



Growing Old Together

THIS aged couple, mellowed by time and the experiences of life, are happily growing old together.

They are happy because they are healthy. Life is still full of interest to them, and they are wide awake to new ideas.

These are the kind of old people that everybody likes. For, in spite of the years, they are cheerful and optimistic.

It is only natural that the blood should get thin and vitality wane as age advances, but there are ways of keeping up the quality of the blood and maintaining health and vigor.

Very many men and women have found in Dr. Chase's Nerve Food exactly what they need to restore energy and strength and keep them healthy and happy.

As an example Mr. Stephen J. Leard, North Troy, P.E.I., writes: "At seventy-five years of age my heart gave out and became very irregular and weak in action and would palpitate. My nerves also became weak, and I could do nothing but lie in bed in a languishing condition, losing strength and weight. In that condition I began using Dr. Chase's Nerve Food, and am cured. Had I not obtained this treatment I would now be in the box with the roof over my nose. At eighty-one I have an energy, vigor and strength which I never had before. I am writing this letter so that old people like myself may prolong their health and strength by using this great medicine."

There can be no doubt that this treatment contained exactly what was required to build up Mr. Leard's system.

We are constantly receiving so many letters of this kind that we can, with the greatest confidence, recommend people of advanced years to put Dr. Chase's Nerve Food on trial, as a means of restoring and maintaining health and vigor.

Here is another interesting letter. This time from a lady:

Mrs. Joseph Lalonde, Hydro Glen, Ont., writes: "I have to thank you very much for what your medicines have done for me, especially the Nerve Food and Kidney-Liver Pills. I was so run down and nervous last summer that I was in bed most of the time, unable to do any work. I have also been troubled with my kidneys for over twenty years, and tried every doctor I knew of without any permanent results, but I can say that Dr. Chase's Nerve Food and Kidney-Liver Pills have made me feel quite different. Since taking this medicine I have been able to do my household and although I am now 76 years old, I feel better than I have for years."

("I know Mrs. Joseph Lalonde, and believe her statement regarding Dr. Chase's medicines to be true."—W. F. Flannery, Postmaster.)

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.50, all dealers, or Edmansson, Bates & Co., Ltd., Toronto. Only the genuine bears the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, on every box.

CONSIDERING DISPUTE OVER N. SCOTIA COAL AREAS

Ottawa, Nov. 26.—The Cabinet this afternoon took up consideration of the dispute between the Nova Scotia Steel Company and the Dominion Coal Company, on questions that arose some time ago between the companies in regard to development of mining areas under Sydney Harbor.

The Nova Scotia Steel Company sought permission to mine on adjoining property belonging to the Dominion Coal Company, claiming that by so doing production of bituminous coal could be increased. The two companies were unable to agree, however, and the points at issue were referred to C. E. Magrath, Fuel Director of the Maritime Provinces, for adjudication.

After hearing evidence on both sides Mr. Magrath recommended to the Government that the Nova Scotia Company be given authority to mine in certain directions on the Dominion Company's property.

The Government's decision will probably not be announced for several days. It is regarded as very probable that the Dominion Coal Company will take the question to the courts should the Government issue authority to the Nova Scotia Company. The view taken by the Dominion Coal Company, it is understood, is that such an order would be unconstitutional.

HOW DOVER WAS SAVED FROM BEING BLOTTED OUT

London, Nov. 25.—(Canadian Press Despatch from Roster's Limited)—The latest batch of interesting war time happenings, now released for publication, contains a story of how Dover narrowly missed being blotted out just prior to the last Belgian offensive.

The harbor was packed with war vessels of all descriptions, including four monitors about to start out for the Belgian coast to co-operate with the land offensive. Suddenly an explosion shook the town and soon it was discovered that the monitor "Glatten" was furiously ablaze in the harbor.

It is stated that Admiral Keyes boarded the Glatten and, realizing the catastrophe that would result if the Glatten's magazines exploded with so many ammunition ships in close proximity, ordered air raid sirens to be blown to clear the streets. Orders were also given to sink the monitor. The destroyer Bruce succeeded in hitting her with three torpedoes in that part of the Glatten which was away from her magazines. She sinking her and saving Dover.

