

"IMPOSSIBLE TO HELP MY KIDNEYS"

Until I Used "Fruit-a-lives" Worlds Greatest Kidney Cure

Practically everybody in Toronto knows Professor F. Davis. For years, the chief of this city has taken lessons from Prof. Davis in the art of Dancing and Deportment. His constant activity gradually weakened his kidneys, which calamity threatened to make him an invalid. But read Prof. Davis' letter—

563 Church St., Toronto, Ont.

DECEMBER 29th, 1911

"I want to say that 'Fruit-a-lives' is my only medicine, and has been for the past five years. Previous to that, I had been troubled with Rheumatism and Kidney Disease, and had taken many remedies without satisfactory results. Noticing the advertisements of 'Fruit-a-lives' I adopted this treatment, and as everyone knows, I am now—and have been since taking 'Fruit-a-lives'—enjoying the best of health."

If Rheumatism or Kidney Trouble is making you miserable, take 'Fruit-a-lives' and get well.

See box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

White Ribbon News.

Women's Christian Temperance Union first organized in 1874.

Anti.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto.—For God and Home and Native Land.

Basic.—A knot of White Ribbon.

Watchword.—Agitate, educate, or organize.

OFFICERS OF WOLFVILLE UNION.

President.—Mrs. L. W. Simpson.

1st Vice President.—Mrs. J. W. Key.

2nd Vice President.—Mrs. F. Woodworth.

Recording Secy.—Mrs. W. Mitchell.

Cor. Secretary.—Mrs. H. Pinner.

Treasurer.—Mrs. T. E. Hutchinson.

CLERKS.

Evangelists.—Mrs. J. W. Brown. Mothers' Meetings.—Mrs. St. Johnstone. Lumbermen.—Mrs. J. Keppel. Peace and Arbitration.—Mrs. J. Reid. Temperance in Sabbath-schools.—Miss A. S. Fish. Juvenile Work.—Mrs. B. G. Davidson. Father Meetings.—Mrs. (Rev.) McGee. Press Work.—Miss Margaret Burs. Flowers, Fruit, and Delicacies.—Mrs. J. Kaye.

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At the Game's End.

When I have crossed the twilight goal,
Across the final white chalk blend,
Say not for me 'tis sporting far
To victory around the end,
But rather say that 'Dundas' field
Was my arena in the construction
He fought his way on yard by yard,
He fought his way and held his feet—
He hit the line, and hit it hard.

When I have left the field for good,
To where the Ghosts of Players stay,
Say not for me 'tis kicked the goal
From fifty-seven yards away,
I'll feel a trifle prouder there
If you can say that 'Yard by yard
He fought his gory way across—
He hit the line, and hit it hard.'—
Grantland Rice.

He Gave Himself.

He put his heart into his work,
Forgot the bruises that it caused
Forgot the little things that irked,
And so forgetting, never pained,
He gave his task the best he had,
Regardless that his fight was grim,
And in the end the task, my lad,
Gave back the best it had to him.
He gave himself complete to
The work confusting him each day,
Forgetting, if he ever knew,
That others tread an easier way,
Battered and bruised, and faint and sore,
He still put in the best he had,
And from his work drew more and more
Of what was best, and he was glad.
He gave himself to life, and faced,
With all the strength that he possesses,
His trials, seeking not in haste
To shirk his duties, or to rest,
Unwincing, uncomplainingly
He bore the better blows of strife.
He gave the best of life and he
Won back the best there is in life.

Drink and Employment.

The day is coming when the drinking man will find himself shut out from all respectable employment. He doesn't pay in these modern times, and it is doubtful if he ever did. The great corporations are refusing to tolerate employees addicted to the use of intoxicating liquor. Recently in the U. S. an elementary physiology was prepared as a school text-book, and the authors, to comply with the requirement that a certain portion of the text should deal with the harmful effects of alcohol and tobacco, hit upon the plan of getting testimony from representative corporations as to the stand taken with employees on the liquor question. Here are some of the replies:

From the New York Central Railroad: "No one will be employed, or continued in employment, who is known to be in the habit of drinking intoxicating liquors."

From the Washington Electric and Manufacturing Company: "We do not knowingly employ or hire any person who is in the habit of drinking intoxicating liquors."

Hints for the Home.

The most economical steaks you can buy are the round and the rump, because they have no bone in them. To make them tender, marinate them. After steaks are marinated they should be cooked on a very hot broiler, or they will lose their juice.

