

## The Path to Health

For many thousands of women the Path to Health has certainly been through Lydia E. Pinkham's Vegetable Compound. When this great remedy was first introduced, and for many years after, skeptics frowned upon its curative claims, but as year after year has rolled by and the little group of women who had been cured by it has since grown into a vast army of hundreds of thousands—doubt and skepticism have been swept away as by a mighty tidal wave, until today this purely vegetable medicine is recognized as the greatest remedy for woman's special ills in the world. This is because it is a wonderful tonic and reconstructor which acts directly and favorably upon the feminine organization and is a specific for that purpose.

Women in All Countries Depend Upon

## Lydia E. Pinkham's Vegetable Compound

## Wedding Announcements Are Neatly Printed

by the CAMPBELLTON GRAPHIC, Limited.



## You will like Lantic fine!



**For BAKING.** For pound, tea and sponge cakes, coffee cakes, angel cake, layer cakes, fruit cakes, coconut cakes, pork cakes, nut cakes, short cakes, macaroons and biscuits, crullers, rolls, buns—ALL cakes—Lantic creamer quicker with the butter—because it's FINE.



**For PRESERVING.** For peaches, pears, plums and grapes—if you use Lantic you can smile at the old caution "Let it simmer until all the sugar is dissolved." While yet the fruit retains its beautiful color and attractive form, the preserving is done—because it's FINE.

**FINE** in granulation—finer than all other sweeteners in actual use—finest in results obtained. "Fine" has many meanings to the Lantic user! In snowy glistening crystals of pure cane sugar—all sugar and nothing else—Lantic brings you concentrated sweetening. And because each crystal is fine and even, Lantic dissolves at once—it instantly delivers its great sweetening power without hesitation. Of course it goes farther. Of course it costs less. Of course you will like it fine.

In **PRESERVING** late fruits such as pears, plums and peaches, it eliminates the danger of over-cooking, which robs fruit of its natural color and shape, and some of its flavor.

In **BAKING**, Lantic creams quickly with the butter—which makes the cake light and dainty. Creaming need not be tedious.

In **CANDY-MAKING** fine granulation gives candy a soft velvety quality. Most of the highest grade chocolates and finer candies are made with Lantic. The exquisite "velours" of the best chocolate creams comes from Lantic fineness.

In **TEA or COFFEE**, in fact in all beverages (hot or cold), every Lantic crystal dissolves at once, yielding readily the full sweetening of the purest cane.

### ATLANTIC SUGAR REFINERIES, LIMITED MONTREAL



10 lbs 2 lbs 5 lbs 100 lbs 5 lbs 2 lbs 20 lbs

# Sugar

### A COMPOSITE TYPE.

Louis C. Minette, recently accepted for enlistment in the United States Marine Corps at Tulsa, Oklahoma, said that his mother was an American who married a Frenchman in Italy. He was born on a ship flying the Spanish colors while lying in the English Channel. At the age of five his parents died in Sweden, and he was adopted by a German, who brought him to the United States. His adopted father is not a naturalized citizen. "Would you class him as 'the man without a country,'" said the recruiting sergeant. "Man without a country nothing," said the sergeant. "I'd class him as a league of nations."

### ROD AND GUN

The many readers of Rod and Gun in Canada who are interested in the fiction section of the magazine will be pleased to note that George Gilbert the well known short story writer has written an absorbing romance staged in the great outdoors entitled "Waters Of Rejoicing." This along with ten other stories and articles together with the various Departments make up the September number of Canada's greatest sportsman's publication. With the coming of the autumn the "gun man's" thoughts turn to ducks and deer and this number contains several good stories telling how the other fellow got his quota of Canada's water fowl and big game. ROD AND GUN IN CANADA, is published monthly at Woodstock, Ontario, by W. J. Taylor, Limited.

"Goodness me," he exclaimed, "it's raining, and I haven't my umbrella! May I borrow yours, sir, to keep me dry while I run to the station?" "Young man," said his fond parent, "I do not trust anyone with my umbrella!"

"Daddy, why did everybody cry at Molly's wedding yesterday?" "Because most of them had been married themselves, my boy."

### AN HISTORIC BEAST

GIANTIC REPTILES EXISTED THOUSANDS OF YEARS AGO.

Remains That Have Been Discovered by Scientists Indicate That These Animals Were Much More Terrible Than Anything That Has Existed Since the Coming of Man. The Lizards Were the Most Feared of All.

NO animals alive to-day on the earth possess weapons all so comparable to those of many of the gigantic reptiles that prowled over this country a few million years ago.

