

# DAILY PAGE FOR ADVERTISER WOMAN READERS

## Beware of Fake Baking Powder Tests

("THE SPICE MILL" (N.Y.), SEPTEMBER, 1913.)

Unscrupulous manufacturers of baking powder, in order to sell their product, sometimes resort to the old game of what is known as the "glass test." In reality, it is no test at all, but, in cases where the prospective buyer does not understand that the so-called "test" is a fake, pure and simple, the salesman is sometimes able to make him believe it shows conclusively that the so-called baking powder he is selling, and which of course contains egg albumen, is superior to other brands which do not contain this ingredient.

Bulletin No. 21, issued by Dairy and Food Bureau of the State of Utah, reads as follows:

"The sale in the State of Utah of baking powders containing minute quantities of dried egg (albumen) is declared illegal. The albumen in these baking powders does not actually increase the leavening power of the powder, but by a series of unfair and deceptive tests such powders are made to appear to the innocent consumer to possess three or four times their actual leavening power."

## VEGETABLES

TO CONSUMERS DIRECT.

### MAIN & COLLYER

Established 1894.

The Largest Growers of

Fine Vegetables in Western

Ontario.

SPECIAL:

Tomatoes, ex. fcy, hothouse, lb. 30c  
Spinach, choice handpicked, peck 30c  
Brussels Sprouts, selected, box 15c

Cucumbers, extra fancy, each... 25c  
Lettuce, extra fancy, fine... 25c  
Lettuce, Paris "Cos",... 25c  
Radishes, fine, bunch... 5c

Lettuce, Leaf... 5c  
Celery, extra large... 10c  
Celery, fine... 10c  
Celery, hearts, six in bunch... 10c  
Salsify, bunch... 5c  
Sage, Savory, Thyme, bunch... 5c  
Parsley, Watercress, Gr. Onions, 5c  
Hubbard and Essex Squash... 10c  
Vegetable Marrows... 5c  
Cabbage, white, red, 7c med. 4c  
Savoy Cabbage... 5c  
Horseshoe, bunch... 20c  
Parsnips, peck... 20c  
Potatoes, Beets, Carrots, Turnips 15c  
Onions, peck... 20c  
Spanish Onions, pound... 10c

Orders received 7 a.m. to noon, delivered same afternoon. Noon to 6 p.m., following morning. Minimum, 25 cents.

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## Lulu Fado---Newest of Dances--- Taught in Pictures and Words

Miss Neill of Pavlova's Imperial Ballet Describes the Steps of the Picturesque Spanish Dance and Poses For the Pictures.

Can you dance the Lulu Fado?  
If you can, you are not only up to the procession, but ahead of the band, for the Lulu Fado has just arrived!  
If you can't, here's your chance to learn to whirl and glide and dip and tap your toes and snap your fingers in this fantastic and picturesque new Spanish dance.

The new dance is practically unknown in America, but it leads off the list of society dances that Miss Edna Neill, formerly with Pavlova's Imperial Russian Ballet, brought over from Paris this fall. Miss Neill is introducing the modernized fandango to our dancers. Her very first class will be made up of Advertiser readers, for the sponsor of the Lulu Fado has posed for the accompanying dance pictures, and she has written "lessons" which she declares will enable anyone to acquire the steps of the brand new dance.

Here it is! Start the music! Twirl your toes in the mazes of the latest dance, the Lulu Fado.

BY EDNA NEILL.

Formerly With Pavlova in Imperial Russian Ballet.

The first step in the Lulu Fado is two slow walking steps and four fast walking steps. The lady going backward and the gentleman forward in a regular one-step position. This is continued four steps. The count is 1, 2-1, 2, 3, 4-1, 2-1, 2, 3, 4.

Second step—Lady polkas backward—the gentleman forward, keeping the same position with the arm as in the first step.

Third step—This is the characteristic step of the Lulu Fado which shows its Spanish origin. The couple separate—the gentleman making a circle to the right—the lady a circle to the left. They continue the same step as in the first step only they are each going around a circle away from each other. Now step 1-2, 1-2-3-4—snapping the fingers on 4 and 1 and clapping the hands on 1 when the lady and gentleman complete the circle and meet. Continue this twice then come together face to face, gentleman steps forward with left foot, back with right foot and continue the first step.

Fourth step—The turn is now made which may be called the pivot turn, and is unlike any other turn used in the other dances.

The right foot is used as a pivot, the left foot moving or used to make the turn. The left foot touching the floor turn on a complete turn. The pivot is done two or three turns with a great deal of style.

Now begin with the first step again and repeat the whole series.

If there are several couples dancing together the lady may change partners on the third step. That is instead of returning to her original partner at the end of the circle she may go forward to the next man, who is next to the left of her original partner.

This is the way the Lulu Fado is danced in the rural districts of Spain.



Posed especially for The Advertiser by Miss Edna Neill.  
Miss Neill posing for third step position. Smaller picture (above) shows same position lady with partner; lower picture shows fourth step position.

