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MORE BREAD AND BETTER BREAD
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Western Canada Flour Mills Co. Limited
HEAD OFFICE—TORONTO
PURITY OATS MAKES
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THOROLD

Mr. Herman Ellis, who was so badly injured at the Beaverboard plant last Monday, and was later removed to the Welland Hospital, St. Catharines, is improving and his many friends will be pleased to hear his hand has not been amputated as was previously reported.

Mrs. Joseph Martin has been engaged to sing at a concert which is to be held in Homer Methodist Church on Monday, March 24th.

Mr. Allan has received his discharge from the navy and has returned to his home in town.

A warm reception was tendered the boys who have returned home in the past two weeks last night. The procession headed by the Thorold Reed Band paraded the principal streets after which speeches were made at the library building by the following gentlemen: Rev. R. S. E. Large, Rev. Canon Piper, Mayor Grisdale, D. E. Miller and Daniel Davenport. The boys whom the reception was in honor of were Richard Lewis, W. Cooper, W. W. Grenville, Light Power, W. J. Coplan and R. Beacock.

The second of a series of suppers which are being held in the Presbyterian Church was a huge success last night. A splendid programme of readings, vocal and instrumental music was much appreciated, the following taking part: Theresa Williamson, Ethel Dell, Celia Atkinson, Mrs. Owen Gay, Nettie Phillips, Max Church, John McManamy, Louis and Thomas Critelli.

Wood's Great English Remedy.
The Great English Remedy, which is a blood purifier, makes new blood in old veins. Cures Nervous Debility, Mental and Brain Worry, Depression, Loss of Energy, Fatigue of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain wrapper on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Incorporated in Canada)

MERRITTON

The Union Choral Society accompanied by Mrs. Joseph Martin, soprano Miss Flett, reader, and an eight piece orchestra will go to Homer Methodist Church on Monday, March 24th where they will put on a first class program.

Mr. and Mrs. Lloyd Little, who have been the guests of the former's parents Mr. and Mrs. Joseph Little, St. David's street, returned to Brantford on Thursday where they will make their home permanently.

Mr. Donald Fraser of Toronto is the guest at the home of Robert and Mrs. Wilson, Hazel street.

Mrs. H. Horey, St. David's street, very pleasantly entertained on Friday night in honor of her little grandchild's birthday, Miss Catharine Leo. A delightful tea was served, covers being laid for twenty little ones. At each plate a favor, suitable for the occasion was placed. Many presents and good wishes were received during the evening and at the conclusion of the party many happy returns of the day were wished upon Miss Leo.

Mrs. B. Vidler of Windsor is spending a few days with her parents, Mr. and Mrs. Charles Fyfe, Chestnut st.

As a result of meeting with an accident at the N. S. and T. shops, St. Catharines, on Wednesday, Mr. Joseph Little, St. David's street, is enjoying an enforced vacation.

Miss Irene Brick, has been engaged to recite at the St. Patrick's concert to be held in Grenville Hall on Monday night next.

ADVERTISE IN THE JOURNAL

SOME CLEVER ANSWERS TO THE GRIFFIN OPERA HOUSE "GREATEST THING IN LIFE" CONTEST

The Greatest Thing in Life Contest closed Monday night and brought many varied replies.

It has been hard to judge which were the most worthy of prizes, but most of the essays and poems seemed to convey the thought that Love is the greatest thing in life.

Health also had many essays written in its favour and undoubtedly it is one of the greatest things in life, for without health it is doubtful if love can really develop to its fullest degree.

At some later date the pages of this paper may be opened to have this question thoroughly discussed.

The first prize has been awarded to W. R. Ball, 97 Louisa Street, St. Catharines. The second prize to Norah Armstrong, 80 Church Street and the third prize to E. Golling, 175 Church Street.

The prize for the least thing in life is being awarded to A. Surl, 21 Welland Avenue.

