

Phaseolus lunatus: (also P. limensis), the lima or butter bean group. Other commercial names include the pole bean, the Madagascar and the Burma bean. It is popular in the Americas, Southern Africa and South East Asia.

Vigna angularis: adzuki beans, grown and used almost exclusively in Chinese, Japanese and Korean areas, it is the major ingredient in red bean paste in Japan.

Phaseolus coccineus: (also P. multiflorus), the scarlet runner bean group. Some white varieties are called "elephant" or "Soissons" beans.

Vigna calcaratus: pegin or bamboo bean of South East Asia.

Vigna aconitifolius: the moth bean, exclusive to India and Indonesia.

Phaseolus acutifolius: the tepary bean, grown and used in Central America and Southern Africa.

GRASS PEA

Lathyrus sativus: also called chickling vetch, grown and consumed mainly in India, it thrives on poor soils and during drought conditions. High consumption may produce the disease lathyrism.

LENTILS

Lens culinaris: sometimes referred to as flat peas, the main production areas are the same as for the chick peas, except for Mexico. Europeans favour the large light-green type, while the Middle East and India-Pakistan prefer the small red varieties eaten as split lentils.

LUPIN

Several species of the genus Lupinus are cultivated largely in the U.S.S.R., Poland, South Africa, Australia and Italy. New alkaloid-free varieties are largely responsible for renewed interest in this crop, basically for animal feed.