

Gleaned by the Way.

Lawyer—I have my opinion of you. Citizen—Well, you can keep it. The last opinion I got from you cost me \$150.

Lame leg is one of the most common forms of muscular rheumatism. A few applications of Chamberlain's Liniment will give relief. For sale by all dealers.

Johnny—Mamma, I wish I had a little sister. Mamma—Why do you wish that, dear?

Johnny—'Cause I'm tired of tearing the cat.

A Lumberman's Opinion. "I was troubled with palpitation of the heart and sleeplessness," writes Mr. Wm. "Pritchard," Lumber Inspector, Lancaster Mills, Ont., "and used Dr. Chase's Nerve Food with very great benefit, as my whole system was strengthened and built up."

Teacher—Who was it supported the world upon his shoulders? Tommy—Atlas, sir.

Teacher—Who supported Atlas? Tommy—The book don't say; but I guess his wife did.

Descof Flint—Jane, if I die I wish you'd marry Deacon Skinner. Mrs. Deacon Flint—And why, Amos?

Descof Flint—Waal, Abe Skinner beat me on a horse trade once.

Signs of Kidney Trouble. In the early stages kidney troubles are known by backache and urinary disorders.

Cholly—What's the matter, Frank, dear boy? Frank—Oh, Cholly, Ethel tells me she loves another!

Cholly—What hard luck, after your devotion! Frank—Hard luck? Why, Cholly, in the last six months her father's dog has bitten me a nice time!

Don't trifle with a cold is good advice for prudent men and women. It may be vital in case of a child. There is nothing better than Chamberlain's Cough Remedy for coughs and colds in children. It is safe and sure. For sale by all dealers.

An Irishman was once brought before the poet and magistrate, Michael Joseph Barry. The constable swore he was wearing a 'republican hat.' Does your honor know what that means? Inquired the magistrate's lawyer of the judge. 'I presume,' said Barry, 'that it means a hat without a crown.'

Children Cry FOR FLETCHER'S CASTORIA. Cholly—So you go to school, do you, little man? Let me hear you spell 'bread.'

Bobby—B-r-e-d. Caller—The dictionary spells it with an 'a.' Bobby—You didn't ask me how the dictionary spells it; you asked how I spell it.

CASTORIA For Infants and Children. The Kind You Have Always Bought. Bears the Signature of Dr. J.C. Williams.

It's really a pleasure, ma'am, to observe how readily your little boy runs your errands! Oh, he's the little boy that lives next door. I get him to do my errands because my own boy won't. Ah! What is your boy doing now? There he is running on an errand for the lady next door!

Baltimore, Md., Nov. 11, 1909. MERRILL'S LITERARY CO., LITERARY. I have been a member of your association for some time, and I am very glad to see that you are doing so well. I have been a member of your association for some time, and I am very glad to see that you are doing so well.

'Yes, sir,' said the pale, youthful visitor; 'I have come to ask for your daughter's hand. She is fair as lilies, sweet as honey-suckle, tender as a violet, charming—'

'Is that Mary you're talking about?' asked papa. 'Yes, sir, it is a mere formality, I know, this asking for your daughter's hand; but we thought it would be pleasing to you if it were observed.'

Mary's papa stammered. 'And may I inquire,' he asked, 'who suggested that asking my consent to Mary's marriage was a mere formality?'

'You may, sir,' replied the young man simply. 'It was Mary's mother.'

Merrill's Literary Co. is pleased to announce the publication of 'The Story of the Life of Dr. J.C. Williams,' by Dr. J.C. Williams. This book is a full and complete history of the life of Dr. Williams, and is a most interesting and valuable work. It is now available in paperback form for only 50 cents.

New Ice Creams.

Rice Ice Cream—Boil for five minutes two cups of cream, four table spoonsful of sugar, the rind of one lemon, three bay leaves and one inch of cinnamon stick. Put three ounces of ground rice in a basin and mix it into a smooth paste with cold milk; add the boiled cream and simmer fifteen minutes. Pass through sieve; when cold, add one teaspoonful of vanilla extract, and then freeze. During the freezing add one cupful of whipped and sweetened cream. Serve in dainty cups, with ground almonds sprinkled on top.

