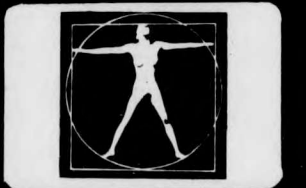


## Harbinger's Column by Sue Kaiser



### Your rights as patient can be overlooked

Getting health care of any kind involves you in relationships, with doctors, nurses and other professionals.

In the midst of these complex relationships, our rights as patients and people often get overlooked. Unless you consciously work to ensure your rights to complete information, and respect as an individual, you will suffer from less than adequate health care.

The list of indignities patients report is long.

Have you ever been subjected to care that you felt was less than adequate? Suffered indignities and intimidation from an authoritative doctor or busy nurse? Been experimented on or used as teaching material, without being offered a choice?

Then your rights as a patient have been ignored.

While we're not suggesting doctors need to sit and chat for hours with a patient about their latest blister or sniffle, we are saying that your visit with the doctor should be over when you understand your state of health or illness, and the accompanying treatment.

Not merely when the doctor has finished the diagnosis. Proper health care must actively involve the patient, and, if you passively accept a doctor's medicalese and prescriptions without understanding them, then you are an inadequate patient.

Below is a list of some of your more important rights. Ask for them, demand them, fight for them!

1. You have the right to your physician's time. There should be time to talk as well as test.
  2. You have the right to confidentiality.
  3. You have the right to be treated with consideration and respect.
  4. You have a right to know everything about a physician or hospital that is relevant to your treatment.
  5. You have a right to know how much your care costs (office visit or hospital stay), before you get it.
  6. You have a right to second (or even third) opinions, especially where surgery is concerned.
  7. You have the option to refuse any treatment recommended, and to know the consequences.
  8. You have the right to know what is in your medical records, and to have them transferred to another doctor.
  9. You have a right to preventative health care, not merely treatment for illnesses. Don't wait until you are too sick to walk to look for a doctor.
- The best time to judge whether or not you can develop a working relationship with this person is when you are well.



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## YORK STUDENTS ARE YOU PLANNING TO SEEK CAREER EMPLOYMENT SOON?

Various employers are coming on campus for career information sessions and to recruit permanent employees.

Come in and discuss your future with the staff of the Canada Manpower Centre on Campus.

Are you seeking part time work?

We have numerous vacancies posted for part time and temporary work.

See us at the

Canada Manpower Centre On Campus  
N108 Ross Building  
Hours: Monday to Friday 8:15 a.m.-4:30 p.m.

## FREE JEWISH UNIVERSITY

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1. **Hebrew Calligraphy**  
The art of the scribe — learn the fundamentals of this sacred craft of calligraphy and decorative writing.  
Teacher: Mr. Eli Blevis  
Day: Sundays, beginning October 16.  
Time: 7:30 p.m.  
Location: Temple Sinai, Room 203 Wilson Ave.
2. **Learn to Daven**  
How to lead a traditional or creative service.  
Teacher: Mr. Mike Krausman  
Day: Tuesdays, beginning October 11  
Time: 12:00 p.m.  
Location: S127 Ross
3. **Beginners Talmud**  
A glimpse into the Talmudic mind. Introduction to the world of Rabbinic Judaism which flourished in both Palestine and Babylonia between the first and sixth centuries.  
Teacher: Mr. Ben Hecht  
Day: Tuesdays, beginning October 11  
Time: 2:00 p.m.  
Location: S123 Ross
4. **Yiddish**  
Introduction to the language, folklore, and folk-song of the Ashkenazic culture. This course seeks to facilitate the reading, writing, and comprehension of Yiddish and to introduce the flavor of Eastern European Jewish culture.  
Teacher: Mr. Sam Mitzmacher  
Day: Thursdays, beginning October 13  
Time: 1:00 p.m.  
Location: S127 Ross
5. **The Language of Prayer**  
The rhythms, structures, and concepts of Jewish prayer, as embodied in Siddur.  
Teacher: Rabbi Michael Herzbrun  
Day: Thursdays, beginning October 13.  
Time: 1:00 p.m.  
Location: S536 Ross
6. **Jewish Women's Consciousness Raising**  
Discussion and exploration into the issues of Jewish Feminism and their importance today.  
Teacher: Ms. Randy Robinson  
Day: Thursday, beginning October 13  
Time: 3:00 p.m.  
Location: S127 Ross
7. **Israeli Dance Workshop**  
Starting with the basics of Israeli folkdance and building to the more intricate steps of Modern Israeli dance. Requests included.  
Teacher: Mr. Zvi Ragol  
Day: Sundays, beginning October 16  
Time: 7:30 p.m.  
Location: Vanier Dining Hall
6. **Backgammon Workshop**  
Learn to play this popular game from the Middle East. Learn playing strategy to help you win.  
Teacher: Mr. Nari Rothberg  
Day: Fridays, beginning October 14  
Time: 12:00 p.m.  
Location: S127 Ross
9. **Jewish Crafts**  
Learn to make and create Jewish articles. Crochet Kippot, tallit and holder, challah covers, etc. Bring wool and needles to first class.  
Teacher: Mrs. Annette Brucker  
Day: Mondays, beginning October 17  
Time: 1:00 p.m.  
Location: S536 Ross
10. **Basic Judaism**  
An introduction to beliefs, customs, and practices, with an eye to contemporary life.  
Teacher: Ms. Randy Robinson  
Day: Mondays, beginning October 17  
Time: 3:00 p.m.  
Location: S122 Ross
11. **Beginners Hebrew**  
An introduction to elementary conversation and reading proficiency.  
Teacher: Ms. Yael Novak  
Day: Mondays, beginning October 17  
Time: 3:00 p.m.  
Location: S173 Ross
12. **Intermediate Hebrew**  
For those with some background, more sophisticated conversation.  
Teacher: Ms. Yael Novak  
Day: Mondays, beginning October 17  
Time: 4:00 p.m.  
Location: S173 Ross
13. **Hassidic Philosophy for Beginners**  
Relating Hassidic and mystical topics to 1977.  
Teacher: Rabbi J. Ganzburg  
Day: Wednesday, beginning October 12  
Time: 3:00 p.m.  
Location: S122 Ross
14. **Jewish Law in Comparison to Canadian Common Law**  
Teacher: Rabbi J. Ganzburg  
Day: Wednesday, beginning October 12  
Time: 4:30 p.m.  
Location: S122 Ross

Classes for the first semester will begin the week of October 10th and will conclude the week of November 28th. Since there is no official registration procedure, it is up to the student to be at the class on the opening date. For further information call: 667-3647. Please let us know if a) you want to take a course, but the time or day is wrong; b) you like or dislike the course or teacher; c) you want another course offered; d) you want to teach a course.

Sponsored by the Jewish Student Federation