The three prize winning essays and poems were as follows:

The First Prize Essay

By W. R. Ball

In the beginning of all things it first appeared in the world. A tiny indefinable something that through the ages has matured and blossomed until now it is the greatest of all great things. From the very earliest of reckoning it's golden threads have been woven into the fabric of history and bears silent but glorious tribute to the magnificence and power of it's works. Under the magic of it's spell, the pain and suffering of Mankind vanishes, even as the dark shadows of Despair and Sorrow turn into Hope and Happiness at it's coming. Sin and Temptation flee from it and the radiance of it, routs Injustice, Jealousy and Hatred from the heart of Man. Toil turns to Pleasure with it's aid and Hunger and Privation are forgotten, when it smiles.

Often it calls for Sacrifice, that is fully and freely given at it's demand, even though that Sacrifice means Death itself. The best blood of the world has been shed in it's behalf, for that wonderful invisible tie that binds nations and empires and peoples together, the foundation stone of Christianity and Civilization. Without it the world would cease to be, for it is Life itself.

The Greatest Thing in Life is L-O-V-E.

SECOND PRIZE WINNER

A smile when clouds are darkest,
A smile when the morning is grey,
Would lighten the hearts of the lonely,
And brighten their weary way.

A smile, and the day's work completed,
A smile in the busy street,
A smile by the evening fireside
Will brighten whomever you meet.

In France where the boys were fighting,
The only thing then worth while,
'Neath the din of the cannon's roaring

Was their brave determined smile.

A smile in the day's occupations,
A smile when things go wrong,
A smile in the worst of hardships,
Will show that the spirit is strong.

A smile, though the least expensive
A smile, though the cheapest of debt,
Is a thing that we seldom see given,
And a thing that we more seldom get.

A smile that is given with meaning,
A smile that springs up from the soul,
Is the smile, like the sun in its beam-
ing,
That brightens the world as a whole.

A lover when wooing a maiden,
Considers the thing most worth while,
To be, when he's sought her in mar-
riage,
That same shy but "yes meaning" smile.

So be what there may in life's journey
In pleasure, in joy, or in strife
The smile full of meaning that's given,
Is surely the best thing in life.

NORAH ARMSTRONG,
1st Form in Collegiate
80 Church street.

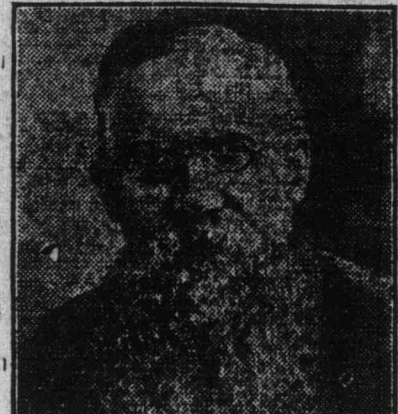
Third Prize Poem
By E. Golling
A book of Griffin's tickets
And the money to buy the stamps
You smile at the girl in the wicket.
Then walk in and see the Vamps
The House is large and airy
So comfortable the chair
From the very start to the finish
You're glad that you are there
Charlie Chaplin will make you laugh
Fatty Arbuckle likewise too.

Ann Pennington and Billie Rhodes
Will drive away the blues
Petrova's pathetic acting
The tears will sometimes run
But the choice of all the movie stars
Is Clara Kimball Young
Doug Fairbanks will do some clever stunts
Bill Hart soon ends a strife
The Hero makes love to the maiden
Which is the greatest thing in life.

The Least Thing in Life
By A. Surl
Well in my estimation
That worthless selfish creature
No matter what his station
Who has no moral stamina
To know or do what's right
Unworthy of the name of man
That worthless parasite,
Who crawls his way around.
The pity is his crawls are not
Confined to underground
The slimy thing whose trail defiles
Some home or fair good name
Or snarles some unprotected girl,
To misery and shame.
He may be rich, he may be poor,
He's still the same foul evil doer.
A whitened sepulchre is he.
A curse to good society,
A thing on earth no less can be
E'en rancid cheese can breed a mite
More wholesome than this parasite.
If needs he must get work

A CRIPPLE FOR THREE YEARS

Helpless in Bed With Rheumatism
Until He Took "FRUIT-A-TIVES"



MR. ALEXANDER MUNRO

R.R. No. 1, Lorne, Ont.
"For over three years, I was confined to bed with Rheumatism. During that time, I had treatment from a number of doctors, and tried nearly everything I saw advertised to cure Rheumatism, without receiving any benefit.