Good and Easy—Make two pints of plain custard. When cool add a cupful each of cream and orange marmalade, juice of a lemon and a table-spoonful of apple jelly. Freeze. Serve in cones decorated with chopped nuts.

Cocoanut Peach Cream—Remove the milk from the interior of a large cocoanut and place it where it will become cold, meanwhile press through a fruit sieve a quart of peaches that have been pared and sliced (reserve a few bits for garnishing), add to these a cupful of confectioner's sugar and place directly on ice. At serving time add to the fruit a pinch of powdered cinnamon, one pint of stiffly whipped cream, add sufficient milk to the cocoanut milk to make two quarts; mix and serve from high crystal pitcher in which has been placed a pint of cracked ice, dusting the top thickly with grated nutmeg, garnish with sliced peaches and large ripe blackberries.

Apple Ice Cream—Put two pounds of peeled and cut-up apples in a saucepan; add one cupful of water, a small stick of cinnamon, one cupful of sugar, the rind and juice of one lemon. Cook quickly till soft, then rub through a sieve, add mix with two cups of cream and two cupfuls of mustard. Freeze, and serve in dainty small cups decorated with large seedless raisins.

Helpful Hints on Hair Health. SCALP AND HAIR TROUBLES GENERALLY CAUSED BY CARELESSNESS. Dandruff is a contagious disease caused by a microbe which also produces baldness. Never use a comb or brush belonging to some one else. No matter how cleanly the owner may be, these articles may be infected with microbes, which will infect your scalp. It is far easier to catch hair microbes than it is to get rid of them and a single stroke of an infected comb or brush may well lead to baldness. Never try on anybody else's hat. Many a hat-band is a resting place for microbes.

If you happen to be troubled with dandruff, itching scalp, falling hair or baldness we have a remedy which we believe will completely relieve these troubles. We are so sure of this that we offer it to you with the understanding that it will cost you nothing for the trial if it does not produce the results we claim. This remedy is called Rexall '93' Hair Tonic. We honestly believe it to be the most scientific remedy for scalp and hair troubles, and we know of nothing else that equals it for effectiveness because of the results it has produced in thousands of cases.

Rexall '93' Hair Tonic is devised to banish dandruff, restore natural color when its loss has been brought about by disease, and make the hair naturally silky, soft and glossy. It does this because it stimulates the hair follicles, destroys the germ matter, and brings about a free, healthy circulation of blood which nourishes the hair roots, causing them to tighten and grow new hair. We want every body who has any trouble with hair or scalp to know that Rexall '93' Hair Tonic is the best hair tonic and restorative in existence, and no one should scoff at or doubt this statement until they have put our claims to a fair test, with the understanding that they pay us nothing for the remedy if it does not give full and complete satisfaction in every particular. Two sizes, 50 cents and \$1.00. Remember, you can obtain Rexall Remedies in Wolfville only at our store—The Rexall Store, A. V. Rand.

Endee—That last case has made me miss the big dinner this evening to the distinguished Dr. Jay. It's too late now. His Wife—Never mind, dear; the speeches will be published. Endee—Yes, but the dinner won't.

More Than Enough is Too Much. To maintain health, a mature man or woman needs just enough food to repair the waste and supply energy and body heat. The habitual consumption of more food than is necessary for these purposes is the prime cause of stomach troubles, rheumatism and disorders of the kidneys. If troubled with indigestion, revise your diet, let reason and self-control control and take a few doses of Chamberlain's Stomach and Liver Tablets and you will soon be all right again. For sale by all dealers.

I asked her to marry me, and she gave me a supremely content answer. 'What kind of an answer is that?' She said she would give me six months to re-adjust myself so as to be acceptable.

For Chapped Skin. Chapped skin whether on the hands or face may be cured in one night by applying Chamberlain's Salve. It is also unequalled for sore nipples, burns and scalds. For sale by all dealers.

The best plaster. A piece of sanal dampened with Chamberlain's Liniment and bound over the affected parts is superior to a plaster and costs only one tenth as much. For sale by all dealers.

Bits of Advice.

Scrubbing brushes should always be hung up when not in use. When cooking a ham, flavor will be greatly improved if after boiling it is wrapped in buttered paper and baked for an hour.

Mouse traps should be thoroughly scalded and aired after two or three captures, or they will be practically useless.

