences render the little one self-willed and headstrong almost beyond control.

having your own way to the drop of the flag.

I do not approve of punishment for children. To do good, as a rule, pun-ishment should be administered only in such a way that the child should understand the reason for it. And to possess this degree of understanding the child must have reached an age when punishment cannot be otherwise

than degrading.

To degrade a child in its own eyes necessarily deteriorates it. To whip a girl of fourteen inevitably tends to degrade and debase her.
Some of the best parents have had children, upon whom no amount of moral suasion and no extent of good examples can have any beneficial influence. In these rare cases the fault. of course, lies with the children, and the parents have no other recourse except to punish. But in punishing there should be much good judgment

exercised.

The rod should be only for the extremely vicious—only for those who display a malignant spirit, such as tormentors of other children or of

animals.

In fact, in all cases I think it wisest to "make the punishment fit the crime." If, for instance, a boy throws a stone at a cat or a dog the best and quickest way to correct this tendency is by whipping him. Take a rod and give him a sound thrashing, but yet so as not to injure nor disfigure him. By making him feel pain ou make him realize the monst wrong of wantonly inflicting pain up

on others.

But if, to take a different example. a girl, in disobedience to her par-ents, goes to picnics, or stays out late, or associates with unfit companions, it would be manifestly im-proper to whip her. The way to make the punishment fit the crime in her case is to lock her up. By so do-ing you deprive her of the motive for doing wrong, while in the case of the malicious boy the whipping acted as

maincious boy the whipping acted as a counter motive to overcome the motive supplied by the pleasure of tormenting the cat or dog.

But, as I have said, administer corporal punishment only sparingly, for at best any form of punishment is drastic and ought to be resorted to only when every other argument fails. fails.

If a child takes pleasure in unfair

dealing or lying, let the father ask himself whether he himself was not guilty of inculcating that disposition by his own example. How often will not a father come home and at the table, with his children around him, tell about his "smartnessj" in over eaching a fellow man!

If a child hears his father exalt ly

ing, deceitfulness, unfairness and double dealing; how can we expect the child to grow up to be honest, truthful and honorable?—John B. McKean, Judge of Children's Court of New York City.

The intelligent foreigner could not understand how so prudish a nation as the English could have adopted the Garter and the Bath as the titles of its highest orders. With regard to the Bath, there is a greater puzzle. Were Knights of the Bath first created on October 13, 1399, at the coronation of Henry IV. coronation of Henry IV., and merely revived by George I., in 1725, after long dormancy? Or were there no Knights of the Bath before King George? The solution is probably to be found in the the origin of the title—the condition—namely, that the candidate for knighthood must take a solemn bath, being instructed and counselled, while in the bath, concerning the order and feats of chivalry by two great and ancient knights. But as this appears to have been part of the full ceremony for ordinary knight bachelors, it is possible that Henry's alleged Knights of the Buth were nothing more. pronation of Henry IV

Kitten Aroused Dog's Jealousy.

A curious instance of a dog's inteligent jealousy is reported from Li-

anishen.

A happy family there consisted of a lady, a cat, a kitten, and a Yorkshire terrier. All four were on excellent terms until the terrier took umbrage at attentions which its mistress bestowed upon the kitten.

The terrier straightaway began to dig a hole in the garden, and finished its task to its satisfaction in three days.

plenty of crackers everywhere, What plant is fatal to mice? Cat-

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You May Pay When You are Cured.



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The doctorrealizes that it is one thing to make taims and another thing to back them un, so he has made it a rule not to ask for money unless he are unres you, and when you are cured, he feels sur hat you will willingly pay him a small iree. If evems, therefore, that it is to the best i terests overyone who suffers to write the doctor confinitially and lay your case before him, which will ceive careful attention, and a correct diagnosis. If your case will be made free of charge: if you have lost faith write him, as you have everything gain at d nothing to lose; you must receive a fill medicines for patients are prepared in him will have a fill indicates. If we will send a booklet on the dividual case, If It will send a booklet on the All medicines for patients are pregative laboratory to meet the requirement dividual case, #He with send a book dividual case, #He with send and the send case of the se

A SAVAGE CUSTOM

Curious Food Laws That Obtained In

the South Sea Islands. A singular distinction was established between the sexes in accordance with the general savage theory of the inferiority, social and otherwise, of the female, which is found to have prevailed universally in the south sea islands at the time of their discovery and for long afterward during a period covered by the early missionary voyages and labors. Setting aside cannibal feasts at the end of a successful war expedition, when captives and victims were abundant and were roasted and devoured, the usual food of the men of these islands in ordinary circumstances was hog's flesh, with a va-riety of fish from the surrounding ocean, together with cocoanuts an plantains, but the women were forbidden to eat or touch the provisions sacred to male consumption, and an infringement of this usage was rarely overlooked, but met with the penalty

of death. The system of food taboo denied, under the same penalty, to the sex the use of the fire at which the warrior's meal was prepared, the house in which he sat to eat and the basket in which his provisions were stored. Such items of food as native custom assigned to the women were preserved by them apart, deposited in distinct baskets, to be cooked when required at a separate fire and devoured in solitude in a little hut specially erected for the purpose.

The greatest firmness is the great-

Suffered Intense Pain Around The Heart For Four Years.

Was Very Dizzy.

Four Boxes of

Milburn's Heart and Nerve Pills

Effected a Complete Cure.

They are a specific for all troubles arising from a weak condition of the heart or from the nervous system. For todays.

