

# The Teacher's Monthly.

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The Lesson Helps this month were prepared by Revs. R. Mackay, Hemmingford; J. A. McKee, Orono; G. S. Carson, Pictou and J. R. Munroe, Antigonish.

In making use of the QUARTERLIES and LAFLETS of this third Quarter, for Home study, please give some of the questions of the Junior or Senior departments for written answer. Next Quarterly will have special questions for written answer.

## OUR S. S. HELPS, IN FUTURE.

The General Assembly has decided that from the beginning of 1899 the S. S. Lessons of our Church shall be issued in Toronto, and a committee has been appointed to select a managing editor and to have supervision of the work.

The Church is almost unanimous as to the advisability of publishing our own S.S. Helps, and our Sabbath Schools, in large measure, loyally support them. During the present year the circulation of the different Helps has increased to 75,000, from 60,000 in 1887, an advance of 25 per cent.; and when they are established by themselves, and not as an adjunct to other work, they should make even better progress.

While bespeaking in advance a cordial support for the Lesson Helps of 1899, whoever may have them in charge, there is one reminder not wholly unnecessary.

Do not expect that a beginner, in the first issues or months, is going to give a series of Helps that will take the Sabbath School world by storm, and do not compare them with other, older, Helps, or complain of them and give them up because they may not be quite the best that are printed.

Some of the worlds' best and brightest minds, specialists in Sabbath School work, with long training, are constantly engaged in perfecting the various S. S. Helps that are so

pleatiful in our day; and to expect that any man, when first undertaking the work, can excel, or even equal, in all respects, some of the S. S. Helps already produced, is to expect the unreasonable and impossible.

There are better looking men and women in the world, in some ways, than your husband or wife, but you "wouldn't swap." And for some time there may be, in some respects, more attractive S. S. Helps than those of our own Church, but they are our own, your own; and, all in all, the best for our Church, and we should loyally support them because they are such.

Further, do not compare the organization, and work, and system, of a new establishment, with limited means and small staff, and just getting into working order, with that of old, established, organizations, that are the growth of years; and find fault with the former, if, in its beginning, its system is not quite equal to that of the latter.

Remember that those who will be in charge of these Helps will be doing their utmost to make them in every way worthy of the Church, and that we should second their efforts by loyal and patient and helpful support.

--"Morbid people see all life and all the world through tinted glasses, tinted with the unhealthy hue of their own mental condition. They see their neighbor's faults, but not the excellences of his character. They have an eye for the blemishes and unlovely peculiarities of others and for the disagreeable things of life. They fret and chafe at the smallest discomforts in their lot, and fail to get happiness and pleasure from their many and great blessings. They are unhappy even in the most favorable circumstances, and discontented even in the kindest conditions. The trouble is not in outside things but in themselves. They are like a fever patient who tosses restlessly on his bed and complains of the heat of the room, ask-