When cleaning a turkey carpet it should first be well beaten and all the dust got out, then well rubbed over with half loaves of hot new bread.

To soften brushes that have become hard, soak them for twenty-four hours in raw linseed oil and rinse them in hot turpentine, repeating the process till clean, or wash them in hot soda and water with soft soap.

When you suspect moths in a carpet, if you can locate the affected parts, dip a cloth in very hot water with a little ammonia in it. Spread it over the carpet, and then go over it with a hot iron. The steam will kill the pest.

To clean matting, sweep it thoroughly with a stiff broom, following carefully the grain of straw. Then beat a soft broom in warm water and brush across the grain; finally wash the matting with warm water in which a handful of salt has been dissolved. If light in color, borax will aid in brightening and preserving the shade.

If you haven't a sheehorn, drop your handkerchief into your shoe before inserting the foot, then pull tight and it will slip on easily.

Chafed and Aching Feet. Make walking a misery to many who do not know of Dr. Chase's Ointment. How far can you walk without suffering in one way or another from discomfort to your feet? Modern footwear is a prison house and the result is chafed, scalded, inflamed feet.

You can get a world of comfort by using Dr. A. W. Chase's Ointment when your feet give you trouble. This treatment is so delightfully soothing and healing that helps you at once. Unlike unsanitary powders which clog the pores, Dr. Chase's Ointment makes the skin soft and smooth and prevents corns and bunions.

When the feet are chafed, scalded, itching and tired, it takes out the stinging and burning and its benefits are both quick and lasting. This ointment also affords relief and cure for chilblains and frost bites. Whenever there is itching of the skin or a sore that refuses to heal you can use Dr. Chase's Ointment with most satisfactory results. 60 cts. a box; at all dealers, or Edmondson, Bates & Co., Toronto.

TO LET. A furnished house, conveniently situated and comfortable. Apply to C. F. CHURCHILL.

Wolfville Real Estate Agency. Persons wishing to buy or sell apply to J. W. BELFRIDGE, Manager. Wolfville, April 27.

WHY OWN WEBSTER'S NEW INTERNATIONAL DICTIONARY. THE MERRIAM WEBSTER? Because it is a new CREATION, covering every word of the world's thought, action and culture. The only new unabridged dictionary in many years.

Because it defines over 600,000 words; more than ever before appeared between two covers. 7000 Pages, 5000 Illustrations.

Because it is the only dictionary with the new divided page. A "Shorthand Dictionary."

Because it is an encyclopaedia in a single volume.

Because it is accepted by the Courts, Schools and Press as the one supreme authority.

Because he who knows Wins Let us tell you about this new work.

FOR SALE. Small Fruit and Dairy Farm. Pleasantly situated in Wolfville, near School and College, containing 28 acres, young orchard yielding 500 bush, apple with small trees, 12 rooms, house with barn and out buildings in perfect order. Apply P. O. Box 263, Wolfville.

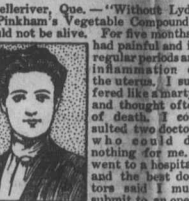
FOR SALE. FREEMAN'S NURSERY WOLFVILLE. Gut Flowers and Potted Plants. Wedding Bouquets and Funeral Designs made up at short notice. W. A. Freeman, Telephone No. 32, Proprietor.

Building Finishes. If you are repairing or building new it will pay you to write to us for prices on Sheathing, Flooring, Frames, Sashes, Doors, Mouldings, Gutters, Turned Work or anything in the line of building finish.

J. H. HICKS & SONS BRIDGETOWN, N. S.

OPERATIONS AVOIDED

By Lydia E. Pinkham's Vegetable Compound.



Bellerive, Que.—'Without Lydia E. Pinkham's Vegetable Compound I would not be alive. For five months I had painful and irregular periods and inflammation of the uterus. I suffered like a martyr and thought often of death. I consulted two doctors who could do nothing for me. I went to hospital, and the best doctors said I must submit to an operation, because I had a tumor. I went back home much discouraged. One of my cousins advised me to take your Compound, as it had cured her. I did so and soon commenced to feel better, and my appetite came back with the first bottle. Now I feel no pain and am cured. Your remedy is deserving of praise.'—Mrs. EMMA CHATFIELD, Valleyfield, Bellerive, Quebec.