Take, for example, the lizards. This creature when alive weighed perhaps two tons and stood about twenty-five feet high as it walked erect, like a kangaroo. It could not walk on all-fours, because its forelegs were relatively very small.

Its hands, however, were armed with huge and frightful claws, which, it is surmised, were used to tear out the eyes of the animals, often much larger than itself, on which it preyed. The above-mentioned skeleton is mounted in such wise as to represent the beast in the act of devouring the remains of a brontosaurus, which in life may have weighed twenty tons.

The lizards were probably the most formidable creature that ever existed in the world. Incredibly agile, with the activity of an antelope, it could leap 100 feet at a bound, its vertebrae and leg bones being hollow for the sake of lightness. Its tremendous jaws were furnished with saberlike teeth half a foot long, and probably the great claws on its hind feet were employed for tearing open the belly of its luckless victim.

There were in those ancient days many species of carnivorous monsters, mostly built on the kangaroo plan. They preyed (as do the carnivora of nowadays) on plant-eating animals. Just as the tiger assails the elephant in the jungle, so did the lizards attack the brontosaurus or its even larger relative, the diplodocus.

Brontosaurus and diplodocus were stupid, helpless reptiles, eighty feet or more in length, which browsed in the shallows of lakes. They possessed no weapons of defence, and it is a marvel how they escaped extermination. On the other hand, there were many species, likewise plant-eaters and huge of bulk, which were fearfully armed and also armored, so as to be able to put up a very decent fight if attacked.

A typical armored lizard was the huge ankylosaur, whose entire back was covered with ridged plates of impenetrable bone. Low of stature, with a short, blunt head, it carried on the end of its short, heavy tail a great triangular club of bone, which was a dangerous weapon. Each of its feet was provided with a cup-shaped bony shutter, like the visor of a helmet, which could be closed over the foot. The brute was an animated fortress.

The Stegosaurus, about twenty feet long, had the smallest brain of any known vertebrate relatively to its size. But in its pelvis it had a sort of secondary brain, ten times as big as the one in its skull, which was a power station actuating its tremendous tail, the latter being armed with two pairs of mighty spikes. One well-aimed blow with those spikes and it was all over with the adversary.

The most remarkable feature of the Stegosaurus's anatomy, however, was a series of immense plates of bone standing erect along the back of the animal from head to tail. The biggest of them were four feet across. A sheathing of armor protected the body and throat.

By no means so well provided with means of defence was the hadrosaur, which measured thirty feet from the tip of its nose to the end of its tail. As it walked erect on its huge three-toed hind feet the top of its head was fifteen feet from the ground. A good part of its length being represented by a long neck, which was nearly a yard long and the forepart of its skull was expanded into a broad beak covered with horn, in shape very unlike that of a duck. Its jaws resembled great salad spoons, being appropriately formed for cropping the aquatic weeds on which it fed.

These amazing jaws were furnished with no fewer than 2,000 grinding teeth arranged, so to speak, in magazines. In each jaw were forty-five to sixty rows of teeth, ten to fifteen of them in each row.

One of the most amazingly armored reptiles was the stryconosaurus, the rear part of whose skull extended backward in the shape of a great frill, after the manner of a knight's helmet. The frill terminated picturesquely in half a dozen long horn-like processes, and the beast's nose carried a mighty horn resembling that of a rhinoceros, but far bigger and more dangerous as a weapon. On the end of the nose was a horny cutting beak, very powerful and not unlike the beak of a snapping turtle, magnified.

Not distantly related to the stryconosaurus was the triceratops, which was as tall as a big elephant and twice as long, including the tail. Its skull, one-third the length of its body, was provided with the same kind of bony "frill," meant for the attachment of the muscles required to hold up the enormous head, which weighed half a ton. It had the same sort of cutting beak, and its head bore three horns—a short one on the nose, and two that were each a yard long on the forehead, projecting forward. The two great horns were sharp as daggers.

That the triceratops was a fighter, and often engaged in combat, is proved by the finding of many broken and healed bones of reptiles of this species. Evidently they lived to recover from their wounds and fight again another day.

"The Bible says there will be no marriage in heaven," said Willie. "I wonder if that is true?" "Of course it is," replied his little sister Hazel. "How can the woman marry when there are no men in the place?"

There was a young lady from Siam Who had a bold lover named Prim; "I don't want to be kissed," But if you insist, Heaven knows you are stronger than I am."

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Thos. Ellsworth.

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