All boiled meat without exceptions should be put on in boiling water. Merely hot water will make them tough, which accounts for the fact that so many go to the other extreme, and use cold water, letting it come gradually to a boil, which method, while it makes the meat tender, also extracts all the strength and juices. The water should be boiling when the meat is put in just as it is even should be very hot when a roast of meat is put into it. Once the outside of the meat is seared or scalded, so that the juices of the meat cannot escape, the temperature of the oven should be lowered in the case of a roast, and in boiling the pot should be set back so that the meat boil gently until tender.

When you have been so unfortunate as to scorch the bodice or skirt of a white dress, apply peroxide at once. Place a cloth underneath and cover the scorched spot. You may have to make several applications of peroxide before the stain can be entirely removed.

To clean the lace collar of a dressy blouse without ripping it off, place under the lace a clean Turkish bath towel folded to several thicknesses, then dip a brush in warm, soapy water and scrub the lace well, taking care not to touch the body of the blouse. After the soap has been used brush with clean water. The towel underneath will absorb all the dirt and much of the water. Put the blouse on a coat hanger to dry.

Water Cure for Constipation.

Half a pint of hot water taken half an hour before breakfast will usually keep the bowels regular. Harsh cathartics should be avoided. When a purgative is needed, take Chamberlain's Stomach and Liver Tablets. They are mild and gentle in their action. For sale by all dealers.

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Nothing Like It for Colds.

Dr. Chamberlain's Cough Remedy is the best remedy for colds, coughs, and croup. It is a household necessity. It is a small, handy bottle, and it is so easy to use that it is suitable for the sick and the well.

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Cure for Sore Nipples.

As soon as the child is done nursing apply Chamberlain's Salve. Wipe it off with a soft cloth before allowing the child to nurse. Many trained nurses use this with the best of results. Price 25 cents per box. For sale by all dealers.

Children Cry FOR FLETCHER'S CASTORIA

Business men of Dawson, Alaska, say that recent fires in the Yukon have destroyed timber worth \$100,000,000.

If you are troubled with chronic constipation, the mild and gentle effect of Chamberlain's Tablets make them especially suited to your case. For sale by all dealers.

"Maud says she had her audience in tears last night."

"I believe it. They were crying for their money back, poor things."

You will find that druggists everywhere speak well of Chamberlain's Cough Remedy. They know from long experience in the sale of it that in cases of coughs and cold it can always be depended upon, and that it is pleasant and safe to take. For sale by all dealers.

The Writer's Child—Pa, what is peony?

The Writer—Peony, my son, is the wages of the pen.

A Word of Gratitude.

"To justice to humanity I want to tell you that I was a great sufferer from indigestion, and had been so for many years. I had tried many remedies, but nothing seemed to do me any good. I was recommended to try Chamberlain's Tablets, and I can now say that I am well again. I am so glad that I can now eat and sleep like a healthy man. I am so glad that I can now eat and sleep like a healthy man. I am so glad that I can now eat and sleep like a healthy man."

CASTORIA For Infants and Children.

The Kind You Have Always Bought

Beware the Signature of *Dr. J. C. Ayer*

Manufactured by J. C. Ayer & Co., Lowell, Mass., U.S.A.

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YOU CAN MAKE MONEY IN

Calumet

"The Star of Alberta"

PAST The strategic site of Calumet was discovered by a far-seeing, wheat railway engineer attracted to the district by the lure of the Canadian West. The map led up lands where the wide prairies came and the shipping center created went ahead by leaps and bounds.

PRESENT

Calumet today is a thriving incorporated town, with not less than 63 business places. Her up-to-date electric and natural water supply systems are owned and operated by the people. Calumet boasts an eight-roomed schoolhouse, two banks and four big elevators, shipping over a million bushels in 1911 and 1 1/2 millions in 1912. Calumet has coal mines operating, and the entire district is underlain with coal of finest Galt quality.

FUTURE

Calumet grows as Alberta grows. That means a wonderful future. Four new railroads are heading for Calumet. Four new elevators are trying to cope with its tremendous wheat yields. Four new districts. The mines are opening up splendid prospects. Calumet is being rapidly developed into one of the greatest towns in the Canadian West. YOU can invest in Calumet as her own people do, who are building in brick and stone for a tremendous future. Calumet has her own supply of finest brick clay and stone right at her doors, and will soon supply her sister cities in Alberta.