Another Operation Avoided. Poughkeepsie, N. Y.—I run a sewing machine in a large factory and get all run down. I had to give up work. I could not stand the pain. The doctor said I needed an operation for womb trouble, but Lydia E. Pinkham's Vegetable Compound did more for me than the doctors did. I have gained five pounds. I hope that everyone who is suffering from female trouble, nervousness and backache will take the Compound, owe my thanks to Mrs. Pinkham. She is the working girl's friend for health, and all women who suffer should write to her and take her advice.—Miss FRANK PLEZZO, 31 Jay St., Poughkeepsie, N. Y.

Thirty years of unparalleled success confirms the power of Lydia E. Pinkham's Vegetable Compound to cure female diseases.

Property on Main street occupied by the subscriber. Large house containing twelve rooms, barn, sixteen fruit trees, with good building-lot on Gasperau avenue. Apply to MRS. EASTWOOD or J. W. WALLACE. Wolfville, Dec. 1, 1909.

"PNEUMATICA" The magic poultice. Stops pain in one night. For sprains, bruises, rheumatism, asthma, stomach trouble, cholera infantum, diphtheria, bronchitis, pneumonia, quinsy, lumbago and pains and sores of all descriptions.

PARRA-PHENIQUE. A perfect ointment prepared especially for physicians' use for chapped hands, salt rashes, eczema and all skin diseases. Use it for boils, bed sores, ick, ulcers, burns, diphtheria, hemorrhoids, frostbite, etc. Introduced by Miss Emma C. PARRA, 31 Jay St., Poughkeepsie, N. Y. Each jar for sale at the WOLFVILLE DRUG STORE.

They may be had of A. L. Hardy, Kenville and Albert Harris, Canaan. Try them and you will never be without them.

Modern Residence for Sale. 7 roomed dwelling house on Gasperau Ave. in the town of Wolfville. Building is 23 x 27 with oil and was built in 1907. Lot contains one big apple tree, 3 peach trees, 6 plum trees, 2 pear trees, 3 peach trees and 1 quince tree. All fruit trees are in full bearing. Sufficient raspberries for home use. Also 10 rose bushes. Barn on property 16 x 24 with room for 4 tons of hay, 1 horse, cow, etc. Two thirds of purchase price can remain on mortgage if desired. Price \$1800. For further particulars apply to James R. Christie or F. J. Porter, Local Manager for McCullum's Ltd.

FOR SALE. The last available Building Lot on Acadia Street, just west of the Acadia Villa Hotel. If you want this lot apply at once to T. R. WALLACE, WOLFVILLE.

H. LEOPOLD, (Successor to Leopold & Schofield.) Livery and Boarding Stable. Stylish Single and Double Turnouts Furnished. Teams meet all trains and boats. All kinds of trucking and express ing attended to promptly. Elm Avenue, (Next Royal Hotel), WOLFVILLE.

MADE AND GUARANTEED BY H. VINEBERG & CO., LIMITED, - MONTREAL. SOLD WITH A GUARANTEE BY Hilsley & Harvey, Port Williams.

MANTELS AND TILES. Supplied and set at Reasonable Prices. All kinds of Tiles supplied and laid by experienced Tile Setters. Distance no object. Telephone 1906J.

JOHN MCKAY 2 and 4 Lockman Street HALIFAX, N. S.

Building Finishes. If you are repairing or building new it will pay you to write to us for prices on Sheathing, Flooring, Frames, Sashes, Doors, Mouldings, Gutters, Turned Work or anything in the line of building finish.

J. H. HICKS & SONS BRIDGETOWN, N. S.

British Admiral Says. ROYAL NAVAL CLUB, Portsmouth, England. To the Zam-Buk Co. Dear Sirs,—I have found Zam-Buk most reliable for healing cuts and abrasions; while for the relief of skin irritation it is invaluable. (Signed) RODNEY M. LLOYD, Admiral.