Then the kitten disappeared. A search was made and the terrier was seen patting down the earth over the hole which it had refilled, the soil was removed, and the kitten was found to have been buried alive.

The dog-was punished, but it took the kitten to the grave again, and the following day took it to a ditch and left it there.—London Daily Express.

A Few Conundrums.

What part of your house should not be shown to an honored guest?

The door.

What roads are ill natured? Crosspoads.

Why need nobody be hungry on Dominion Day? Because there are plenty of crackers everywhere.

What plant is fatal to mice?

The MILBURN CO. LIMITED.

THE T. MILBURN Co., LIMITED, TORONTO, ONT.

The 350 students of the School of Practical Science, Toronto, recently came into contact with engineering work of the highest type during a recent cuties.

ecent outing.
At Niagara Falls the party was

met by the assistant engineers of the three large power companies, viz., Mr. Mitchell of the Ontario Power Co., Mr. Value of the Toronto Co. and Mr. Smith of the Canadian Co., who explained from Falls View the general plans of the different schemes for developing power now under con struction at the Falls.

The students then marched to the lead works of the Ontario Power Co., where Messrs. Sauer, Brandon and Thorne met the party and escorted them over the works, consisting of the gathering basin, the Dufferin Islands, the large conduit (18 feet diameter), the power house and distributing station.
At the Electrical Pevelopment Co.'s

plained the more interesting engineerring features, of which the most strik-ing was the tailrace tunnel under the Niagara River, which cupties direct-ly under and behind the sheet of water tumbling over the Horseshoe Falls.
For the Canadian Power Co. Mr.

Snith explained the installation of the immense 12,500 horse-power tur-bines now taking place, and a num-ber of the students under his charge were taken down the wheel pit (165

feet deep).
Mr. Chace then took the party aver the enlargements, now under way, of the Canadian plant of the International Railway Co.

British Jokes of the Day.

A Difficult Task .- "Jack, dear, I do wish you would get another photo taken." "How often have I told you I will not?" "But why not?" (Then, thoughtfully, after a "Are you afraid of being asked to look pleasant?"—Punch.
The Squire.—Oh, John, I'm very
sorry to see you've been fighting; such
a black eye! John.—Never mind me. You go home and be sorry for

own boy; he's got two black eyes!-Brown.-I say, old man, who's that very plain elderly lady you were walking with—now sitting here! Smith (the impecunious, who has married money)—Oh, that's my wife. Brown.—Your wife! But—(lowering his voice)—She has only one eye—and so awfully—I beg your pardon—but —. Smith (pleasabtly)—You needn't whisper, old man. She's deaf—Purch

deaf.—Punch.

First Acquaintance.—Scribre calls his book the child of his fancy. his book the child of his famey. Second Ditto.—Child of his infancy, I should say.—Judy.
Quid Pro Quo.—Brown (staying at

a farm-house for his summer holi-days).—I like your eggs, Mrs, Cheri-ton; but fish in the country often has such a strong flavor. Farmer's Wife.

-Yes, sir. But in London what you lose on the fish you gain on the eggs.

Properly Defined. - Teacher. - Can you tell me what a secret is? Little Girl.—Yes'm. It is something some-body tells everybody else in a whisp-r.—Pick-Me-Up.

What Is a Baby! A London paper offered a prize for he best definition of a baby. The

the best definition of a baby. The last one of the following took the 'The bachelor's horror, the mother's treasure, and the despotic tyrant of the most republican house

"The morning caller, noonday crawler and midnight bawler." "The only precious possession that never excites envy."

"The latest edition of humanity, of which every couple think they possess the finest copy."
"A native of all countries, who

speaks the language of none."

"A few inches of coo and wiggle, writhe and scream, filled with suction and testing apparatus for milk, and automatic alarm to regulate

supply."
"A thing we are expected to kiss and look as if we enjoyed it."

"A little stranger with a free pass to the heart's best affections."

Revenue From Billiard Tables

Taxation enables many curious tables of statistics to be compiled. It would probably puzzle the best of English statisticians to guess even approximately at the number of billiard tables in use in England. There is no such difficulty in France, where the billiard table is a taxed luxury, and its relative frequency in communes of all grades of population and wealth is made the subject of calculations as claborate as they are ingenious. In all France there are \$89.678 billiard tables, divided among \$18,601 communes and realizing more than £40,000 in taxes.—London Globe.

A Good Lice Killer.

The season is at hand when the red spider louse is liable to take possession of your poultry houses, says a Rhode Island poultryman in American Cultivator. A good liee killer can be made as follows. One gallon of kcrosene, three pounds of tallow, two ounces of creolin; put the three in a vessel and place in a dish of hot water, and they will all unite. Paint or spray once a week the parts of the house where the lice are or are liable to be, and your poultry houses will be free from lice. The season is at hand when the red

Russia's Women Doctors. New statutes recently issued in male rivals, says The New York Medical Journal. Women may now obtain diplomas, pursuing their studies for medical degrees in the universities of the country and in the

military medical academy. "Arthur, dear, don't you think it's rather extravagant of you to eat butter with that delicious jam?"

'No, love; economical. Same piece of bread does for both."

Shoe Clerk-"Yes, madam, we find that of all the

in 1

in giving satisfaction to our

Lady-" I'm glad to hear it. I have a box of one of the so-called 'just as good as 2 in 1 polishes," and it is no good. It's a pleasure to deal with a house that

Shoe Clerk-"Well, madam, I would be very foolish to try to sell substitutes, for '2 in 1' is the best shoe polish made." Black and Tan-10 and 25 cent boxes and 15 cent collapsible tubes

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