Finally, I decided to try 'Fruit-a-tives'. Before I had used half a box, I noticed an improvement; the pain was not so severe, and the swelling started to go down.

I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and do light chores about the place."

ALEXANDER MUNRO.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Was their brave determined smile.

A smile in the day's occupations,
A smile when things go wrong,
A smile in the worst of hardships,
Will show that the spirit is strong.

A smile, though the least expensive
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The slimy thing whose trail defiles
Some home or fair good name
Or snarles some unprotected girl,
To misery and shame.
He may be rich, he may be poor,
He's still the same foul evil doer.
A whitened sepulchre is he.
A curse to good society,
A thing on earth no less can be
E'en rancid cheese can breed a mite
More wholesome than this parasite.
If needs he must get work

He'll sit with idle hands before him
And take foresooth the dirtiest job
The devil can find for him
Small wonder if old Mother Earth,
When forced to take his body
Should have convulsions on the spot
And vomit up such shoddy.
E'en worms must turn
If forced to feed
In such a grave location
What self-respecting grub would
stand for such associations?
Tho' generally not particular
About their habitation
They'll have a decent wholesome
course
Or leave the situation.

What can be done with such a one,
We'll stand a chance to choke sir,
As well as foul the atmosphere
To send him up in smoke sir.
However if what's left of him
In smoke were heavenward sent
And failed to reach the upward goal
Our efforts were well meant
And after all it's just as well
Such smidges are confined to — 1.

In describing the introduction of Mr. Fred R. Parnell, M. P. P., to the Legislative Assembly on Tuesday, Mr. J. E. Middleton of the Toronto News writes as follows:

For some days a dark, slim and melancholy figure has been discerned sitting in a commodious armchair beneath the Speaker's gallery. That chair and others like it are on neutral ground in the Chamber, but not officially in the House on the floor, but not on the Floor. The look of melancholy belied the facts for the man was Mr. Fred Parnell, recently elected to the Legislature by the people of St. Catharines and presumably filled with satisfaction and joy.

The House up to yesterday had not been made aware officially that Mr. Parnell had been elected, or that there had even been an election. The report of the returning officer had not been made to the Clerk of the Crown in Chancery. A native runner arrived on Monday with the intelligence. Therefore on Tuesday afternoon the first duty of the administration was to extract Mr. Parnell from his secluded corner in a retilly comfortable chair with a high back—present him to the Speaker and establish himself in an official chair, less easy but more dignified.

Hon. Mr. Ferguson and Hon. Mr. McGarry conveyed the new member

into the lobby, then marched him along the broad red carpet to the clerk's table. Mr. Ferguson "begged to introduce Mr. Fred Parnell, duly elected for the constituency of St. Catharines." The Speaker bowed. Mr. Fred Parnell—less melancholy—also bowed, then advanced to the dais, mounted the steps and seized the Speaker's hand. The sponsors took their seats, and Mr. Parnell found his official position, not more than twelve feet from his former unofficial one. The requirements of the manual had been met. The lodge had a new member.

Full Opportunity Afforded for Expression of Opinion on Booze Question.

1. Are you in favor of the continuance of the Ontario Temperance Act?
2. Are you in favor of a return to the License Act?

3. Are you in favor of licensed sale of light wines and beers?
4. Are you in favor of the sale of liquor under Government control?

There are three questions that will in all probability be placed before the people of Ontario, when the Government referendum on the liquor question is submitted in late September as now contemplated.

Premier Hearst has no statement to make in regard to any statement of policy on the part of the Government but does not deny that yesterday's prolonged session in caucus was devoted mainly to a labored discussion of the whole situation.

Officials closely in touch with the situation declare that the above questions will be identical with those placed before the people by the Government, but qualify the statements with the opinion that a further clause reading something like "Are you in favor of the Ontario License Act?" will be inserted in the referendum.

This, it is explained, will allow a definite expression for those who are not in favor of a return of the old Act and yet have some fault to find with certain machinery of the O. T. A.