RUSSIAN BOLSHEVIK TROOPS ENTER ESTHONIA ON WIDE FRONT

London, Nov. 26.—Russian Bolshevik troops have crossed the River Narva on a broad front and have entered Esthonia, between the Gulf of Finland and Lake Peipus, says a Central News despatch from Stockholm today. General mobilization has been ordered in Esthonia, which the Germans are expected to leave within a fortnight, the despatch adds.

U. S. CASUALTIES IN THE WAR

36,154 Killed, 1,160 Missing, 179,625 Total of Wounded—14,811 Died of Disease and 2,163 Died Prisoner.

Washington, Nov. 25.—Total casualties of the American expeditionary forces up to the signing of the armistice were 235,017: General March announced today. They were divided as follows:

Killed and died of wounds, 36,154. Died of disease, 14,811. Died of other causes, 2,204. Missing, 1,160. Prisoners, 2,163. Missing, 1,160.

Discussing the enormous number of wounded, the American Expeditionary Forces' official statement said that many thousands of men slightly hurt who did not go to hospitals and whose names had not been reported. Casualties reported to the department up to yesterday numbered only a little over 32,000 and most estimates of the probable total when the armistice was signed have not been over 100,000.

MOONEY ESCAPES THE GALLOWS TO PRISON FOR LIFE

The Death Sentence Committed by Governor Stephens.

The Labor Leader Was Convicted of Being Concerned in Bomb Explosion Which Killed Ten People.

Sacramento, Cal., Nov. 25.—The sentence of Thomas J. Mooney, sentenced to be hanged on December 13 for the deaths of ten persons killed by a bomb explosion in San Francisco during a Preparedness Day parade July 1916, was commuted by Governor W. D. Stephens to-night to life imprisonment.

Court action to save Mooney from the gallows was exhausted by the prisoner, the Supreme Court of the United States having recently decided it could not review the case.

Threats of a national strike in case the Governor did not intervene has been made in various parts of the country and some time ago it was reported that President Wilson had written an official memorandum. Mooney suffered no injustice. The trial judge has also requested a new trial for Mooney.

F. R. MCCURDY SPEAKS OF HIS RESIGNATION.

Halifax, N. S., Nov. 27.—F. R. McCurdy, M.P. speaking of his resignation from the Department of Soldiers' Civil Re-establishment said his resignation was tendered on September 17th. The reason was because the Department's increasing problems were not being sufficiently and broadly anticipated, for unfortunately, Mr. McCurdy said, inaction and absence of co-ordination with other departments were seriously prejudicing the interests of returned soldiers, and reconstruction generally. The special cabinet committee on this subject had been inactive and the parliamentary committee report on pensions had been disapproved. The pension board was incomplete, all these omissions directly affected the Department's problems. For these reasons Mr. McCurdy felt that he should not be held responsible which he would if he remained.

DEPUTY REGISTRAR UNDER THE U.S.A. SUES FOR \$60,000 DAMAGES

Quebec, Nov. 26.—Mr. Alaya, Quebec, former deputy registrar at Quebec under the U.S.A., has today filed action for \$60,000 damages. He also sues L. A. Stieglitz, of Montreal, for \$10,000 on the same grounds. The actions arise out of the publication of stories or articles regarding the arrest and detention of persons who occupied Berne for several days have left, but before leaving they want to the American legation and furnished before one hour their hand playing patriotic airs, and finally the American and Swiss national anthems.

Children Cry for Flatulence

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of **Dr. J. C. Watson** and has been made under his personal supervision since its infancy. Allow no one to convince you in this regard. All Counterfeits, Imitations and "Just-as-good" are the worst. Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Sassafras, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulence, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of **Chas. H. Fletcher**
In Use For Over 30 Years
The Kind You Have Always Bought
THE CENTAUR COMPANY, NEW YORK CITY.

GREAT MAJORITY WISH TO SETTLE IN HOME PROVINCE

Ottawa, Nov. 25.—A curious feature of the census of overseas soldiers taken by the Department of Soldiers' Civil Re-establishment to ascertain the number willing to take up farm work is that the average age of soldiers wishing to settle in the western provinces is higher than the average age of men wishing to settle in the eastern provinces. The province having the highest average age is British Columbia, where nearly all the older men wish to go probably because of its attractive coast climate.

A deduction in reference to the fact that the older men appear to wish to go west, says an official memorandum, is that the extremely young boys have not reached the age when their vision extends much beyond their home surroundings. In this connection it is noted that only twenty-eight per cent of the men wish to settle in any other than their home province.

