

Rules for the Road.

Keep to the right of the road. Slow down at crossings. Signal for a stop or turn to the

cars behind by holding out the left Apply brakes slowly. Change spee

rates slowly. Drive carefully. Be prepared to help any motorist in trouble on roads distant from gar ages.

Be prepared to give pedestrians "lifts" on country roads. Stop car and engine when meeting

drovers with sheep, swine or cattle on country roads.

Park only at side of roads, leaving fairway. When buying produce in the coun-

try, park alongside road, not on the road

When parking at night leave warm ing lights.

Have headlight dimmers and use them other motorists at night.

When picknicking, carefully put out picnic fires.

When picknicking do not trespas to gather wild flowers, tree branches, blossoms, fruit or shrubs.

When picknicking clean up thor cughly, removing from sight all cans, papers and rubbish.

Give all vehicles, especially loaded trucks, a good half of the road.

Take hills on the right side of th road. Go over the crest carefully. Avoid coasting or speeding around curves at foot of hills.

Be courteous to pedestrians. Do not drive your car at them full tilt and laugh when they jump. Do not splash water on them as they stand at crossings or near curbs waiting for you to pass.

Avoid street cars carefully at stops. Learn and follow the local traffic rules, speed limits and driving ordinances. These are made for the com-mon good of all drivers, including yourself, and of all pedestrians.

Carrying Your Bed Along.

Many inventors have taxed their brains to contrive means whereby an of the car. automobile might be converted into a sleeping car for night use.

Newest in this line is a device patented by Hans C. Anderson, of Min-It is a double cot-bed ocneapolis. cupying the entire width and length of the interior of the car, being upheld by four legs just high enough to clear the backs of the seats.

The frame of the bed is composed an inch in thickness, and this ring is of a front rail, a back rail, two side rails and a middle rail running lengthis upheld by two legs whose feet enter upper side of holes in the floor of the vehicle. The with shellac.

DOOR

feet of the two rear legs are engage by holes in the back seat, the cushion being pushed forward to allow this. side rails carry brackets into which the end rails lock, and the lat-

ter are notched to receive the middle rail. A canvas sheet is fastened to the side rails and middle rail, and when the parts are locked together and all five rails rolled up in the canvas sheet, they form a bundle

which may easily be carried on one of the running boards. When practicable, it is desirable to remove the steering wheel from the stayed at home was a clever forge steering post shaft, so that it may not the frightened girl was his catspaw. project upward against the canvas.

Practical Paragraphs.

Removing wheel hub washer-The job of removing the wheel hub washer of the front wheel is often an almost impossible job, but it can be made easy by the use of a simple tool that when meeting and passing can be made by any car owner. Take a pair of round jawed pliers five or six inches long. File a notch on the inside of each jaw near the end and then reduce the diameter of the jaws until they will just slip into the holes in the ends of the split washer. With this weapon it is easy to remove the washer. Simply hook the ends of the pliers into the holes, close the pliers

to contract the washer so that it may be drawn out of the groove, when it is easy to slip it out by running a strew driver point around the edge

Proper lubrication-The term prop er lubrication has no very exact mening for the average car owner, and yet it can be defined exactly. It means father?" the quality of oil needed by the indi-

vidual part, supplied in the proper quantity, neither too little nor too much, and changed with sufficient frequency to keep it in condition to function properly. This latter condition carries with it the implication that the crank case or other part shall be flushed out with kerosene before

new oil is put in. From all this it will be seen that the car owner must

devote some study to the particular needs of his particular vehicle in order to master the lubrication needs

Inspection window-An ingenious car owner who had had trouble because of stoppage in the oil tube which runs from the transmission case of the Ford to the engine, inserted in the transmission case small mica window about two inches in diameter. The window is secured by a steel ring one thirty-second of

held by round head screws. A felt gasket is placed between the mica wise from end to end. The front rail and the transmission cover and the upper side of the mica is varnished

"I will get acquainted with Miss Next-door," vowed Geoff. THE HOUSE NEXT "Not if he knows it!" asserted the landlady. "I remember one day, short-

ly after they came, the girl was doing something in the garden, and my nephew, a harum-scarum lad, laugh-For the second time that night Geoffrey Leyton threw down his book and ingly asked her to smile while he snapped her with his camera. The started to his feet. Half an hour before, the piercing scream of a woman brute dashed out like a fury, and, griphad come to him through the open | ping her roughly by the arm, dragged her into the house, I have a copy of casement, to startle him into concerned tension. Now it had come again, the snapshot. It shows the girl shrinking in fright, and the man's ugly face convulsed with rage."

