

ly
ed
ment Cure—
led Free to
rapper.
n and woman
cruciating tor-
nd their name
get by return
ge of the most
are ever known
id Pile Cure.
hat this great
r own case is
pon and send
by return mail
f Pyramid Pile
ve proven to
o, you will go
a 50-cent box.
ration. Opera-
cess and often
quences. Pyra-
all inflamma-
on, irritation,
ers disappear,
quit.
stores at 50

The Angle LAMP

There's no longer any reason for prejudice against kerosene lighting. The Angle Lamp employs a new principle which does away with all smoking and offensive odors and makes the best and the most satisfactory light in the world.

Brilliant as Gas

or electricity, and better than either, because its light is soft and mellow and does not hurt the eyes. It's the light with "no under shadow," lighted and extinguished like gas. It is safe, clean and convenient. A great difference between the Angle and any other lamp.

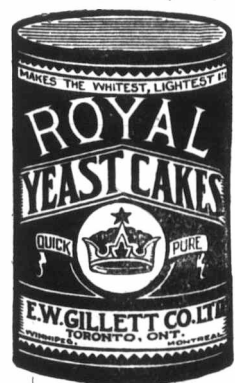
Sold on 30 Days Trial

You should get the Angle book and read about this lamp. Write us for catalog No. 32.

THE 1900 WASHER CO.,
387 YONGE ST. TORONTO, ONT.

teasing her about what he called her "missionary enterprise" and finally said disagreeable things about all foreign missionaries, she was often uncomfortable. If Uncle Peter had been well, Elsie would have kept away from him as much as possible. Perhaps rheumatism made him cross as well as lame. With this thought in mind the little girl waited upon her uncle and patiently answered all his troublesome questions. It is a strange thing, but Elsie couldn't seem to hold on to money. Again and again she had almost a dollar in her possession and then let it slip through her fingers. There was always somebody or something demanding a bit of help from Elsie. Once it was cough drops for little Sammy Perkins. Another time it was shoe strings for Tommy Prior, who wouldn't go to Sunday School in his old shoes until Elsie polished them with her own blacking and bought shoe strings to replace white cord which laced them together. Meantime all the neighbours became interested in little Shimoon and the Turkish orphanage. Uncle Peter de-

MADE IN CANADA
ROYAL YEAST CAKES



Best Yeast in the World
Sold and Used Everywhere

E. W. Gillett Co., Ltd
Toronto, Ont.

clared that since he was a boy in his mother's home, he hadn't felt so well informed regarding the needs of foreign missionaries as that summer. One day in late September Uncle Peter had teased Elsie about squandering foreign missionary funds in charitable work at home, until the little girl broke down and cried. "Now never mind," comforted Elsie's mother, "you shall have the dollar, dear, because I will give it to you." "But don't you see," sobbed Elsie, "I wanted it to be my own dollar that I earned myself. It's queer how rich folks, like Uncle Peter, do act. Now, mamma, do you suppose if Uncle Peter had been in my place last Sunday and found out that the reason old Auntie Prior was sick and hadn't been out of her house for a week, was because her tea was gone, and she was waiting until her next month's money came before she could buy more; do you suppose he could have known that and kept his Turkey dollar when he could have bought her a pound of tea? I knew it was almost October and that my time was gone, but what could I do? What would Uncle Peter have done?" "Now, don't cry any more, Elsie," replied her mother. "Uncle Peter would have done exactly as you did. You have no idea how generous he is with his money among the poor of his own city. He never has given a cent toward Foreign Missions, though, that I know of, and I suppose that is why he seems so heartless. But don't you mind what he says. You shall have your dollar, and Elsie, dear, several other little girls are to have dollars instead of dimes for the October offering, just because you have interested their mothers in little Shimoon. Your efforts haven't been wasted." Two days later, Uncle Peter returned to the city. On leaving, he presented Elsie with a bulky envelope. "This," said he, "is for you to present without opening, to your Mission Band. It's your dollar, child, to go to Turkey; a dollar you honestly earned." "A dollar I earned," exclaimed Elsie, a joyous smile lighting her face. "I didn't know I was earning a dollar that I didn't know about, and isn't it rather thick? What else is in the envelope?" "Papers, child, to keep the dollar from getting lost, and a little note of explanation." When that mysterious envelope was opened in the Mission Band, Elsie's dollar developed into five ten dollar bills. "The enclosed," Uncle Peter had written in the note, "is salary due one home missionary for services rendered this summer. Paid gladly by one who doesn't believe in Foreign Missions." To this day Elsie can't understand why Uncle Peter sent that fifty dollars to the orphanage in Turkey; nor why he wrote her afterwards that failure sometimes spells success in letters of gold.—Frances Margaret Fox, in Christian Observer.