Alta Vista

The High Class Residential Section of Calumet

Choice Lots In

Every lot guaranteed.

Block from the Post Office.

Time is money in Alta Vista (Calumet) today! Buy at once. Send coupon for booklet with views, maps, etc. DO IT NOW.

WESTERN CANADA REAL ESTATE CO.

HEAD OFFICE: 204 KENT BUILDING, TORONTO, ONT.

HEAD OFFICE: 204 Kent Building, Toronto

Montreal, 812 New Birk Building.

London, Ont., 11 Dominion Bank.

St. Thomas, 364 Talbot St.

St. Paul, 801 St. Paul St.

Hastingsburg, Kingston, Ottawa, Midland, Brantford, & Toronto Bldg.

900

ACADIAN, Wolfville.

Sealed Tenders.

For the Collection of County and Poor Rates in the various Wards in the County of Kings, and Dog Tax as per By-Law, are requested for the year A. D. 1912.

1. Tenders to be filed with J. D. Chipman, Clerk of the Municipal Council, at Kentville, on or before the first of January, A. D. 1912, noon.

2. All Tenders to be marked "Tenders for the Collection of Rates," and to name the proposed headman.

3. Collectors must guarantee the amount of each rate roll, and the collection thereof, subject, only to act for the Council see to it adjust.

4. The Council do not bind themselves to accept the lowest or any tender.

L. D. Y. CHIPMAN,
County Clerk,
Kentville, Nov. 26, 1911.

AN OPPORTUNITY FOR A RELIABLE MAN IN WOLFVILLE.

We have some Old Edged original prairie Townships (not subdivisions) which appeal to the intelligent investor, and we intend to put on an extensive advertising campaign in WOLFVILLE as soon as we complete arrangements with a first-class man, who can follow up inquiries. We will mail the district thoroughly. The right man who will apply himself can make this a permanent and very profitable position. Apply

H. W. McCURRY
302 Temple Building, Toronto.

WANTED!

Old Church Communion tokens, old Coins, old Postage Stamps, post office stamps, old Toys, Cans, Caskets, Brooches, etc. Highest cash prices paid.

W. A. KAIN
110 GERMAIN STREET
ST. JOHN, N. B.

Wolfville Real Estate Agency.
Persons wishing to buy or sell real estate should apply to
J. W. McLELLAN, Manager.
Wolfville, April 27

Hutchinson's Express & Livery.

UP-TO-DATE IN EVERY RESPECT.

Best Hacks, Buses, Single and Double Carriages. Good Horses, Careful Drivers, Fair Prices. Teams at all Times and Hours. Baggage carefully transferred.

T. E. HUTCHINSON, Prop., WOLFVILLE, N. S.

The Excelsior Life Insurance Co.

HEAD OFFICE: TORONTO.

High Interest, Sparing, Low Mortality and Economy in Management make us a desirable company to insure in.

W. A. McLELLAN, Wolfville, Prop., N. S.

THE Christmas Tree Wide Plain

By W. D. Nesbit

WIDE PLAIN is in the Middle West. It is so named because it is wide. The town does not cover the entire plain. Far be it from me to convey such an impression, as much as the plain extends as far north and south as it extends as far east as it extends.

George Freeman was one of the most energetic young men in Wide Plain. He was one of the pioneers of the district, and had been there since the first settlement. He was a man of wide views and wide sympathies. He was a man of wide views and wide sympathies. He was a man of wide views and wide sympathies.

It was not a genuine fir or cedar, but it looked like a tree. And the candle and the strings of popcorn and glistening ornaments hid many of its faults.

We Must Have a Christmas Tree.

It was not a genuine fir or cedar, but it looked like a tree. And the candle and the strings of popcorn and glistening ornaments hid many of its faults.

All About the Mistletoe.

Popular Christmas Plant in Olden Times Was Considered Sacred

Although in the majority of Canadian and English homes mistletoe is displayed at Christmas time, it is remarkable how little is known of this sacred plant. Mistletoe is a parasitic growth, appearing most frequently on apple trees, although it is also found on evergreens and on such things as thorn, pear and oak trees, but very rarely on the last named. It is an evergreen bush, about four feet in length thickly covered with branches and leaves. Unlike all other plants, it has no roots of its own, but grows on the branches of other trees.

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