Accust.—In these days when disease of the throat prevails and particularly a dry, hacking cough, those afflicted may be benefitted by trying what virtue there is in common salt. We commenced by using it three times a day—morning, noon and night. We dissolved a large teaspoonful of common salt in a tumbler ful! of cold water, and with this we gargled effectually just before meal time. During the following winter we were not only free from the usual coughs and colds but a dry, hacking cough has entirely disappeared. We attribute our improvement to the salt gargle. Others have tried it with the same results, and we can heartily recommend this simple remedy for sore throat an coughs.