## CYNTHIA GREY'S MAIL-BOX

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

Proud of Bryanston.  
Dear Miss Grey—I wrote before but I guess my letter hit the W. P. B. so I'll try again.

1. How many employees have S's?  
2. If an invitation to a wedding says it is to be held at high noon does that mean twelve o'clock exactly?  
3. Could you or any of your readers get a song for me. The first four lines are:

"On the road to Bangor,  
On an eastern train,  
After weeks of hunting  
In the woods of Maine."

If it is too long to print, I will send a stamped, addressed envelope for it. Please don't tell me what you think of my writing as I know without being told. Wishing you a Merry Xmas and a Happy New Year. Have you ever been in our burg? If so you will know why I am proud to sign myself.

A BRYANSTON GIRL.

Ans.—1. I do not know; somewhere about four hundred, I believe. Why not go around the store, next time you are in town and "count noses"?  
2. Yes.  
3. Referred.

Respect for the Old.  
Dear Miss Grey—I saw some time ago a request for "Cantlens" but thought someone would send it, but this morning another reminder came from X. Y. Z.

I have it as I copied it with music about 45 years ago. If X. Y. Z. would like to get music I will send it, but I cannot promise it to be well done, as I am older than I was more than 60 years ago.

Your column is very helpful to me, and many old songs I used to sing are published, and remind me of a happy yuletide when a number of people would gather. Nearly everyone sang then and their mingled voices often cheered the passerby. Perhaps it is because I am getting old, but I think the gathering of young people, and the much more elevating than the average gathering of today. I am sure of one thing, there was a more respectful manner towards older persons then than now. I have always liked young people.

Trusting "Cantlens" will reach X. Y. Z. through your column, I remain, OLD AND GREY.

P.S.—Someone says ask Miss Grey if Summer Pastimes was a fake.  
Ans.—Thank you, "Old and Grey," for the song. I am sorry to have to admit that there is not so much respect and deference towards the older people as you would like to see from our young people. Take to heart some of you, what "Old and Grey" has said. Just at this season especially the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of order. The price of each pattern is ten cents, in cash or in postage stamps.

CAUTION—Be careful to include the above illustration, and send size of pattern wanted. When the pattern is sent measure you need only mark 22, 24 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of order. The price of each pattern is ten cents, in cash or in postage stamps.

ADVERTISER PATTERN DEPT.  
Please send above-mentioned pattern, as per directions given below, to:

Name.....  
Town.....  
Province.....  
Age (if child or misses' pattern).....  
Measurement—Bust..... Waist.....

Children's Tables and Chairs  
DOLLS AND DOLLS' BUGGIES  
in great varieties, at very reasonable prices.

H. Wolf & Sons  
263, 265 DUNDAS STREET  
PENSILVIA SYRUP WHITE PINE AND SPRUCE  
The Cough Syrup That Pleases Best. Twenty-Five Cents.  
W. R. LUTZ  
North End Druggist. ywt

FRY'S COCOA  
Mrs. Winslow's Soothing Syrup has been used for over SIXTY YEARS by MILLIONS OF MOTHERS for their CHILDREN WHILE TEething, with PERFECT SUCCESS. SOOTHES THE CHILD, SOFTENS THE GUMS, ALLAYS ALL PAIN, CURES WIND COLIC, and is the best remedy for diarrhoea.

Richard's QUICK NAPTHA  
THE WOMAN'S SOAP

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the contingent officers but to the Red Cross Society. None but first-class trained nurses are accepted, for very obvious reasons—first, the front-line nurses, wide experience and special endurance from nurses and doctors. Better seek to serve your country in some other way—why not learn to knit, make mufflers or wristlets for the soldiers?

6. Is pie permissible at your supper? If so, a chocolate pie is delicious and very common. Take 2 cups milk, yolks of 2 eggs, 2-3 cup sugar, 2 tablespoons (level) of cornstarch and 2 tablespoons cocoa; heat milk, sugar, eggs and cocoa together, adding the cornstarch dissolved in a little of the cold milk, let all boil a few minutes, then remove from fire and add a little vanilla. Pour into a baked pie crust, beat up the egg whites, sweeten, turn over pie and brown slightly; will make one large or two small pies.

Length of Engagement.  
Dear Miss Grey—I am a constant reader of your page, and appreciate it very much. Will you kindly answer the following questions for me as quickly as possible?

1. How long should a girl and fellow go together before their marriage?  
2. How long should a girl be engaged before her marriage?  
3. Which is more stylish, real long skirts or shorter ones?  
4. Should a girl tell her parents of all her love affairs?  
5. What is the latest style of doing one's hair?  
6. Is it proper for a girl to give her young gentleman a lunch before going home?

7. Do you have to sign your real name in writing letters to you, if so I will next time, as this is my first letter to you?  
I wish you every success in your daily work. YWT.