Zam-Buk Cures Bad Burns. Stoker Kingsnorth, of H.M.S. "Cocharne," says—"I slipped and fell with my arm on an exhaust steam pipe, which fairly frazzled the skin. At once the ship's surgeon dressed my arm, but the burns took the wrong way, owing to a lot of dirt from the pipe setting up blood-poison. A large scab appeared, and from underneath the festering flesh, matter oozed out. I was in fearful pain and didn't know how to get ease. For weeks I remained under treatment, but the ordinary ointments proved no good. Indeed, I got worse. I therefore obtained a supply of Zam-Buk and, almost as soon as this was applied I got ease. From the very first application, healing commenced, and a few boxes of Zam-Buk healed my wound completely."

Zam-Buk cures scalds, skin abrasions, scurf, ringworm, bad leg, varicose ulcers, piles, sore eyes, chapped hands, babies' sores, etc. All stores of Am., or post free from Zam-Buk Co., Toronto, for price. Send in stamp for trial box.

USE ZAMBUK. I solicit consignments of Nova Scotian and Canadian Apples and Peas. A trial shipment will convince you that I can give best satisfaction in dispatching of your fruit. Account sales and bankers' drafts sent direct, immediately goods are disposed of. Correspondence solicited.

JOE LYONS. Fruit broker and commission agent, Spitalfields Market, London, Eng. Bankers, London County and Westminster Bank. Shipping brand "Lyons" Registered cable address, "Lyons, Spitalfields." A. B. C. Code, 6th edition.

We Make Them Differently. You see no hackneyed styles—or last year's patterns—in "Progress Brand" Clothing. The little niceties of fashion—the exclusive effects—that make "Progress Brand" conspicuous—were never seen in a garment before. Some styles are so absolutely unique that we have been able to patent them. You can always tell these "different" clothes by this trademark—



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White Ribbon News.

Women's Christian Temperance Union first organized in 1874. Aim.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto.—For God and Home and Native Land.

Branch.—A. M. of White Ribbon. WATCHWORD—Agitate, educate, or organize.

OFFICERS OF WOLFVILLE UNION. President—Mrs. J. W. Brown. 1st Vice President—Mrs. (Rev.) Prestwood. 2nd Vice President—Mrs. Chambers. 3rd Vice President—Mrs. R. V. Jones. Con. Secretary—Mrs. Charlotte Murray. Recording Secy.—Mrs. W. Mitchell. Treasurer—Mrs. J. W. Vaughn. Auditor—Mrs. Wm. Robinson.

SUPERINTENDENTS. Evangelistic—Mrs. G. Fitch. Parlor Meetings—L. Sheep. Narcotics—Mrs. G. Bishop. Press Work—Miss Margaret Barrs. Temperance in Sabbath-schools—Mrs. (Dr.) McKenna. Mothers' Meetings—Mrs. Prestwood. Lumbermen—Mrs. J. Kempton. Flowers, Fruit and Delicacies—Mrs. L. Eaton. Juvenile Work—Mrs. B. O. Davison. Scientific Temperance, Instruction in Schools—Mrs. M. Freeman. Aldershot Work—Mrs. L. Sleep. To assist in Band of Hope—Mrs. H. Fureo.

What He's. A prosperous liquor dealer was boasting to a group of men standing near his saloon of the amount of money he had made. 'I have made \$1,000 in the last three months,' he said. 'You have made more than that,' quietly remarked a listener. 'What is that?' was the quick response. 'You have made my two sons drunkards. You have made their mother a broken hearted woman. You have made much more than that I reckon, but you'll get the full account some day!'

Newfoundland. Edward Smith, of Bewdley, Worcester, England, writes a letter to the Secretary of the U. K. Alliance, in which he speaks of a visit made to the big island east of Canada, in the following terms:—

'I have just returned from Newfoundland, and was very pleased to find the temperance sentiment so strong there. It will not be long before the capital of St. John's will be won for no license. At present all the outposts, which represent a population of 190,000 out of 250,000 of the whole island, have no licensees for the sale of intoxicants. Their outposts are all fishing stations, and though some drink is smuggled in from the French islands and from St. John's, the advantage of no-license is unmistakable. At St. John's I went over the only prison in the island, in which there were forty prisoners, 37 being from St. John's where drink is sold, and only three from the 190,000. The Governor said: 'Close the saloons in St. John's, and you will close the prison.'

The loss of wages caused by loss of time through neglect of work and sickness due to drinking habits, the drinker himself, and to his fellow employees whose work depends on his co-operation, is very great.