10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Bile Headache, Constipation, Biliousness, Sour Stomach, Bad Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascares. They immediately cleanse and regulate the stomach, correct the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestine and bowels. A 10-cent box from your drug-gist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.

WRIGLEY'S



It's the great war-time sweetmeat.

—the benefit, the pleasure, the economy of a 5c package of WRIGLEY'S

—has made it the favorite "sweet ration" of the Allied armies

—send it to your friend at the front.

—it's the handiest, longest-lasting refreshment he can carry.

CHEW IT AFTER EVERY MEAL

The Flavour Lasts

BOLSHEVIKI LEAFLETS IN NIAGARA DISTRICT.

Niagara Falls, Ont., Nov. 27.—Niagara Falls and other places in the Niagara district were billed during last night with Bolshhevik leaflets entitled "Peace and the Workers." The police are investigating, but though most homes got copies there don't seem to be any clue as to who put them there.

THE SECRET OF SAVING

lies in spending to the best advantage—getting the most for your money. That is what you do when you buy Zam-Buk, and that is why Zam-Buk is the choice of the good housekeeper and careful buyer.

When you buy Zam-Buk you get 100% medicine—not 5% medicine and the balance "fill up" as it is called in ordinary parlance. This explains why Zam-Buk goes so much farther than ordinary ointments and creams which only irritate the parts they are intended to heal. It can, therefore, be used on the most sensitive skin and is the best balm for baby.

It is also best for eczema, ringworm, boils, pimples, ulcers, abscesses, blood poisoning and piles. All Dealers or Zam-Buk Co., Toronto, 50c. Box, 2 for \$1.00.

DEMISE CHANGES IN THE IMMIGRATION DEPARTMENT.

Ottawa, Nov. 26.—Hon. J. A. Calder, Minister of Immigration and Colonization, gave an impromptu speech this afternoon to a story in the press that W. D. Scott, Superintendent of Immigration, is to be superseded and that J. B. Robertson, assistant superintendent of Immigration, will be given another position. The Minister stated that the news was untrue and reported that the retirement of these two officials was being discussed. He stated that the resignation of Mr. Walker, of Winnipeg, is in the hands of the Minister of the Department, the Minister of the Department, the Minister of the Department in the West, but study in the United States.

SECRET DOCUMENTS MAY BE PUBLISHED TO PLACE BLAME

Berlin Inquiry to Determine Which Statesmen and Military Men Started War.

WORLD WILL BE APPALLED At Depths of Degradation to Which Germans With High Sounding Names Sank.

(By Julian Grande.)

Berne, Nov. 23.—I learn indirectly from Berlin that a commission is being appointed to examine secret documents and ascertain which German statesmen and military men were responsible for the war and its prolongation. The Berlin Tageblatt demands also an inquiry as to who was responsible for repeatedly preventing peace and dragging out the war until a catastrophe was inevitable.

I can assert that the council which decided on the relentless submarine warfare included Ballin, von Jagow, Krupp, Tirpitz, and one director of Krupp. Ballin is now dead and von Tirpitz and one other member of his council have fled to Switzerland.

I also learn from a trustworthy source that about three months ago the German War Council decided on a naval attack on the English coast and, consequently, all the German submarines were recalled to German ports, when the German sailors, realising the plan, began their mutiny and the ex-Kaiser's last visit to Kiel was intended to pacify them.

The German sailors, however, had no vivid recollection of Jutland, and declared openly that they would not again encounter the British fleet. Hence, their insistence on not abandoning the mutiny without assurance from the Governor of Kiel that the German fleet would on no occasion leave Kiel while the war lasted.

World Will be Appalled.

When the German secret documents are published, the world will be appalled at the depths of degradation to which Germans with high sounding names and titles sank. Thus, after Italy's entrance into the war, Prince von Buelow, in conjunction with the German consul-general at Zurich, was engaged in endeavoring to introduce poison bombs, cholera bacilli, and germs for infecting horses and poisoning wells into Italy via Switzerland. This was proved by recent inquiries of Swiss authorities, which resulted in immediate expulsion of the German consul-general and vice-consul at Zurich. Buelow escaped from Switzerland and is now probably hiding somewhere in Germany.

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