

FORIA and Children.

Know That
Castoria

A. Fletcher

In Use
For Over
Twenty Years

CASTORIA COMPANY, NEW YORK CITY.

herself for her weakness.
e depths of her rapid soul
sing her blush. He broke

a will marry any man like
l, she is changed, of course,
change it is! She used to
truth, brave, honest, pure.
hawe, I am going to ask
sition, and I want you to
—why did you insist on my
your sister?

re told at the time—to con-
repair her imprudence in
th you that night at Shad-
t. Why do you ask again?"
I no more believe that than
ust at first, assailed by you,
Carlton, by my stepfather,
a little accept the idea. But
y's reflection convinced me
adity. I thought at the time
ew your motive, but since
ne mistress of Carlton I con-
at sea. Possessing the Carle-
on, you had absolutely noth-
ain from the preposterous
you so strenuously insisted

tell you then?" said Dora,
g back her head. A sort of
defiant audacity flashed out
ue eyes. She knew it was
ly impossible for him to
orse of her than he did, and
y dislike of him spurred her
outrage the last remnant of
d opinion. "I will. Listen!"
ned forward, a fine smile on
n lips. "When I first came
on, it was with the deliberate
of marrying you. I tell you
your vanity will not be elu-
sionally I never liked,
did like the heir of Carlton.
soon saw what love you had
—and it never was worth
was given to Eleanor Carlton.
refused you—she had another
you know, whom she met by
in the grounds after night-
en a new hope dawned. You
era were fast friends, but you
ared for her as a little girl who
d you and the hope was a
one. Then came that night at
eck Light, and the way was
easy. I knew you had quixotic
is of honor and all that, and
y worked on them. Mrs. Carle-
ttered me through sheer malice
and—you married Vera. My
e was to remain at Carlton; as
ister of its mistress I could do
if you had remained at home in-
of running off on that wild-
chase to Central America, a
of its mistress I would be this
nd no more. Mr. Carlton would
have married me had you not
ken him, but you did forsake
and—never mind why—he mar-
me. How could I forget! You
d go—how could I forecast he
d make me his wife and heiress?
d I, rest assured you would ne-
vaine been troubled with all that
and tears, Vera would still be
But I acted for the best—I
r was among the prophets. As
I regret my mistake, and will do
I can to set it right. It will be
for you, as well as Vera, to get
red freedom back—some day I pre-
e even you may marry again.
rel for once I have told the truth,
whole truth, and nothing but the
h."

(continued on page 8)

Children Cry
FOR FLETCHER'S
CASTORIA

HOW MRS. BOYD AVOIDED AN OPERATION



Canton, Ohio.—"I suffered from a female trouble which caused me much suffering, and two doctors decided that I would have to go through an operation before I could get well. My mother, who had been helped by Lydia E. Pinkham's Vegetable Compound, advised me to try it before submitting to an operation. I relieved me from my troubles so I can do my house work without any difficulty. I advise any woman who is afflicted with female troubles to give Lydia E. Pinkham's Vegetable Compound a trial and it will do as much for them."—Mrs. MAURIE BOYD, 1421 5th St., N. E., Canton, Ohio.

Sometimes there are serious conditions where a hospital operation is the only alternative, but on the other hand, many women have been cured by this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, after doctors have said that an operation was necessary—every woman who wants to avoid an operation should give it a fair trial before submitting to such a trying ordeal.

If complications exist, write to Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice. The result of many years experience is at your service.

WANTED

25 Returned Soldiers and 15 Business Women

to insure in my Mutual Life of Canada Company.

We pay the biggest dividends charge the Lowest Premiums with safety and one of the three largest companies doing insurance in Canada. See my sample policies.

GEO. H. CAUGHELL
Real Estate and Insurance.

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF THE AYLMEY PUMP & SCALE COMPANY, LIMITED, of the Town of Aylmer, in the County of Elgin, insolvent.

Notice is hereby given that THE AYLMEY PUMP & SCALE COMPANY LIMITED, of the Town of Aylmer, in the County of Elgin, has made an assignment under R.S.O. 1914, Chapter 134, of all its Estate, credits, and effects to me, John L. Thorne, of the City of Toronto, in the County of York, for the general benefit of its creditors.

A meeting of the said creditors will be held at the office of the Company in the Town of Aylmer, on Friday, the 15th day of February, 1919, at the hour of 11 o'clock in the forenoon, to receive a statement of affairs to appoint inspectors and fix their remuneration and for the ordering of the affairs of the Estate generally.