Ans.—1. For at least a year.  
2. Madam Propriety has not set any stipulated time for the length of an engagement. It is sometimes three months, six months, or a year, according to the circumstances of the young couple; and again, others wait two or three years, or even longer.

3. Many still wear the long skirt, but the shorter ones are newer in style.  
4. Yes.  
5. Yes, if he looks hungry.  
6. It is not necessary.

Grisham's Queries.  
Dear Miss Grey—Would you be so kind as to answer our troublesome questions as soon as convenient?

1. What is the flower for April, January, August, and September?  
2. Is it necessary to have a certificate to teach public school before one can be a domestic science teacher? Do you not think it a very interesting study?  
3. What is the meaning of Isobel and Minnetta?  
4. My friend wishes to know if it is proper to sign a letter written to the boy friend as "Yours," or "Yours as ever"?  
5. Do you think the wide skirts will stay in vogue long?  
Thanking you for your trouble, CONNY AND DOT.

Ans.—1. Daisy, snowdrop, poppy, morning-glory.  
2. I believe so. Yes, indeed. I wish there could be more of domestic training in our schools.  
3. Isobel, worshipper of God; Minnetta, remembrance, or love.  
4. Quite proper, but rather indiscreet when you probably do not mean it. Better "Sincerely," I think.  
5. Yes.

College Course Necessary.  
Dear Miss Grey—This is the first time I have taken the liberty to come to you for assistance. Would you kindly answer the following questions:

1. Is it necessary for a person to attend college to attain such professions as civil engineer, doctor or lawyer, or can one study at home independent of the schools and enter the professions with success?  
2. Is it not correct for a gentleman on meeting a lady acquaintance on the street to speak first, as I have been advised "ladies first"?  
3. Could you print the titles of some good books of fiction for a young man to read? Yours.

A VERY GRATEFUL READER.  
Ans.—1. While I believe that you can do much to help yourself in any of these courses by reading, a college term would be necessary before you could qualify properly in either profession.  
2. It is generally conceded that the lady should speak first, in the case of mere acquaintances. Where the couple are old friends, and fairly intimate, either may give the first greeting.  
3. Not presuming to recommend books for a man's reading, I have inveigled several members of the staff into stating their preferences. Books by E. Phillips Oppenheim and short ones by a few Henry, are among the favorites; Robert Hichens' "Garden of Allah," and "Call of the Blood"; Harold de Witt's, "Winning of Barbara"; W. G. Sebald's "Shepherd of the Hills," "Calling of Dan Matthews," and his newest book, "The Eyes of the World"; W. W. Jacobs' sea stories, with their quaint humor, "Salt-haven," "Master of Craft," and others; the Baroness Orczy's series of stories of revolutionary times, including "The Scarlet Pimpernel," etc.—all these are named as readable books. A book that is creating considerable interest is "The Glorian," by Samuel Hopkins Adams.

Bill's One Request.  
Dear Miss Grey—I am not going to ask you any questions about writing, etc., but if you would be so kind as to tell me where I could get the words of an old comic recitation, "The Lightning Rod Dispenser," which appeared in the papers some twenty years or so ago, which tells about an old farmer and the lightning rod agent. Yours in haste, COMIC KID.

P. S.—Will send stamped envelope if you find the same.  
Ans.—Referred to some of our old readers.

Music Wanted.  
Dear Miss Grey—I am another reader of your page, and enjoy it very much. I have come to ask if you could supply me with the music of "Johnny Sands" or "The Ring My Mother Wore." If you cannot supply me, can you tell me where to get it? Thanking you for the trouble I am making, A WOODSLEE READER.

Ans.—I do not know where the music of either can be obtained, but perhaps some reader may have a copy to lend.

Where is Ella Ree?  
Dear Miss Grey—Just a line for the first time, but read so many good and useful things from you. Would like to know if you could get the little song called "Ella Ree." Words of chorus are:

"Carry me back to Tennessee,  
Back where I long to be,  
Among the fields of yellow corn,  
To my darling Ella Ree."

If you could get it shortly, as we have a concert one of these nights, you would greatly oblige. MRS. SINGER.

Ans.—Referred to our readers. Hope we get the song in time for your concert.

Two big eyelets or button holes worked in opposite corners of the kitchen towels, are better than knots to hang up by.

My dear child, your ideas of what are required as a nurse are decidedly vague, and applications are not made to us by.

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## BARGAINS

THIS WEEK AT

Kingsmills

## Clearing of Fancy Linens

At Half-Price

Still good selections at this Half-Price Sale—\$3,000 worth, comprising hundreds of Hand-Drawn, Embroidered, Cluny, Guipure, Battenberg, Baby Irish Pieces. All at Half-Price.

Wide choice of Traycloths, Centres, Doilies, Lunch Cloths, End Pieces, Teacloths, etc. Regular 25c to \$10.00. Half-Price Sale, . . . . 10c to \$5