"Business of mine or not, I can't "I should like to see it," said Geofstand for it," he muttered. "The inferfrey. nal old rufilan is ill-treating the girl." Grimly determined he strode into

uttered a shrick of dismay, Geoffrey "Smart's the word. She mustn't give was after him down the narrow side him the tip."

treet like a shot. The enterprising has snatcher had not bargained for instant pursuit. One glance over his shoulder convinced. him that his only chance of eluding this grimly-smiling chap, who ran like an athlete, was relinquishment of his on the panels with her clenched booty, and at the certainty the bag hands. dropped from his hand. Geoff stayed to pick it up.

The catch was unfastened. He could see that it held a small flat package, and that in his rush the nimble fingers of the thief had been busy. The paper cover was slightly torn. A low unawares. whistle escaped him.

The parcel contained a wad of ap parently a hundred £1 Treasury notes, new and unsoiled as from the printers, and, amongst other things, a latchkey.

The mystery was out, to set him grimly thoughtful. The man who stayed at home was a clever forger, Without any compunction he an-

nexed one of the counterfeit notes and stuffed it in his inner pocket. On second thoughts he also appropriated the latchkey. Then he doubled back in his tracks to find the girl.

He saw her in the narrow street, leaning against the wall, distraught with fear, grey-faced, looking like death. At sight of him with the bag in her hand the sobs ceased, relief shot into her eyes, and she ran towards him with a little hysterical cry. He stayed her outburst of thanks with a deprecatory laugh.

"I'm sorry I lost the thief, but I got the bag," he said. "Won't you believe, little girl, that I want to be a pal?" he added.

"I wish you wouldn't follow me," she pleaded. "You can do no good, and

your interference is only likely to glared at the girl, who cowered by the make things worse than they are for door. "Not at all," stated the inspector

"Just tell me this," said Geoff, "Is reading his thought. "The girl would the brute who you live with your have warned you. Accident has given you away. You'll hear the tale in due "No. My father and mother died course.

when I was twelve, leaving me alone," she confessed. "He is an uncle who of the stairs. came to claim me. I had never known of him before then. he announced.

"Away out in the country I've go the dearest old mother in the world," er," remarked the inspector. confided Geoff. "She would have loved down, Ned, and bring along that other a daughter just like you. Some day taxi. Geoff, the girl is in your charge. "Right!" said Geoffrey. I'm going to take you along to her." He broke off at the pathetically Later in the day when between them motherly Mrs. Goff and he had

strained face, and put out his hand to rest it gently on her shoulder. Sobbingly, with averted face, she

reed herself from his grasp, and hurried away. With set face he walked quickly away in the opposite direction. It appeared to him that the neces sity for prompt action admitted of pe dallying. Discovery of the fact that the packet had been tampered with would send the terrorized girl flying back to warn the instigator, who, no doubt, held over her head the threat that they swam or sank together. There was no knowing what the vio

At the first public call-office he got through to his man. In five minutes he was facing him across a table in a

There was apparent in the appearance of the sturdy, keen-eyed gentle-man who received him with a quiet smile the stamp of the alert detective-

"You're looking a trifle excited," he observed, "What is this big thing you

Geoff drew the note from his pocket. and laid it on the table, Detective-Inspector Carey gave it his close attencase, which he placed beside it

They came up at a run as her hand went out to the bell. Up the side entry the two men raced, while the in spector, followed by Geoffrey, strode

to the front door. The girl was sob bing wildly, hysterically, as she beat It was clear that she was scarcely conscious of what she did. It opened suddenly to reveal for second the scowling face of the forger: but before the inspector's foot could be interposed the latch clicked The quarry was too cute to be caugh

Inspector Carey smiled grimly, and turned to lay a gentle hand on the distraught girl's shoulder.