Creditors are requested to file their claims with the Assignee with the proofs and particulars thereof required by the said Act on or before the day of such meeting. AND NOTICE IS FURTHER GIVEN that after the 15th day of March, 1919, the Assignee will proceed to distribute the assets of the debtor, amongst the parties entitled thereto, having regard only to the claims of which notice shall then have been received and that he will not be liable for the assets or any part thereof so distributed to any person or persons of whose claim he shall not then have had notice.

DATED AT TORONTO this 12th day of February, 1919.
John L. Thorne, Assignee, by Johnston, McKay, Dods & Grant, Toronto, his solicitors herein.
Feb., 20-27, Mar. 6.

WAR-SAVINGS STAMPS ARE SOLD

WHEREVER YOU SEE THIS SIGN

Build a \$50 Bond

A Plan For Investors—Big and Little

A War-Savings Certificate, provided free of charge with your first War-Savings Stamp, has spaces for 10 War-Savings Stamps.

A War-Savings Certificate with a W.S.S. in each space is a Dominion of Canada "bond" for the payment of \$50 on January 1st, 1924.

And you invest less than \$41 to secure it—paying as it proves convenient to you.

War-Savings Stamps cost \$4.02 in March, \$4.03 in April and \$4.04 in May.

Fill up your THRIFT Card (16 Thrift Stamps at 25c. each). Thrift Stamps earn no interest, but a filled card represents \$4 when you invest in a War-Savings Stamp.

AT ALL MONEY-ORDER POST OFFICES, BANKS, ETC.

ANOTHER LETTER FROM MR. YOUNG

Is now in Florida...Visited Cities in Tennessee and Alabama.

Pensacola, Florida, Feb. 22
Going south from Mammoth Cave, I stopped off at Nashville, the capital of Tennessee, situated on the Cumberland river, near the centre of the State. It is picturesquely situated on many knolls, or hills, with hardly any level ground, and if they had plenty of snow, any street in the city would make a fine toboggan slide. The parliament building is on one of the kopjes and a commanding view is obtained from this building. The population of Nashville is 110,000.

After a few days stop here, I went on south to Birmingham, the largest city in Alabama (190,000). As its name implies it is an industrial centre of a large coal mining and steel manufacturing part of Alabama.

Another hundred miles south over the L. & R. to Montgomery, the capital of Alabama, where I made another stop. Montgomery like Nashville, is built on hills and is quite a fine city. I visited the parliament buildings and the local legislature being in session; spent an hour or two listening to the proceedings.

Three days later I took the same railroad for Pensacola, Florida, 60 miles south of Montgomery. I had to lay off for 5 hours at Flomaton, where you change for Pensacola. This gave me an opportunity to see a small inland town in the former slave State of Alabama. As one gets farther south the white population decreases and the black increases, so that the population in these southern towns and cities is 2 to 1 negroes. They are improvident and hence live in small, shabby hovels, which if painted at all, is some dirty looking color, usually yellow. Many of the negroes are hard workers but generally very slow and extremely awkward.

The country all the way south of Nashville, until you get south of Montgomery is very rough and rocky, with only patches of tillable land. Then from Montgomery to Pensacola it is more even and mostly timbered with pine. This timber forms one of the chief industries of the country bordering on the gulf of Mexico.

The State of Florida is boot shaped, the leg of which extends for 450 miles south from the heel and the toe 400 miles west, the ankle is 180 miles across. It is 90 miles deep at the instep and 40 miles at the toe, and the sole rests on the states of Georgia and Alabama at the north.

There are no oranges, grapefruit, bananas, pineapples or lemons grown on the foot part of Florida, in fact all citrus fruits grow south of the 100 mile line from the heel of this boot.

Pensacola is situated on the toe of this boot on Pensacola Bay, an arm of the Gulf of Mexico. It is an old town and claims to have been settled even before St. Augustine on the Atlantic coast. It was the scene of many battles between the French and Spanish in its early settlement, however, it remained a small town until a little over a decade ago when it began to grow and is now a city of 30,000 inhabitants. It is a seaport, its chief export being lumber, and does an extensive trade in mahogany logs from Mexico. There is a navy yard a few miles down the bay, where at the present time is stationed a very large marine aviation camp. There are about 2000 stationed there now and any clear day the air hums with the noise of their hydroplanes. The fisheries of Pensacola are quite extensive and consist of a fleet of

VINOL CREATES STRENGTH

Positive—Convincing Proof

It is all very well to make claims, but can they be proven? We publish the formula of Vinol to prove the statements we make about it.

