

ABBREVIATIONS.

1 Tablespoon	1 tbsp.	1 Quart	1 qt.
1 Teaspoon	1 tsp.	1 Pint	1*pt.
1 Cup	1 c.	1 Ounce	1 oz.
		1 Pound		1 lb.

All measurements are made level.

TABLE OF WEIGHTS AND MEASURES.

2 cups	1 pt.
4 "	1 qt.
2 "	butter (packed solidly)	1 lb.
3½ "	flour (pastry)	1 lb.
2 "	granulated sugar	1 lb.
2 "	fruit sugar	1 lb.
2¾ "	icing sugar	1 lb.
3¼ "	brown sugar	1 lb.
5½ "	rolled oats	1 lb.
2½ "	corn meal	1 lb.
1¾ "	rice	1 lb.
3½ "	Graham flour	1 lb.
4 "	coffee	1 lb.
2 "	finely chopped meat	1 lb.
8	medium eggs	1 lb.
1	square Baker's chocolate	1 oz.
3	tsp.	1 tbsp.
16	tbsp.	1 cup.
2	tbsp. butter	1 oz.
2	tbsp. granulated sugar	1 oz.
3½	tbsp. flour	1 oz.