"Ease up on that!" he said, not un kindly. "We're here for your good my lass." Something was happening at the

back of the house, sometning which sent the cornered rogue tiptoeing along the hall. In a flash the latch key was inserted, and the officer threw the door open.

"You can have it rough if you want it, Pete!" he shot out, as the two men showed in the kitchen doorway. The man looked round, and, with a

sprang forward to grasp a curse, heavy stick. In the ensuing rough-and tumble he fought like a savage beast. Geoff found some degree of satisfac tion in applying a strangle hold which enabled the bracelets to be snapped on the twisting wrists. It was pay nent for his bruised foot.

"Now, lads, get through it for the plant!" snapped the officer. "I've been looking for you for months, Pete. Your work has interested me quite

Murderous hate in his eyes, the man

"It's here in a box-room at the top,

been persuaded to make some pre

Geoffrey told her his plans for her.

Never again will your uncle be able to

get you in his clutches. Never if]

can prevent it, little girl! You're go-

ing to get back your color, and learn

again how to smile. And when that

Homeward.

cross the waters gold they stream

Homeward the tide turns over the bar,

Clasped in his arms the evening star.

In the sunset's orimson tide,

And in still havens glide.

Singing his deep sea rune.

Caught in his nets the moon

/Fruit for Optimism,

a number of monkeys recently had re-

markable results. For a week they

health has long been recognized. Unlimited sunshine has much to do with the beneficial effect of a vacation at the seashore. Nowadays this matter is better un-

One of the men appeared at the top derstood than it used to be, and it is known that the heat rays of the sun have nothing to do with the physical enefit obtained from such exposure It is the chemical rays in the sunbeam "That will be enough for you, print--particularly the ultra-violet rays-"Come that do the good work.

Electric light is rich in these rays, and many cures of rheumatism and neuritis have been accomplished by exposing the affected part of the body driven away terror, and had quieted to a powerful incandescent lamp, its rays concentrated by a hemispherical her hysterical sobbing, when she had reflector. For curative purposes phytense of a meal with them at table, sicians have turned to useful account a sort of cabinet lined with such lamps "I'll take you to my dean old moth-er," he said. "There you're going to remember all the past as a bnd dream. into which the patient, lying on a padded board, could be slid.

The newest method employs quarte lamp containing mercury vapor, through which the electric current passed. Quartz has the advantage of being extraordinarily transparent to ultra-violet rays,

Such a lamp, made in the shape of a tube of small diameter, can be intro-All duced into the nasal passages for the treatment of catarrh or into the throat for the cure of infected tonsils, thus saving the patient an operation.

Why Write "Viz"?

Do you know why so many abbrevia tions in common use, like, for example, "oz" for ounce, and "viz" for namely, end in the letter Z?

Viz is formed from the first two let ters of videlicet, the Latin word for "namely," The Z is a corruption of a queer-looking sign, something like the gure 8, that used to be placed at the end of an abbreviated word by the copyists of ancient manuscripts before the invention of printing, In course of time this 8 has bee transformed into a Z, the letter which,

in writing, it most nearly resembles, Like the people who advertise for

and the worst is yet to come



Curing With Light. The usefulness of "sun baths" for

I Am ---? The hope of the world. The universal friend of mankind.

The foundation of national pros perity.

The progress of civilization depends ipon me. The common people love me: but

kings, emperors, autocratic rulers and classes have ever been my enemies.

I am the great conserver of health, of childhood, of manhood, of womanhood, of all that is best in human life.

I have been driven about and buffeted through all time, but never have despaired of accomplishing my obect.

Long before Christianity, poets, prophets, philantropists and reformers looked forward to the establishment of my rule over all the earth.

Without me the brotherhood of man, friendship between nations, the banishment of poverty and misery from the earth will be but idle dreams. I work for the good of all, yet there are men so blinded by greed and ambition, by what they consider their personal interests, that they are constantly working for my destruction.