Code Liver and Beef Peptones, Iron and Manganese Peptones, Iron and Manganese Citrate, Lime and Soda Glycero-phosphates, Cascaria.

Any doctor will tell you that the ingredients of Vinol as published above, combine the very elements needed to make strength.

All weak, run-down, overworked nervous men and women may prove this at our expense.

There is nothing like Vinol to restore strength and vitality to feeble old people, delicate children and all persons who need more strength.

Try it. If you are not entirely satisfied, we will return your money without question; that proves our fairness and your protection.

J. E. Richards & Co.

sailing sloops that at this time of the year go over on the coast of Mexico, 700 miles away and fish for Grouper and Redsnappers. These fish run from 5 to 30 lbs. each, and are caught with a hook and line. The boats take on large quantities of ice and are gone from 4 to 6 weeks on a trip. The fish are brought back fresh, the average catch for a boat is 30 tons, about half and half of each kind.

Having spent last winter in the southern part of Florida, I do not intend going south any further, instead my course will be westward along the Gulf.

Levi Young

MAPLE GROVE

Miss Eula Kennedy, of Calton, visited relatives in the neighborhood last week.

Miss Blanche Heather, of Springfield was the guest of Winnie Stewart on Sunday.

Mrs. R. Ball and Mrs. E. Graham, of Stratfordville, visited Mrs. Jas. Howey, on Tuesday last.

Mrs. Ira Caswell and son, Blake, of Eden visited James Howey's on Sunday last.

Miss Ollie Stillwell, of Goshen, spent Thursday with her sister, Mrs. Wilson Kennedy.

A few from here attended the clearing sale of Mr. S. Ostrander, of Goshen on Monday.

Mr. and Mrs. Wm. Yeandle, have returned after a two weeks visit with the latter's brother, Dr. M. Le High of Detroit.

About sixty friends of Mr. and Mrs. Wilson Kennedy, gathered at their home on Thursday evening and gave him a pleasant surprise. The occasion being the birthdays of both Mr. and Mrs. Kennedy, also their wedding anniversary. A very enjoyable time was spent by all.

COPENHAGEN SCHOOL

Sr. IV—Ruth Taylor, 91; Mary White, 83; Harry Crosby, 75; Gladys Crosby, 74.

Jr. IV—Francis Taylor, 78; Mildred McConnell, 66.

Sr. III—Lizzie Hewbank, 66; John Crosby, 69.

Jr. III—Mildred Welter, 51; Neva White, 44; Sidney Rozell, 52; Alice Crosby, 46.

II—Gladys Hilborn, 73; Teddy Magee, 73; Leslie Welter, 73; Axel Hewbank, 72; Nora White, 67; Leonard Rozell, 59; William Kelly, 56.

I—Stuart Rozell.

Primer—Hugh Rozell, Norma Welter, Donald Aitkens, Allen Kelly.

CORINTH

Mrs. T. E. Moore has returned to Merlin after visiting at D. C. Floto's. Mr. Henry Kerr has rented Chas. Firby's farm.

Mrs. R. Turnbull has sold the farm east of Corinth to Mr. James Rickwood, of Dereham.

Mrs. Perry has returned home after visiting her daughter, Mrs. Hotchkiss.

Mr. and Mrs. G. L. Nelson spent Sunday with Mr. and Mrs. A. E. Houghton, of Glenclon.

Miss May Silverthorn has returned from visiting relatives in Norwich.

The church and Sunday schools of the Corinth circuits are still closed as well as the Corinth and North Bayham schools. The "flu" is particularly bad at North Bayham.

Mr. Carl Pearson has rented the Robert Firby farm, and Homer Learn is moving to Fairview.

Mr. and Mrs. Charles Turnbull have been visiting relatives in Michigan.

Mr. and Mrs. Roy Wintermute, of Fort William, visited friends in Corinth last week.

Mr. and Mrs. Frank Brown, of Brownsville, spent Sunday with Mr. and Mrs. N. Boffman.

Mrs. P. Price, formerly a resident of Corinth for many years, died at the home of her son, C. M. Price, St. Thomas last Friday afternoon.

The Bayham and Malahide cheese factory held their annual meeting of the patrons on Tuesday afternoon. A speaker from the Ontario Dairyman's Association was present.

