

Alcohol abuse on campus is a reality

by JOHNATHON COGHLAN
BRUNSWICKAN STAFF

Alcohol is everywhere, but its presence is especially noticeable on a university campus. Many students arrive on campus with a pre-conceived image of an alcohol oriented life-style. Alcohol is a large part of the student lifestyle, because we, as college

students, frequent bars more often than other people, and alcohol is also present at many school related functions.

According to Carol Green, of the Student Health Center, irresponsible use of alcohol can lead to such problems as trauma, pregnancies, sexually

transmitted diseases, poorly based relationships, and scholastic failure. Students also come to rely on alcohol to cope with problems and to overcome shyness.

Alcohol problems have many causes. A large number of students with drinking problems come from families where alcohol was abused, or where it was a taboo subject. Peer pressure is alive and well to day, and also a common cause for drinking problems. Glamorous portrayal of alcohol use on television in programs and commercials is a bad influence. Very rarely are the consequences of heavy drinking or alcoholism shown.

Alcohol abstention is not a practical answer to drinking

problems. Alcohol is too big a business to abolish, and there is no reason why people can't learn to control their drinking problems by responsible use of alcohol.

Right here on campus, there is a program called the Peer Alcohol Education Program (PALE), which is designed to teach students responsible use of alcohol. PALE is not just for students with drinking problems, and it is not intended to discourage students from drinking. There is a PALE session on Saturday, September 28, and students are needed to become Peer Educators. Anyone who is interested in PALE should call the Student Health Center at 453-4837 by Friday, Sept. 27, and speak with Carol Green.

Students allowed to claim some moving deductions

by TRACY LEMAY
"Reprinted from the Financial Post, September 21, 1985"

If you're a student heading back to the halls of academe this fall — or if you're the parent of a student — you should be aware of the potential for deducting moving costs.

Not widely known, these deductions can be claimed by full-time students moving within Canada, from Canada to a school in a foreign country or from a foreign country to Canada. The key point is the distance moved must be more than 40 kilometres.

You can claim the deduction against income such as scholar-

ships, fellowships, research grants and similar awards to the extent that this income is reported on your tax return.

You can't claim the costs of moving back to school against income from your summer job. However, expenses incurred to move to that summer job last spring may be written off against the job's earnings.

The deduction covers all moving expenses of the student and his or her household. And it doesn't depend on who actually picks up the tab. If a parent or grandparent buys a plane ticket for the student, for instance, the expense can be claimed against the student's income.

Avoid higher bracket

The Canadian Taxpayer, a newsletter dealing with tax matters, points out you can claim the moving-expenses deduction in either the year of your move or the following tax year.

If you're in your last year of school, you might want to take the deduction next year when you're going to be employed and your income will be greater. This way, you might

avoid being pushed into a higher tax bracket.

Remember that if you have to live in a hotel temporarily before moving into a school residence or other permanent accommodations, you can claim this expense.

While you don't have to send all your receipts to Revenue Canada — you make the claim by sending form T-1M with your return — it's a good idea to keep them in case Ottawa wants to have a look.

25% of our food thrown away

by PAM JOHNSON
BRUNSWICKAN STAFF

Canada is one of the few countries which is able to produce a surplus of food. Of the food that is kept within our borders, 25% ends up being thrown away. To disregard those members of one's community who are starving could be deemed inexcusable. And, there are people starving here in Fredericton.

Reasons for this fact are many; as any Political Science, Economics or Sociology major can tell you. In order to eliminate so great a problem, the crux of the matter must be located and attacked. However, the study and elimination of social disorders can take years. Debate, argument, and reassessment occur before any effective policy implementation can take effect. Concerning ourselves with problems in our immediate environment, and channeling more energy into improving our community, will perhaps lead to a better understanding

of the social reality we are a part of.

The 140 regular and part-time volunteers at the Fredericton community kitchen are doing just that. On average, they serve 65 Fredericton Residents a hot meal at the soup kitchen, every day of the year. Most of the customers are low income people or residents classified as "unemployable" by the social services for reasons such as slight retardation or emotional instability.

Some critics claim that free food hand-outs create an unnecessary dependence on the service. Past President of the Community Kitchen feels that there is some truth to this criticism, but withdrawing the service is not a satisfactory way to deal with dependency. The one-meal-a-day service is enough to encourage people to provide meals for themselves.

The kitchen depends upon free-will donations of home-made soups, tinned goods and

freshly baked items. The volunteering of supporters' free time is all essential to the kitchen's operation.

Brunswickan talks to U.S.C. program director

by COLIN CADOGAN
BRUNSWICKAN STAFF

Andrew Stevenson is a program director with the Unitarian Services Council (U.S.C.) of Canada. Every year, the program officers make speaking tours through different areas of the country informing people about the work that they do. They feel that this is necessary because they receive much private, as well as government, funding.

Mr. Stevenson has completed course work at the Carleton University School of International Affairs. This

If you are interested in donating time or finding out more about the Soup Kitchen, phone 457-1788.

qualification has led him to work as an International Economist at the Canadian Imperial Bank of Commerce and at the Bank of Nova Scotia. These positions gave him influence over the foreign country lending policies of these major banks. However, Mr. Stevenson says, "I don't feel that my previous work had as much meaning as what I'm doing now."

Mr. Stevenson feels that the speaking tours that U.S.C. has set up for him are neglecting an important audience, schools and universities. He says,

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Campus Briefs

Spurles resigns

In a letter to S.U. councillors, Vice-President Ron Spurles announced his resignation effective immediately.

In the letter, Spurles stated that he was unsuccessful in choosing a replacement due to "red tape" and urged that council "act promptly to appoint someone."

Spurles cited academic reasons for the decision.

Petition to be circulated

Starting this Monday, September 30th, until Wednesday, October 2nd, the UNB Progressive Conservatives will be circulating a petition door-to-door in all campus residences.

The petition reads as follows: "We the undersigned, students of UNB, believing firmly in the principles of democracy, do hereby support and encourage the efforts of the peoples of South Africa in trying to establish a truly representative, responsible, and non-discriminatory government."

Upon completion of the petition, it will be presented in the House of Commons by local MP Robert Howie.

Career/Mutual Helping Workshop

The Career Workshop. Are you wondering what you can do with your degree? Or feeling discouraged about not having any direction in your life? Or bored with your program but don't know what else there is for you? This intensive 9-week workshop will help you clarify your interests, identify your skills, and generate career options. You will learn how to research these options and then formulate meaningful career and educational goals. The workshop takes place Monday evenings, 7:00 to 10:00 p.m. starting September 30.

The Mutual Helping Workshop. If you are struggling with major personal issues in living, if you are in emotional pain, if you are having trouble dealing with your feelings and, instead, they are dealing with you, this workshop may be for you. A small group of 8 to 12 people will meet every Thursday evening during the term. To help you decide if this group is right for you, you can attend an information meeting on Thursday evening, October 32 from 7:00 to 9:30 p.m.