Answering the first question in the negative would mean favoring the old License Act. It is felt that these questions, if placed in the referendum

would allow for definite expression and preclude any possibility of doubtful intentions.

J. D. Flavell, chairman of the Ontario License Board, declined to give any opinion as to the form which considered the referendum on the prohibition question should take. "Whatever system is ratified by the public and adopted by the Government, we shall endeavor to administer to the best of our ability," he stated.

LATE JAMES M. VANKEUREN
LAID AT REST YESTERDAY

Mr. James Melvin Vankeuren, a respected resident of Dunnville died at his residence there on Tuesday, March 11th, aged 62 years. Deceased was born in South Oxford and was the oldest son of the late James Jones Vankeuren and late Maria Closen Vankeuren. He where he lived for a number of years, later moving to Dunnville where he went to Haldimand when a youth, he resided for 26 years. He was married to Miss Elsie Bessy, daughter of William Bessy of Merrittton, and leaves besides his widow six children Mrs. G. H. Smith, Mrs. J. Jamieson, and Mrs. Frank Dashwood, all of Dunnville, James and George at St. Catharines and William in Brantford. The funeral at which the Rev. Mr. Green of Grace Methodist Church of Dunnville officiated at the house and graveside, took place on March 13 and was largely attended. The following relatives from a distance being present Chas. McLaren, St. Catharines; Mrs. Gilbert Vashbinder and Mrs. Harry Robbins, Welland; Frank Spalding of Ithaca, N. Y., Milo Vankeuren, Hamilton.

Toronto, March 14.—Samuel Goldstein, aged 38, living at 25 Kensington Avenue, fell from the twelfth storey of White and Sons Building, 135 St. Patrick Street, at 11:30 yesterday. He was rushed to the General Hospital immediately afterwards, but he expired in the ambulance. His body was taken to the Morgue shortly after noon. When the accident occurred, he was employed at work on the building it is believed.

Simon Frankel, was taken to the General Hospital today, suffering from crushed fingers. He lived at 11 Henry Street, and is 14 years old.

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Thrift Stamps cost 25 cents each. A Thrift Card is provided free of charge, and when 16 Thrift Stamps are affixed to it, it represents \$4.00 on the purchase of a War-Savings Stamp.

With your first War-Savings Stamp, a Certificate is provided with spaces for 10 W.S.S. When filled, this Certificate is a Dominion of Canada "Bond", worth \$50.00 on Jan. 1st, 1924.

Buy War-Savings Stamps at any Money-Order Post Office, Bank, or other place displaying the Beaver-Triangle sign.



Price in March, 1919 \$4.02
" " April, 1919 4.03
" " May, 1919 4.04
Redeemed on Jan. 1st, 1924 \$5.00

"War-Savings Stamps will provide financial assistance to the Government; an excellent investment for small savings; and a strong incentive to every-day economy."

—SIR THOMAS WHITE,
Minister of Finance.

SICK--WEAK--MISERABLE THOUSANDS OF VICTIMS

Man feels bad all over, feels weak, feels nervous, irritable, gloomy—gets angry at little things that ordinarily would not be noticed. You feel tired mornings. Your sleep does not rest you. You feel nervous. You dream at night. Your memory is poor. You can't concentrate your mind. No appetite. You lose flesh—all run down. You can't understand why.

Men! Are You In Doubt



DR. WARD, Specialist

OF INTEREST TO THE AILING MAN

28 years' experience and learning, 28 years doing one thing and doing it well. Experimenting days long past. I know! My success is due to system and direct methods. I go after the cause. No delays—no waiting—no wondering. No weary months and years dragging along waiting for expected results. I make a fee for treating the patient as long as treatment is necessary. If I make you a fee of \$10.00 or \$25.00 it means that I will treat your case until you are dismissed. Consultation and examination free.

DR. WARD Daily Hours: Mondays, Wednesdays, Saturdays, 9 a.m.-9 p.m. Tues. DR. HERRICK days, Thursdays, Fridays, 9 a.m. to 6 p.m. Sundays 10 a.m. to 1 p.m.

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