Mr. B. Kain, of Embro, has accepted a position with Mr. W. Derbyshire as horseshoer. He commences his duties on Monday.

Miss Edna Ronson spent a few days last week with Miss Gladys Denison.

Operator Rackey, of Nelles Corners, is relieving J. Kellum, who is ill with the "flu".

Mrs. Hatch has returned after an extended visit with relatives in St. Thomas.

Mr. H. Fewster, has purchased the house and lot of Mrs. J. Clark.

Rev. L. C. McRoberts, spent the week-end in St. Mary's.

Mr. R. J. Firby has recovered from a severe attack of the "flu".

Mr. H. C. Borbridge, Mrs. M. Borbridge, Mr. and Mrs. B. Borbridge, all of St. Thomas and Mrs. George Lee of Aylmer, spent Sunday at Charles Browns'.

Miss Berger, of St. Thomas, spent the week-end with Miss Hannah Bearss.

Mrs. Leathorn is visiting her parents in London, while the school is closed.

Mrs. Wagner, of Aylmer, spent the week-end with her mother, Mrs. W. Firby.

LAKEVIEW

Roy Brown has been quite ill but is now able to be up.

Miss Edna McConnell closed her school at Lutton last week, on account of the "flu" breaking out in her school again. She has returned to her home here. As Miss McConnell has been exposed to the "flu" also her sisters Miss Grace and Ceno, have taken up their abode with their grandparents, until all danger is over at their own home.

Bert Gibson has moved to the farm of H. Saxton, and Percy Matthews has taken possession of Albert Saxton's tenant house and will work the farm.

Mr. Bruce Brackenbury and Mrs. Brackenbury have recovered from the "flu".

There are a number of "flu" cases in the neighborhood at present.

Farmers are tapping their sugar bushes this week.

The severe storm Friday evening prevented the Farmer's Co-operative club from meeting at the cheese factory. It was postponed until next week.

Mrs. John Hawley has gone to Lutton to reside with her daughter, Mrs. Richardson.

Mrs. Earl Campbell, of Aylmer, is visiting her parents.

Frank Brackenbury spent Sunday and Monday in Ingersoll.

A large elm tree, over 100 years old, that stood alone in a field on H. L. McConnell's farm, was struck by lightning during Friday night's storm.

S. McKibbin, of Ingersoll, spent a few days last week with relatives here.

Miss Clara Brackenbury has returned home from Aylmer, for a weeks visit at her home. Miss Jessie who was attending the telephone at Port Burwell for a week has returned home also.

At the meeting of the W. S. P. L. held last week at the home of Mrs. H. L. McConnell, it was decided to send the socks on hand, nearly 90 pairs to the Byron Sanatorium, at London and to Halifax, to be distributed to the navy. A number of hospital supplies, such as pads for the wounded and pyjamas will also go to Byron. The next meeting will be held at the home of Mrs. Syd. McDermand, when it will be decided what course the society may take for the future. All members are requested to attend.

Clarence Millard, of Aylmer, was a Sunday visitor in this neighborhood.

Mr. and Mrs. E. Chute, of Aylmer, are with their daughter, Mrs. Harrison for a few weeks.

John Saxton, who has been on the sick list is improving.

Milton McConnell, who is feeling the weight of years, is in very poor health.

Rev. Mr. Atkins, preached two very interesting sermons Sunday afternoon. A large congregation was present.

REPORT OF RED CROSS SOCIETY

Last shipment from the Red Cross Society for overseas—

141 pairs socks, 10 pairs shoes, 6 pairs slippers, 1 pair booties, 26 wash cloths, 5 undershirts, 2 child's dresses, 36 pounds yarn, 4 shirts, 12 child's bonnets, 3 sweaters, 1 pair gloves, 8 handkerchiefs, 2 children's vests, 2 pair men's drawers, 6 suits pyjamas, quantity of knitting needles.

Lyon's Women's Institute: 10 pairs shoes, 4 day shirts, 2 children's dresses, 2 pair men's drawers, 5 undershirts, 2 children's vests, 3 pr. boys hose, 1 pair gloves.

Mrs. Carl Dance's Sunday School class: 5 children's suits.

Mrs. J. E. Scott, half dozen knives and forks.

S. A. Mann, auto painting and repair trimming. Carriage painting and repairs of all kinds. M. 20

AVOID COUGHS AND COUGHERS!

