

# Emma's Bar and Grill

by Emma Sadgrove

The Christmas season is upon us once again and my family is asking for my Christmas list. Of course, I want things for my kitchen.

If you are racking your brains for gift ideas here are a few suggestions, all of which can be found in the monster mall if you are feeling courageous.

Coles and Classic Bookshop both have large selections of cookbooks. Here are several that I recommend.

**The New York Times 60 Minute Gourmet** by Pierre Franey with an introduction by Craig Claiborne. \$10.75. These recipes will impress your friends and are not too difficult.

**The Good Housekeeping Illustrated Cookbook** \$34.95. Over 900 step by step recipes. Every dish is illustrated and the recipes are very good. Ask Mom to buy this for you if you need a good well-rounded cookbook.

**The Pocket Guide to Cheese - A Gourmet Companion to the World's Cheeses** by Barbara Ensrud. On sale for \$1.99 at Classic. This is quite inexpensive, but a wonderful book especially for cheese lovers.

**The Absolute Beginners Cookbook (Or How Long Do I Cook a 3-Minute Egg?)** by Jackie Eddy and Eleanor Clark. \$12.95. This is an ideal book for the beginner.

**The Penny Pincher's Wine Guide** by Lucy Waverman, \$5.95. A terrific book for any student, this is an excellent guide to wines under \$8 and an amusing book as well.

**Nuts About Chocolate** by Susan Mendelson and Deborah Roitberg. \$11.95. The authors give their secrets to the fabulous desserts that they have been creating since they founded The Lazy Gourmet restaurant in Vancouver.

Various magazines offer Christmas specials on gift subscriptions which any cook will enjoy.

*Bon Appetit* is my favorite. The recipes have never failed me and the articles are excellent. Gift subscriptions are \$15 for the first one and \$11.95 for additional ones.

*Gourmet* also has good recipes. First subscription is \$18 and additional ones are \$14.

While you are in the tacky tourist trap take a look at the Glasshouse. They have a good selection of glasses and other glass items which make nice gifts.

The Panhandler sells assorted kitchenware. In this shop you can find a gift which is downright useful (which is not a bad idea considering that most of us probably need a great many useful items) or something that is a little unusual.

The Panhandler also has cookie cutters

in Christmas shapes. These are good for making cookies to give as gifts.

They also have patterned tins, doilies, candy cups, baking cups and napkins to use for packaging gifts of food.

The Enchanted Forest (also in WEM) has some nice tins as well as boxes and bags to add that extra touch to your gift of baking or to other gifts.

For the most wonderful chocolates go to my favorite shop, Bernard Callebaut. The champagne truffles are heavenly and all of their selection should be sampled at some time.

For people planning to make their own chocolates, I was asked to print this recipe.

I have had several requests for this over the year so here it is and enjoy it.

### Irish Cream

2 beaten eggs  
1 pint of whipping cream  
1 tbsp. instant coffee  
1 tbsp. chocolate drink powder  
1 tin sweetened condensed milk  
13 oz. bottle of rye.

Have a great Christmas and eat all those goodies. We'll do diet recipes in January so let yourself loose on the food until then.

# WHAT·U·WEAR

by Jerome Ryckborst

Going home for Christmas? Here's what to wear to keep your parents off your back and score major points with them at the same time.

Most kids have to find a balance somewhere between conformity and individuality. As you age and move out of the home the number of influences in your life increases. When you go home after your first semester away, you're bound to look different. That's normal.

Nevertheless, your parents may not appreciate your wild new look. After all, what's wrong with the dressing habits you acquired at home?

One approach to this dilemma is to tone down your clothing — or revert to what you wore when you still lived at home. Then Mom will think she's getting back her own little Johnny.

Another trick has to do with *anticipatory socialization*. This involves the acting out of roles that you may assume later in life. If you're in economics, business, etc., dress

business-like. Wear that tie! If you're in dentistry or medicine, be seen around the house in one of those surgical smocks or shirts. *Play the part*. You want to convince your parents that your education is getting you where they think it should.

For big family dinners, indulge your parents. Remember, this is their chance to show you off to the relatives. Dress nicely — conservatively — and try to look like you've got your shit together in life. You may feel like a nerd around your cousins, but the bottom line is this: *who pays for all the little things that a student can't afford?* Not your cousins. You can wear comfortable clothes all year at school.

Clothing is a great source of information about the self. When you're trying to look a certain part, go all the way. Clothing impressions are usually *holistic*, which means your *overall* appearance is more important than any one specific item. Convince your parents! Hell, fool 'em! It works.

And kid, before you go home, get a haircut.



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