

Sodium and eliminate them from the system after I stop the morphine by warm baths, Sweet Spirits of Nitre and Digitalis. The reflex action of the spinal cord which has purposely been kept depressed by the bromides during the reductionary treatment is now excited by strychnia and the central nervous system is stimulated and invigorated by the daily use of the induced or Faradic current of electricity as general faradization. To obviate any psycho-somatic suffering after withdrawal, I use Nitro-Glycerine  $\frac{1}{100}$  gr., by the mouth while at the same time I give a hypodermic injection of  $\frac{1}{4}$  to  $\frac{1}{2}$  gr., of Sulphate of Sparteine. I use this for perhaps two or three days after complete withdrawal. Nerve tonics are also employed and I have a preparation of my own which I call the Glycerophosphates, which consists of the Phosphates of Soda, Lime and Potash in a Glycerine-Phosphoric Menstrum that I feed the patient liberally as a brain and nerve tissue food. I prefer this to any preparation of the phosphates that is made for sale and I get better results from it. My emaciated patient generally gains in weight and strength daily until he has gained in a month's time from 25 to 30 pounds of flesh. His shattered constitution is built up and in about six weeks he is generally well enough to be discharged and to resume his place in society free from all craving for morphia. Exceptional cases require a longer course of treatment. In all cases where I can prevail upon the patient to do so, a sea voyage is taken to give a hardiness and vigour to the nervous system which hardly anything else does so well, after the course of treatment is finished. I am very careful about the diet of my patients and keep them on a proteid diet which requires the least expenditure of vital force and oxygen by the system to digest, appropriate and assimilate it; only a minimum of starchy food and vegetables are allowed on the diet list. 801 *Madison Ave.*