Coughing Spreads Disease

SHILOH
30 DROP-STOPS COUGHS
HALF THIS FOR CHILDREN

STERN REMINDERS OF RHEUMATISM

Cold or Wet weather May Start the Pains, But the Trouble is in the Blood

Every rheumatic sufferer should realize that rheumatism is rooted in the blood and can only be cured by treatment that will cleanse the blood of the rheumatic poisons. The oldtime belief that rheumatism was caused by cold, damp weather, is now exploded. Such weather may start the aches and pains, but it is not the real cause. Linement and outward applications may give temporary relief, but cannot cure the trouble, because they do not reach its source in the blood. The sufferer from rheumatism who experiments outward applications is only wasting valuable time and good money in depending upon such treatment, the trouble still remains, and it is all the time becoming more firmly rooted—harder to cure when the proper treatment is applied. Treat this disease through the blood and you will soon be rid of the pains and tortures. As a cure for rheumatism Dr. Williams' Pink Pills are unequalled. They act directly on the impure, weak blood; they purify and strengthen it, and so root out the cause of rheumatism. Mr. D. Lewis, postmaster at Escuminac, N. B., says: "I was attacked with rheumatism, which settled in my elbow, shoulder and knee joints, and at times caused me great suffering. The trouble was particularly severe last spring and I decided to try Dr. Williams' Pink Pills. After taking the pills for some time the rheumatic pains and stiffness in the joints disappeared and I have not since had any return of the trouble."

If you are suffering from rheumatism, or any trouble due to poor blood and weak nerves, you will find a cure in a fair use of Dr. Williams' Pink Pills. You can procure these pills through any medicine dealer, or by mail at 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

COPENHAGEN

Mrs. Maude Buck, of Aylmer, has returned home after a pleasant visit with her sister, Mrs. Henry Kelly.

Mr. John White, was the guest of Miss Hazel Churchill, of Dunboyne, last Sunday.

Mr. Joe Bagnall and family are moving to their new home at Glanworth.

Miss E. Durdle, has returned home after spending a few weeks in St. Thomas.

Mack Sinclair, of Aylmer, spent a few days with his mother, Mrs. D. Britton.

Mr. and Mrs. Fred Boxall, have returned home after spending some time at W. Smithson's, Dunboyne.

Miss Thelma Whitcroft, is very ill at her home here.

Mrs. Strath is in Aylmer, nursing Mrs. George Dalley and Mrs. G. R. Wilson, who are ill with the "flu".

Born, to Mr. and Mrs. George Dalley, on March 1st, a son.

GLENCOLIN

Corporal Roy and Mrs. Wintermute, of Fort William, visited at Mr. W. B. Firby's on Thursday last.

Miss Ella Firby, spent Friday at Mr. B. Haine's.

Mrs. Solon Elgie, and little son, of Fingal, are spending a few days at Mr. R. C. Houghton's.

Mr. and Mrs. W. B. Firby, and Mrs. W. Fenn spent Wednesday at Mr. D. Wintermute's.

Mrs. J. Laur and Miss Alma Laur, spent Friday at Mr. G. Learn's.

Mrs. J. Bowen is improving nicely. The rheumatic pains and stiffness in the joints disappeared and I have not since had any return of the trouble."

Mr. and Mrs. Clarence Mills, spent Sunday at Mr. R. E. Houghton's.

Mr. and Mrs. Cecil Doan, of St. Thomas, spent Sunday at J. W. Nesbitt's.

Mrs. H. Newell spent Sunday at Mr. H. Laur's, Aylmer.

Fresh, rich, full-flavored tea
—the same every time

RED ROSE
TEA "is good tea"

Sold only in sealed packages

BEECHAM'S PILLS

Constipation is the arch-enemy of health. Conquer this enemy and you rout a whole army of physical foes, including indigestion, biliousness, sick headache, sleeplessness and nervous dyspepsia. Beecham's Pills have been a world-favorite laxative for over sixty years. They go straight to the cause of many ills and remove it. They act promptly, pleasantly and surely. Contain no habit-forming drug. These time-tested pills strengthen the stomach, stimulate the liver and

Relieve

Constipation

Worth a Guinea a Box

Prepared only by Thomas Beecham, St. Helena, Lancashire, England. Sold everywhere in Canada and U.S.A. In boxes, 25 cents.



FREE
For all gardeners—a combined textbook and catalogue. It tells you everything—Study it before you commence your season's work.

FREE
For all poultry keepers and stock raisers, a book that tells you what to do, what to use, and where to get it. Write for it. Hang it in a handy place—Of infinite value as a ready reference.