Last, and not least, workers who are under the sway of the drink habit are at the mercy of the sweeter. Sobriety means independence for the working classes.

It was they who substituted milk for alcohol throughout the hospitals of London, and had made it positively unfashionable to get drunk to day. The insurance companies had come round to their way of thinking, and they who were teetotalers got bonuses.

There was still much to do, as the people were still drinking more than the whole cost of national defence. It really was astonishing to find the amount of prejudice and ignorance that existed among educated people. If they could make the people teetotalers and temperate they would have done as much good as all the insurance schemes, much as be blessed those schemes and backed them up—Alliance News.

Liquor and Labor. DRINK CAUSED UNEMPLOYMENT AND IMPRODUCTIVITY. This great question of excessive drinking is connected even with the question of unemployment—Lord Lansdowne, 25th Nov., 1908. Are we wise to neglect our home markets by spending on drink what would buy houses, food, clothing, furniture, etc.

We spend an abnormally large sum on an article which requires an abnormally small amount of labor for its production. In discussing the question of brewery labor, there is one feature that is particularly striking and this is the fact that from a directly financial point of view it is actually quite insignificant compared with many other manufacturers.—Country Brewsers' Gazette, 1895.

The raising of £1,000,000 of coal employs 8,611 men, earning over £650,000; but the making of £1,000,000 worth of beer only employs 1,795 men, earning £161,000.

The manufactured article, drink, does not increase the total national assets; quite the contrary. Expenditure on houses, furniture, clothing, food, education, and recreations, results in the increase of the general health, comfort and efficiency of the people, and consequently adds to the national wealth. The nation is the poorer for every

TORTURED BY BILIOUSNESS

AND TERRIBLE SICK HEADACHES

Both Completely Cured by "Fruit-a-tive"

DRESDEN, Out. July 17th, 1910. 'I was a dreadful sufferer for many years from Sick Headaches and Biliousness, or Torpid Liver. I tried many remedies and physicians, but nothing seemed to do me any good. I finally used "Fruit-a-tive" and after the first box, I was so much better that I continued using these fruit tablets and they have entirely cured me. 'I certainly can recommend "Fruit-a-tive" to anyone who suffers from Headaches, Biliousness or Stomach Trouble.'—Mrs. ISAAC VANSICKLE. Thousands of people have had the same experience as Mrs. Vansickle. They have tried doctors and taken all sorts of medicine, only to find that "Fruit-a-tive" is the one and only remedy that actually cures these troubles. "Fruit-a-tive" is the only medicine in the world made of fruit juices, and is the greatest Liver Cure ever discovered. It acts directly on the Liver, Kidneys and Skin—sweetens the stomach and purifies the blood. See a list of Agents, or trial size, 25c. At all dealers or from Fruit-a-tives Limited, Ottawa.

sovereign spent on drink, because— The consumer is not rendered more efficient, but less efficient, by the consumption of drink. The skilled artisan finds his delicacy of touch, his accuracy of sight impaired, the composition of the clock for which he works is not so quickly or so accurately performed; and the business man loses that sense of awareness of surroundings, quickness of perception, and rapidity of decision so essential to success.

The amount of efficient work turned out by men who drink is not, man for man, so great as among men who are sober, nor is its quality so good, and consequently our hold on foreign markets is imperilled.

The risk of accident, for which employers are now responsible, is greatly increased. Sir Benjamin Baker attributed to drink three-fourths of the accidents during the building of the North Bridge.

The loss of wages caused by loss of time through neglect of work and sickness due to drinking habits, the drinker himself, and to his fellow employees whose work depends on his co-operation, is very great.

Last, and not least, workers who are under the sway of the drink habit are at the mercy of the sweeter. Sobriety means independence for the working classes.

It was they who substituted milk for alcohol throughout the hospitals of London, and had made it positively unfashionable to get drunk to day. The insurance companies had come round to their way of thinking, and they who were teetotalers got bonuses.

There was still much to do, as the people were still drinking more than the whole cost of national defence. It really was astonishing to find the amount of prejudice and ignorance that existed among educated people. If they could make the people teetotalers and temperate they would have done as much good as all the insurance schemes, much as be blessed those schemes and backed them up—Alliance News.

Liquor and Labor. DRINK CAUSED UNEMPLOYMENT AND IMPRODUCTIVITY