If we would be strong let us bear in silence, for in silence we not only grow strong, but also test our strength.

Melancholy and Mental Depression

Also Known as Low Spirits and "The Blues," Are Almost Invariably Caused By Indigestion and Stomach Derangement.

Chronic melancholy is a symptom frequently encountered in the victims of dyspepsia and indigestion. Defective blood nutrition or anaemia appears to be the physical state with which the great majority of cases of melancholy and mental depression are connected, and to which all modes of treatment are directed. Powerful and permanent and depressing moral and mental emotions act as effectively in arresting healthy digestion and alimentation as the eating of injudicious food, or the use of nourishment under circumstances such as the respiration of impure air, or indulgence in intemperate tendencies, which render proper assimilation of food impossible.

But while depressing mental emotions may cause disturbed digestion, on the other hand, dyspepsia may, in turn, cause mental depression, so that cause and effect may be transposed. Melancholy, or "the blues" should not be regarded as a distinct and independent affection, as it is almost invariably traceable to, and dependent upon, some disorder of the digestive system.

The victims of this distressing condition present not only the usual symptoms of indigestion or nervous dyspepsia, but also a long train of symptoms of a peculiarly melancholic and morbid character, such as extreme increase of nerve-sensibility, palpitations, strange internal sensations, which simulate many other diseases, together with an exaggerated uneasiness and anxiety chiefly concerning the health. They imagine they have all the diseases known to Pathology, and are great pessimists, prone to look on the dark side of life. They are easily annoyed by small things, which if their health and digestion were good, would never bother them; and they feel constantly irritable, have dark forebodings, and fear the approach of some imaginary evil, impending disaster or calamity.

If they experience indigestion-pains in the heart region, they think it is heart disease; uneasiness in the chest means consumption, while the various other fugitive aches and pains distributed over the system they imagine to be symptoms of some fatal, organic disease.

Every one of these morbid symptoms depends upon a disturbed state of the digestion, and for the removal and cure of this condition, there is no better remedy in existence than Stuart's Dyspepsia Tablets. They get right at the seat of the trouble, cure the dyspepsia, and remove the cause. Every particle of food in the stomach is thoroughly and properly digested,

owing to a long-continued indigestion, with the result that the blood, which mal-absorption, mal-nutrition and mal-assimilation of food, is in a thin, anaemic condition, is rapidly built up, and improved in quality—this improvement progressing along with the increased power of the stomach to properly digest its food through the aiding and toning-up properties of these powerful little digestive tablets; so that the melancholic and depressive symptoms disappear along with the dyspepsia.

Don't allow yourself to be overcome with "the blues," but secure a box of Stuart's Dyspepsia Tablets at once from your druggist for 50 cents, and begin taking them; also send us your name and address for free sample package. Address, F. A. Stuart Co., 150 Stuart Building, Marshall, Mich.

FREE
To the End of This Year FREE

The Canadian Churchman will be sent free to New Subscribers outside of Toronto only, from now till the 31st December 1910 for the yearly subscription of one dollar, Toronto, England and the United States, one dollar and fifty cents, thus giving the balance of this year FREE. New Subscribers will be entitled to our beautiful illustrated Christmas number FREE. The price of the Christmas number alone will be 25 cents.

The "Canadian Churchman" is the recognized organ of our Church. It has the confidence of the Church reading population, and should be in the home of every Churchman. It is a paper that can be placed in the hands of every member of the family; brightly written, with frequent illustrations. We ask each of our present subscribers and friends to send us without delay at least one new subscriber; and to try in every way in their power to bring the "Churchman" prominently before the Church people,

Address Orders to
Canadian Churchman
Box 34, Toronto, Ont.