I am stronger than my most powerful enemies, and, like Liberty, cannot be killed. Though often driven to the wall, and apparently destroyed, I have struggled up all through the ages, up through blood and tears, through indescribable agony and the destruction of all that is dear to the hearts of men, I was mortally wounded recently; but, like a phœnix, I have risen out of the trenches, up from the blood-stained battlefields of Europe, up from the graves of the dead who fought for me, Above the clash of international am-bitions, jealousies, and hatreds, the hideeus aftermath of war, my voice is heard calling to all the peoples of the world to put an end to war now and

I am healing the frightful wounds, scothing the anguish, repairing the destruction wrought by my cruel adversary. I am also filling the hearts of forward jooking men and women

quiet office.

tion, and drew another from his note

ly, "you have one. The neatest stumer you'll ever be likely to see, We've got the idea there's only one man She rummaged in a drawer, and could turn out these pretty things, and

happens I'm coming along to see if we can't be the best of pals, Mary. lent brute might do.

officer.

hinted at?"

"Yes, Geoff," he remarked present-

the happiness that's overaue is waiting for you." The girl put out her two hands Geoff could see that her eyes were glistening, "Oh, but you're good," she faltered, "My pals call me Geoff," he laughed, he took her hands,

"Geoff," she said softly, Homeward the ships come with sails

his slippers and oldest jacket. De liberately he made his way to the house next door, and gave a lusty tug at the doorbell.

as

the scream of a woman in pain,

hatless, just

he road

The door was suddenly drawn open the space of a foot, and the scowling, saturnine face of the man confronted. him.

"I'm from next door," announced Geoffrey sharply. "I heard a scream

"What the Hades is that to you, and what d'y'mean by pulling at my bell like that?" blazed the man. "Mind your own business, you young fool!"

The door was swung viciously to, pinning the younger man's slippered foot. As he withdrew it, with a sharp hiss the bolt was shot home. For a short time Geoffrey Leyton re

mained with gritted teeth and clenched hands, meditating assault on the panels. Then, with a shrug, he returned back to his comfortable room, a stern smile on his face.

The bullying gentleman next door was not going to be allowed to crush his foot with impunity. Before he had done with him, Geoff rather fancied he would pay for that with interest.

"A wicked brute!" his landlady declared, on hearing from him a recital of the incident. "I'm glad you interfered. There's something wrong about next door. It isn't natural for a girl to shun all attempts at friendliness. Never once in the three months they

to me. the girl is trightened for her life."

Laughter is like sunshine-It freshens all the day; It tips the peaks of life with life d drives the clouds

placed the photograph in his hand. Her further remarks passed him by. for work with flash fivers some time For some seconds he sat staring. Seems to prove strong desire to es ago, but since he came out we've lost cape notice, for which there is un- getting about. Are you going to give doubtedly reason,' he commented. "If me a chance to get near him?"

you don't mind, Mrs. Goff, I'll borrow this. You say the young lady goes out every morning?"

"Every morning, save Sunday, carrying a little bag," returned the land-"The man never goes out." ady. Geoffrey nodded, and took up his

book. When the girl from next door came out the following morning he was kill-

ing time with a newspaper in his front room. Leaving his house, he coolly

overtook her. He saw that her costume was well cut, her whole appearance unobtrusively stylish.

"I live next door," he said quietly, as if talking to an old acquaintance. "I am the fellow who butted in last night. You seem to me to need a friend very badly!"

The girl started at his address, and, regarding him with fright in her eyes, quickened her pace.

"Name of Geoffrey Leyton," he added, keeping up without undue effort, "and at your service any time. I want to say you don't have to submit to the kind of thing that happened last night if I'm around and you'll say the word. That's all'!

He raised his hat and allowed her to outpace him. She did not look back. Without appearing obtrusively to mohest her, he kept her in sight, follow-ing her through a journey by tube, and

up in a lift at the other end. She left the lift, and, at a few yards behind, he watched while she joined a little jostling group intent on mounting an eastward-bound bus. Her distraction maybe afforded the nippy-looking rufflian, who was looking for an easy snatch, his opportunity. As he darted from the crowd with the sleeve. black bag in his hand, while the girl

"Right!" snapped Carey instantly.

agleam

him. Quite a nasty lot of these things While the dusk begins her reign

Geoff fished out the snapshot, and placed that also on the table. The of-Homeward the world comes with the

ficer glanced at it and looked up. eve, Bids all from labor cease, "That's the artist!" he said, scoop ing up the exhibits. "That's Pete the And joyously task and care we leave Printer all right. Take me to him, and For home and love and peace. you'll be doing the State and, inci-

dentally, me, some service." "A taxi will be quickest," suggested

Geoff, with a smile. "I can tell you all about it on the way."

