

follow after righteousness, faith, patience, love and meekness.

And in this short, uncertain life of ours, how much it concerns us that we should lay aside every weight, and run the race looking unto Jesus! Oh, let us not be drawn aside by the vanities or the realities of life from this great calling, from this mind that is in Christ, which must and shall be in us.

Prayer.

Our Father, the world is ever with us and we are too much with the world. It presses in through all our senses and finds affinities with itself in our hearts. It sets up its standards and tries to impose them on us; it bathes us in its atmosphere and would mold us to its will. Do Thou breathe into us Thy Holy Spirit and strengthen us in the inner man. Awaken our spiritual nature, renew a right spirit within us, lift our eyes and lure our souls to heavenly visions. May we master the world so that we shall be in it and yet not of it; so that we shall live in it and yet love it not. We would have Christ dwell in our hearts by faith, and then the world can find nothing in us, and we shall enjoy blessed liberty and peace. And this we ask in his name. Amen.

Our Father's Arms.

"The eternal God is thy refuge, and underneath are the everlasting arms."—Deut. 33: 27.

O tender, patient, never-wearying arms,
That age on age thy children still have held,
Upon thy Father-heart keep us, we pray,
Through nights of weeping, and through days of pain,
Close clasped in that divine embrace, until
We lose ourselves and smile upon thy breast.
—L. J. S. in Christian Observer.

"You Need a Refuge."

After all that we say about the beauty and the brightness and the joyfulness of life and the beneficence of God, we live in a very stern world. There are evils that may come, and there are some that certainly will come. Young people are buoyant in hope, and take short views, and are glad, where older folk, that have learned what life is generally, have sober estimates of its possibilities, and our radiant visions have toned down into a very subdued gray. Sorrow, disappointments, broken hopes, hopes fulfilled and disappointed and that is worst of all—losses, inevitable partings when the giant shrouded figure of death forces its way in at the rose-covered portal in spite of the many efforts of love to keep it out, sickness, failure in business, griefs of many kinds that I cannot touch—the slings and arrows of outrageous fortune, and all the ills that flesh is heir to—these lie waiting somewhere on the road for every one of us. Are you going to stand in the unsheltered plain, a mark for all these? Do you think you can front them in your own strength? Are you able, calmly and soberly, remembering the possibilities that lie in the black clouds over your head, to say: "Pur on! I will endure"? Nay! verily! you need a refuge!—Alexander MacLaren, D.D.

A prize for morals is given at Queen's University. The winner this year is a young man named Delong from Gananque. He should be a proud fellow, says the St. Thomas Journal, for the prize was awarded on a vote of his fellow students who were asked to cast a ballot for the purpose of choosing the one among their number who they conscientiously thought would do the right thing at all times.

Our Young People

Sun., May 9. Brotherliness.

Some Bible Hints.

Joseph's love was self-controlled (Gen. 43: 31). Bread and not kisses was the thing for the time, and he gave it.

Joseph's love was open, and expressed by tears and kisses (Gen. 45: 14, 15) when the time for tears and kisses came. Unexpressed love is less than half love.

We are to love all men as brothers, and give them all the brother's share (Gen. 43: 34); but God does not forbid our loving some more than others, as Joseph for good reason loved Benjamin.

There are no fairer sights on earth than the love of brothers, and in no better way can brothers commend themselves to the world. Thus were Joseph and his brethren well pleasing to Pharaoh (Gen. 45: 16).

Suggestive Thoughts.

Christ is our great Elder Brother, so that all Christ's followers are brethren of one another.

Two brothers that are Christians are twice brothers—brothers of the flesh and of the spirit.

The Junior society is the little brother of the Young People's society, and should be cherished in all wise ways.

Brotherly words are nothing without brotherly care; brotherly care is little without brotherly words.

A Few Illustrations.

Christ showed brotherly care of Lazarus when He allowed him to die that he might have the glory of contributing, through his sufferings, to the world's greatest miracle.

Moses showed brotherly care of Aaron when he rebuked him in the matter of the golden calf. Words of blame are sometimes more brotherly than words of praise.

Christ showed brotherly care of His disciples when He bade them follow Him, though He knew that command meant sorrow, toil, and death for them. Sometimes brotherly care leads straight into danger.

Philip showed brotherly care of the Ethiopian when he led him to the Elder Brother. The best care for our brothers will lead them to cast their care on the great Burden-Bearer.

To Think About.

To how many persons am I practically a brother?

How much time daily do I give to brotherly deeds?

Am I imitating my great Elder Brother?

A Cluster of Quotations.

What might be done if men were wise,
What glorious deeds, my suffering brother,
Would they unite
In love and right,
And cease their scorn of one another!

—Mackay.

Let me live by the side of the road,
And be a friend to man.—Foss.

Help to bear thy brother's burden;
God will bear both it and thee.

—Mrs. Charles.

Seize the fleeting chance; do good to the man who is going next.—Joseph Parker.

For Temperance.

You are training young men and young women, and you need a temperance committee and temperance meetings, though there isn't a drunkard in the town.

The uniform topics provide for several

temperance meetings a year. Make them shine.

Let each meeting have some definite object—pledge-signing, or knowledge of the temperance societies, or information about the recent progress of the reform, or a presentation of liquor statistics, or an exhibit of local temperance needs, or the evils of tobacco or profanity or impurity.

As soon as one temperance meeting is over, let the temperance committee begin to prepare for another.

Religion in the Philippines.

The movement led by Archbishop Aglipay in the Philippines, commonly called the Aglipay movement, and which is known officially as the Independent Filipino Catholic Church, is making good progress. It is estimated that it has already drawn a million or more people out of the regular Catholic church, and has united them in progressive Christian work. Its members are advised to read the New Testament for themselves. Over thirty thousand copies of the Scriptures have been distributed under Aglipay's direction in the past five months. Protestant missions are prospering in the Islands, at least in the amount of work that they find to do, and in encouraging results.—Morning Star.

When David slew the Philistine he made sure work of it. He not only felled him to the earth but cut off his head after he had fallen. Some men are content with their sling and smooth stones. There are some evils which call for a Goliath's sword as well as pebbles from the brook. Make sure that you have won the victory over temptation. Bad habits have a way of coming to life again. After you have downed them draw the Giant's sword across their necks; and while you are at it see that the whole Philistine host of petty sins and temptations is put to rout.—Selected.

Rev. Dr. Milligan, in his sermon at Old St. Andrew's church last Sunday evening declared in favor of Church union. It was a wise man, he said, who proposed to call the new Church the "Catholic Church in Canada." This was an age for simplicity of creed. All the creed that he would require for a new communicant would be "repentance towards God and faith in Jesus Christ."

Man's lips, and not God's ears, are at fault when prayers are unanswered.

Daily Readings.

Mon.,	May 9.—Moses and Aaron.	Ex. 4: 27-31
Tue.,	" 10.—Esau and Jacob.	Gen. 27: 34-45
Wed.,	" 11.—John and James.	Matt. 4: 21, 22
Thurs.,	" 12.—Philip and Nathaniel.	John 1: 43-51
Fri.,	" 13.—Andrew and Peter.	John 1: 40-42
Sat.,	" 14.—Christ's brethren.	Matt. 12: 46-50
Sun.,	" 15.—What Joseph and Benjamin teach about brotherly care.	Gen. 43: 19-31, 34; 45: 14-22. (Union meeting with the Juniors)