"I like your snap," laughed the in-spector, well pleased. "We'll just call were fed on a diet principally of meat at the station for a couple of useful three days the change in them was and beans, and by the end of the first most noticeable.

In the cab the details were crisply stated, and acknowledged with nods. "We know him as a tough," said Carey, as he got out. "He's likely to end of the week they were a band of show fight when corn red. That's pessimists, taking no exercise, and looking out upon the world with melright about the little girl. Sure evi- ancholy eyes . dence of terrorizing."

He disappeared into the station. When he came out again, and the two men and himself had crowded into the they had brightened visibly. cab, Geoff produced the latchkey.

"This may be useful," he remarked Inspector Carey received it with an appreciative grin.

Perhaps the same rule applies to "Might make him useful, too," he human beings, because many people who partake of heavy meal diet habitremarked to his men.

can.

'Sure thing!" they agreed.

You two heat it to the back, and nip inside smart!" ordered the inspector. "Give him no rope. He's dangerous!"

-He pulled the cab up at the corner and they got out just as another taxicab swung into the short road. Inside it Geoff caught a fleeting glimpse of a white, strained face, and his hand went out to grip the inspector's skirts between the

lish coroner.

lane, Hasten the feet of men

word they desired to indicate by the On her earth-wide throne again. smallest possible number of letters.

The palm for this species of word compresion must, however, be awarded to a monk named Placentius, who wrote a poem of 253 four-line verses, every word in which begins with the letter "P," and is likewise abbreviated. Expanded into ordinary English, the first line reads as follows: "Praise Paul's prize pig's prolific A series of laboratory diet tests on

progeny." And so on for more than one thousand lines.

Opera performed in Berlin and transmitted by wireless telephone was distinctly heard 800 miles away. They became duil, lost all energy,

and swinging about in their cages was Ammunition belonging to no longer a delight to them. By the French Government, it is suggested, should be preserved by immersion in specially-made cases in certain lakes. and

How much trustworthy evidence At this stage their diet was changed there to show that the hurry and the to one of vegetable cereals and fruit. overcrowding of modern civilization and hardly a day had elapsed before push men into premature graves? London, New York and Chicago have Soon they were frisking about in the old each a death rate very near the lowhappy fashion, and showing interest in all that went on around them. est ever known; octogenarians are more and more common, and active business men at sixty-five or seventy are so numerous that they attract no attention. ually are subject to fits of pessimism

and depression. So if you wish to go and depression. So if yet what to be about your work in a happy frame of mind, plenty of garden produce, George H. Hutton, Superintendent of A tribute to Marquis wheat, a cer- Metropolitan Water Board 538 square

Agriculture for the Canadian Pacific Railway when he stated that during the past year alone the province of Alberta had realized from \$20,000,000 to \$30.000,000 more from Margais wheat than it would have realized had deen growing the cld E.d Fife ver-

and so forth, in modern everywhere with the determination newspapers, where saving space never to cease their efforts until the means saving money, these old-time whole world is enrolled under my bancopyists were adepts at expressing the ner,

forever.

I am sanguine of success as never before. In spite of the heavy clouds on the horizon, the universal unrest, the quarrpling, the birkering and fighting of individuals, classes and nations, never befere did my future look so bright. I can literally see swords being inraed into plowshares. I can see armies being disbanded, armaments destroyed and great warships turned into vessels of commerce. I call on You to held realize my vision, for I am your best friend. I AM PEACE.

O. S. Marden.

Po not make a muisance of yourself with your hown, but at the same time remember that no one has ever been arrested for using it.

Let not your limitations discourage you: it is your strength that, rebelling against them, makes you aware of them.

Canada has the only two coal regions on the sea-coast of North Am-erica, and controls one-fifth of the world's coal resources.

The real City of London covers 673 acres; the County of London covers 117 square miles; the police area 520 square miles; and the area under

deem the world Linthe

One great, strong, unselfish soul in every com-munity would actually re-

un open fire, says an Engiety.

who shall make us do the best we -Ralph Waldo Emerson. Girls should be taught to tuck their

linces when ap-

proach!

The chief want in life is somebody